

**STATE OF ILLINOIS  
IN THE FOURTH JUDICIAL CIRCUIT  
MONTGOMERY COUNTY**

THOMAS DEVORE and KATYA KING, )  
as the parents and guardians of A.D. and )  
M.D., on their behalf, and on behalf of all )  
parents and guardians of minor children )  
similarly situated in the State of Illinois. )

Plaintiffs, )

vs. )

Case No. 2020-MR-\_\_\_\_ )

ILLINOIS HIGH SCHOOL ASSOC. )  
BOARD OF DIRECTORS, CRAIG )  
ANDERSON in his individual capacity, )  
HILLSBORO COMMUNITY SCHOOL )  
DISTRICT #3 BOARD OF EDUCATION )

Defendants. )

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**VERIFIED COMPLAINT**

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Plaintiff, THOMAS DEVORE and KATYA KING, ("Plaintiff") as the parents and guardians of A.D. and M.D., by and through their attorney, Thomas G. DeVore, and for their Complaint for Declaratory and Injunctive Relief against Defendants, ILLINOIS HIGH SCHOOL ASSOCIATION, ("IHSA") and CRAIG ANDERSON ("Anderson"), and HILLSBORO COMMUNITY SCHOOL DISTRICT #3 ("HUSD#3"), hereby states as follows:

**FACTS COMMON TO ALL COUNTS**

1. The Plaintiffs are the parents and legal guardians of A.D. and M.D. who attend school in HUSD#3 in Montgomery County, IL.

2. HUSD#3 is a member of the IHSA.
3. A.D and M.D. are student athletes who will be entering their senior year of high school in HUSD#3.
4. Plaintiffs brings this cause of action on behalf of A.D. and M.D. as their parents and legal guardians.
5. Plaintiffs also bring this cause of action on behalf of all parents and guardians and their minor children who find themselves similarly situated in the State of Illinois.
6. The IHSA is a voluntary association of public and private high schools in the State of Illinois which purpose is to provide leadership for the development, supervision, and promotion of interscholastic competition and other activities in which its member schools engage.
7. The IHSA is governed by a Board of Directors ("Board").
8. The IHSA is regulated by its constitution and by-laws which are attached herein as Exhibit A.
9. The IHSA has no governing law other than its constitution and by-laws which constitute a binding contract between all the members and officers.
10. Anderson is the executive director of the IHSA and as such is obligated to conduct himself consistent within the constitution and by-laws of the association.
11. IHSA has a sports medicine advisory committee. (hereinafter referred to as the "Committee")
12. On or about July 03, 2020, Anderson sent correspondence to all members schools, including HUSD#3, which correspondence is attached as Exhibit B.
13. The July 03, 2020 correspondence included a Phase 4 Return to Play Plan. (hereinafter referred to as the "Plan") (See Exhibit B)

14. The Plan contains numerous health regulations.

15. The Plan was produced and approved by the Committee and then submitted to the Board for approval.

16. The Board approved the Plan which was then sent to all members schools which included HUSD#3.

17. On July 09, 2020, Anderson sent additional correspondence to the members schools. (hereinafter referred to as the "Amended Plan") (See Exhibit C)

18. The Amended Plan mandated three additional requirements to be included in the Plan.

- a) There cannot be any contact drills/physical contact among athletes.
- b) All persons must always wear masks. (We are working to determine if this includes outside while social distancing.)
- c) There must be a strict 50-person limit to all indoor activities, and that would include any spectators (people in those groups should also socially distance).

19. Anderson's July 09, 2020 correspondence place these additional requirements on the members schools of the IHSA.

20. Anderson stated these changes were directives from the IDPH and the Governor's office. (See Exhibit C).

21. Anderson did not submit these additional mandates of IDPH and the Governor's office to the Committee for further consideration before sending them to the members schools to implement.

22. Anderson did not submit these mandates to the Board for approval before sending them to the members schools to implement.

23. Also, on July 09, 2020, Anderson sent additional correspondence to the members schools. (See attached Exhibit D)

24. In this correspondence Anderson advised, *inter alia*, the members schools that the Governor's office had approved masks were not required by student athletes outside. (See attached Exhibit D)

25. At the request of DeVore, the Superintendent of HUSD#3, asked Anderson to advise what authority the IHSA was relying on to issue the Plan and the Amended Plan. (See attached Exhibit E)

26. Anderson's response was the IHSA has no authority to issue these rules; that the Plan and Amended Plan are merely guidance; and the IHSA has no intention of policing or enforcing anything. (Emphasis Added) (See attached Exhibit E)

27. Anderson further states IDPH and the Governor's office are approving the "guidance." (See attached Exhibit E)

28. Attached as Exhibit F is correspondence between IDPH, Governor's office, Anderson and other IHSA administration.

29. Pritzker's Deputy Governor of Education sent an e-mail on July 08, 2020 at 4:30 P.M. mandating that ISHA guidelines be amended. (See attached Exhibit F)

30. Within an hour of being directed by the Deputy Governor, Anderson sent an e-mail to his administrators advising them they were required to "fall in line" with the Governor's office and IDPH.

31. As a result, Anderson sent Exhibit C to all members schools.

32. Plaintiffs have been advised by the Superintendent of HUSD#3, until otherwise determined by the school board of HUSD#3, or a court, the minor children within HUSD#3 are



required to follow the rules promulgated by the IHSA if they desire to participate in sports activities.

33. As a result of the actions of Defendants, Plaintiff's minor children, and all children similarly situated in Illinois, are being subjected to the ultra vires, and otherwise unlawful, IHSA rules if their children desire to participate in sporting activities.

**COUNT I**  
**DECLARATORY JUDGMENT**  
**AS TO ILLINOIS HIGH SCHOOL ASSOCIATION**  
**AND CRAIG ANDERSON**

34. Plaintiffs restate and reallege the facts and allegations contained in paragraphs 1 through 33, inclusive, as if fully restated herein.

35. Plaintiffs have a right to seek a declaration finding the IHSA Plan and Amended Plan are beyond their authority to promulgate and are otherwise the illegal product of arbitrariness and collusion between the Governor's office, IDHP, IHSA and Anderson.

36. The IHSA and its Board can only act within its constitution, by-laws and rules.

37. Anderson, as executive director has openly admitted the IHSA has no authority to promulgate the rules adduced in the Plan and Amended Plan.

38. Anderson has openly admitted IDPH and the Governor's office are making these requirements for which the ISHA is falling in line.

39. A justiciable controversy exists between the Plaintiff and the Defendant concerning the Plan and Amended Plan being thrust upon the Plaintiff's minor children, as well as parents and guardians and their minor children similarly situated, as a condition precedent to being allowed to participate in sporting activities within the IHSA member schools of the state.

40. This Court is vested with the power to declare the rights of the parties and to provide such other and further relief as may be necessary to enforce the same.

WHEREFORE, Plaintiffs Thomas DeVore and Katya King, on behalf of their minor children, and on behalf of all parents and guardians and their minor children similarly situated, respectfully prays this Honorable Court enter an order:

(a) Declare the Plan issued in by the IHSA is beyond their authority as contained within their constitution and by-laws and hence ultra vires;

(b) Declare the Amended Plan issued by Anderson was beyond his authority as executive director and hence ultra vires;

(c) Declare the Amended Plan should it be issued by the IHSA is beyond their authority as contained within their constitution and by-laws and hence ultra vires;

(d) Declare the Plan and Amended Plan are the result of collusion between the Governor's office, IDPH Anderson, and the IHSA and as such are unlawful;

(e) Declare the Plan and Amended Plan issued in by the IHSA and Anderson are otherwise arbitrary and capricious and as such are unlawful;

(f) An award of costs; and

(g) Such other relief as this Court deems to be equitable and just.

**COUNT II**  
**COMPLAINT FOR PERMANENT INJUNCTION**  
**AS TO ILLINOIS HIGH SCHOOL ASSOCIATION**  
**AND CRAIG ANDERSON AND HILLSBORO**  
**COMMUNITY DISTRICT #3**

41. Plaintiffs restate and reallege the facts and allegations contained in paragraphs 1 through 39, inclusive, as if more fully restated herein.

42. The implementation of the Plan and Amended Plan will cause irreparable damage to Plaintiff's minor children, as well as the parents and guardians of all minor children similarly situated, as among other things, their minor children's right to participate in sporting activities

cannot be restrained by rules promulgated by the IHSA or Anderson which are beyond their authority as well as otherwise unlawful.

43. Plaintiff's minor children, as well as the parents and guardians of all minor children similarly situated, have no adequate remedy at law because their minor children's only option is to not participate in sporting activities, or subject themselves to these ultra vires and unlawful rules promulgated by the IHSA and Anderson under color of authority.

44. Based upon the written admission of Anderson, Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have proven the IHSA's Plan and Amended Plan were promulgated and sent to member schools merely under color of authority.

45. Based upon attached e-mail correspondence, Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have further proven the IHSA's Plan and Amended Plan are the illegal product of collusion between state government agencies, Anderson and the IHSA.

46. Absent this permanent injunction, there is a sufficient probability that future conduct of all Defendant's will violate the rights of Plaintiff's minor children, as well as the parents and guardians and all minor children similarly situated.

WHEREFORE, Plaintiffs Thomas DeVore and Katya King, on behalf of their minor children, and on behalf of all parents and guardians and their minor children similarly situated, respectfully prays this Honorable Court enter an order in their favor and against Defendants that grants the following relief:

- (a) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have a right to insist the Plan and

Amended Plan of the IHSA be within their authority to promulgate;

- (b) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have a right to insist the Amended Plan was beyond Anderson's authority to promulgate;
- (c) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have a right to insist the Plan and Amended Plan of the IHSA not be the product of collusion or arbitrary and capricious decision making;
- (d) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, are being irreparably harmed in having the minor children's participation in sporting activities be restrained by the ultra vires Plan and Amended Plan;
- (e) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated have no adequate remedy at law to protect their minor children's against these ultra vires and otherwise unlawful rules beyond injunctive relief.
- (f) Find Plaintiff's on behalf of their minor children, as well as the parents and guardians of all minor children similarly situated, have succeeded in proving the IHSA Plan and Amended Plan are beyond the IHSA and Anderson's authority or otherwise in violation of Illinois law.
- (g) Entering a permanent injunction barring all Defendants from enforcing any or all of the Plan or Amended Plan from this date forward against the Plaintiff's minor children, as well as the parents and guardians of all minor children similarly

situated.

- (h) An award of costs; and
- (i) Such other relief as this Court deems to be equitable and just.

Respectfully submitted,

THOMAS DEVORE AND KATY KING,  
as the parent and guardian of  
J.L. Plaintiff.

By: /s/ Thomas G. DeVore  
Their Attorneys

**Verification**

Under penalties as provided by law pursuant to Section 1-109 of the Code of Civil Procedure, the undersigned, certifies that the statements set forth in this Verified Complaint for Declaratory Judgment and Injunctive Relief are true and correct, except as to matters therein stated to be on information and belief and as to such matters the undersigned certifies as aforesaid that she verily believes the same to be true.

July 13, 2020  
Date

/s/ Thomas DeVore  
THOMAS DEVORE

**Verification**

Under penalties as provided by law pursuant to Section 1-109 of the Code of Civil Procedure, the undersigned, certifies that the statements set forth in this Verified Complaint for Declaratory Judgment and Injunctive Relief are true and correct, except as to matters therein stated to be on information and belief and as to such matters the undersigned certifies as aforesaid that she verily believes the same to be true.

July 13, 2020  
Date

/s/ Katya King  
KATYA KING

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Wrestling — Any activity in which participants engage in or simulate set-ups, takedowns, reversals, throws, escapes, riding or nearfalls.

Sport season — As used in relation to the age limitation for eligibility, that period of time between the dates specified in the Sections of By-law 5.000 during which member schools may organize their teams, practice or participate in interscholastic competition in any given sport. (By-law 3.060)

Student — A boy or girl who has formally registered and begun to attend classes at a high school.

Student-athlete — A student who has participated in one or more practices and/or athletic contests in any sport offered by or under the auspices of a high school.

Student-Athlete with a disability — A person with a disability is one who has a record of, or is regarded as having, a substantial, as opposed to a minor, physical or mental impairment. A substantial impairment is one that significantly limits or restricts a major life activity such as hearing, seeing, speaking, walking, breathing, performing manual tasks, caring for oneself, learning or working.

Team activity — Anything done by the team or its members together to plan for, prepare for, travel to, compete in or evaluate after the completion of non-school competition.

Thirty Mile Radius — A straight line measurement between a student's home and the private or non-boundaried school the student plans to attend.

Tournament — A competition involving three or more schools in which teams and/or athletes compete under an elimination and/or round robin format within a 10 consecutive week day period which results in a single winner of the competition and or event(s). No regular season tournament shall allow for a member school to participate in more than five (5) games/contests/matches. IHSA By-law 5.004 provides an exception for wrestling tournaments, and baseball/softball tournaments when schools are on spring break.

Transfer Student — Any student who attended another high school prior to coming to your school whether or not he/she begins attending on the first day of the school term. This also includes home schooled students who were taking high school work and then transfer to a member school. Home schools are considered to be non-boundaried schools.

Tryout — An organized occasion on which one is considered for selection to a team in a sport by undergoing evaluation of the ability, skill or potential to play the sport.

Undue influence — Any influence exerted by school personnel upon a prospective student or a prospective student's family related to athletic participation, potential or accomplishment.

Week No. 1 in the IHSA Standardized Calendar — The IHSA Standardized Calendar utilizes the first full seven day week of July that begins on Sunday as Week No. 1.

## CONSTITUTION

The following Constitution has been adopted by the membership of the Illinois High School Association and is applicable to the current school term.

### 1.000 CONSTITUTION

Included in this Section:

- 1.000 Constitution
- 1.100 Name and Objectives
- 1.200 Membership
- 1.300 Board of Directors
- 1.400 Powers and Duties of Board
- 1.500 Officers
- 1.600 Dues and Assessments
- 1.700 Legislative Commission
- 1.800 Meetings of the Association
- 1.900 Amendments



## **1.100 NAME AND OBJECTIVES**

- 1.110** This Association shall be known as the Illinois High School Association (IHSA).
- 1.120** It shall be the purpose of this Association to provide leadership for the development, supervision and promotion of interscholastic competition and other activities in which its member schools engage. Participation in such interscholastic activities offers eligible students experiences in an educational setting which may provide enrichment to the educational experience.
- 1.130** This Association through the employment of the instrumentalities hereinafter established shall:
- (a) supervise and regulate all of the interscholastic activities in which its member schools may engage; and
  - (b) perform such other functions related to interscholastic activities as may from time to time be approved and adopted by the membership.
- 1.140** In the performance of these functions, the objectives of the Association shall be:
- (a) to stress the educational importance, the cultural values, the appreciations and skills involved in all interscholastic activities and to promote cooperation and friendship;
  - (b) to regulate interscholastic programs in both character and quantity in regard to the generally accepted objectives of secondary education and so they shall not unduly interfere with nor abridge the regular program of teachers and students in the performance of their regular day-to-day school duties;
  - (c) to encourage economy in the time of the student and teacher personnel devoted to interscholastic activities;
  - (d) to encourage economy in expenses of interscholastic activities; and
  - (e) to promote only those activities which enhance the accomplishment of desired educational goals.

## **1.200 MEMBERSHIP**

### **1.210 PUBLIC HIGH SCHOOLS**

Any public high school in the State of Illinois may become a member of this Association provided:

- (a) the school is supported by public taxation;
- (b) the school is Recognized by the Illinois State Board of Education;
- (c) this Constitution and By-laws has been adopted by the Board of Education or Board of Directors of the petitioning school as the code governing its interscholastic activities;
- (d) the principal, defined as the administrator directly in charge of the day-to-day operation of the high school, is officially designated by the Board of Education of the petitioning school as the school's official representative to the Association in all matters, unless the Board of Education officially designates another full-time, certified member of the school's staff to be its official representative;
- (e) application of membership is signed by the official representative of the high school; and
- (f) the school pays dues as required in this Constitution.

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### **1.220 HIGH SCHOOLS CONDUCTED BY COLLEGES AND UNIVERSITIES**

All high schools in Illinois conducted by colleges or universities for purposes of educational experimentation, research and practice teaching may become members provided:

- (a) this Constitution and By-laws has been adopted by the petitioning school as the code governing its interscholastic activities;
- (b) the school complies with items (b), (d), (e), and (f) of 1.210 above.

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### **1.230 HIGH SCHOOL DEPARTMENTS OF ILLINOIS SCHOOLS FOR THE DEAF OR BLIND**

The high school departments of Illinois schools for the deaf or blind may become members of this Association upon such terms as, from year to year, may be fixed by the Board of Directors. Non-recognition of the schools by the Illinois State Board of Education shall not necessarily preclude them from membership.

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## **1.240 DISTRICTS SUPPORTING TEN OR MORE HIGH SCHOOLS**

Public high schools in districts supporting ten or more high schools all under the supervision of a single Board of Education may become members of this Association provided:

- (a) the district has a separate and efficient local interscholastic organization for the adequate supervision of its interscholastic activities;
- (b) the school is Recognized by the Illinois State Board of Education;
- (c) the eligibility rules and conditions of competition for the district have been approved by the Board of Directors of this Association prior to September 1 each year; and
- (d) application for membership is signed by the official representative of the individual high schools

Schools admitted under this Section, in their interscholastic relationships with each other, shall be governed by the eligibility rules and conditions of competition approved by the Board of Directors of this Association. However, in all interscholastic relationships with any school outside of its jurisdiction, they must conform to all the rules and regulations of the Illinois High School Association.

Notwithstanding other provisions of this by-law, the Executive Director of the IHSA shall make all eligibility determinations on students transferring into the district from schools outside the jurisdiction of the district.

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## **1.250 NON-PUBLIC HIGH SCHOOLS**

Any non-public high school located in the State of Illinois may be admitted to membership provided:

- (a) the application for membership is signed by the administrative head of the school;
- (b) the school pays dues as required in this Constitution; and
- (c) the school complies with items (b), (c), (d), (e) and (f) of 1.210 above; and
- (d) the school's financial assistance program complies with the following standards:
  - (1) financial assistance to incoming and/or continuing students is approved by the president/principal of the school on the basis of need determined by using data provided through the use of a financial need approval plan which has been approved by the IHSA Board of Directors; and/or
  - (2) financial assistance to incoming and/or continuing students is granted by the principal of the school on the basis of academic performance or other criteria to students which are adopted by the school's governing body and approved by the IHSA Board of Directors; in no respect related to athletic interest or performance; and which are controlled and managed by the principal.

The IHSA Board of Directors shall, in consultation with representatives of private member schools, establish criteria for approval of financial need assessment plans and criteria for the awarding of non-need based financial assistance.

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## **1.260 ASSOCIATE SCHOOLS**

Any high school in Illinois operating strictly as a boarding school may be admitted to Associate membership provided:

- (a) the application for membership is signed by the administrative head of the school;
- (b) the school pays dues as required in this Constitution; and
- (c) the school complies with items (b), (c), (d), (e) and (f) of 1.210 above.

An Associate member shall be entitled to the same privileges as other member schools except that:

- (a) it shall not be permitted to participate in any athletic meet or tournament conducted for the purpose of determining an official state championship in the Illinois High School Association;
- (b) it shall not be privileged to vote on Association matters; and
- (c) it shall not share in the distribution of Association funds.

In all interscholastic competition, an Associate member shall observe all of the rules and regulations of the Association except that students who change schools without a corresponding change of residence on the part of their parents or guardians may establish eligibility immediately so far as residence is concerned provided their transfer occurs at the beginning of a semester and is made for reasons other than athletics, and no undue influence is involved.

## **1.270 APPROVED SCHOOLS**

Schools which are not eligible for membership in the Illinois High School Association may be approved by the Board of Directors for competition with member schools. Approved schools are not fully-accredited members of the Association. Member schools may engage only in dual contests with approved schools and not in invitational tournaments, festivals, etc. Approved schools are not eligible to participate in state tournament series sponsored by the Association. Schools wishing to be granted Approved status must apply annually to the Board of Directors.

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### **Illustrations for Section 1.270 of the Constitution**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

#### **1) WHAT IS APPROVED SCHOOL STATUS?**

- Q. Are "approved schools" members of the Association?
- A. The Board of Directors may grant approved status to a school only in the event that it is not eligible for membership. Approved schools may participate with member schools in dual competition only. (Constitution 1.270)

#### **2) APPROVED SCHOOLS AND ELIGIBILITY RULES?**

- Q. Must an Approved school abide by IHSA eligibility rules?
- A. Since Approved schools are not members of the Association, they are not subject to the requirements of IHSA rules. However, approved schools must be Registered or Recognized by the Illinois State Board of Education, or the school must be accredited by an organization that evaluates public and/or private schools. The accrediting organization must be acceptable to the IHSA Board of Directors. In addition, schools must substantially comply with the Association's rules regarding: Scholastic Standing, Age Limitations, Contest Limitations and Participation Limitations. (Constitution 1.270)

#### **3) Q. May an approved school participate in a tournament against an IHSA member school?**

- A. No. Approved schools may only participate in dual contests with IHSA member schools. (Article 1.270 and By-law 2.050)

## **1.300 BOARD OF DIRECTORS**

### **1.310 ADMINISTRATION**

The administrative authority of this Association shall be vested in a Board of Directors of ten (10) members elected, each for a term of three years, as hereinafter provided.

The office of the Association shall be the office of the Board of Directors.

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### **1.320 ELECTION DIVISIONS**

For the purpose of electing the members of the Board of Directors and providing equal representation for all parts of the state, the state shall be divided into seven (7) Divisions. Each of these Divisions shall be formed by combining three of the twenty-one (21) Districts of the state established for the purpose of electing the members of the Legislative Commission, these Districts being defined in Section 1.330 of this Constitution. In addition three (3) members shall be elected from the membership at-large. One at-large member must be a racial minority, one must be a member of the underrepresented gender and one must be a member of a private/non-public school. All must be principals of member schools. At-large members elected to the Board of Directors may not be from the same Board Division.

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### **1.330 DIVISIONS DEFINED**

Until changed by the Board of Directors, the seven Divisions from which Directors shall be elected shall be made up of Legislative Commission Districts as follows:

Division 1-Legislative Commission  
Districts 1, 2 and 3

Division 2-Legislative Commission  
Districts 4, 5 and 6

Division 3-Legislative Commission  
Districts 7, 8 and 9

Division 4-Legislative Commission  
Districts 10, 11 and 12

Division 5-Legislative Commission  
Districts 13, 14 and 15

Division 6-Legislative Commission  
Districts 16, 17 and 18

Division 7-Legislative Commission  
Districts 19, 20 and 21

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### **1.340 NOMINATIONS**

No later than September 1 each year, the Board of Directors shall cause to be electronically mailed to the principal of each member school in each division in which a member of the Board of Directors is to be elected, and to the membership in the event one or more at-large members of the Board of Directors is to be elected, a letter identifying the positions for which elections are to be held along with a primary ballot requesting nominations for the appropriate Board member positions.

Principals may nominate one principal from a member school in their Division as a candidate and/or one principal from any member school in the state as a candidate for an at-large position. These nominations must be completed online by September 15. The Board of Directors shall appoint a teller to verify the vote count. The two principals from each Division, or from the state at-large, as pertinent to the positions for which nominations are sought, receiving the highest number of nominating votes shall be declared the nominees and they shall be notified immediately of their nomination by mail. In case of a tie vote in any Division, the tellers shall determine the winner by lot.

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### **1.350 ELECTION**

Not later than September 20, the Board of Directors shall cause to be electronically mailed to the principal of each member school in each Division or in the membership at-large in which an election is to be held, a ballot on which are the names of the two nominees. Principals shall mark their electronic ballots in the regular manner, voting for only one of the nominees. Each electronic ballot shall be submitted electronically to the Association by October 1. The Board of Directors shall appoint a teller who shall meet not later than October 4, to verify the vote count. The teller shall then certify to the Board of Directors the results of the balloting. Within thirty days after the election, the Board shall meet, canvass the vote and declare the candidate(s) in each Division receiving the higher number of votes for each position to have been elected. In case of a tie vote in any Division, the tellers shall determine the winner by lot.

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### **1.360 TERM OF OFFICE**

Members of the Board of Directors shall be elected for terms of three years and shall take office immediately upon the determination of their election as provided in 1.350 of this Section. They shall be eligible for no more than three three-year terms. They shall serve until a successor is elected or until they cease to be a principal of a member school in the Division from which they were elected, unless because of redistricting, or in the case of at-large members, until they cease to be principal of a member school, or unless they tender their resignation and it is accepted by the Board of Directors.

In the event that high school principals who are Board members, because of the redistricting of the state, are removed from their Division, they shall continue to represent the Division from which they were elected for the balance of the year, provided they continue to serve as a principal of a member school in the territory which formerly comprised the Division from which they were elected.

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### **1.370 MEETINGS**

The Board of Directors shall meet a minimum of ten (10) times per year, on a date to be determined by the Board. The time and place of each meeting shall be determined by its members. Special meetings may be called by the President and must be called upon written request of any two members of the Board.

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## **1.380 BOARD OF DIRECTOR REMOVAL**

The Board may remove any Director under the following conditions:

- (1) The removal of a Director shall be for cause, which may include, but is not limited to, the following examples:
  - (a) Director failing to perform basic responsibilities, or doing so improperly;
  - (b) Director failing to act in accordance with the Board's governing standards;
  - (c) Director failing to comply with the Director's fiduciary obligations;
  - (d) Director's inappropriate and intentional disclosure of confidential information;
  - (e) Director's intentional violation of any IHSA by-law, rule, regulation, standard or policy;
  - (f) Director causing another to intentionally violate any IHSA by-law, rule, regulation, standards or policy;
  - (g) Director intentionally engaging in conduct that is deemed by the Board to be detrimental to the IHSA; and
  - (h) Director engaging in or having engaged in action which could be considered to constitute criminal misconduct.

Before a Director is removed for cause, the Board must be satisfied that the acts of the Director posed for removal are more than mere mistakes, more than negligence.

- (2) Removal shall be by a two-thirds (2/3) vote of all Directors then in office, excluding the Director proposed for removal.
- (3) Removal may occur at any regular or special meeting of the Board, provided that a Statement of the Reason(s) shall be been mailed by Registered Mail to the Board of Directors, including the Director proposed for removal, at least thirty (30) days before any final action is taken by the Board of Directors.
- (4) The Statement of Reason(s) shall be accompanied by a Notice of the time when and the place where the Board of Directors is to take action on the removal.
- (5) The Director proposed for removal shall first be given an opportunity to be heard at the time and place mentioned in the Notice, after which the Board of Directors, excluding the Director proposed for removal, shall consider the matter and take a vote.

## **1.400 POWERS AND DUTIES OF BOARD**

### **1.410 QUORUM**

A majority of the Board of Directors shall constitute a quorum. When a vote is taken upon any matter pending before the Board, a quorum being present, a majority of the votes of the members of the Board voting on the matter shall determine the outcome thereof.

### **1.420 AUTHORITY**

The officers and members of the Board of Directors of the Illinois High School Association are hereby authorized to interpret the Constitution and By-laws and to exercise all the powers and duties expressed or implied in this Constitution and By-laws, and to act as an administrative board in the interpretation of and final decision on all questions and appeals arising from the directing of interscholastic activities of member schools.

### **1.430 PROVIDE EMPLOYEES**

The Board of Directors shall conduct all business of the Association, shall be empowered to employ an Executive Director with such assistants as may be found necessary to carry on the affairs of the Association, and to provide office facilities, by rental, purchase or other means, and employees for the proper conduct of the business of the Association.

## **1.440 FINANCIAL STRUCTURE AND MANAGEMENT**

### **1.441 DUES AND ASSESSMENTS**

The Board of Directors shall be authorized to collect annual dues as provided in this Constitution and levy entry fees and such other assessments on all schools participating in any interscholastic activity as shall be adequate to meet the total expenses involved in the conduct of such activity and such proportionate share of overhead as is deemed necessary. Such dues and assessments shall be considered current funds of the Association and shall be used by the Board of Directors in financing the various activities of the Association.

The determination and collection of all activity fees and the collection and final distribution of receipts from all contests sponsored by the Association shall be left to the discretion of the Board of Directors.

## **1.442 EXPENDITURES**

The Board of Directors shall determine all necessary expenditures of money in the conduct of the affairs of the Association.

## **1.443 MANAGE SURPLUS FUNDS**

The Board of Directors shall receive and hold title to all surplus funds of the Association. Surplus funds belonging to any of the separate activities shall be held for and administered in the interest of that activity. Surplus funds of one activity of the Association may be transferred to another activity only by a two-thirds vote of the Board of Directors or by a majority of the member schools voting in a statewide referendum conducted by the Board of Directors whenever requested by not less than five percent of the membership of the Association.

## **1.444 INVESTMENT OF FUNDS**

The Board of Directors shall invest all surplus funds of the Association in bonds or treasury certificates of the United States or in bonds of the state of Illinois, registered in the name of the Illinois High School Association. However, in any fiscal year the Board of Directors may, by a two-thirds vote, suspend the enforcement of this requirement.

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## **1.450 STATEWIDE INTERSCHOLASTIC ACTIVITIES**

The Board of Directors shall have complete authority, subject to the provisions of the Constitution and By-laws, to organize and conduct such statewide interscholastic activities as may or may not lead to state championships and to establish Terms and Conditions for these activities. Whenever it is deemed advisable, the Board shall call upon specialists from the high school field for such technical or other advice and assistance as may seem necessary. The expenses of such specialists incurred in activities ordered by the Board of Directors shall be paid by the Association. In addition, the Board of Directors shall establish and publish criteria to be followed in the selection of schools to host state tournament series events.

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### ***Illustrations for Section 1.450 of the Constitution***

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

#### **4) TERMS AND CONDITIONS**

- Q. How authoritative are the Terms and Conditions for Association-sponsored events established by the Board of Directors?
- A. Since the Board of Directors is authorized by the Constitution to establish Terms and Conditions for IHSA-sponsored meets and tournaments, Terms and Conditions established by the Board are absolutely authoritative in respect to the various state tournament series conducted by the Association. Schools which do not adhere explicitly to the Terms and Conditions for a given activity are subject to penalty. (Constitution 1.450)

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## **1.460 RULINGS AND APPEALS**

The Executive Director shall have the authority and responsibility to investigate and decide all matters concerning eligibility, protests, by-laws or rules. The Executive Director may modify the effect of or penalty for violation of or non-compliance with any by-law or rule if the circumstances causing the student or school to be ineligible or otherwise in violation of or non-compliance with the by-law or rule are determined:

- (1) to have been completely beyond the control of all of the following:
  - (a) the student
  - (b) the student's parent(s)/guardian(s)
  - (c) the school
- (2) or where the violation or non-compliance has been caused exclusively by a clerical or administrative error.

A student, parent/guardian, school or individual, in whose favor or against whom a decision of the Executive Director made pursuant to this Section applies, may appeal that decision by submitting a written request for a hearing to the Board of Directors. In response to such a written request, the Board of Directors or, in its discretion, a hearing officer appointed by the Board, shall conduct a hearing to review the action of the Executive Director.

At a hearing, the party appealing the action and all other interested parties, including but not limited to representatives of the member school, may appear and present information for consideration. If a hearing officer has been appointed by the Board, such hearing officer shall submit a written report of findings to the Board, including a written summary of the testimony heard and/or evidence presented at the hearing. After a hearing before the Board, or upon receipt and review of the hearing officer's report, the Board may, within the authority of this Constitution and By-laws, sustain, modify or overturn the Executive Director's decision,

or sustain, increase, decrease or otherwise modify any penalty for violation of any by-law or rule or take such other action as it finds appropriate. If a hearing has been conducted by a hearing officer appointed by the Board, the student, parent/guardian, school or individual in whose favor or against whom a decision has been sustained or modified, may request, in writing through the principal of the involved member school, a further hearing to be held before the Board of Directors in accordance with the provisions of this Section, at the next regularly scheduled meeting of the Board or at a special meeting of the Board convened by the president of the Board. The decision or action of the Board of Directors, pursuant to any hearing held before it, shall in all instances be final.

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### **Illustrations for Section 1.460 of the Constitution**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

- 5) Q. What is a clerical or administrative error?  
A. An inadvertent or unintentional error or omission that results in technical, rather than substantive, noncompliance with these by-laws. The failure to comply with any affirmative requirement of these by-laws shall not be deemed a clerical or administrative error.

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## **1.470 FILL VACANCIES**

In case a vacancy occurs on the Board of Directors, the remaining members shall fill the vacancy by the appointment of a principal of a member school from the Division in which the vacancy occurs.

An appointee to an office must meet the same qualification standards that a person running for the office would be required to meet.

Appointees shall serve for the remainder of the unexpired term.

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## **1.480 RETIREMENT SYSTEM**

It shall be the duty of the Board of Directors to establish a retirement system for its employed administrative officers.

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## **1.500 OFFICERS**

### **1.510 TITLES OF OFFICERS**

The officers of the Board of Directors shall be President, Vice President and Secretary who shall be elected by the Board from among its members. These officers shall serve in similar capacities as officers of the Association and shall perform the duties which regularly devolve upon such officers.

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### **1.520 TERM OF OFFICE**

Officers shall be elected annually by the Board of Directors at the meeting during which the ballots from the election of members of the Board of Directors are canvassed and after new members have been seated. Officers shall be eligible to succeed themselves provided they continue to be members of the Board of Directors.

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### **1.530 TREASURER**

The Board of Directors shall elect a Treasurer of the Association who shall be a principal of a member school whose term of office shall not exceed three years. The treasurer shall, however, be eligible for successive terms in office. The Treasurer shall receive for deposit all funds belonging to this Association; shall pay out money from funds belonging to the Association only upon the order of the Board of Directors and approval by the President; shall furnish a bond, the amount of which shall be determined by the Board of Directors, premium on which shall be paid by the Association; shall keep separate bookkeeping records of all receipts and expenditures relating to each respective activity of the Association; and, shall make a complete financial statement to the Association as of June 30 of each year.

The Treasurer's accounts shall be audited at least annually at the close of each fiscal year by a committee to be composed of the President of the Board of Directors as Chairman, the Chairman of the Legislative Commission and a third high school principal to be chosen by these two. This committee shall employ a certified public accountant who shall make the audit under its supervision. All expenses of the audit shall be paid by the Association.

## **1.600 DUES AND ASSESSMENTS**

### **1.610 FISCAL YEAR**

The fiscal year of the Association shall be from July 1 to June 30.

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### **1.620 DUES**

The Board of Directors shall have authority to assess annual membership dues to be paid by all schools belonging to the Association.

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### **1.630 ENTRY FEES AND ASSESSMENTS**

The Board of Directors shall be authorized to levy entry fees and assessments when necessary for the conducting of any interscholastic activity.

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### **1.640 DATE OF PAYMENT OF DUES**

The annual school membership dues, if assessed, shall be for the fiscal year of the Association, shall be payable on or after April 1 of each year and must be paid on or before June 30 of each year.

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### **1.650 PENALTY**

In case a school has allowed its membership to lapse, it cannot be reinstated until it has paid into the treasury the current dues plus an amount equal to one-third of the annual dues for that school year for which the school failed to pay its dues. However, in any event the penalty payment shall not exceed the dues for one full year.

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## **1.700 LEGISLATIVE COMMISSION**

### **1.710 AUTHORITY**

All proposed amendments to either the Constitution or By-laws, or the consideration of any other proposed legislation, shall be referred to the Legislative Commission for evaluating and screening. Action shall be taken by the Commission on proposed legislation as provided for in Section 1.920.

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### **1.720 ORGANIZATION AND OPERATION**

#### **1.721 ELECTION DISTRICTS**

For the purpose of providing a geographic and equal representation on the Legislative Commission, the Board of Directors shall divide the State of Illinois into twenty-one Districts. Three of these Districts shall be in the City of Chicago. The other eighteen Districts shall consist of compact and contiguous territory containing approximately equal numbers of member schools. In 1978 and each three years thereafter, the Board of Directors shall review the compositions of the Districts then existent and, if deemed necessary or advisable, shall redistrict the state. In addition, seven (7) at-large Commission members shall be elected. One at-large Commission member shall be elected from each Division. All at-large Commission members must be a racial minority or a member of the under represented gender. At-large Commission members must be principals, official representatives, athletic administrators or activity directors.

## **1.722 MEMBERSHIP**

The Legislative Commission shall consist of thirty-five (35) members from thirty-five (35) member schools. One principal shall be elected from each of the twenty-one (21) Districts. One athletic administrator shall be elected from each of the seven (7) Divisions. One at-large Commission member will be elected from each of the seven (7) Divisions. All at-large Commission members must be members of the under represented gender and/or minorities. At-large Commission members must be principals, official representatives, athletic administrators or activity directors. Elections shall be conducted for principals of the various Districts according to the following schedule:

- (a) In 1982 and each third year thereafter, Districts 1, 4, 10, 15, 16, 17 and 21;
- (b) In 1983 and each third year thereafter, Districts 2, 5, 8, 12, 14, 18 and 20;
- (c) In 1984 and each third year thereafter, Districts 3, 6, 7, 9, 11, 13 and 19.

Elections shall be conducted for representative athletic administrators of the various Divisions according to the following schedule:

- (a) In 1992 and each third year thereafter, Divisions 1, 4 and 7
- (b) In 1993 and each third year thereafter, Divisions 2 and 5
- (c) In 1994 and each third year thereafter, Divisions 3 and 6

Elections shall be conducted for at-large Commission members of the various Divisions according to the following schedule:

- (a) In 2000 and each third year thereafter, Divisions 1, 4 and 7
- (b) In 2001 and each third year thereafter, Divisions 2 and 5
- (c) In 2002 and each third year thereafter, Divisions 3 and 6

Note: Elections shall be conducted in 1992 for representative athletic administrators of Divisions 2, 3, 5 and 6. Division 2 and 5 athletic administrator representatives' terms from that election shall expire in one year with the regularly scheduled 1992 elections. Division 3 and 6 athletic administrator representatives' terms from that election shall expire in two years with the regularly scheduled 1993 elections.

## **1.723 NOMINATIONS**

Not later than September 1 each year, the Board of Directors shall cause to be electronically mailed to the principal of each member school in each District/Division and athletic administrator of each member school in each Division in which a member of the Legislative Commission is to be elected, a letter giving the boundaries of the District/Division and a primary ballot requesting a nomination for a member of the Legislative Commission.

Principals may nominate one principal, not a member of the Board of Directors, from a member school in their District as a candidate electronically. Athletic administrators may nominate one athletic administrator from a member school in their District as a candidate electronically. In addition, principals may nominate one at-large Commission member from their Division electronically. These nominations must be submitted electronically to the Association by September 15. The Board of Directors shall appoint a teller to verify the vote count. The two principals from each District and the two athletic administrators from each Division receiving the highest number of nominating votes shall be declared the nominees and they shall be notified immediately of their nomination by mail. In case of a tie vote in any District/Division, the tellers shall determine the winner of the tie by lot.

An athletic administrator or activities director may not be considered for nomination if the principal at his/her school is a current member of the legislative commission and whose term has not expired. A principal may not be considered for nomination if the athletic administrator or activities director at his/her school is already a member of the legislative commission and whose term has not expired.

If a principal, athletic administrator or activities director from the same school are both nominated for the legislative commission, and the tellers determine they qualify as official nominees, the official representative of the principal's, athletic administrator's or activities director's school shall be contacted in order for the school to indicate which nomination will go forward on the ballot. The nominee not going forward will be replaced by the respective nominee with the next highest number of votes.

## **1.724 ELECTION**

Not later than September 20, the Board of Directors shall cause to be electronically mailed to the principal of each member school in each District/Division and athletic administrator in each Division in which an election is to be held a electronic ballot on which are the names of the two nominees. Principals and athletic administrators shall mark their ballots in regular manner, each principal voting for only one of the respective nominees. Each ballot shall be electronically submitted to the office of the Association by October 1. The Board of Directors shall appoint a teller who shall meet not later than October 4, to verify the vote count. The teller shall then certify to the Legislative Commission the results of the balloting. At the next regular meeting of the Legislative Commission following the election, the Commission shall canvass the vote and declare the candidate(s) in each District/Division receiving the highest number of votes for each position to have been elected. In case of a tie in any District, the tellers shall determine the winner by lot.



### **1.725 TERM OF OFFICE**

Members of the Legislative Commission shall be elected for terms of three years (except as provided in Section 1.722) and shall take office immediately upon the determination of their election as provided in Section 1.724. They shall serve until their successor is elected; until they cease to be a high school principal, athletic director, or activities director in the District/Division from which they were elected unless because of redistricting; until they tender their resignation and it is accepted by the Board of Directors; or until they become a member of the Board of Directors. They shall be eligible for no more than three three-year terms.

In the event that high school principals, athletic administrators or activities directors who are Legislative Commission members are removed from their District/Division because of the redistricting of the state (except as provided in Section 1.722) they shall continue to represent the District from which they were elected for the balance of the year provided they continue to serve as principal, athletic administrator or activities director of a member school in the territory which formerly comprised the District/Division from which they were elected.

### **1.726 VACANCIES**

In case of a vacancy, the President of the Association shall appoint a principal or athletic administrator of a member school from the District/Division in which the vacancy occurs to serve until the time of the next regular election.

### **1.727 OFFICERS**

The officers of the Commission shall be Chairman, Vice Chairman and Secretary. The Commission shall elect the Chairman and Vice Chairman. The Executive Director of the Association shall be the Secretary of the Commission.

### **1.728 MEETINGS**

The officers of the Commission shall fix the time, place and provide reasonable notice of all meetings of the Commission. However, there will be at least two meetings between November 1 and December 31 of each year. Meetings may be called by the President of the Association and must be called by the Secretary upon written request of a majority of the members of the Commission or of not less than five percent of the member schools of the Association.

In case members report that they will be unable to attend a scheduled meeting of the Commission, the President of the Association shall appoint a principal of a member school from the District represented by an absentee to serve at the said meeting.

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## **1.730 ACTION ON AMENDMENTS**

All proposed amendments to the Constitution and By-laws and all other proposed legislation of a permanent character shall be referred to this Commission for consideration. In considering such proposals, the Commission shall have two meetings. In the first of these, the Commission shall meet as a Committee of the Whole. At their own expense, high school principals or any representative or committee not exceeding three members from any statewide organization of teachers may appear before the Committee to promote or oppose any proposal before the Committee or to counsel and advise the Committee regarding any desired modifications in the proposals.

The second meeting, which shall be the official legislative meeting of the Commission, may be held on the same day as the first meeting or at any time within thirty (30) days following the first meeting. The Commission shall be authorized to reword or amend a proposal, but shall obtain authorization from the principal submitting the original proposal before referring the revised or amended proposal to the Association. The Commission, with formal recommendations, shall refer to the Association for final action on all proposals except those rejected by a majority vote of the Commission members present. The report of the Commission shall be accompanied by a brief statement of the arguments for and against each proposal referred to the Association. Votes of the individual members of the Legislative Commission shall be recorded and made available to member school principals/official representatives upon written request. If, after consideration by the Legislative Commission, a proposal is not accepted for inclusion on the referendum ballot, but petitions requesting inclusion of the proposal on a referendum ballot are received from twenty percent (20) of the member school principals, the proposal shall automatically be included on the next referendum ballot without further action by the Legislative Commission.

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## **1.740 EXPENSES OF COMMISSION MEMBERS**

The necessary expenses incurred by members of the Legislative Commission in attending meetings shall be paid by the Association upon presentation of a proper voucher and approval by the Board of Directors.

## **1.800 MEETINGS OF THE ASSOCIATION**

### **1.810 TIME AND PLACE**

The time and place of the annual meeting of the Association shall be determined by the Board of Directors.

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### **1.820 SPECIAL MEETINGS**

Special meetings may be called by the President of the Association and must be called by the Secretary upon written request of not less than five percent of the member schools.

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### **1.830 REPRESENTATION AT MEETINGS**

The principal of each member school, or a teacher in the school delegated by the principal in writing, shall represent such school at all meetings of the Association and in all matters involving the relationships of the school with other schools under the rules of the Association.

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### **1.840 QUORUM**

Representatives of ten percent of the member schools shall constitute a quorum at any meeting of the Association.

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## **1.900 AMENDMENTS**

### **1.910 SUBMISSION OF AMENDMENTS**

Proposals to amend the Constitution and By-laws shall be submitted by the official representative of any member school provided they are filed with the Executive Director of the Association not less than twenty (20) days prior to consideration by the Legislative Commission at a first meeting which deals with such proposals. All proposals shall be considered and reported on by the Legislative Commission in accordance with the provisions in Sections 1.721 through 1.740. All such proposed amendments to the Constitution and By-laws recommended by the Legislative Commission for final action by the membership must be voted on as provided in Section 1.920.

Proposals to amend Section 5.000 (By-Laws—Individual Sport) of this Constitution and By-laws and/or any of its sub-sections may be acted upon in accordance with the provisions of this Section. However, if the Section and/or Sub-section to which the amendment is proposed has been amended during the two (2) school years immediately preceding the school year in which the proposal is submitted, affirmative vote by at least sixteen (16) members of the Legislative Commission is necessary for submission of the proposal for referendum.

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### **1.920 REFERENDUM VOTE**

All proposals pertaining to the Constitution and By-laws and all other matters requiring an approving vote of the member schools that have been recommended for final action by the Legislative Commission shall be electronically mailed not more than ten (10) days after the second meeting of the Legislative Commission. Ballots for use in voting on such proposals shall be electronically mailed to all member schools not more than twenty (20) days after the second meeting of the Legislative Commission. All voting must be completed online within thirty (30) days after the second meeting of the Legislative Commission. A majority of the electronic votes cast shall be required for the passage of any proposal.

The Board of Directors shall appoint a teller, a high school principal who is not a member of either the Board of Directors or the Legislative Commission, to verify the vote count. These electronic ballots must be counted and the results announced to the membership by electronic mail within thirty (30) days after the conclusion of the balloting.

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### **1.930 EFFECTIVE DATES OF AMENDMENTS**

Each amendment of the Constitution and By-laws shall become effective on July 1 of the year following its adoption; on the date specified by the principals submitting the proposal providing such date is not less than thirty days following the notification of member schools of the results of the referendum in which the proposal was passed; or on a date mutually agreed upon by the submitting principal and the Legislative Commission.

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# BY-LAWS

All terms, conditions and provisions of the IHSA Constitution are incorporated herein as part of these By-laws. Any sections hereof deemed or found to be inconsistent shall be controlled and interpreted pursuant to the authority of the IHSA Constitution.

## 2.000 SCHOOL BY-LAWS

Included in this Section:

- 2.000 School By-laws
- 2.010 Compliance with Rules
- 2.020 Responsibility of Principal
- 2.030 Cooperative Team Sponsorship
- 2.040 Sportsmanship of School Representatives
- 2.050 Schools with which Contests May be Held
- 2.060 Multiple School Interscholastic Activities
- 2.070 Qualifications of Coaches
- 2.080 Selection and Use of Licensed Officials
- 2.090 Season Limitation in Athletic Activities
- 2.100 All-Star Teams and Games
- 2.110 Officials' Attendance at Rules Meeting
- 2.120 Coaches' Attendance at Rules Meeting
- 2.130 Principals' Attendance At Meetings
- 2.140 Participation Limitations During Strike
- 2.150 Physical Examination
- 2.160 Classification
- 2.170 Distribution of Steroids and Performance Enhancing Drugs
- 2.180 Travel Policy

### 2.010 COMPLIANCE WITH RULES

- (a) Members of this Association must comply with the rules as stipulated in the Constitution and By-laws of the Association in all matters pertaining to athletic and activity programs, competitions and other events, with or against any other school, whether it is a member or non-member of the Association.
- (b) All interscholastic athletic games, meets and contests participated in by IHSA member schools shall be governed only by the rules written or officially adopted for those respective sports by the National Federation of State High School Association and modified by the IHSA.

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#### **Illustrations for Section 2.010 of the Constitution**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

- 6) Q. If a school joins the Association during the school term, is the school required to meet all the by-law requirements beginning with the first day of the school term in which it becomes a member.  
A. Yes. This would apply to residence, transfers, academics and all other by-laws. (By-law 2.010)

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### 2.020 RESPONSIBILITY OF THE PRINCIPAL

The principals, as defined in Section 1.200 of the Constitution, or their designates, shall be responsible to this Association for matters pertaining to all athletic as well as non-athletic activities of their school. In addition, they shall be responsible to insure that their school is properly represented at all interscholastic events and be responsible for the conduct of their team and other persons from their school.

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## **Illustrations for Section 2.020 of the Constitution**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

### **7) CERTIFICATION OF ELIGIBILITY**

- Q. Who is responsible to certify the eligibility of a student athlete?
- A. Principals must be prepared to certify the eligibility of an athlete at any time. They must maintain sufficient records to verify each athlete's compliance with all eligibility rules. Upon the request of a fellow member school principal, or upon request from the IHSA Office, principals shall provide written certification of a student's eligibility. (By-law 2.020)

### **8) SCHOOL REPRESENTATIVES AT CONTESTS**

- Q. Must the school principal be personally present at all interscholastic activities?
- A. No. The principal is responsible to insure proper representation by officially designated school personnel. (By-law 2.020)

### **9) "PROPER REPRESENTATION"**

- Q. What is the meaning of "proper representation" in By-law 2.020?
- A. This term is interpreted to require presence of a faculty member or other certified or non-certified person who meets the coach qualification requirements of By-law 2.070. (By-law 2.020)

### **10) COACH AS SCHOOL REPRESENTATIVE**

- Q. May a coach serve as the school's representative to provide "proper representation" at an interscholastic contest?
- A. Yes. (By-law 2.020)

### **11) COACH/REPRESENTATIVE EJECTED FROM PLAYING AREA**

- Q. What action should be taken if the coach of a school team, who is the only school representative present at a contest, is ejected from the contest and removed from the immediate playing area?
- A. With no remaining school representative present, the school may not continue to participate. The contest should be terminated and forfeited to the opponent. A Special Report must be filed with the IHSA Office by the officials and/or schools involved. (By-laws 2.041 & 6.012)

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## **2.030 COOPERATIVE TEAM SPONSORSHIP**

The Board of Directors shall have the authority to approve the formation of cooperative athletic teams or activity programs by two or more member schools under the following conditions:

- (a) The schools are located in the same geographical area;
- (b) All schools participating in the cooperative are Class A (in a 2-class system) or Class 1A or 2A (in a 3 or 4-class system) schools according to the IHSA Classification System; or, in the event one or more of the cooperating schools is a Class 3A or 4A public school, the cooperative team is for a sport other than Boys Football or Boys or Girls Basketball; In the event one or more of the schools involved in the cooperative is a public non-boundary school, that school's actual enrollment, not multiplied enrollment is used to determine the eligibility of the cooperative team request.
- (c) Only private schools with non multiplied enrollments of 200 or less are eligible to form cooperative teams.
- (d) The combined enrollments of all schools involved in the cooperative team, calculated according to the IHSA Classification System, is utilized to determine the classification for the cooperative team;
- (e) The cooperative sponsorship agreement is established for a period of two consecutive school years;
- (f) The governing boards of all schools participating in the cooperative team agreement jointly make the application to the IHSA Board of Directors for approval of the cooperative team agreement;
- (g) The joint application includes:
  - (1) Written approval from the conference(s) of which the cooperating schools are members, and/or in which the cooperative team will participate, or, in the event the cooperative team will not be affiliated with a conference, written approval from a minimum of seven schools included in the cooperative team's schedule of competition;
  - (2) A statement signed by the principals of all cooperating schools designating the name under which the cooperative team will compete;
  - (3) A report of the number of students from each of the cooperative schools expected to participate on the cooperative team;

- (4) A report of the number of students, if any, from each of the cooperating schools who have been participating in the sport involved, in programs offered on a non-cooperative basis by their own schools;
- (5) A statement expressing the reasons for the formation of a cooperative team;
- (6) Written assurance that the cooperative team will not limit participation opportunities for students in any of the cooperating schools.

When a cooperative team completes two years of approved operation and the boards of education involved wish to renew the agreement for another two-year period, the involved school(s) shall submit to the IHSA, by the established date, notification that they wish to continue the cooperative with no changes and written approval from the conference.

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### **Illustrations for Section 2.030 of the Constitution**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

- 12) Q. According to the by-law, "conference approval" is required for each cooperative team. What constitutes "conference approval"?  
A. "Conference approval" is a formal, voted-upon action by a conference, according to its own method of voting, granting formal approval by the conference to the formation of a cooperative team involving one or more of its member schools. On the application form for IHSA approval of each cooperative team, conference presidents of involved conferences will be required to sign certification of conference approval and indicate the method of voting used by the conference in determining approval. (Constitution 1.420 & By-law 2.030)
- 13) Q. What requirements do schools which establish cooperative agreements have to meet in respect to defining the administrative details of a cooperative team?  
A. Boards of Education must adopt an agreement with the other district(s) involved in the formation of a cooperative team in order to delineate provisions for insurance, coaching personnel and compensation, liability, facilities, equipment, etc. (By-law 2.030) This agreement may be designed like the intergovernmental agreement authorized under the provisions of Section 10-22.31(a) of the School Code of Illinois.
- 14) Q. If a school adds a boys sport team by formation of cooperative teams, must it also add a girls sport team to its program?  
A. Simply adding a team for one gender of student by forming a cooperative does not require corresponding action to add a team for the other gender of students. However, schools are bound by the provisions of the State Sex Equity Rules, published by the State Board of Education. Questions in respect to these rules and the implications of cooperative teams in light of them should be referred to the State Board of Education. (By-law 2.030)
- 15) Q. May cooperative teams be formed with out-of-state schools?  
A. Yes. However, cooperative teams formed with either out-of-state or other non-member schools may not compete against IHSA member schools. Therefore, if a school located along the state border forms a co-op team with a school in a neighboring state, it may compete only with schools in that state or schools which are not members of the Illinois High School Association. (By-law 2.030)
- 16) Q. May cooperative teams be formed with non-IHSA member schools from Illinois?  
A. No. (By-law 2.030)
- 17) Q. May a school form more than one cooperative team in the same sport?  
A. No. (By-law 2.030)
- 18) Q. May a school form a cooperative team with one other school in football, a different cooperative team with another school in cross country and even a third cooperative team with yet another school in volleyball?  
A. Yes. The provisions of this rule permit formation of different cooperative teams with different schools on a sport-by-sport basis. However, each cooperative team formed must undergo the complete process approval by the boards of education, the conference, and the IHSA Office. (By-law 2.030)
- 19) Q. In light of the requirement that cooperative teams may not "limit participation opportunities," must a "no-cut" policy be established for each cooperative team that is formed?  
A. No. (Constitution 1.420 & By-law 2.030)
- 20) Q. May a school drop one sport, such as fall baseball, in order to enter a cooperative team arrangement in another sport, such as football?  
A. Yes. The decision as to which sports to offer is exclusively the prerogative of each local board of education. (By-law 2.030)
- 21) Q. May a cooperative team agreement be formed during a sport season, in order to accommodate participation in the state tournament series that school year?  
A. No. All cooperative teams must have applied to the IHSA for approval no later than the pre-season deadlines established (Fall Sports—August 1; Winter Sports—October 1; Spring Sports—February 1). Applications received after this date will be denied or considered only for implementation no sooner than the subsequent school year. (By-law 2.030)

- 22) Q. Must cooperative teams compete in six contests to be eligible for state series team competition under the provisions of By-law 3.054?  
A. Yes. (By-laws 2.030 & 3.054)
- 23) Q. If two schools, whose enrollments as of September 30 in a given year are 450 and 400 respectively, form a cooperative team, what enrollment will be used to determine the classification of the cooperative team?  
A. Classification of the cooperative team will be based on the combined enrollment of the cooperating schools. In this case, 450 plus 400, or a total of 850. This figure of 850 will determine classification for the cooperative team only. The individual schools will still be classified on the basis of their individual enrollments of 450 and 400 respectively for other sports. (By-law 2.030)
- 24) Q. If the combined enrollment of schools in a cooperative team agreement exceeds the cut-off for division between any class, in which classification will this cooperative team compete?  
A. In all sports and activities other than football and music, if a cooperative team has a combined enrollment over the dividing line between classes, the cooperative team will compete in the higher class for that sport or activity. (By-law 2.030)
- 25) Q. In the event the situation indicated in the previous Illustration occurs in football, what will be the classification of the cooperative team?  
A. Football classification differs from that for other sports in that class designation is not determined until all teams qualifying for the State Playoffs are established. Then the number of qualifiers is divided into eight equal groups, on the basis of their official enrollments. Therefore, the coop team referred to in the previous Illustration would be classified on the basis of its 850 combined enrollment, and would almost certainly be in a different class than either school would have been in with their individual enrollments of 450 and 400. (Constitution 1.450 & By-law 2.030)
- 26) Q. In the event the situation indicated in the previous Illustration occurs in music, what would be the classification of the cooperative program?  
A. Music classification also differs from that in other activities. Schools are classed as follows: 0-190 = Class D; 191-350 = Class C; 351-800 = Class B; 801-1600 = Class A; Over 1600 = Class AA. Therefore, the co-op program referred to in Illustration 21 would be classified as Class A in Music. (Constitution 1.450 & By-law 2.030)
- 27) Q. If a school is in Class 2A by enrollment at the time it enters a cooperative team agreement, but then grows to Class 3A size before the end of the agreement's term (minimum of two years), may it continue in the cooperative team agreement for its duration?  
A. Yes. If a school in a cooperative team agreement grows beyond the classification dividing line and becomes Class 3A, any cooperative agreement of which it is a party will remain in effect for its duration. (By-law 2.030)
- 28) Q. If two schools form a cooperative team, may they redraft their cooperative agreement and add a third school to the cooperative at the end of one year?  
A. Yes. With the approval of all the schools involved, the conferences (if applicable), and the approval of the Executive Director, a school may be added to a cooperative team at the end of the first year. (By-law 2.030)
- 29) Q. If two schools form a cooperative agreement, and then after the season for that sport begins, interest wanes and there are not sufficient students participating to sustain the team, what is the status of the agreement if the boards by mutual consent terminate the team's existence?  
A. Note that each cooperative agreement is for a minimum of two years. Even if the team for which the agreement is established does not compete, the schools are committed to the agreement for the two-year period. They may not terminate the agreement early, nor may they enter another cooperative agreement with another school during the lifetime of such an original agreement. Furthermore, if students from either of the schools should enter the IHSA state tournament series as individuals in the sport for which the cooperative was established, they would have to be entered under the auspices of the cooperative team, not their own individual high school. (By-law 2.030)
- 30) Q. Can a cooperative team form for only one year?  
A. No. Cooperative team agreements are for a two year period. Consolidation or annexation of a school in a coop could allow a coop to end prior to the completion of its two year cycle. (By-law 2.030)
- 31) Q. If two schools have established a cooperative team, and the cooperative dissolves prior to the end of its two-year agreement, may either of the schools participate as an individual school in that sport before the termination of the cooperative agreement?  
A. Yes, provided the reasons for dissolution of the cooperative team are extenuating circumstances accepted by the IHSA Board of Directors. However, a school in this situation may not enter another cooperative agreement in this sport until the end of the two-year time period of the original cooperative agreement. (By-law 2.030)
- 32) Q. In the event two schools, each of which is a member of a different conference, form a cooperative team, how will the requirement for conference approval be administered?  
A. According to By-law 2.030, cooperative teams must be approved by the conference(s) of which the participating schools are members. They must also be approved by the conference in which the cooperative team will participate or by seven schools on the cooperative team's schedule if it will not compete in a conference. To illustrate:  
(a) If the new cooperative team will compete in the conference of which one of the cooperating schools has been a member, both that conference and the conference(s) of which other schools in the cooperative have been members will be required to approve the cooperative team.  
(b) If the new cooperative team will compete in neither of the existing conferences but in another conference altogether, then both the previous conferences and the new conference must approve formation of the cooperative team.

- (c) If the schools forming a cooperative team have been members of conferences but will compete as an independent team under their cooperative agreement, then the conferences of which they have individually been members, along with seven (7) schools from the proposed independent team's schedule, must approve formation of their cooperative team.
    - (d) If one school entering a cooperative has been a member of a conference and the other school entering the cooperative has been independent, and the cooperative will compete as an independent, approval of the cooperative team must be obtained from both the conferences of the one cooperating school and from seven (7) schools on the new cooperative team's schedule.
  - 33) Q. How is the term "seven schools" defined with respect to requiring approval by "seven schools on its schedule" in the event the co-op team will not compete in a conference?  
 A. "Seven schools" means seven actual and different individual IHSA member high schools from seven different competitions included on the cooperative team's proposed schedule for the succeeding school year. (Constitution 1.420 & By-law 2.030)
  - 34) Q. Assume that a school drops out of a conference where it has participated in a particular sport and then enters a cooperative team agreement to participate in that same sport in another conference. Do the schools in the original conferences have any recourse, especially if they are not able to reschedule new opponents?  
 A. Formation of cooperative teams does not automatically negate all existing contracts. In general, contracts may be dissolved or altered only by mutual consent on the part of all involved parties. (By-law 2.030) In this situation, however, approval of the formation of a cooperative team by a conference will be interpreted to indicate tacit acceptance of the dissolution of all contracts between conference members and the school(s) involved in the cooperative. Therefore, schools in a conference which approves a member leaving the conference to form a cooperative team that will compete as an independent or in another conference, may lose games they had planned on without having breach of contract recourse. On the other hand, contracts for games which are not part of a conference schedule in a conference which has approved the formation of the cooperative team will be considered as individual contracts between the two schools. They may be dissolved only by mutual consent of both schools. If the school which is party to such contract and is not entering a cooperative team agreement refuses to dissolve the contract mutually, it will leave the school entering the cooperative agreement with a potential breach of contract situation.
  - 35) Q. Will the IHSA approve a cooperative team application in the event all questions pertaining to contracts with other schools and/or officials are not mutually resolved?  
 A. It is not likely, though a judgment will be made in each individual case. (By-law 2.030)
  - 36) Q. If two schools have established a cooperative team and, during the season for that sport, one of the two cooperating schools experiences a teachers' strike, may the cooperative team continue to participate during the strike or is it restricted under the terms of the IHSA Strike Policy?  
 A. The cooperative team will be affected by the strike policy. Therefore, if either cooperating school experiences a strike, the students from the striking school will be restricted from competition for the duration of the strike. Students from the non-striking school may continue to participate. If the non-striking school is unable, due to insufficient numbers, etc., to fulfill the terms of contracted obligations, the cooperative will be held in breach of contract. (Constitution 1.420 & By-law 2.030)
  - 37) Q. What impact on a coop is there if, during the term of a coop, one of the schools involved in a coop consolidates with another district, annexes with another district, or deactivates?  
 A. In the event of consolidation, annexation, or deactivation, a coop agreement among schools will cease to exist. In such an event, the consolidation, annexation, or deactivation will supersede the coop agreement. In such an event, the remaining school(s) would be allowed to enter into a new coop agreement with a new district, even if their former agreement had not expired. (By-law 2.030(e)).
  - 38) Q. Can two districts that are not contiguous form a coop?  
 A. Yes. Public school districts must be in the same geographical area in order to form a coop within the parameters of the by-law, but the districts do not have to be contiguous. (By-law 2.030)
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## 2.040 SPORTSMANSHIP OF SCHOOL REPRESENTATIVES

- 2.041** Students, school staff, boards of education, spectators and all other persons connected directly or indirectly with a member school shall practice and promote the highest principles of sportsmanship and the ethics of competition in all interscholastic relationships. The Executive Director shall have authority to investigate allegations and incidents of unsportsmanlike conduct or conduct which adversely affects the ethics of competition in connection with interscholastic contests. The Executive Director shall also have full authority to invoke penalties, in the context of the provisions of Division 6.000 of these By-laws, against a member school and/or individuals whose conduct in connection with an interscholastic contest violates these principles or ethics.
- 2.042** Member schools shall maintain proper crowd control and enforce the principles of good sportsmanship and ethics for all interscholastic activities. The Executive Director shall have authority to investigate reported incidents of unsportsmanlike conduct or conduct which adversely affects the ethics of competition in connection with interscholastic contests and shall have full authority to invoke penalties, in the context of Division 6.000 of these By-laws, against a member school which fails to fulfill its obligations as provided in this section.

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### **Illustrations for Section 2.040 of the Constitution**

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#### **39) CROWD CONTROL**

- Q. Who is responsible for crowd control at an interscholastic contest?
- A. The host school must assume primary responsibility for the physical management of the activity, including providing for crowd control. Both the host school and the visiting school must also enforce proper behavior on the part of their own students and fans. (By-law 2.040)

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## 2.050 SCHOOLS WITH WHICH CONTESTS MAY BE HELD

Member schools may permit eligible students to participate in competitive activities as school representatives only with the following:

- (a) schools which are members of this Association;
- (b) schools which are members of an athletic or activities association in another state which is recognized by the Board of Directors of this Association;
- (c) schools which are not members of this Association but are approved for interscholastic participation by the Board of Directors of this Association;
- (d) schools which are not members of an athletic or activities association in another state but are approved for interscholastic participation by such an association;
- (e) junior high schools, provided that in any event other than a dual contest, only eligible ninth grade students represent the junior high school; and
- (f) cooperative athletic teams approved by the Board of Directors under the provisions of these By-laws.
- (g) The Illinois High School Association Executive Director is authorized to waive the provisions of this By-law for the Illinois School for the Visually Impaired (ISVI) when the ISVI is in competition only with other schools for the blind provided such competition is governed by the standards adopted by the North Central Association of Schools for the Blind.
- (h) The Illinois High School Association Executive Director is authorized to waive the provisions of this By-law for the Illinois School for the Deaf (ISD) when the ISD is in competition only with other schools for the deaf.

Member schools may not permit students to participate as school representatives in activities with non-school groups.

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### **Illustrations for Section 2.050 of the Constitution**

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#### **40) APPLICATION OF RULE**

- Q. Do the provisions of this rule prohibit:
- (a) school bands from marching in parades in which non-school groups perform but do not compete?
  - (b) school-sponsored ice hockey teams from competing with non-school clubs or teams?
  - (c) FFA judging groups from competing against 4H or other non-school entities?
- A. This by-law is interpreted to apply only to competitive activities. Therefore, it does not prohibit Example (a) but it does prohibit Examples (b) and (c). The key factor to consider is whether competition is involved in an activity or not. (By-law 2.050)



- 41) Q. May schools that sponsor ice hockey teams, field hockey teams or any other interscholastic teams participate against non-school teams?  
A. No. (By-law 2.050)
- 42) **ALUMNI GAMES**  
Q. May a school team play a contest against a group of alumni, just for local interest?  
A. The by-laws limit member schools to compete against other schools. A school may not play an alumni contest in any sport since alumni teams are not school groups. (By-law 2.050)
- 43) **FACULTY GAMES**  
Q. May a school conduct a basketball game between teams of faculty members and school basketball team members to raise funds for the purchase of a new clock and scoreboard?  
A. Faculty-student games are interpreted to be intramural events. Therefore, they are not restricted by this by-law. Only members of the school's faculty and students at the school may participate. (By-law 2.050) Such contests are not counted as one of the contests to which a school team is limited by the by-laws. (By-law Section 5.000)
- 44) Q. May an approved school participate in a tournament against an IHSA member school?  
A. No. Approved schools may only participate in dual contests with IHSA member schools. (By-law 2.050 and Article 1.270)

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## 2.060 MULTIPLE SCHOOL INTERSCHOLASTIC ACTIVITIES

Member schools must adhere to the following conditions when participating in any interscholastic multiple school (four or more schools) contest or other activity:

- (a) athletic activities, not sponsored by this Association, must be hosted by a school which is a member of this Association or a school which is a member of another state activities or athletic association which is recognized by the Board of Directors of this Association.
- (b) multiple school activities may not begin before 1:00 p.m. on a school day;
- (c) multiple school conference activities may begin as early as 8:00 a.m. on a school day;
- (d) multiple school activities sponsored by a statewide organization such as the Illinois Coordinating Council for Career and Technical Student Organizations, the Illinois Association of Student Councils, etc. may begin as early as 8:00 a.m. on a school day;
- (e) awards presented to schools and individuals are within the limitations established by these By-laws;
- (f) lodging arrangements for student participants are exclusively the prerogative of the member school;
- (g) student participants must be eligible under all the provisions of these By-laws;
- (h) no participating school may exceed participation limits established in these By-laws;
- (i) inter-state activities are approved through the established procedures of the National Federation of State High School Associations; and
- (j) except for the State Final meet or tournament, practice rounds or other practice or workout sessions at the site of an interscholastic contest do not begin sooner than fifteen (15) minutes after the end of the school day.

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### **Illustrations for Section 2.060 of the Constitution**

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#### **45) DISMISSAL TIME**

- Q. Whose school dismissal time is used to determine the permitted time for practice or workouts at the site of a contest?  
A. The dismissal time of the school hosting the contest shall be the time from which practices may be scheduled. Therefore, if the host school is dismissed at 3:15 p.m., no visiting school may practice at the site of the contest until 3:30 p.m. or later, regardless of its own dismissal time. (By-law 2.060(i))

#### **46) LEAVING SCHOOL EARLY**

- Q. May a team leave school prior to dismissal time to travel to the site of a contest?  
A. This by-law regulates only the actual start of practice at a contest site. Schools make their own determinations about leaving school to travel to the site. (By-law 2.060(a), (b), and (i))

#### **47) GOVERNMENTAL SPONSORSHIP**

- Q. When a governmental agency, such as the General Assembly or Department of Tourism, provides funds for a school's use to travel to and participate in a particular event, does this constitute "governmental sponsorship" of the activity under the terms of this rule?  
A. Yes, and the school may participate under all the terms of the sanction policy. (By-law 2.060(c))

**48) ADDITIONAL STATEWIDE ORGANIZATIONS**

- Q. What other statewide organizations are covered under 2.060(d)?
- A. (BPA) Business Professionals of America; (FBLA) Future Business Leaders of America; (FCCLA) Family, Career, and Community Leaders of America; (FFA) Future Farmers of America; (DECA) formerly known as Delta Epsilon Professionals; (HOSA) Future Health Professionals; SkillsUSA, and (TSA) Technology Student Association.

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**2.070 QUALIFICATIONS OF COACHES**

To serve a member school as a Head or Assistant Coach, athletic coaches in member schools must:

- (a) be regularly certified by the ISBE as a teacher, administrator, or school service personnel (i.e. counselor, social worker, speech therapist, etc., including substitute teachers), or
- (b) be a retired teacher/coach from an IHSA member school, or
- (c) be a college student coaching as part of an official student teaching assignment, or
- (d) be certified through HKCE, NFHS or other IHSA Board approved coaches certification program (see IHSA Policy Number 9 for a complete list of approved programs), and
- (e) be at least 19 years of age, and
- (f) be officially employed by the local school board of the member school.

- 2.071** All remuneration for high school athletic coaching must be from the Board of Education of the member school employing the coach.

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**Illustrations for Section 2.070 of the Constitution**

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**49) NON-FACULTY COACHES AS NON-SCHOOL COACHES**

- Q. May a non-faculty coach at a member school coach a non-school team in an independent league outside the school season?
- A. By-law 3.107 restricts the amount of involvement permitted between students and their school coaching staff members in non-school athletic competition. A non-faculty coach is a member of a school's coaching staff, and is considered to be such for a period of time commencing with the date on which he/she is contracted for the coaching position by the school and extending until the beginning of the next year's season for the sport. Therefore, a non-faculty coach may coach a non-school team outside the school season only under the guidelines provided under By-law 3.107.

**50) STUDENT TEACHERS**

- 50.1** Q. May a student teacher assist with the coaching of an athletic team?
- A. Yes, provided it is part of the student teaching experience. (By-law 2.070)
- 50.2** Q. May student teachers be paid for assisting with the coaching of athletic teams?
- A. No, unless the person who is student teaching is at least 19 years old and has completed an IHSA approved coach training program. (By-law 2.070)
- 50.3** Q. May student teachers continue coaching their student teaching assignments after the regular student teaching period ends?
- A. Yes, provided their college or university authorizes the continuation. (By-law 2.070)

**51) VOLUNTEER COACHES**

- Q. May a person volunteer to coach without pay at a member school?
- A. Yes. However, whether a person is paid to coach or is a non-paid volunteer, the person must meet the qualification requirements of By-law 2.070 and its sub-sections. (By-law 2.070)

**52) BY-LAW COVERAGE**

- Q. Does By-law 2.070 require music directors, speech coaches and other activity sponsors or coaches to be certified teachers and have one of the specified employment relationships with a school?
- A. No. This by-law applies only to coaches of athletic teams. (By-law 2.070)

**53) MINIMUM AGE OF NON-FACULTY COACHES**

- Q. Is there an age minimum for non-faculty and/or non-certified personnel who coach?  
A. The Board of Directors interprets the provisions of this By-law to require non-faculty and/or non-certified coaches to be at least nineteen (19) years of age. (By-law 2.070 and Constitution 1.420)

**54) PRACTICE WITH COLLEGE STUDENT OR ALUMNUS**

- Q. May a college student or other alumnus participate in a school team practice?  
A. No. A person who is not a student at the school and is not qualified and approved by the school as a coach under the provisions of this by-law may not participate in any respect in a school team practice.

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## **2.080 SELECTION AND USE OF LICENSED OFFICIALS**

All major officials for athletic contests must be licensed with the IHSA in the sport the individual is to officiate, except that in the event contracted officials do not appear for a contest below varsity level, and with mutual consent by all competing schools, members of the coaching staff, faculty, and/or administrative staff of any of the competing schools may officiate the contest. The Board of Directors shall be responsible to establish policies and procedures governing the licensing process.

The names of game officials for each interscholastic athletic contest must be submitted by the host school to the visiting school not later than five school days before such contest and must be mutually agreed upon not later than the night preceding the contest.

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### ***Illustrations for Section 2.080 of the Constitution***

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**55) REPLACING CONTRACTED OFFICIALS**

- Q. If two schools have approved officials for a contest and the host school has contracted the officials, may either the host or the visiting school cancel the contract of one or more of the officials prior to the contest?  
A. The Board of Directors, under the authority granted in Constitution 1.420, has adopted the following guidelines for such situations:
- (1) Prior to contract negotiations with an official, the host school should receive approval of the visiting school before employing the services of a designated official. The IHSA recommends that approval be in writing as provided on the game contract.
  - (2) Having contracted an approved official as listed in (1), only the host school can release or replace an official from contractual commitments.
  - (3) The visiting school has the privilege of requesting that a previously approved official be replaced. If this occurs, only the host school, as the contracting agent, becomes involved with the official. Usually, it will defer to the visiting school's wishes if an acceptable replacement that is mutually agreeable to both schools can be found. However, this is not mandatory if (1) has been followed.
  - (4) Whenever the host school cancels a legal contract because of the visiting school's request, only the host school negotiates with the official in resolving the terms of the contract. The host school makes the payment for the contractual fee.
  - (5) If the official is cancelled because of the visiting school's request, the visiting school must reimburse the host school for the contracted fee. The host school will then reimburse the official.
  - (6) If By-law 2.080 is not complied with by the host school, then all obligations in contractual matters must be assumed by the host school.
  - (7) The contract must be valid in all aspects and both parties must comply with all of its provisions.

**56) MAJOR OFFICIALS**

- Q. Who are "major officials" as identified in this by-law?  
A. The Board of Directors interprets "major officials" to be officials who are required to be licensed with the Association in order to receive remuneration for their services. They include: (By-law 2.080)
- Basketball—Referee, Umpire
  - Soccer—Referee
  - Swimming—Referee, Starter, Diving Referee
  - Track & Field—Referee, Starter, Referee-Starter
  - Boys Baseball—Umpire
  - Boys Football—Linesman, Umpire, Line Judge, Back Judge, Referee
  - Boys Gymnastics—Judge
  - Boys Wrestling—Referee, Assistant Referee
  - Girls Gymnastics—Judge
  - Girls Softball—Umpire
  - Volleyball—Referee, Umpire
  - Competitive Cheerleading – Judge
  - Competitive Dance – Judge

**57) NOTIFYING OPPONENT OF OFFICIALS HIRED**

- Q. According to this By-law, the names of officials for a contest must be provided to visiting schools at least five days prior to the contest. How is this notice to be provided?
- A. Space is provided for this purpose on IHSA game contract forms. A host school may also notify the visiting school by letter or fax, and receive a letter or fax in response giving approval by the visiting school. Acceptance of a contract containing names of officials, or failure to reject officials in writing, shall constitute approval of officials. (By-law 2.080)

**58) CONTRACTED OFFICIALS NOT APPEARING FOR THE CONTEST**

- Q. What should schools do if the licensed officials who are contracted for a contest do not appear?
- A. A varsity contest may be played only if licensed officials can be obtained. However, for a below-varsity level contest, members of the coaching staff, faculty and/or administrative staff from any of the competing schools may officiate the contest.

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**2.090 SEASON LIMITATION IN ATHLETIC ACTIVITIES**

No school belonging to this Association shall organize its teams, practice, scrimmage or participate in any interscholastic sport outside of the season limitations as prescribed in Section 5.000 of these By-Laws; nor shall any person who coaches any sport at a member school, coach or supervise a non-school team in any interscholastic sport composed of students from that school, except within the guidelines promulgated by the IHSA Board of Directors.

Exception: For each sport, a school may hold one informational meeting prior to the start of its season to provide information regarding tryouts, procedures and forms that need to be on file. Coaches or school personnel may not use this meeting to organize out of season programs (example: fall, winter or spring leagues).

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***Illustrations for Section 2.090 of the Constitution***

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**59) SCRIMMAGE AS CONTEST**

- Q. Is a scrimmage considered to be a practice or an interscholastic contest?
- A. If a scrimmage involves exclusively students from one high school, it is considered to be practice. If a scrimmage involves students from more than one high school, it is viewed to be an interscholastic contest and is subject to all rules pertaining thereto. (Constitution 1.420 & By-law 2.090)

**60) PRIVATE LESSONS FROM HIGH SCHOOL COACH**

- Q. May a student receive private instruction from his/her high school coach outside the school season?
- A. Taking a private lesson from a faculty member or coach at a member school, outside the season, in the sport in which the student participates, is permitted only if the coach gives private lessons to clients other than students from his/her school. If the lesson program is limited to students from the instructor's school, it is viewed as a form of organizing and practicing the school team. (By-law 2.090)

**61) USE OF SCHOOL EQUIPMENT, PAYMENT OF FEES, ETC.**

- Q. May school facilities and/or athletic equipment be used for non-school athletic programs during the school year?
- A. Schools may not underwrite any part of the cost of participation by students in non-school athletic programs. This means that schools may not pay entry fees, provide uniforms, etc. However, if a school has an established policy governing use of school facilities and/or equipment by non-school groups, schools may permit the use of their facilities and/or equipment by non-school athletic teams under such a policy. (Constitution 1.420)

**62) COACH PLAYING ON TEAM**

- Q. May a school coach play on a non-school team with students from the same school at which he/she coaches?
- A. Yes, under the following conditions: a) during the school year, only if the number of players on the non-school team's roster who attend the school where the coach coaches does not exceed one half the number of players required to comprise the starting line-up for the sport; b) during the summer, between the close of school and Saturday of Week 4 in the IHSA Standardized Calendar, each day on which such participation occurs is considered to be a contact day for both the coach and students from his/her school. (Constitution 1.420)

**63) TRANSPORTATION TO NON-SCHOOL COMPETITION AND COACHING SCHOOLS**

- Q. May a coach at a member school transport students from his/her school to the site of practice or competition for non-school activities and coaching schools?
- A. During the school year, this would constitute a form of "organizing a school team" and is not permitted. (By-law 2.090) During the contact day period in the summer, it is permitted. (By-law 3.154)

**64) EX-COACHES**

- Q. May an individual who has been coaching in a member school but whose coaching contract has been terminated for the ensuing year now coach a team in non-school competition, composed totally of students from the school at which he/she has been coaching?
- A. Yes. This individual is no longer a member of the school's coaching staff. However, if the termination of coaching services is not confirmed officially in writing and is merely a verbal understanding or an action which is anticipated, the individual is still considered to be a coaching staff member and may not coach such a team. (By-law 2.070 & 2.090)

**TEAMS ORGANIZING AND PARTICIPATION IN CONTESTS DURING THE SUMMER AND DURING THE SCHOOL TERM**

- 65)** Q. May a school hold a meeting in the spring for students at the school to distribute information regarding summer programs?
- A. Yes. (By-law 2.090)
- 66)** Q. May a school hold a meeting during the school term for students at the school to distribute information regarding non-school programs also held during the school term?
- A. No. (By-law 2.090)
- 67)** Q. May a school conduct pre-season conditioning for a team prior to the starting date for any sport as outlined in Section 5.000 of the IHSA By-laws?
- A. No. Conducting a preseason conditioning program as outlined above would constitute a violation of IHSA By-law 2.090. (By-law 2.090)

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**2.100 ALL-STAR TEAMS AND GAMES**

No athletic team from any member school may compete against an "all-star" team. No school official from a member school shall assist, either directly or indirectly, with any contest by an all-star team during the school year, unless the contest is approved by the Board of Directors.

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***Illustrations for Section 2.100 of the Constitution***

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**68) SCHOOL OFFICIAL DEFINED**

- Q. How is the term "school official" defined in the context of this rule?
- A. A "school official" is considered to be "any person who meets the coach qualification provisions of By-law 2.070 and who is employed by a school and/or school district." No individual so situated may assist in any respect with any all-star competition during the school year unless it is approved by the IHSA. (By-law 2.100)

**69) ALL-STAR COACH**

- Q. May a coach from a member high school accept an invitation to coach at an all-star game?
- A. If the sponsor of the contest secures approval from the IHSA Office, the individual may coach. (By-law 2.100)
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## 2.110 OFFICIALS' ATTENDANCE AT RULES INTERPRETATION MEETINGS

Attendance at the annual Association sponsored sport rules interpretation meetings shall be required for all registered athletic officials, provided rules meetings are conducted in the sport. Failure to comply with this requirement may be penalized by probation, restriction on assignments or suspension of the official's registration.

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### **Illustrations for Section 2.110 of the Constitution**

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#### **70) PENALTY FOR NOT ATTENDING**

- Q. What is the penalty for officials who do not attend rules interpretation meetings as required?
- A. Violations of this by-law will be addressed on a sport-by-sport basis as follows:
  - a) An official who does not attend an IHSA rules meeting in a sport shall be placed on probation in that sport for one year. An official on probation may officiate regular season contests, but is not be eligible for assignment to the state tournament series and is not be eligible for promotion in the sport during the probation period. (By-law 2.110)
  - b) An official who does not attend an IHSA rules meeting in a sport for two (2) consecutive years shall be suspended for one year in that sport. Suspension causes the official to lose his/her license in that sport for the suspension period and to lose all ratings in that sport. After the year's suspension, an official may reapply for a license in that sport. (By-law 2.110)

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## 2.120 COACHES' ATTENDANCE AT RULES INTERPRETATION MEETINGS

In every sport and activity, each member school shall be represented by its head coach at an annual rules interpretation meeting or online rules presentation sponsored by the Association, provided rules interpretation meetings or online rules presentations are conducted in that sport or activity. Failure to comply with this requirement may be penalized by the Board of Directors. This shall include all individual as well as team entries.

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### **Illustrations for Section 2.120 of the Constitution**

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#### **71) PENALTY FOR NOT ATTENDING**

- Q. What is the penalty if a coaching staff representative does not attend a rules interpretation meeting in a sport?
- A. Penalties are assessed at the discretion of the Board of Directors. The Board considers non-attendance to be a school violation and regularly penalizes the first violation by placing the school team in the sport on probation for one year. The Board regularly penalizes the second consecutive violation by a school in a sport by suspending the school from participation in the state series in that sport. (By-laws 2.120 and 6.010)

#### **72) SCHOOL REPRESENTATION AT RULES MEETINGS**

- Q. If a school has both a boys and a girls team in a sport, may the school send only one coach to the rules meeting to represent both programs?
- A. Boys and girls teams are considered to represent different sports. Therefore both a boys coach and a girls coach are required to attend the rules meeting. This is true even if the boys and girls sports are in the same season and follow the same playing rules. (By-laws 2.120 and 6.010)

#### **73) INDIVIDUALS PARTICIPATING DURING THE SEASON**

- Q. If a school does not enter a team for team honors in state series competition, but does enter individuals in regular season contests in the sport, must it comply with the requirement for the head coach to attend the rules meeting for the sport?
- A. Yes, because it has maintained a program of competition in that sport during the season. (By-law 2.120)

#### **74) PRINCIPAL/ATHLETIC DIRECTOR ATTENDANCE**

- Q. May a principal or athletic director attend a sport rules meeting as the school's representative?
- A. Yes, but only in emergency situations. The requirement of the by-law is that coaches attend the rules meetings. If a principal or athletic director attends in an emergency, the IHSA must be notified by the school in writing immediately following the rules meeting so credit for attendance by a school representative can be recorded. (By-law 2.120)

## 2.130 PRINCIPALS' ATTENDANCE AT MEETINGS

Each member school principal or his/her designee shall be in attendance at an annual principals rules meeting/town meeting. Failure to comply with this requirement may be penalized by the Board of Directors.

- 2.130.1 Each new member school principal shall, within the first two (2) years of becoming a principal, attend a workshop or view an online presentation developed for new administrators by the IHSA. Failure to comply with this requirement may be penalized by the Board of Directors.

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### **Illustrations for Section 2.130 of the Constitution**

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#### **75) PENALTY FOR NOT ATTENDING**

- Q. What is the penalty if a principal/principal's representative does not attend a rules interpretation meeting in a sport?
- A. Penalties are assessed at the discretion of the Board of Directors. The Board considers non-attendance by a principal/principal's representative a violation and regularly penalizes the first violation by placing the school on probation for one year. The Board regularly penalizes the second consecutive violation by a school by suspending the school from participation in the state series for a period of one year beginning on January 1 following the school's second consecutive noncompliance with the by-law. (By-laws 2.130 and 6.010)

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## 2.140 PARTICIPATION LIMITATIONS DURING STRIKE

No team or other entity representing a member school may participate in an interscholastic contest or activity during the time the member school is not in session due to a strike by teachers or other school personnel. A member school shall not be considered to be in legal session on any school day if it does not have fifty-one (51%) of the students in the district in attendance and cannot offer the minimum program required by state law and ISBE Circular Series A160 on a daily basis.

- 2.140.1 This limitation shall not pertain to time designated by the member school's governing board as school holidays or vacation, including the days designated by the Illinois School Code as emergency days, provided school is in full operation on the school day preceding the school holiday, vacation or emergency day.
- 2.140.2 Practice sessions of normal length and frequency may be held during the period when school is not fully operating, provided the following conditions are met:
- (1) They must be approved by the school's governing board and administration;
  - (2) They must be conducted by personnel who meet the provisions of By-law 2.070;
  - (3) They must be conducted in a manner which assures the health and safety of the participants; and
  - (4) Students from a school on strike may not participate with a team from a school which is not on strike.
- 2.140.3 A school which has a football game scheduled with a school which is on strike on the Monday preceding the scheduled game shall have the option to cancel the game with the striking school and schedule a game with another school provided it has a pending alternative contract. If this option is exercised, the striking school shall forfeit the scheduled contest and receive a forfeit loss. The non-striking school shall receive a forfeit win and may play the alternate contest, which shall not count as a win or loss for the non-striking school. A school which has a football game scheduled with a school which goes on strike after the Monday preceding the scheduled game shall receive a forfeit if the striking school does not settle its contract by midnight preceding the scheduled game.
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## 2.150 PHYSICAL EXAMINATION

A school shall have on file for each student who participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than 395 days preceding any date of participation in any such practice, contest or activity.

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### **Illustrations for Section 2.150 of the Constitution**

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#### **76) CHIROPRACTOR**

- Q. Is a physical examination administered by a chiropractor acceptable for athletic purposes?
- A. The athletic physical examination must be administered by a licensed physician. Consistent with the interpretation of the State Board of Education, the Board of Directors interprets a "licensed physician" to be one who is licensed to practice medicine in all its branches. A chiropractor's physical examination is acceptable only if the chiropractor is licensed to practice medicine in all its branches. (Constitution 1.420 and By-law 2.150)

#### **77) PHYSICIAN'S ASSISTANT**

- Q. May a physician's assistant perform the physical examination the by-laws require?
- A. Yes. (By-law 2.150)

#### **78) RECORD OF EXAMINATION**

- Q. Must the form provided by the IHSA be used for physical examinations?
- A. No. The IHSA provides a form only as a service. Its use is optional. However, some form of written physical examination certificate must be used. (By-law 2.150)

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## 2.160 CLASSIFICATION

Guidelines and regulations for classification of non-boundaried schools are applied to all non-boundaried schools. A non-boundaried school is defined as any private school, charter school, lab school, magnet school, residential school, and any public school in a multi-high school district that does not accept students from a fixed portion of the district.

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## 2.170 DISTRIBUTION OF STEROIDS AND PERFORMANCE ENHANCING DRUGS

- 2.171 No coach, administrator, school official or employee, or booster club/support group member may sell, distribute, or promote the use of any anabolic steroids or performance-enhancing dietary supplements to students at member schools.
- 2.172 A coach, administrator, school official or employee, or booster club/support group member may provide only permissible nutritional supplements to students at any time for the purpose of providing additional calories and electrolytes, provided they do not contain any dietary supplements banned by the Association. Permissible nutritional supplements are identified according to the following classes: Carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters and vitamins and minerals.

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### **Illustrations for Section 2.170 of the Constitution**

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- 79) Q. Has the IHSA established banned drug classes for its performance-enhancing drug testing program?
- A. Yes. The IHSA Board of Directors has approved the banned drug classes for which it will test as a part of its performance-enhancing drug testing program. The banned drug classes can be accessed on the IHSA's Sports Medicine Advisory Committee's Special Topics Page. (By-laws 2.171 and 2.172)



## 2.180 TRAVEL POLICY

School teams may travel out of state any distance provided the participating students miss no more than two school days, including travel to and from the competition. The number of instances that any single school team can use this provision is limited to two occasions per school year.

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### **Illustrations for Section 2.180 of the Constitution**

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- 80) Q. Is this by-law applicable to contests conducted out of state when no school time is missed?  
A. No

## **3.000 ATHLETIC ELIGIBILITY BY-LAWS**

Included in this Section:

- 3.000 Athletic Eligibility By-laws
- 3.010 Attendance
- 3.020 Scholastic Standing
- 3.030 Residence
- 3.040 Transfer
- 3.050 Participation Limitations
- 3.060 Age
- 3.070 Recruiting of Athletes
- 3.080 Amateurism
- 3.090 Participating Under An Assumed Name
- 3.100 Independent Team Participation
- 3.110 Coaching School Participation
- 3.120 All-Star Participation
- 3.130 Use of Players
- 3.140 Misbehavior during Contests
- 3.150 Special Provisions for Summer Participation
- 3.160 Open Gym Limitations
- 3.170 Classification

Students in member schools shall be eligible to participate on athletic teams in interscholastic athletic contests as representatives of their schools provided:

### **3.010 ATTENDANCE**

- 3.011 A student must attend a member school and may only represent in interscholastic competition the member school the student attends. For purposes of this by-law, the term "attend" shall mean that the student is enrolled at the member school, and is taking at, or under arrangements approved by the member school, a minimum of twenty five (25) credit hours of work for which credit toward high school graduation will be granted by the member school upon the student's completing and passing the courses. The school which enrolls the student shall be exclusively responsible to verify the student's compliance with all of the eligibility requirements of all IHSA by-laws.

The Board of Directors shall have the discretion to waive the requirement of this by-law for the Illinois schools for the deaf or blind. In unit systems having a 6-3-3 or 6-4-2 type of organization, ninth grade students may participate on senior high school athletic teams at the member high school in the district designated by the Board of Education, provided:

- (a) such participation is approved by the district's superintendent of schools;
- (b) the senior high school principal shall certify that the ninth grade students:
  - (1) are eligible under the requirements of these By-laws,
  - (2) are students at a junior high school located in the district which supports the senior high school, and
  - (3) are not members of a grade or junior high school team in the same sport; and,
- (c) the senior high school principal assumes full responsibility for the conduct of these students during all athletic contests in which they represent the senior high school.

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School teams may travel out of state any distance provided the participating students miss no more than two school days, including travel to and from the competition. The number of instances that any single school team can use this provision is limited to two occasions per school year.

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  - (1) are eligible under the requirements of these By-laws,
  - (2) are students at a junior high school located in the district which supports the senior high school, and
  - (3) are not members of a grade or junior high school team in the same sport; and,
- (c) the senior high school principal assumes full responsibility for the conduct of these students during all athletic contests in which they represent the senior high school.

- 3.012** They shall have been enrolled and in attendance not later than the beginning of the eleventh school day of the semester. Exception may be considered only if written verification that delay in enrollment or attendance is caused by illness of the students or their immediate family or by other circumstances deemed acceptable by the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 3.013** Including a student's name on school attendance records for a period of ten (10) or more school days during any given semester, beginning with the date of the student's first physical attendance and ending with the date of the student's official withdrawal from school, shall constitute a semester of attendance for the student.
- 3.014** If a student does not attend school for ten (10) days in a semester, as defined in Section 3.013, but participates in any interscholastic athletic activity, the student shall be considered to have completed a semester of attendance, unless withdrawal from school occurs prior to completion of ten (10) days attendance and is necessitated by disabling illness or injury which is certified by a physician.
- 3.015** They shall not have any lapse of school connection during any given semester of greater than ten consecutive school days. Lapse of school connection for greater than ten consecutive school days shall render them ineligible for the remainder of the entire semester. Exceptions may be considered only if written verification that lapse in school connection is caused by illness of the students or their immediate family or by other circumstances deemed acceptable to the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 3.016** Absence of students required by military service to state or nation in the time of any state of national emergency shall not affect students' eligibility.

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### **Illustrations for Section 3.010 of the By-laws**

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**81) DAY OF GAME SICKNESS**

- Q. If a student is ill and does not attend school on the day of an interscholastic contest, may the student play in a contest on that day?
- A. IHSA by-laws do not contain any requirement stating that a student must attend school on the day of an interscholastic activity in order to be eligible for the contest. Member schools may have local policies of this sort, but they are not required to do so by the Association. (By-law 3.010)

**82) HOME SCHOOL STUDENT ELIGIBILITY**

- Q. May a student who is home schooled, participate on a high school team?
- A. Yes, provided the student is enrolled at the member high school, the student is taking a minimum of twenty five (25) credit hours of work at the member school or in a program approved by the member school, and, the student must be granted credit for the work taken either at the member school or in a program it approved. The approved academic program could come from a non-member school that does not provide any extra-curricular offerings. The student must also pay applicable tuition and fees at the member high school. (By-law 3.011)

**83) JUNIOR HIGH PLAYERS ON HIGH SCHOOL TEAMS**

- Q. May students who are not yet in high school practice or participate on high school teams?
- A. No. (By-laws 3.011, 3.051, 3.053 and 3.132)

**84) PRIVATE SCHOOLS STUDENT PARTICIPATION**

- Q. May a student who attends a private school participate on a public school's team?
- A. No. (By-law 3.011)

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## **3.020 SCHOLASTIC STANDING**

- 3.021** They shall be doing passing work in at least twenty five (25) credit hours of high school work per week.

Physical Education can be used as a .50 credit class to meet the 25 credit hour requirement, even if the member school is giving academic credit less than .50 or no credit at all. Students must be passing Physical Education in order to use the class towards academic eligibility.

Schools that offer only five classes per day may request a waiver annually from the IHSA Board of Directors to require the passing of at least twenty (20) credit hours of high school work per week to be eligible for participation.

- 3.022** They shall, unless they are entering high school for the first time, have credit on the school records for twenty five (25) credit hours of high school work for the previous semester. Such work shall have been completed in the semester for which credit is granted or in a recognized summer school program which has been approved by the Board of Education and for which graduation credit is received.

Physical Education can be used as a .50 credit class to meet the 25 credit hour requirement, even if the member school is giving academic credit less than .50 or no credit at all. Students must be passing Physical Education in order to use the class towards academic eligibility.

Schools that offer only five classes per day may request a waiver annually from the IHSA Board of Directors to require the passing of at least twenty (20) credit hours of high school work for the previous semester to be eligible for participation.

- 3.023** They shall not have graduated from any four-year high school or its equivalent.
- 3.024** Passing work shall be defined as work of such a grade that if on any given date a student would transfer to another school, passing grades for the course would immediately be certified on the student's transcript to the school to which the student transfers.
- 3.025** Work taken in junior college, college, university, or by correspondence may be accepted toward meeting the requirements of this Section provided it is granted credit toward graduation from high school by the local Board of Education.

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### **Illustrations for Section 3.020 of the By-laws**

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#### **85) BECOMING ELIGIBLE AFTER PERIOD OF INELIGIBILITY**

- Q. If a student who has been scholastically ineligible for the current semester passes twenty five (25) hours for the current semester which ends on Friday, January 19, when is the student eligible to play?
- A. A student who is ineligible for a semester is ineligible until the day the high school certifies the semester grades for all students in the school. (By-law 3.022)

#### **86) HOMEBOUND INSTRUCTION**

- Q. If a student is placed on homebound instruction, does the work taken count toward scholastic eligibility requirements?
- A. This work can count if the student receives credit toward graduation for the work taken under homebound instruction. (By-law 3.022)

#### **87) CREDIT FOR PHYSICAL EDUCATION**

- Q. May a school count physical education classes toward academic eligibility requirements?
- A. Yes. Students may also receive credit for physical education waivers.

#### **88) WITHDRAWN "PASSING"**

- Q. If a student withdraws from school after 65 days of attendance in the fall semester with passing grades at that point, and does not attend school again until the first day of the succeeding spring semester, is the student scholastically eligible for the second semester?
- A. Probably not. Attending school for more than ten days in the fall semester causes that semester to be counted as a semester of attendance. The student must pass twenty five (25) credit hours of high school work for that semester in order to be scholastically eligible in the next semester. "Withdrawn passing" is not considered to be passing work for the semester. This student will be ineligible for the spring semester unless the record shows that he/she passed and received credit toward graduation for at least twenty five (25) hours of high school in the fall semester. (By-laws 3.022 and 3.024)

#### **89) COLLEGE WORK**

- Q. May a student take a college or junior college class and receive high school credit for this work which may be counted toward scholastic eligibility?
- A. Such a class may be counted for scholastic eligibility, provided the student's high school accepts it and grants it credit toward high school graduation. (By-law 3.025)

**90) SUMMER SCHOOL LIMITATIONS**

- Q. How many credit hours may a student earn in summer school for the purpose of counting toward determination of scholastic eligibility for the next semester?
- A. There is no specific limitation. Summer school work may be counted toward scholastic eligibility for the ensuing fall semester provided it is completed by the time the fall semester begins and is granted credit toward graduation by the student's high school. (By-law 3.022)

**91) BLOCK SCHEDULING**

- Q. If a school utilizes a block 4 schedule, how many classes must a student pass to meet the scholastic eligibility requirements of the by-laws?
- A. Regardless of the schedule utilized by the school, students must be passing enough courses on both a weekly and semester basis to earn 2.5 full credits. In a block 4 schedule where each class is worth one credit per semester, a student must be passing at least three of the four classes to be considered to be passing twenty five (25) credit hours as By-laws 3.021 and 3.022 require. (By-laws 3.021 and 3.022)

**92) ACADEMIC ELIGIBILITY OF OUT-OF-STATE TRANSFER**

- 92.1)** Q. When a student who lives in another state and is eligible according to the academic standards of that state transfers to Illinois, but does not meet the IHSA's eligibility standards by the work taken in the previous state, what is the student's academic eligibility status?
- A. In such a case, the student would be granted eligibility upon enrollment at a member school if eligible under the standards in the state from which the transfer has occurred. However, the student would have to begin immediately meeting the IHSA requirements to retain eligibility. (By-laws 3.021 and 3.022)
- 92.2)** Q. When a student transfers from one state to a member school and is scholastically ineligible according to that state's academic standards, what is the student's academic eligibility status?
- A. In such a case, the student would be ineligible for the duration of the term of ineligibility imposed at the school from which he/she transferred. The student would then have to comply with IHSA academic eligibility standards before becoming eligible. (By-laws 3.021, 3.022 and 3.047)

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**3.030 RESIDENCE**

A student's eligibility is contingent upon the student meeting the applicable criteria from Sections 3.031-3.034 below. Except as provided in Section 6.010 of these by-laws, a student who does not comply with the applicable provisions of Sections 3.031-3.034 of these by-laws shall be ineligible for a period not to exceed 365 days. Once a student has attended high school, any change of the school attended by the student shall subject that student to the requirements of the rules applicable to transfers under Section 3.040 of these by-laws and its subsections.

**3.031 Public School Students:** Students attending public member schools shall be eligible at the public high school in which they enroll, provided:

**3.031.1** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, or they currently and for at least the last two years prior to the student's enrolling in high school, have lived with another family member or relative who has provided full support and adult supervision for the student, as though they were the guardian, within the boundaries of the attendance area of the high school they attend; or

**3.031.2** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, and have attended a minimum of the seventh and eighth grades as tuition-paying non-resident students in the district in which the high school they attend is located.

**3.031.3** They reside full time with one birth or adoptive parent or other relative without assignment of custody or legal guardianship by the court, provided:

- (1) their residence is in the district in which the member school they attend is located; and
- (2) they attended that member school the previous school term.
- (3) if a freshman, they attended both seventh and eighth grade in the district.

**3.031.4** In the cases where a Legislative Waiver has been granted for children of faculty members to attend the school tuition-free, the students shall have eligibility at the school where the parent teaches.

**In cases where a Legislative Waiver has been granted for children of faculty members in unit districts with one high school to attend the school tuition-free, the student(s) shall have eligibility in the district where the parent teaches.**

**3.031.5** In all other cases, students shall not participate until a ruling on their eligibility is made by the Executive Director.

- 3.032 Private School Students:** Students attending private member schools shall be eligible at the private high school in which they enroll, provided:
- 3.032.1** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, or they currently and for at least the last two years prior to the student's enrolling in high school, have lived with another family member or relative who has provided full support and adult supervision for the student, as though they were the guardian, within the boundaries of the public high school district in which the private high school they attend is located; or
  - 3.032.2** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, and have attended private schools on a continuous basis for the last two consecutive school years before entering high school or for a total of not less than four school years from kindergarten through eighth grade; or
  - 3.032.3** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, and attend the private member school attended by one or both of their parents; or
  - 3.032.4** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, in a residence located within a thirty (30) mile radius of the private member school they attend.
  - 3.032.5** In the event a student who resides full time with his/her parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, attends a private school but does not comply with the provisions of by-laws 3.032.1-3.032.4, or in any other circumstance in which a student attends a private school but does not comply with the provisions of by-laws 3.032.1-3.032.4, the student(s) shall not be eligible and shall not participate in an interscholastic contest until a ruling on their eligibility is made by the Executive Director.
- 3.033 Students in Public Schools Without Boundaries:** Students attending public member schools which do not have geographical district boundaries shall be eligible at such public high school in which they enroll, provided:
- 3.033.1** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, or they currently and for at least the last two years prior to the student's enrolling in high school, have lived with another family member or relative who has provided full support and adult supervision for the student, as though they were the guardian, within the boundaries of the public high school district in which the non-boundaried public high school they attend is located; OR
  - 3.033.2** They reside full time with their parents or custodial parent or guardian appointed by a judge of a court having proper jurisdiction, and have attended non-boundaried public schools or private schools on a continuous basis for the last two consecutive school years before entering high school or for a total of not less than four school years from kindergarten through eighth grade; OR
  - 3.033.3** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, and attend the non-boundaried public school attended by one or both of their parents; OR
  - 3.033.4** They reside full time with their parents, custodial parent or guardian appointed by a judge of a court having proper jurisdiction, in a residence located within a thirty (30) mile radius of the non-boundaried public member school they attend.
  - 3.033.5** In the event a student who resides full time with their parents custodial parent or guardian appointed by a judge of a court having proper jurisdiction, attends a public school without boundaries but does not comply with the provisions of By-laws 3.033.1-3.033.4, or in any other circumstance in which a student attends a public school without boundaries but does not comply with the provisions of By-laws 3.033.1-3.033.4, the student(s) shall not be eligible and shall not participate in an interscholastic contest until a ruling on their eligibility is made by the Executive Director.
- 3.034 Students in Prescribed Conditions:** Students attending member schools under one of the following specifically prescribed conditions shall be eligible in accordance with the requirements set forth under that condition:
- 3.034.1 Residential Students:** Students attending public or private member schools as residential students, shall be eligible at the public or private member school in which they enroll provided they reside full time at such school. Eligibility of residential students who do not reside full time at the school they attend shall be determined under the applicable provisions of By-laws 3.031-3.034.

**3.034.2** Students who have attended one school for their entire high school career and whose parents, custodial parent or court appointed guardian moves from the district or community traditionally served by that school following the student's completion of the eleventh (11th) grade, may remain in that member school and retain eligibility regarding residence for the twelfth (12th) grade, provided:

1. The student, if not yet eighteen (18) years of age, resides full time with the parents, a custodial parent, a non-custodial birth parent or a court appointed legal guardian; or the student, if eighteen (18) years of age, continues to reside with parents, custodial parent, a non-custodial birth parent or a court appointed legal guardian, or is accepted for enrollment by the school as a student having reached the age of majority under the laws of the State of Illinois; and,
2. Such attendance is approved by the Board of Education or local governing board of the school; and,
3. There is no evidence of undue influence, including but not limited to inducement, remuneration, pressure, promise or provision of special benefits or any other form of encouragement or persuasion, on the part of any person(s) directly or indirectly connected to the school, to retain the student's attendance.

**3.034.3** International and Foreign Exchange Students: Students attending school in Illinois under the auspices of approved student exchange programs shall be considered eligible regarding residence and transfer for a maximum period of one calendar year, commencing with the date of their enrollment and beginning attendance at an IHSA member school. To be considered for approval, a foreign exchange program must be approved by the IHSA and the Council on Standards for International Educational Travel (CSIET). It must also assign students to schools by a method which insures that no student, school, or other interested party may influence the assignment for athletic or other purposes. The Board of Directors shall establish additional criteria by which it shall approve foreign exchange student programs. International students attending school in Illinois who are not participating in an approved student exchange program will not be eligible for state series competition with respect to residence or transfer for the duration of their high school attendance unless they meet the requirements of the applicable provisions of the residency and transfer By-Laws as determined in an official ruling from the Executive Director or they are in a program which has been approved by the IHSA Board of Directors. The Board of Directors shall establish the criteria by which it shall approve such programs. An international student or foreign exchange student who does not meet the eligibility requirements of this by-law may be granted limited eligibility by the Executive Director. For purposes of this By-Law, the residential school exception set forth in By-Law 3.034.1 shall not apply to establish a student's residency.

**3.034.4** Special Education and Special Vocational Education Students: Students attending a Special Education or Special Vocational Educational Cooperative Center, shall be eligible under the following conditions:

**3.034.41** Students taking part of their work at the Special Center and part at their home high school shall be eligible at their home high school only;

**3.034.42** Students taking all of their work at the Special Center shall be eligible at either their home high school or the school housing the Special Center. However, once the students elect the school at which they will participate, they may not change their decision without the loss of a period of eligibility not to exceed 365 days.

**3.034.5** Students Affected by De-annexation: Students affected by a de-annexation/annexation of an elementary district from the current high school district will be permitted the choice of attending in the district from which the de-annexation occurs or the district to which the territory is then annexed. Whichever choice is made, all students whose families reside in the territory in question will be permitted to retain eligibility in regard to residence, provided they are high school students at the time of the de-annexation action.

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### **Illustrations for Section 3.030 of the By-laws**

The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.

#### **93) FUNDAMENTAL PRINCIPLE**

Q. What is the "fundamental principle" underlying the residence by-laws?

A. High school sports are best controlled and conducted fairly when students reside full time with their parents and attend high school in the district in which they reside with their parents. Departure from this basic premise requires circumstances which are within the parameters established within Article 1.460 of the IHSA Constitution, which do not conflict with the overall purpose and scope of the by-laws. (By-law 3.031.1)

**94) ELIGIBILITY WHEN PARENTS MOVE**

- Q. If, prior to a student entering high school for the first time, the student and his/her parents move into a district in which there is both a public and private member school where may the student attend and be eligible?
- A. If the family move occurs prior to the beginning of the school term, the student may attend either the public or private school in the school district into which the student and parents have moved and be eligible in regard to residence. (By-law 3.031.1) If the family move occurs after the beginning of the school term, and the student has not participated in a sport during that school term prior to the transfer, the student may attend either the public or private school in the school district into which the student and parents have moved, but the student will be ineligible for a period of thirty (30) days. If the student in this situation has participated, by trying out for, practicing or competing as a member of a team in a sport during the school term prior to the transfer, the student will be ineligible for the remainder of the school year in that sport and will be ineligible for a period of thirty (30) days from the date of the transfer in all other sports.

- 95)** Q. If, after the beginning of a school term a student who is not a senior or is a senior who has not attended the same high school all four years, (A) parents move to a new school district and the student does not move with them but lives with family friends or relatives in the district and continues attending the same school, (B) parents move to a new school district and the student continues to reside with his or her parents and continues attending the same school, is the student eligible or ineligible?
- A. (A) Ineligible. (By-law 3.031.1) (B) A ruling by the Executive Director is required. (By-laws 3.031.4, 3.032.5 and 3.033.5)

- 96)** Q. In the same situation as the previous illustration, may the student become eligible for a subsequent term if he/she never transfers to a school in the district into which the parents have moved?
- A. No. (By-law 3.034.2)

- 97)** Q. In multiple high school districts, may a student attend a district wide academy or attendance center within the school district, but outside of their attendance area, and retain athletic eligibility? (special education program, gifted program, vocational program, ROTC, etc)
- A. Yes. However, a student must enter the special center as an incoming freshman or as a transfer student enrolling in the district for the first time. Any subsequent transfer to a high school within the district may result in a period of ineligibility not to exceed 365 days. (By-law 3.031.1)

- 98)** Q. In multiple high school districts, is an incoming freshman eligible if he/she attends the high school where his/her sibling currently attends, even if high school is outside of their attendance area?
- A. Yes. However, any subsequent transfer to a high school within the district may result in a period of ineligibility not to exceed 365 days. (By-law 3.031.1)

- 99)** Q. Are students who enroll as incoming freshmen in a high school outside of their attendance area as a result of court ordered plan eligible?
- A. Yes. However, any subsequent transfer to a high school within the district may result in a period of ineligibility not to exceed 365 days. (By-law 3.031.1)

- 100)** Q. Where is a student eligible if the parents are maintaining residences in two or more school districts?
- A. A student is eligible in regard to residence in only one school district. This is the school district where the student actually lives with both parents on a full-time basis or the school district where the student lives with one birth or adoptive parent without assignment of custody or legal guardianship by the court. In the second situation, the student must continue to reside in the district where he/she attended school the previous school term. (By-law 3.031.3)

**101) LEGAL GUARDIANSHIP**

- Q. What is legal guardianship, and how must it be documented when requesting an eligibility ruling?
- A. Legal guardianship entails issuance of Letters of Guardianship of a student's person or person and estate by a court. It must be an order signed by a judge and/or the clerk of the court as the judge's representative. A file stamped copy of the Letters of Guardianship court order, along with a copy of the petition filed with the court at the hearing seeking that order and other evidence the court had to determine appointment of the guardianship, must be attached to each request for an eligibility ruling involving a change in legal guardianship. (By-laws 3.030 and its sub-sections and 3.040 and its sub-sections)

**102) TUITION PAYMENT AND ELIGIBILITY**

- Q. If a student's parents do not reside in the district and the student is a tuition paying nonresident at the high school he/she attends, is the student eligible?
- A. Such a student may only be eligible when the student lives full time with his/her parents and has attended a public grade school in the same high school district for at least the 7th and 8th grades as a tuition-paying nonresident student; otherwise the student is ineligible for a period not to exceed 365 days. (By-law 3.031.2)



**103) ELIGIBILITY OF SHARED-TIME STUDENT**

- Q. What is the eligibility status of a student who takes part in a shared-time instructional program at two or more schools?
- A. Such student will be eligible at his/her home high school, provided he/she is enrolled there, all credit earned at other attendance centers is recorded toward graduation from the home high school, and the student is meeting all of the IHSA academic and other eligibility requirements. (By-laws 3.011 & 3.031.1)

**104) SPECIAL EDUCATION STUDENT PARTICIPATION**

- Q. May a special education student, who is enrolled at a member high school but participates in a special education program at an area cooperative center or school location assigned by the Special Education Cooperative, make an annual choice of the school at which he/she will be a participant in interscholastic athletics?
- A. Yes. Students from member high schools assigned to special education centers or other locations may be eligible to participate either at the school housing the student's classes or at their home high school. At the beginning of each school term, such students must determine the site at which they wish to participate during that year. They are then eligible, in regard to residence and attendance, for that year only at the school chosen, and any change constitutes a transfer subject to compliance with all by-laws. (By-laws 3.011 & 3.031.1)

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**3.040 TRANSFER**

The eligibility of a student who transfers attendance from one high school to another high school is subject to the following Sections 3.041-3.047 and their sub-sections. Such student must additionally be in compliance with the applicable residency provisions of By-laws 3.031-3.034 and their respective sub-sections after the transfer. Except as provided in Section 6.010 of these by-laws, a student who does not comply with the applicable provisions of Sections 3.041-3.047 of these by-laws and their sub-sections shall be ineligible for a period not to exceed 365 days.

**3.041** In all transfer cases, both the principal of the school from which the student transfers and the school to which the student transfers must approve of the transfer and execute a form provided by the IHSA Office. This form is to be initiated and signed by the principal of the school to which the student transfers and provided to the principal of the school from which the student transfers for signature by that principal. The concurrence of the principals accepting a transfer shall not be determinative of eligibility or binding on the Executive Director and/or the Board of Directors who shall have the discretion to investigate the accuracy of such conclusion and to override the acceptance of a transfer if evidence of violation or avoidance of non compliance with any by-law, or recruiting in connection with the transfer is found. A student is not eligible to participate in an interscholastic contest until the transfer form, fully executed by both principals, is on file in the offices of the school to which the student transfers.

**3.042** After the official start date of an IHSA sport season for the current school year, if a student changes attendance from that high school to another high school, the student shall be ineligible for the remainder of the school year in any sport in which he/she participated or was participating in a practice or interscholastic contest in the current school year at the school from which the transfer occurs; or

Once classes begin in a school for the current school year, if a student changes attendance from that high school to another high school, the student shall be ineligible for a period of thirty days, commencing on the first day of attendance at the new high school, in any sport in which he/she was not participating or had not participated during the current school year at the school from which the student transferred.

**3.043** In addition, a student who transfers attendance from one high school to another high school pursuant to these by-laws, shall be ineligible unless:

**3.043.1** The student transfers attendance in conjunction with a change in residence by both the student and his or her parents, custodial parent, surviving parent (in the case of a student with one deceased parent), or guardian from one public high school district to a different public high school district; or

**3.043.2** The student transfers attendance from one public high school in a school district which supports two (2) or more public high schools to another public high school in that school district, and the transfer is in conjunction with a change in residence by both the student and his or her parents, custodial parent, surviving parent, or guardian to a residence within the boundaries established by the governing board of the school district for the high school to which the student transfers; or

**3.043.3** In the event the student transfers attendance from any high school to any other high school, and the transfer is not in conjunction with a change in residence by both the student and his or her parents, custodial parent, surviving parent, or guardian to a residence outside the boundaries of the public school district attendance area the family originally resided in, the Executive Director may grant eligibility based on documentation that the transfer met one of the following conditions:

- The student is enrolling for the first time in the student's home public member high school with boundaries;
- Change in family's financial position;
- Extenuating circumstances documented by the sending school's principal or official representative;

• Limited eligibility may be granted when the student transfers schools prior to the beginning of the student's sophomore year.

**3.043.4** The student, who is a child of divorced or legally separated parents, transfers attendance from one high school to another in conjunction with a change in legal custody between the parents by action of a judge of a court of proper jurisdiction, and a change in the student's residence from the former custodial parent to the parent to whom custody has been awarded by the court, provided that a copy of the petition and the court order so changing custody is on file with the principal of the high school to which the student transfers.

**3.044** The student, who (a) is an orphan; (b) is a child of divorced, legally separated, or unmarried parents with respect to whom there has not been a change in custody ordered by a court of proper jurisdiction; or (c) is a ward of the state who transfers attendance from one high school to another high school, shall be subject to the eligibility provisions of Sections 3.043.1-3.043.3 as if the student resided with his/her parent(s), provided that following the transfer, the student continues to reside with the same family, foster family, group home or other unit or entity after the transfer as prior to and at the time of the transfer.

**3.045** In the case of a student who transfers attendance from one high school to another in conjunction with the adoption of the student after the student has entered high school for the first time, or a change in guardianship of the student by order of a court of proper jurisdiction, the student shall be ineligible pending a ruling by the Executive Director. In such cases, the Executive Director may grant eligibility only if it is determined, after investigation, that the circumstances giving rise to the change of guardianship or adoption and the transfer were completely beyond the control of all of the following:

- (1) the student
- (2) the student's parent(s)/guardian(s)
- (3) the schools to and from which the student transferred.

Any action, inaction, or voluntary or self-initiated decision of the student, parent/guardian or the school to or from which the student transfers, or any one or more of them, which results in, affects, causes or pertains to the transfer shall not be considered to be "circumstances completely beyond the control." The student may practice, but shall not participate in an interscholastic athletic contest until a ruling on the student's eligibility has been made by the Executive Director.

**3.046** In all other circumstances involving a transfer, the student shall be ineligible pending a ruling by the Executive Director. In such cases, the Executive Director may grant eligibility if it is determined after investigation that the circumstances giving rise to the transfer were completely beyond the control of all of the following:

- (1) the student
- (2) the student's parent(s)/guardian(s)
- (3) the schools to and from which the student transferred.

Any action, inaction, or decision of the student, parent/guardian or the school to or from which the student transfers, or any one or more of them, which results in, affects, causes or pertains to the transfer shall not be considered to be "circumstances completely beyond the control." The student may practice, but shall not participate in an interscholastic athletic contest until a ruling on the student's eligibility has been made by the Executive Director.

**3.047** The member school to which a student transfers shall enforce any period of ineligibility imposed or that would have been imposed upon the student by the school from which the student is transferring, even if the student is otherwise eligible under these by-laws. The period of ineligibility at the school to which the student transfers shall be the remaining duration of the period of ineligibility imposed or that would have been imposed had the student not transferred, but not longer than 365 days after the date of the transfer, whichever is less.

### **Illustrations for Section 3.040 of the By-laws**

The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.

- 105)** Q. What evidence is required to affirm that a student and his/her parents have moved to a new school district and are living there full time?
- A. Documents requested by the Executive Director, including but not limited to some or all of the following: a lease or rental contract, closing documents, recorded title, affidavit of parent and student, documentation from the principals of the respective schools involved, telephone/utility and post office records, and such other evidence as may be deemed necessary by the Executive Director in a particular situation to enable the Executive Director to verify the facts. Schools requesting an eligibility ruling that provide such documents and information shall be subject to penalty if the information provided is found to be false.

- 106) Q. What evidence is required to affirm that a student and his/her parents are living within a 30 mile radius of the private school the student attends?  
A. The same documents as set forth in response above.
- 107) Q. If a family (parents and children) moves from one school district to another school district after the official start date of an IHSA sports season, what factors will the Executive Director consider in applying By-law 3.042 and ruling on the eligibility of students who transfer in connection with such moves?  
A. Factors to be considered by the Executive Director will include but not be limited to the following:  
(1.) Whether it is documented that the move was necessitated by an employment transfer.  
(2.) Whether it is documented that the move was necessitated by a change in employment.  
(3.) Whether it is documented that the move was necessitated by a change in family status.
- 108) Q. If parents divorce or become legally separated after the start of classes for the school term and their child transfers to live in a different district with the parent who is granted custody, what factors will the Executive Director consider in ruling on the student's eligibility?  
A. Factors to be considered by the Executive Director will include but not be limited to the following:  
(1.) Certified court documentation of custody.  
(2.) Copies of file stamped court documents pertaining to the divorce or legal separation.  
(3.) Documentation of specific circumstances which necessitate the student's transfer, particularly if the transfer occurs after the start of classes in a school term.  
(4.) Concurrence of the transfer by the sending and receiving school principals.  
(5.) Documents to show the residence of the student and the custodial parent.
- 109) Q. If parents divorce or become legally separated with joint custody assigned by the court, and the student moves to live with one parent or the other in a different district and transfers to a member school in connection with this move, what factors will the Executive Director consider in applying By-law 3.040 and its sub-sections and ruling on the student's eligibility?  
A. The same factors as stated above plus an acknowledgment that the student is eligible at only one school, and any move thereafter will create the need for a ruling from the Executive Director before the student can participate on a school team.
- 110) Q. A student's parents never married and no court custody has been established. What is the student's eligibility regarding residence if the student:  
(a.) Lives with the birth mother and attends school in the district where they live together full time?  
(b.) Lives with the biological father and attends school in the district where they live together full time?  
A. In a, the student is eligible with regard to residence.  
In b, documentation that custody has been assigned by the court to the biological father must be provided to the Executive Director along with verification of the student's residence in the district with the father, and an eligibility ruling must be made.
- 111) Q. What is a student's eligibility if the family has had a new home under construction in a different district from where they currently live, and the home is finally completed and the student transfers to the new district when the family moves into the home, which is:  
(a.) After classes start but before the student goes out for a sport.  
(b.) After classes start and after the student goes out for a sport.  
(c.) Before classes start but after the student goes out for a sport.  
A. In a and b, the student is a transfer student and will be ineligible for a period of time. In a, the student would be ineligible for thirty (30) days. In b, the student is ineligible for the remainder of the school year in the sport in which he/she had participated at the previous school and ineligible for thirty (30) days in all other sports. In c, the student is eligible in regard to the transfer by-law.
- 112) **LEGAL GUARDIANSHIP**  
Q. What is legal guardianship, and how must it be documented when requesting an eligibility ruling?  
A. Legal guardianship entails issuance of Letters of Guardianship of a student's person or person and estate by a court. It must be an order signed by a judge and/or the clerk of the court as the judge's representative. A file stamped copy of the Letters of Guardianship court order, along with a copy of the petition filed with the court at the hearing seeking that order and other evidence the court had to determine appointment of the guardianship, must be attached to each request for an eligibility ruling involving a change in legal guardianship. (By-laws 3.030 and its sub-sections and 3.040 and its sub-sections)
- 113) Q. May a student who has transferred to an IHSA member school from out of state participate in the same sport he/she was participating in prior to the transfer?  
A. In a situation like the one above, a ruling from the IHSA office is required. If it is determined that the student, the family and the school are in a circumstance completely beyond their control, the student may be ruled eligible. (By-law 3.042)
- 114) Q. May a student who played girls soccer for her high school in the fall in Missouri play girls soccer in the spring in Illinois if her family moves from Missouri to Illinois?  
A. Yes. The IHSA Board of Directors has determined that the season in which a sport is played in another state is a circumstance beyond the control of the student, the family and the school. (By-law 3.042)

### 3.050 PARTICIPATION LIMITATIONS

- 3.051** After they enroll in the ninth grade, students shall be eligible for no more than eight (8) semesters. They shall not be eligible for more than the number of semesters for which their school is recognized by the Illinois State Board of Education.
- 3.052** Their last two (2) semesters of possible eligibility shall be consecutive. Other semesters of possible eligibility need not be consecutive.
- 3.053** After becoming a student in ninth grade, the student shall not be eligible for more than four (4) consecutive school years of competition in any sport.
- 3.054** Any student in a member school, eligible in all respects under the terms of these By-laws, may be entered to represent that school as an individual in Association-sponsored meets or tournaments under the terms and conditions for that particular event. However, only schools which have an established school team which has engaged in at least six (6) interscholastic contests in that sport during the current season or, in the case of boys baseball, boys golf, boys tennis, girls softball, girls golf, and girls tennis, during the preceding IHSA recognized season in that sport, may participate in team competition in Association-sponsored meets or tournaments.

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#### ***Illustrations for Section 3.050 of the By-laws***

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

##### **115) MORE THAN ONE SPORT**

- Q. May a boy or girl participate on more than one school athletic team (such as golf and football) at the same time?  
A. Yes. (By-law 3.050)

##### **116) JUNIOR HIGH PLAYER**

- Q. What impact on eligibility does participation on high school teams by a ninth grader in a junior high school have for the student?  
A. A ninth grader, whether or not he/she participates on high school or junior high school athletic teams, uses two possible semesters of eligibility and has no more than six remaining. If such a student participates in either high school or junior high school athletics, that participation counts as one school year of athletic competition in each sport in which the student participates. (By-law 3.051 and 3.053)

##### **117) JUNIOR HIGH PLAYERS ON HIGH SCHOOL TEAMS**

- Q. May students who are not yet in high school practice or participate on high school teams?  
A. No. (By-laws 3.051, 3.053, 3.011 and 3.132)

##### **118) SIX-CONTEST RULES**

Note: The following illustrations are all written in the context that the six (6) required contests under the by-laws must be played in the same sport in the season in which the state tournament series for the sport is conducted.

- 118.1)** Q. If a school permits girls to participate on its boys cross country team and those girls run in six or more boys cross country meets during the season, may the boys meets satisfy the requirement of six (6) interscholastic meets needed by the girls to qualify for team competition in the girls state meet series?  
A. No. (By-law 3.054)
- 118.2)** Q. Does participation in summer baseball games satisfy the six contest requirement for state tournament series participation?  
A. No. (By-law 3.054)
- 118.3)** Q. If a school has eight girls softball games scheduled with signed contracts, and three of those contests are rained out and cannot be rescheduled and played prior to the date of the beginning of the state tournament series, may the school participate as a team in the girls softball state series even though it has actually played only five softball games prior to the beginning of the series?  
A. Determination of such a team's eligibility to play must be made on a case-by-case basis by the Executive Director. (By-law 3.054)
- 118.4)** Q. If a school has too few participants on its wrestling team to enter a contestant in each weight class, but has competed in more than six contests against other schools during the season, may the school participate as a team in the IHSA state wrestling series?  
A. Yes. (By-law 3.054)

- 118.5)** Q. How is a double dual or a doubleheader counted under the terms of the participation limitations and the six-contest requirements of By-law 3.054?  
 A. A doubleheader will be counted as two (2) contests. A double dual in which the participants compete only once will be counted as one (1) date (for the school) and two contests (for an individual). A double dual in which the participants compete twice (against different opponents) will be counted as two (2) contests. (By-law 3.054)
- 118.6)** Q. If a girls team competes against boys teams from other schools, may such contests be counted toward the six contest requirement for the girls team in that sport?  
 A. Yes, provided the girls team competes against another school's boys team in the same sport and in the same season as the state series it seeks to enter. (By-law 3.054)
- 118.7)** Q. May seven schools schedule a hexadual contest (scoring the competition as six dual meets simultaneously conducted) and meet the requirements of the six contest rule?  
 A. No. The Board of Directors has ruled that a school must utilize a minimum of three different dates and may not count more than two contests on any given date in order to satisfy the requirement of the rule. (By-law 3.054)
- 118.8)** Q. May a freshman, sophomore or junior varsity team contest be counted as one of the six required contests?  
 A. No. Only varsity team contests may be counted. (By-law 3.054)
- 118.9)** Q. What determines whether a team is a varsity team?  
 A. In most sports, the school identifies a team it defines as "varsity" at the start of the season and that team fulfills a schedule of contests arranged for the "varsity" team. This team is considered to be the team which comprises the most skilled competitors in the sport and is the team which is the school's representative at its highest level of competition, including the state series. (Constitution 1.420)
- 118.10)** Q. What determines whether a contest is a varsity contest?  
 A. The level of competition for a contest is regularly specified on the contract which schools enter into for a given contest. It is the Board of Directors' interpretation that unless otherwise mutually agreed upon by the principals/official representatives of all competing schools prior to the contest, the level of competition specified on the contract designates the level of the competition. (Constitution 1.420)

#### **119) INDIVIDUALS IN STATE SERIES**

- Q. If a school does not maintain a team in a sport that involves individual events, but has one student who wishes to compete in a state series, may the school enter the individual student in the state series?  
 A. Yes. The student may not compete for a team score, since the school has not competed in six contests, but will compete only as an individual representing his/her high school. (By-law 3.054)

#### **120) PRACTICE WITH ANOTHER SCHOOL TEAM**

- 120.1)** Q. In the regular season, may an individual student who attends a school which does not maintain a school team in a given sport participate in practice sessions at a neighboring school which does maintain a school team in that sport?  
 A. No. (By-laws 3.054 and 2.060)
- 120.2)** Q. After a student qualifies for advancement in the state series in a sport where he/she may compete as an individual, may that student practice against similar qualifiers from other schools in preparation for further state series competition?  
 A. No. (By-law 5.000 and its sub-sections)

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### **3.060 AGE**

- 3.061** A student shall be eligible through age nineteen (19) unless the student shall become twenty (20) during a sport season, in which event eligibility shall terminate on the first day of such season (as the season is defined in Section 5.000 of these By-laws).

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### **3.070 RECRUITING OF ATHLETES**

In the enforcement of the rule, member schools shall be responsible for any violation committed by any person associated with the school, including principals, assistant principals, coaches, teachers, any other staff members or students, or any organization having any connection to the school.

- 3.071** Recruitment of students or attempted recruitment of students for athletic purposes is prohibited, regardless of their residence.

- 3.072** It shall be a violation of this rule for any student athlete to receive or be offered any remunerations of any kind or to receive or be offered any special inducement of any kind which is not made available to all applicants who enroll in the school or apply to the school.

Special inducement shall include, but not be limited to:

- (1) Offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular year or summer school by anyone connected with the school. (Exception – private schools may waive tuition for children of faculty members, as a benefit of employment, provided there is no undue influence exerted upon the student or the family to attend the school.)
- (2) Offer or acceptance of room, board or clothing or financial allotment for clothing.
- (3) Offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.
- (4) Offer or acceptance of free transportation by any school connected person.
- (5) Offer or acceptance of a residence with any school connected person.
- (6) Offer or acceptance of any privilege not afforded to non-athletes.
- (7) Offer or acceptance of free or reduced rent for parents.
- (8) Offer or acceptance of payment of moving expenses of parents or assistance with the moving of parents.
- (9) Offer or acceptance of employment of parent(s) in order to entice the family to move to a certain community if someone connected with the school makes the offer.
- (10) Offer or acceptance of help in securing a college athletic scholarship.

- 3.073** It shall also be a violation of this rule to induce or attempt to induce or encourage any prospective student to attend any member school for the purpose of participating in athletics even when special remuneration or inducement is not given.

Schools are not prohibited from conducting academic recruitment programs, programs which may include information concerning the school's extracurricular offerings. However, such recruitment programs must be designed to provide an overview of the academic and extracurricular programs offered by a school and are not to be used as a subterfuge for recruiting students for athletic purposes. Such general recruitment programs permissible under this rule shall be carried out under the following guidelines:

- With the exception of an open house conducted at a member school, no member of a school's coaching staff may present or distribute the school's information to students not yet in high school unless they are representing all phases of the entire high school program at official junior high functions such as high school nights, fairs, days or visits.
- Any information presented or distributed shall be limited to the academic and extracurricular offerings provided by the school. The information may include a description of the athletic facilities available at the school.
- Any information presented or distributed shall not imply, in any manner, that the member school's athletic program is better or more accomplished than any other member school's athletic program.
- Any information presented or distributed shall not imply, in any manner, that it would be more advantageous for a prospective student athlete to attend a member school over any other school because of its extracurricular programs.
- Information may be presented or distributed only at an open house conducted at a member school or at a school housing grades below the ninth from which the member school can normally expect enrollment.

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### **Illustrations for Section 3.070 of the By-laws**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

#### **Introduction**

*IHSA By-law 3.070 and its sub-sections focus attention on the solicitation or inducement of young people to attend a particular high school in connection with participation in interscholastic athletics. It is important to note that these rules do not prohibit legitimate high school public relations, promotion or marketing. Rather, these rules prohibit capitalization upon a school's athletic program and/or a young person's athletic interest, potential or proficiency as a factor in determining school attendance.*

#### **Contacts with Prospective Students**

- 121)** Q. May an employee, booster club member, alumna/alumnus or individual providing volunteer service to a member school make a home visit to a prospective student athlete for recruiting purposes?  
A. No. (By-law 3.073)
- 122)** Q. Does registration and attendance at a school's "Open House for Prospective Students" constitute a "formal request for admissions information"?  
A. Yes. By-law 3.073)

- 123) Q. May a coach initiate contact with a prospective student-athlete?  
A. No. (By-law 3.073)
- 124) Q. May school administrators initiate contact with a prospective student-athlete?  
A. Yes, provided the contact is made only with the understanding that the young person is a prospective student, not a prospective athlete. (By-law 3.073)
- 125) Q. May a coach or school official who is approached by a parent distribute contact information for the school?  
A. Yes. (By-law 3.073)
- 126) Q. May school personnel respond to an inquiry by providing information either verbally or in writing about the school's academic and/or athletic program?  
A. Yes, provided the information is purely factual and provided the responding individual is not a coach relating to his/her own sport(s) or in any way appraising the inquirer's talent, potential opportunities or prospects for athletic participation at the school. (By-law 3.073)
- 127) Q. If a family is moving into the area and has stopped by the athletic office because they are "shopping" for a school, may specifics about a particular sport be discussed?  
A. Yes, provided "specifics" includes only factual information and the family initiates the contact. However, the family must be directed to the administrative or admissions office. (By-law 3.043)
- 128) Q. May high school personnel direct inquiries regarding feeder teams to feeder team personnel?  
A. The name or designation of the team is not material. High school personnel may provide information regarding all programs in their community which provide participation opportunities for pre-high school students. No specific program may be singled out or identified as preferable, recommended or advised, or in any other way connected to the high school. (By-law 3.073)

#### **School Publicity and Promotions**

- 129) Q. May a school include a report of athletic team records and successes in its publicity/promotional materials?  
A. Yes, provided such reports present only facts which are public information. (By-law 3.073)
- 130) Q. May a high school host an athletic tournament for grade school teams?  
A. Yes, provided teams are not selected on the basis of their caliber or their player personnel. (By-law 3.073)
- 131) Q. May teams and/or individuals participating in such a tournament receive awards for their participation and/or placement?  
A. Yes. (By-law 3.072)
- 132) Q. May a school provide promotional merchandise, such as key rings, calendars, pens, etc., to prospective student-athletes?  
A. Yes, provided all prospective students, not just prospective student-athletes, receive such items. (By-law 3.072)

#### **Financial Assistance and Scholarships**

- 133) Q. May a private school waive tuition or provide reduced tuition to the children of faculty members?  
A. Yes. (By-law 3.072)
- 134) Q. Is there a distinction between a scholarship and financial assistance?  
A. Yes. "Financial assistance" is a monetary contribution or credit toward payment of school costs, granted exclusively on the basis of objectively determined need. A "scholarship" is monetary contribution, remission of tuition, or credit toward payment of school costs based upon selection criteria of any kind other than need. (By-law 3.072)
- 135) Q. May an alumnus provide financial assistance to a needy student?  
A. No, not directly. Donations may be made to a school and dispersed by the school to students who qualify for financial assistance or scholarship as defined above, provided student-athletes receive no special consideration. (Constitution 1.250, By-law 3.072)
- 136) Q. A school has a donor who wants to give funds to underwrite the tuition and fees of a needy student. It has a process for determining "need" which is objective and does not involve athletic or activity participation in any way. May the donor be permitted to meet, interview and endorse the selection of the needy student prior to the allocation of this financial aid?  
A. No. (By-law 3.072)
- 137) Q. After donated funds are objectively allocated by a school as permitted above, may the donor meet the student(s) who were recipients of the donation?  
A. Yes. (By-law 3.072)
- 138) Q. May a booster club provide financial assistance to a needy student?  
A. No, not directly. Donations may be made to a school and dispersed by the school to students who qualify for financial assistance or scholarship as defined above, provided student-athletes receive no special consideration. (By-law 3.072)

- 139) Q. What criteria guides provision of financial assistance to students?  
 A. Objective determination of need. Financial assistance may not be provided on any other basis. The school's financial assistance program must comply with the criteria approved by the Board of Directors as required in Section 1.250 of the Constitution. (Constitution 1.250 and By-law 3.072).
- 140) Q. May a student-athlete receive a scholarship for high school attendance?  
 A. Yes, provided: (a) the scholarship is administered and approved by the school, (b) the school maintains and follows published criteria for the eligibility and selection of recipients which comply with the criteria approved by the Board of Directors as required in Section 1.250 of the Constitution, and (c) athletic interest, experience, skill, performance, talent or potential are in no respect any part of the selection and/or eligibility criteria for the scholarship. (Constitution 1.250 and By-law 3.072).

#### **Special Amenities**

- 141) Q. May a school provide items of clothing such as T-shirts, jackets, shoes, etc., to prospective student-athletes?  
 A. Yes, provided all prospective students receive identical items of this nature as promotional material or as a general marketing device. (By-law 3.072)
- 142) Q. May a school, booster club, civic organization, individual donor, church or social agency underwrite any school expenses, such as book fees, lunches, transportation costs, participation fees, etc., for a student-athlete?  
 A. Such financial assistance may be provided only if (a) it is available to all students, (b) the sole criterion for receiving this assistance is objectively determined need and (c) allocation of such assistance made is exclusively by the school. (By-law 3.072)

#### **Activities of Coaches with/for Prospective Students**

- 143) Q. May a coach attend and observe a grade school or non-school athletic contest?  
 A. Yes, but a coach may not exert undue influence upon, induce attendance of, or engage in any improper contact with any prospective students on such an occasion. (By-law 3.073)
- 144) Q. When does a prospective student become a student at a school?  
 A. On the first date of actual class attendance. (Constitution 1.420)
- 145) Q. When does a prospective student-athlete become a student-athlete?  
 A. On the date of the first school practice in the sport involved, or on the date the prospect first attends class at the school, whichever comes first. (Constitution 1.420)
- 146) Q. May a public or non-public high school or a high school coach conduct athletic programs such as summer camps, tournaments, etc., for non-high school students?  
 A. Yes, provided such programs and/or activities are open to all applicants within the age group for which they are offered and provided no specific invitations to participate or special terms for participation, such as fee discounts, provision of equipment, etc., are extended to any select individuals or groups. (By-law 3.073)
- 147) Q. May high school coaches conduct summer programs for high school students through a park district which does not allow students from outside the park district boundaries to enroll?  
 A. Yes, provided the program is not used to induce or attempt to induce any student to attend any member school. (By-law 3.073)
- 148) Q. May a coach who has no affiliation with a junior high team or youth league team attend a practice session simply for the purpose of observing the practice?  
 A. No. (By-law 3.073)

#### **Activities of Prospective Students**

- 149) Q. May a school permit incoming freshmen to participate in high school athletic practices, or in any other high school athletic activities, such as riding a team bus to a contest, attending a state tournament with the school team, etc., conducted by or through the school?  
 A. No. (By-law 3.073)
- 150) Q. May a school permit incoming freshmen to participate in high school sponsored open gym programs during or outside the school year?  
 A. Yes, provided the program is conducted in accordance with the open gym by-law. (By-law 3.071 and By-law 3.160)
- 151) Q. May incoming freshmen enroll in summer school physical education programs that have been approved by the high school district's board of education?  
 A. Yes. (By-law 3.073)
- 152) Q. May incoming freshmen or transfer students participate in summer league programs?  
 A. Yes, however, they must have registered at the school and paid applicable fees and/or deposits. (By-law 3.150 and 3.073)



- 153) Q. May a school permit a non-high school student to participate on an "exhibition" or "unattached" basis in a high school athletic contest?  
A. No. (By-law 3.072)
- 154) Q. May a school permit non-high school students, or current high school students at another school, to accompany a school team to a contest and/or be present with the school team at the contest site?  
A. No. (By-law 3.072) Note: This does not apply to a parent who is a coach and takes his/her own child to a contest with the team he/she coaches, or to elementary school students (grades 6 or below) serving as ball boys/girls for a school's home athletic contests.
- 155) Q. May testimonials by former student-athletes be used in school marketing materials/endeavors?  
A. Yes, provided they are factual. (By-law 3.073)
- 156) Q. May a school employee, a booster club member, an alumna/alumnus, or any person or organization providing volunteer service to a school, underwrite sports camp or non-school competition costs or underwrite athletic equipment costs for a prospective student or prospective student-athlete?  
A. No. (By-law 3.072) Note: This does not prohibit a parent from underwriting such items for his/her own child.
- 157) Q. May a school employee, a booster club member, an alumna/alumnus, or any person or organization providing volunteer service to a school, provide transportation to a sports camp or to a non-school sports competition for a prospective student?  
A. No. (By-law 3.072) Note: This does not apply to a parent who is a coach and takes his/her own child to a camp or competition.
- 158) Q. May a high school directly or indirectly sponsor an athletic team for grade school students, junior high school student(s) or any other non-high school group, "select" or "traveling" athletic team?  
A. No. (By-law 3.072)
- 159) Q. May high school coaches put on clinics for feeder coaches or participants?  
A. High school coaches may conduct or be instructors in clinics for coaches of non-high school teams. If a high school coach conducts, gives instruction or has any other involvement with a clinic for pre-high school students: (1) participation may not be restricted to any designated group(s) or individual(s); (2) no specific individual(s) or group(s) may be given special invitation or encouragement to participate; and (3) no participant(s) or group(s) may be given special rates, discounts or other services/benefits/privileges not identically provided to all participant(s) and group(s) invited. (By-law 3.073)
- 160) Q. May high school personnel coach a feeder team if their sibling is a member of the feeder team?  
A. Yes, but not on teams with high school students, unless: (a) the team involves players from two or more high schools; or (b) the team involves only high school students from the school within whose geographic attendance boundaries the student's parents reside and is not coached by a member of that high school's athletic coaching staff; or (c) the team involves only high school students from a private/parochial member high school, the incoming freshman attended eighth grade at a private/parochial elementary/junior high school from which other students attend the member high school, and the team is not coached by a member of the private/parochial school's athletic coaching staff. (By-law 3.073)
- 161) Q. May a school market its school program, including athletics as a part of that program, to a degree proportional with all other aspects of the program?  
A. Yes. (By-law 3.073)
- 162) Q. May a school give any priority, special attention or consideration to prospective athletes in any of its activities for marketing the school program and recruiting students?  
A. No. (By-law 3.073)
- 163) Q. May a high school provide free admission to athletic contests for special interest, non-high school groups, such as a junior high basketball team, youth sports club or team, cub scout pack, church group, etc.?  
A. Yes, provided this benefit is provided to all such groups located within the normal attendance boundaries of the school. (By-law 3.073)
- 164) Q. May a school sponsor a "Junior High Night" during a sport season, provide free admission to all junior high students on that night, and conduct some skill contests in the sport with prizes, such as school T-shirts, etc., for the winners?  
A. Yes, provided it is a completely open event, with no specific students or student groups being invited and provided that any contests conducted and/or prizes awarded use random selection of participants. (By-laws 3.071 and 3.072)
- 165) Q. May a school provide any services or other benefits to students or prospective students who are athletes which are not correspondingly provided to all students or prospective students who are not athletes?  
A. No. (By-law 3.072)
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### 3.080 AMATEURISM

- 3.081** For winning or placing in actual athletic competition, a student in a member school may accept a medal, cup, trophy or plaque, from the sponsoring agent regardless of cost.
- 3.082** Schools may provide an individual or teams that win an IHSA state championship, a ring/memento not to exceed \$200 in fair market value. Businesses, booster clubs or other organizations desiring to make contributions toward the purchase of a championship ring/memento must make those contributions to the school.
- 3.083** A student in a member school may accept any other award for participation in an athletic contest, or for athletic honors or recognition, which does not exceed \$75 in fair market value, in the following sports: badminton, baseball, basketball, bowling, cross country, football, golf, gymnastics, soccer, softball, swimming, tennis, track and field, volleyball, wrestling, and any other sport in which the student's school provides interscholastic competition. In addition, a student in a member school may receive and retain items of wearing apparel which are worn for non-school athletic competition as part of a team uniform provided for and worn by the student during competition.
- 3.084** A student in a member school may accept a school letter for an interscholastic sport, regardless of cost.
- 3.085** Violation of the provisions of By-laws 3.081, 3.082, 3.083 or 3.084 shall cause ineligibility in the sport in which the violation occurred. An official ruling must be secured from the Executive Director before any student who violates these rules may be reinstated to eligibility.

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#### **Illustrations for Section 3.080 of the By-laws**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

#### **166) NUMBER OF PRIZES PERMITTED**

- Q. Is there a limit on the number of different prizes an athlete may win in any given contest or awards an athlete may receive on any given occasion?
- A. Yes. An athlete may receive no more than one (1) prize of \$75 fair market value per sponsor per athletic contest. (By-law 3.083)

#### **167) REWARDS REVIEWED**

- 167.1)** Q. If a student participates in a road race sponsored by (1) a member school; (2) a local business; or (3) a private running club, may the student receive a T-shirt instead of a medal or trophy for winning or placing in the race?
- A. In all three of these instances the student may accept a T-shirt or other merchandise reward, if the fair market value of the award is less than \$75. (By-law 3.083)
- 167.2)** Q. May a contestant pay an entry fee to be in the race if part of that fee is used to purchase a shirt or other memento?
- A. Yes, if the item does not exceed \$75 fair market value. (By-law 3.083)
- 167.3)** Q. May a student accept a meal at a restaurant and a plaque in recognition of being chosen "player of the week" or for a similar honor?
- A. The food prize is acceptable as long as it is physically consumed by the student personally. The plaque is acceptable if its cost did not exceed \$75 fair market value. (By-laws 3.081 and 3.083)
- 167.4)** Q. May a student accept a trophy valued at \$125 for winning a non-school competition?
- A. Yes. (By-law 3.081)
- 167.5)** Q. May a student accept a trophy valued at \$50 for shooting a hole-in-one during a golf tournament in the summer?
- A. Yes. (By-law 3.083)
- 167.6)** Q. May a student accept a \$25 cash prize for winning a competition?
- A. No. (By-law 3.083)
- 167.7)** Q. How is the term "wearing apparel" defined in the context of this rule?
- A. "Wearing apparel" is defined to mean uniform shirts or jerseys, uniform shorts or pants, warm-up clothing such as sweat suits, and playing shoes for the particular sport in question. (By-law 3.083)

**168) WHAT CAN BE PROVIDED TO CHAMPIONS?**

- 168.1)** Q. In recognition of a team's accomplishments, may team members receive items such as gift certificates for dinners, jackets, sweaters, watches, etc.?  
A. Gifts such as these are permitted only if no individual item exceeds \$75 in "fair market value" and items totaling no more than \$75 in fair market value are provided by any one sponsor. (By-law 3.083)
- 168.2)** Q. Is it acceptable if, by virtue of a student's performance in an athletic contest, the student is awarded:  
(a) \$1,000 in the form of a college scholarship?  
(b) \$1,000 donated to the scholarship fund of the college of his choice?  
(c) \$1,000 donated in the student's name to charity?  
(d) \$1,000 donated in the student's name to the athletic program at high school?  
A. IHSA By-laws prohibit a student from receiving any amount of cash for participating in an athletic contest. This is true even if the reward is delayed for presentation following the student's graduation from high school. Consequently, example (a) is not permitted, but examples (b), (c) and (d) are acceptable, since the student personally does not and will not receive any cash or merchandise. (By-law 3.083)  
Note: While a student may not directly receive a scholarship, a scholarship may be given to a college or university and the student may receive the benefits of the scholarship fund if he/she attends that university. Failure to attend the school designated by the students forfeits the student's opportunity to receive any and all benefits of the scholarship. In such an event, the student may not receive any portion of the scholarship in cash. (By-law 3.083)

**169) TEAM CASH**

- Q. If a student plays on a community sports team, and that team wins \$500 cash in a tournament, is the student in violation of the amateur by-laws?  
A. No. The rules prohibit the student from receiving cash and restrict the value of merchandise. Since the student does not receive cash or merchandise personally, there is no violation of the amateur rules in this case. (By-law 3.083)

**170) STATUS OF "THONS"**

- Q. May a student participate in a "jog-a-thon," "swim-a-thon," or other "-thon" activity and receive cash or merchandise prizes for his fund-raising effort?  
A. Yes, but the prizes are acceptable only if they are presented exclusively on the basis of the student's fund-raising achievements. (By-law 3.083)

**171) ATHLETE AS A MODEL**

- Q. If a student-athlete who is selected by audition is paid \$250 to appear in a TV commercial for athletic equipment, is the student in violation of the amateur rules?  
A. No. (By-law 3.083) This is not a reward for participation in an athletic contest; rather, it is payment for specific services rendered.

**172) COMPETE WITH PRO**

- Q. May a student participate as a team member with a professional?  
A. Yes, provided the student does not receive cash or merchandise prizes which exceed \$75 in "fair market value". (By-law 3.083)

**173) COMPETE AGAINST PRO**

- Q. May a student participate in a contest against a professional?  
A. Yes. (By-law 3.083)

**174) DESIGNATION OF WINNINGS TO OTHERS**

- Q. May a student participate as a substitute in a non-school sports program with the person for whom the student substitutes receiving cash or merchandise prizes as a result of (1) the student's substitute performance, or (2) the performance of the team to which the substitute student contributed?  
A. In (1), the student will be considered to have received cash or illegal merchandise in violation of the by-laws, even though actual possession of the reward was granted to another individual. Designation of cash or merchandise won by a student in competition to an individual is viewed to be acceptance of the award by the student and may be in violation of the provisions of IHSA amateur rules. (By-law 3.083)  
In (2), a student's score may contribute to a team score by which other members of the team may win a cash, gift certificate or merchandise reward, provided the student personally receives nothing other than a medal, cup or trophy. If a team on which a student is a substitute wins a cash or merchandise prize that is divided among team members, the student is not in violation if the individual substituted accepts a share of the team prize. The student simply cannot accept or designate to someone else a share of the prize for his/her own performance with the team. (By-law 3.083)

**175) EXPENSE REIMBURSEMENT**

- Q. Does acceptance of reimbursement of expenses for non-school competition constitute an amateur rule violation?  
A. No, provided reimbursement can be documented not to exceed actual out-of-pocket expenses. (By-law 3.083)

**176) EVIDENCE OF EXPENSE**

- Q. What is acceptable documentation of expenses?  
A. Itemized bills, properly receipted by persons alleged to have received the payments. (Constitution 1.420)

**177) WORKING FOR PAY**

- Q. May a student coach, teach or officiate an athletic contest for pay?  
A. Yes. The rule refers exclusively to actual playing. An individual may be paid for services performed. (By-law 3.083)

**178) PENALTIES**

- Q. If a student violates the amateur rules, how and when is the penalty applied?  
A. Violation is penalized with a period of ineligibility. A report of the violation must be made to the IHSA Office for determination of the term and effective date of ineligibility. In addition, the reward must be returned or surrendered, at the direction of the Executive Director. (By-law 3.083)

**179) PRIZES WON IN DRAWINGS OR RAFFLES**

- Q. May a high school athlete accept a cash or merchandise prize won through a drawing or raffle at a high school athletic contest?  
A. Yes. (By-law 3.083)

**180) EVENTS TO WHICH AMATEUR RULES APPLY**

- Q. Does the amateur rule apply to events such as three player basketball, seven-player football, golf scrambles, etc.?  
A. No. The amateur rule applies only to "interscholastic" sports. (Constitution 1.420)

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**3.090 PARTICIPATING UNDER AN ASSUMED NAME**

- 3.091 In the event students participate in interscholastic competition under any other name than their own, a student's principal shall immediately suspend violators from further interscholastic participation. The future interscholastic participation of violators and/or persons contributing to a violation shall then be considered by the Board of Directors.

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**3.100 INDEPENDENT TEAM PARTICIPATION**

- ~~3.101~~ During the school season for a given sport, in a school which maintains a school team in that sport, a student shall not participate on any non-school team, nor as an individual unattached in non-school competition, in that given sport or in any competition that involves the skill of the sport in question. Violation shall cause ineligibility for a period not to exceed 365 days. An exception may be made by the Executive Director under the guidelines adopted by the Board of Directors for competitions sanctioned directly by the National Governing Body or its ~~junior or~~ official Illinois affiliate for the sport.
- 3.102 Students may participate in a tryout for a non-school athletic team while a member of a high school team in the same sport, provided the tryout is exclusively a demonstration of skills with no practice or instruction involved. A student shall be considered to be a member of a school team when he/she engages in any team activity, including but not limited to tryouts, drills, physical practice sessions, team meetings, playing in a contest, etc., on or after the date specified in By-law 5.000 and its sub-sections.
- 3.103 The phrase, "participate on any non-school team," as utilized in By-law 3.101, is defined to mean engaging in any team activity, including but not limited to, tryouts (except as defined in Section 3.102), drills, physical practice sessions, player evaluations, team meetings, etc.
- 3.104 In the event a school does not maintain a team which competes during the regular high school season for a sport, but enters one or more students into competition for the first time in that season at the beginning level of the IHSA tournament series for the sport, the date of the beginning level contest in the IHSA series shall be the date on which the school shall be considered to have a school team in that sport.
- 3.105 Students or teams at member schools shall not be permitted to participate on, practice with or compete against any college, junior college or university athletic team. This restriction shall apply in all situations, regardless of the competitive structure or sponsor of the competing entities for such events.

- 3.106** To be eligible for a school team in a given sport, students must cease non-school practice and competition in that sport no later than seven (7) days after the date on which the school team engages in its first practice or tryout in that sport.
- 3.107** During the school year, a person who is a coach in any sport at a member school, may be involved in any respect with any non-school team, only if the number of squad members from his/her school which are on the non-school team roster does not exceed one-half the number of players needed to field a team in actual IHSA state series competition in that sport. The number of non-school team squad members that are counted only include those that are eligible to play in the next season of that sport.
- 3.108** The Illinois School for the Visually Impaired (ISVI), may with the permission of the IHSA Executive Director, under the guidance of the Board of Directors, conduct cooperative practices with another team in the immediately geographic area of Jacksonville, Illinois.

**3.109** A diver enrolled at a school that lacks diving facilities may, with the permission of the Executive Director, practice with an independent team during the sport season.

### **Illustrations for Section 3.100 of the By-laws**

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- 181)** Q. May a student participate on a team or as an individual outside the school?  
A. Yes, provided such participation does not occur during the school season for the sport, as defined above. (By-law 3.101)
- 182)** Q. May a student who is a member of a school cross country team run in a 10K road race apart from the school cross country program during the school cross country season?  
A. No. "Running on any surface other than a track" is defined by the Board of Directors as a skill of the sport of cross country. (By-law 3.101) NOTE: This illustration can be applied to any sport and/or season by referring to the definition of "skill of the sport" and the list of skills determined for each interscholastic sport by the Board of Directors which is included in the Definitions Section at the beginning of the Handbook.
- 183)** Q. Is there a difference between "skill of the sport" and "skills of a particular event" in a sport, in regard to competition in "the skill of the sport?"  
A. No. The list of "skills of the sport" which the Board of Directors has determined are essential to each sport are applicable to any and all events within a sport, regardless of whether a particular event utilizes a specific skill or not. For example, since "running any distance on a track" is a skill essential to the sport of track and field, a discus thrower, whose specific track and field event may not utilize the skill of running, is still prohibited from engaging in non-school running competition during the school track and field season, because "running" is a skill of his/her sport. (By-law 3.101)
- 184)** Q. Is there any circumstance in which special permission may be granted to permit a student to compete in a non-school event in or utilizing "the skill of the sport," during the school season for the sport?  
A. Yes. The Executive Director may make an exception under guidelines adopted by the Board of Directors for competitions sanctioned by the National Governing Body for the sport. (By-law 3.101) A completed request form, and written verification from the National Governing Body for the sport indicating that the event has been officially sanctioned, must be submitted to the IHSA Office for the Executive Director's review.
- 185)** Q. How is the term "maintains a school team" defined in the context of a school which does not sponsor or otherwise facilitate competition in a sport during the regular season?  
A. Such a school is considered to be "maintaining a school team" on the date any student first represents the school in an interscholastic contest in the sport. Beginning on that date, any student from the school who subsequently practices or competes outside the school in the sport, will violate this by-law. (By-law 3.101)
- 186)** Q. May a high school student-athlete be randomly selected from the crowd at a sports event to shoot from half-court and win a prize if the shot is made?  
A. Yes. Performance of an athletic feat when randomly selected and when the feat does not involve competition against other individuals, is not considered to be "competition in the skill of the sport". (By-law 3.101)
- 187)** Q. When does the "school season" end for varsity or non-varsity athletes in a sport?  
A. The "school season," as defined above, ends for varsity athletes and non-varsity athletes on the date of the school's last contest at their level in the particular sport. (By-law 3.101)
- 188)** Q. May a tryout be conducted in more than one session over one or more days?  
A. Yes, if determined to be necessary by virtue of the numbers of individuals participating or the extent of skill demonstration being pursued in the tryout, and provided it meets the definition of a tryout. (By-law 3.102)
- 189)** Q. May a tryout include a scrimmage?  
A. Yes, provided it only involves individuals who are actually trying out, and is within parameters of all other by-laws. (By-law 3.102)

- 190)** Q. May a student who is a member of a school 12-inch fast pitch softball team attend weekly team meetings during the high school softball season for a team that competes in a non-school 12-inch slow pitch softball league?  
A. No. (By-law 3.103)
- 191)** Q. May a student attend a meeting to organize and plan a fund raising activity for a non-school team?  
A. Yes, provided the meeting focuses exclusively on the fund raiser and not on any activity identified in the definition of "team activity" above. (By-law 3.103)
- 192)** Q. May a student who attends a school which does not maintain a school team in a given sport participate in practice sessions at a neighboring school which does maintain a school team in that sport?  
A. No. (By-law 3.104)
- 193)** Q. May a student in a school which does not maintain a school team in a given sport participate in a scrimmage in the sport at a neighboring school?  
A. No. (By-law 3.104)
- 194)** Q. May a school which does not maintain a school team in a given sport enter one or more of its students in competition against a neighboring school during the regular season for the sport?  
A. Yes. However, such competition shall be considered to be competition by the school team, and the date on which it first occurs shall be considered to be the date on which the school has a school team in that sport. (By-law 3.105)
- 195)** Q. May a high school team practice at the same time and place as a college team?  
A. Yes, but under no conditions may the high school team or individual members of the high school team interact in any manner whatever with either the college athletes, coaches, or other college personnel. (By-law 3.105)
- 196)** Q. Does this by-law pertain only to varsity student-athletes?  
A. No. It applies to all students at member schools. (3.106)
- 197)** Q. If practice begins on Monday, when must students cease participation on non-school teams?  
A. Students must cease non-school practice and competition in that sport within 7 days. (By-law 3.106)
- 198)** Q. What number of players is needed to constitute "one-half the number of players needed to field a team in actual IHSA state series competition" in each sport?  
A. The number in each sport for which IHSA conducts a state series has been determined by the Board of Directors. Specifically, the limitations are:  
Badminton—3; Baseball—4; Basketball—2; Bowling—2; Cross Country—3; Football—5; Golf—3; Boys Gymnastics—12; Girls Gymnastics—8; Boys Lacrosse—5; Girls Lacrosse—6; Soccer—5; Softball—4; Swimming—15; Tennis—3; Track and Field—17; Volleyball—3; Water Polo—3; Wrestling—7; Competitive Cheerleading—Small 6; Medium 8; Large 10 and Coed 10; Competitive Dance – 12. (By-law 3.107)
- 199)** Q. May a high school coach serve as a coach for multiple non-high school teams during the school term as long as the number of students from his/her school on each team does not exceed the limits noted in illustration 198?  
A. No. (By-law 3.107)
- 200)** Q. May a school soccer coach serve as a coach for a non-school basketball team, on which students from the school participate, during the school term?  
A. Yes, provided the number of students from the school at which the individual coaches does not exceed the number permitted in By-law 3.107. (By-law 3.107)
- 201)** Q. May a high school coach serve as a non-school club administrator who doesn't coach an individual team in the club when the number of participants in the club from his/her school exceeds one half the number of players needed to field a team in actual IHSA state series competition?  
A. No. During the school term a coach may not be involved "in any respect" with a non-school club program when the number of players from his/her school exceeds one half the number of players needed to field a team in actual IHSA state series competition (By-law 3.107).
- 202) WHEN ON SCHOOL SQUAD**
- Q. When does a student become a member of a school athletic squad?  
A. In schools conducting an interscholastic program in the sport during the regular season, a student shall be considered to be a member of a school team when he/she engages in any team activity as defined in By-law 3.102. In schools entering interscholastic competition for the first time at the beginning of the IHSA state series in the sport, the date of the beginning level contest in the IHSA series shall be the date on which the school shall be considered to have a school team in that sport. (By-law 3.102 and 3.104)
- 203) NON-SCHOOL COMPETITION**
- Q. May a student who is on a school team and who participates in competition outside the season in the same sport with a non-school organization, participate in a non-school competition in that sport on the day after the high school season ends?  
A. Yes. (By-law 3.101)

**204) FAST VS. SLOW PITCH SOFTBALL**

- Q. May a student who is a member of the school team in 12-inch fast pitch softball, play during the girls softball season for a slow pitch team in a recreation 12-inch slow pitch league?
- A. No. During the school season, a student shall not participate on any non-school team that involves the skill of the sport in question. (By-law 3.101)

**205) BASEBALL VS. SLOW PITCH OR FAST PITCH SOFTBALL**

- Q. May a student who is a member of the school baseball team play during the boys baseball season for a fast pitch or slow pitch softball team in a recreation league?
- A. No. During the school season, a student shall not participate on any non-school team that involves the skill of the sport in question. (By-law 3.101)

**206) DATE OF FIRST CONTEST**

- Q. What does the term "date of the first level contest in the IHSA series" mean in the provisions of By-law 3.102?
- A. The term "date of the first level contest in the IHSA series" shall be interpreted to mean the first date on which any individual contest of the IHSA series in that sport is conducted. (Article 1.420)

**207) COMPETING WHEN INELIGIBLE**

- Q. If a student is ineligible by virtue of a by-law violation and ruling by the Executive Director, may the student compete in non-school competition in the same sport outside the school?
- A. No. Once a student becomes a member of a school team, that student may not compete in non-school competition (By-law 3.101)

**208) PRACTICE WITH NON-SCHOOL TEAM**

- Q. May a student participate in practice with a non-school team while a member of the school team in the same sport?
- A. No. (By-law 3.101)

**209) Q. May schools pay entry fees for any non-school leagues during the school year?**

- A. No. (Article 1.420 and By-law 2.090)

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## **3.110 COACHING SCHOOL PARTICIPATION**

**3.111** During the school year, a person who is a coach at any member school may not be involved in any respect with any coaching school, camp, or clinic for any interscholastic sport or which provides instruction in any skill of an interscholastic sport and is attended by more than two (2) persons from the coach's school. Violation shall cause ineligibility for a period not to exceed 365 days. Programs that involve only demonstration of skills and sports theory without providing instruction and requiring active participation by attendees are not considered coaching schools.

**3.112** Students may attend a coaching school, camp or clinic during the summer months provided they do not attend before school is out in the spring or after Sunday of Week Number 5 in the IHSA Standardized Calendar. Such coaching schools, camps and clinics may be conducted by an individual, group or even a member school and instruction at such programs may be provided by any person. However, in the case of a school-sponsored camp, participation may not be restricted to high school students who have been certified eligible for athletics.

**3.112.1** During the summer months (which shall be defined as the period of time between the last day of student attendance at a student's member school and Sunday of Week 5 in the IHSA Standardized Calendar), any number of students from a member school may attend a coaching school, camp, or clinic. If a coach at a member school is involved in any respect with a coaching school, camp, or clinic attended by students from the coach's school, the days on which the coaching school, camp, or clinic occur shall be considered a part of the school's contact days, as outlined in IHSA By-Law 3.153.

**3.112.2** During any time of the calendar year, any number of students from a member school may attend a coaching school, camp, or clinic provided no person who is a coach at the students' member school is involved in any respect with the coaching school, camp, or clinic. If a coach at a member school is involved in any respect with a coaching school, camp, or clinic, the number of students from a member school who can attend the coaching school, camp, or clinic shall be limited to the number outlined in IHSA By-Law 3.111.

**3.112.3** Violations of the above provisions shall cause ineligibility for a period not to exceed 365 days, pending a ruling from the Executive Director.

**3.113** Students may participate in school physical conditioning programs and recreational programs.

**3.114** During the school year, students may serve as demonstrators for a coaching school, camp or clinic conducted exclusively for coaches or officials. Students may participate in one practice session for such event with the instructor for whom they will demonstrate.

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### **Illustrations for Section 3.110 of the By-laws**

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**210) LIMITS AT SPORT CAMPS**

- Q. Is it permissible for five students from an IHSA member school to go to Florida during the school year and take part in a baseball instructional program?
- A. Yes, during the school year any number of students from a school may participate in sports lessons provided no coach from the school is involved in any respect. (By-law 3.111)

**211) SCRIMMAGE AT SPORT CAMPS**

- Q. May students participate in a scrimmage as a part of a sports camps?
- A. During the school year, students may participate in Soccer ID camps which generally involve instruction and the demonstration of skills. In many cases, these camps also involve scrimmages. If the scrimmages only involve players officially attending the ID camp and the scrimmages are confined to the published timeframe of the ID camp, the scrimmages are considered part of the camp and are allowable under the provisions of IHSA By-law 3.111.

**212) SCHOOL PAY CAMP FEES/LEAGUE FEES**

- Q. May a school pay fees for students participating in a summer sports camp or summer league?
- A. Schools may only use funds from their activity accounts to pay fees for summer sports camps or summer leagues if the funds have been raised by school teams, school clubs or booster clubs for that purpose. (Article 1.420)

**213) SCHOOL PROVIDE TRANSPORTATION**

- Q. May a school provide transportation for students attending a summer sports camp during the contact day period?
- A. Yes. (By-law 3.154)

**214) COACH AT CAMP**

- Q. May a school coach be a staff member at a summer camp which students from his/her school attend?
- A. Yes, provided the camp is conducted between the last day of school in the spring and Sunday of Week 5 in the IHSA Standardized Calendar. Note: Any day during the camp on which the coach and any student from his/her school are involved together in sports instruction will be considered a contact day for both the coach and student. (By-law 3.112)

- 215)** Q. May an incoming freshman participate in a school sponsored camp?
- A. Yes, provided there is no violation of By-law 3.070 (Recruiting) by the school conducting the camp. (By-law 3.112)

- 216)** Q. Is participation in speech, music or other activity camps or clinics restricted by this by-law?
- A. No. This by-law, as all the by-laws in Section 3.000, pertains exclusively to athletics and the eligibility of students for athletics. (By-law 3.121 and 3.112)

- 217)** Q. Is there any time period during which participation in school physical conditioning and/or recreational programs is prohibited to student athletes?
- A. No. (By-law 3.113)

- 218)** Q. May activities involving the "skill(s) of a sport" be conducted as part of a school physical conditioning program?
- A. Such activities are permitted in school physical conditioning programs, provided they are conducted purely for the development of strength, endurance and general physical fitness, without instruction, coaching, competition or other relation to the theories and strategies of any sport. (By-law 3.113)

- 219)** Q. May a school conduct pre-season conditioning for a team prior to the starting date for any sport as outlined in Section 5.000 of the IHSA By-laws?
- A. No. Conducting a preseason conditioning program as outlined above would constitute a violation of IHSA By-law 2.090. (By-law 2.090 and 3.113)



### 3.120 ALL-STAR PARTICIPATION

- 3.121** No student at a member school shall participate on an all-star team in basketball, football, soccer or volleyball during the student's high school career until completing their interscholastic athletic eligibility in that particular sport. A student may participate in no more than three (3) all-star contests in a sport.

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#### **Illustrations for Section 3.120 of the By-laws**

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##### **220) ALL-STAR FACTORS**

- Q. What factors are used in identifying an all-star contest?  
A. In identifying an all-star contest, answers to the following questions will be reviewed (Constitution 1.420):  
(1) Are participants selected by an individual or group according to a structural system relating to athletic ability, performance or reputation?  
(2) Does publicity for the event state or imply an honorary status for participants?  
(3) Are the contests, by name or otherwise, identified as all-star?  
(4) Does any revenue generated through ticket sales or other means accrue to, or are expenses paid by a sponsoring agency or organizations?  
(5) Is the contest sponsored by a non-school agency?  
(6) Is the contest sponsored by a school agency?

##### **221) SAME SCHOOL "ALL-STARS"**

- Q. If all participants in a contest which meets the general definition of an all-star contest attend the same school, is the contest an all-star event?  
A. Yes. The number of schools which may have students in the contest is not a factor in determining whether the contest is an all-star event. (By-law 3.121)

##### **222) INDEPENDENT TEAMS AND ALL-STAR COMPETITION**

- Q. Is an independent team ever an all-star team?  
A. It may be. According to the published list of all-star factors, if an independent team is formed to play in one game or one tournament, it is viewed as an all-star team. If it engages in a regular schedule of competition, it is a permissible non-school program, and high school students may participate. (By-law 3.111 and 3.120)

##### **223) ALL-STAR COMPETITION WHEN ON TEAM IN ANOTHER SPORT**

- Q. May a student participate in a national all-star high school basketball game during the month of April when the student is a member of the school's boys tennis team?  
A. Yes, provided the student is in compliance with the all-star by-law. (By-law 3.120)

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### 3.130 USE OF PLAYERS

- 3.131** Only students who are currently eligible to participate in an interscholastic athletic contest shall appear at the contest in the uniform of their school.
- 3.132** Only bona fide students of a school may participate in a practice session for any interscholastic team sponsored by that member school.

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#### **Illustrations for Section 3.130 of the By-laws**

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##### **224) MAY AN INELIGIBLE STUDENT PRACTICE?**

- Q. May a student who is ineligible practice with a school team?  
A. Yes, provided local policy permits it. IHSA rules only prohibit the student from participating in or dressing for an interscholastic contest. (By-law 3.131)

**225) INELIGIBLE STUDENT AS MANAGER**

- Q. May an ineligible student sit with a school team on the bench and perform managerial or other specifically assigned duties?
- A. Yes, within the limits of any local policies. The student is only prohibited by IHSA rules from appearing on the team bench in uniform. (By-law 3.131)
- 226)** Q. May alumni, or others who are not currently enrolled in a member school, participate in a practice session conducted by a member school?
- A. No. (By-law 3.132)
- 227)** Q. May students who are not yet in high school practice or participate on high school teams?
- A. No. (By-laws 3.051, 3.053, 3.011 and 3.132)
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**3.140 MISBEHAVIOR DURING CONTESTS**

- 3.141** Students participating in interscholastic athletic contests in violation of the By-laws, or other persons found to be in gross violation of the ethics of competition or the principles of good sportsmanship, may be barred by the Board of Directors from interscholastic contests.
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**3.150 SPECIAL PROVISIONS FOR SUMMER PARTICIPATION**

- 3.151** Participation by high school students in summer programs must be voluntary and in no way be an actual or implied prerequisite for membership on a high school team.
- 3.152** Students may participate in summer baseball/softball leagues sponsored by schools, during the period between Monday of Week 44 and Saturday of Week 7 in the IHSA Standardized Calendar.
- 3.153** Persons who coach a sport at a member school may have a maximum of 25 days of contact in that sport with students from that school during the period between the last day of classes or Monday of Week 49 in the IHSA Standardized Calendar (whichever date is earlier) in the spring each year and Sunday of Week 5 in the IHSA Standardized Calendar. The students may have a maximum of 25 days of contact per sport with persons who coach that sport at the school they attend during the same time period. A day of contact is defined as any date on which any coaching or instruction in the skills and techniques of any sport takes place. These limitations apply to all sports except Baseball and Softball. An exception may be made by the Executive Director under the guidelines adopted by the Board of Directors for competitions sponsored and conducted directly by the National Governing Body for the sport.
- 3.154** Schools may transport students from their schools to summer league contests, coaching schools, clinics or other non-school contests in the summer during the contact day period outlined in By-law 3.153.
- 3.155** Schools may conduct coaching schools, camps or clinics during the summer, provided:
- a) The event is conducted between the close of school in the spring and Sunday of Week 5 in the IHSA Standardized Calendar;
  - b) The event is open to any high school student and is not restricted to students who have been or expect to be high school athletes; and,
  - c) The event provides common instruction and activities for all participants.
- 3.156** Students may participate in a summer school class taught by a coach or other faculty member from their school and which offers instruction in interscholastic sports, provided the class is not restricted to students who have been certified eligible for participation in interscholastic athletics and the class is approved by the local Board of Education. In addition, credit toward graduation must be granted by the local Board of Education. Summer school courses offering instruction in interscholastic sports, must conclude by Saturday of Week 4 in the IHSA Standardized Calendar.
- 3.157** During the summer contact period, schools may not organize or participate in any football activities that involve "full contact" or allow players to be in full pads, even if "full contact" doesn't occur.

"Full Contact" is defined as football drills or live game simulations where 'live action' occurs. 'Live action', as defined by USA Football, is contact at game speed where players execute full tackles at a competitive pace taking players to the ground. It is assumed that when players are not in full pads, no live action drills or simulations will occur. Players not in full pads may participate in 'air', 'bags', 'wrap', and 'thud' drills and simulations at any point. These contact levels are defined as:

Air – Players should run unopposed without bags or any opposition.

Bags – Activity is executed against a bag, shield, or pad to allow for a soft-contact surface, with or without the resistance of a teammate or coach standing behind the bag.

Wrap – Drills run at full speed until contact, which is above the waist with the players remaining on their feet.

Thud – Same as wrap but tempo is competitive with no pre-determined winner and the players are not tackling to the ground.

During the summer contact period, 7 on 7 pass skeleton (touch only) games are allowed against other schools, and helmets, mouth pieces, and appropriate footwear are the only equipment that may be worn during these 7 on 7 contests.

Organized football activity that doesn't involve any protective equipment (such as a helmet) can occur at any time and for any length on a given day so long as coaches and players do not violate the provisions of IHSA By-laws 3.151 and 3.153.

During the summer contact period, schools may organize and participate in football activities involving coaches and students at that school under the following conditions:

- a. A high school team may wear helmets and shoulder pads for the school's organized football activities, building up to this in the following manner:
  1. 1<sup>st</sup> two (2) days of summer football activities: helmets only: (any break in summer contact days with the team exceeding seven (7) days would additionally require two (2) days of helmet only activities).
  2. Day three (3): helmets and shoulder pads are the maximum allowed equipment for the remaining contact day period.
- b. The following limitations are in effect during the summer contact day period:
  1. Practices are limited to a maximum of five (5) hours per day with players in helmets and shoulder pads. Any additional (no protective equipment) football related activities beyond the five (5) hours per day can only be conducted following two (2) hours of rest. No one practice can exceed three (3) hours before a two (2) hour rest period is allowed.
  2. Practices with helmet and shoulder pads are limited to fourteen (14) hours per week (Sunday-Saturday) with a maximum of fifteen (15) days in helmet and shoulder pads during the twenty-five (25) summer contact day period.

During the summer contact period, schools may attend a summer football camp that involves coaches and/or players from another high school under the following conditions:

- a. Practice limit maximums of equipment and hours per day along with hours per week follow the same limitations as identified above.
- b. The maximum number of football camp days with other teams is limited to four (4) days during the summer.
- c. The maximum number of players from one school in drill work versus another school is five (5) players. Note: 7 on 7 non-padded passing games are allowed during the summer.

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### **Illustrations for Section 3.150 of the By-laws**

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- 228)** Q. Are camps, contact days, or sport specific physical conditioning programs allowed during the period between the end of summer contact and the start of fall practice?  
A. No. (By-law 3.153)
- 229)** Q. Are open gyms or open weight rooms allowed during the period between the end of summer contact and the start of fall practice?  
A. Yes. Once the summer contact period ends, the regular limitations on coaching during the school year but outside the sport season apply. (By-law 3.161)
- 230)** Q. Does By-law 3.153 apply to activity programs such as marching band?  
A. No.
- 231)** Q. May coaches require students to attend summer workouts, leagues, conditioning programs, etc.?  
A. No. (By-law 3.151)
- 232)** Q. Is participation by a student in a summer school class taught by a coach considered to be a contact day.  
A. Yes, for both the individual student(s) and the coach, unless it is a class which awards academic credit toward graduation from the school. (By-law 3.153)

- 233)** Q. What is the difference between a "camp" which counts as a contact day and a "class" which does not?  
A. A "class" is a legitimate academic activity in the school's curriculum which grants credit toward graduation from the school to students who successfully complete it. A camp is not. (By-law 3.153)
- 234)** Q. If a coach is purely a spectator at a non-school contest, and does not speak to or otherwise communicate with students from the school where he or she coaches, before, during, after or about the contest, is that considered to be a contact day for the coach?  
A. No. (By-law 3.153)
- 235)** Q. May two or more coaches on a school's coaching staff have contact with an individual student on the same day?  
A. Yes, but such contact is counted as a contact day for each coach and the student. (By-law 3.153)
- 236)** Q. If a coach has contact with a student more than once in a given day, how is that counted for contact days?  
A. One contact day. (By-law 3.153)
- 237)** Q. If a person coaches more than one sport at a school, may he/she have a contact day in Sport A on Monday, Wednesday, Friday and a contact day in Sport B on Tuesday, Thursday, Saturday with the same student?  
A. Yes. (By-law 3.153)
- 238)** Q. Is participation in a 7-7 football passing league game considered to be a contact day?  
A. If a coach from the school of the participants provides instruction to participants before, during or after the game, it is considered to be contact each day on which such contact may occur. It is considered to be a contact day for the coach and each student involved. (By-law 3.153)
- 239)** Q. A school coach conducts or works at a camp where some days involve instruction in sports skills and other days involve purely physical conditioning activities. Clearly, any day which involves sports skills instruction are "contact days." Are the days on which only physical conditioning activities are conducted also considered "contact days"?  
A. Yes. In this case, they are part of a sports skills camp and are thereby interpreted as "contact days." (By-law 3.153)
- 240)** Q. If a high school coach is also the parent of a high school athlete at his/her school, is it a "contact day" if the coach works with and/or instructs his/her child in the skills of a sport?  
A. No, as long as the work and/or instruction the coach engages in with his/her child is not also similarly provided to other students from the school. (By-law 3.153)
- 241)** Q. What are the guidelines for IHSA By-law 3.153?  
A. 1. The competition must be sponsored and conducted by the National Governing Body (NGB) for the sport. Written verification from the NGB indicating they are sponsoring and conducting the event must be received in the IHSA office no later than ten days prior to the event.  
2. The competition must be completed by the time the student's school starts in the fall.  
3. A maximum of seven additional contact days may be granted for practice/training and competition.
- 242)** Q. Is interaction between a high school coach who also owns, operates or works at a private sports club or in a public sports program during the activities of such a club or program restricted by the limit on "contact days"?  
A. Yes. If such interaction includes any "coaching or instruction in the skills and techniques of any sport" during the period between the "time school is out in the spring and Saturday of Week 4 in the IHSA Standardized Calendar," it will be restricted by the "contact day" limitation. (By-law 3.163)
- 243)** Q. Is participation by a student in a summer school class in a sport, taught by a coach in that sport, considered to be a "contact day under By-law 3.153?"  
A. Yes, unless it is a class for which the school grants academic credit toward graduation. (By-law 3.153 and 3.156)
- 244)** Q. May participants in passing leagues wear pads?  
A. No. Passing leagues are limited to touch football. Helmets and football shoes are the only football equipment which may be worn by participants. (By-law 3.157)
- 245)** Q. May participants in one camp, coaching school or clinic scrimmage with and/or against participants in another camp, coaching school or clinic?  
A. No. (By-law 3.157)
- 246)** Q. May high schools host camps for elementary and junior high school students after Sunday of Week No. 5 in the IHSA Standardized Calendar?  
A. Yes. (By-law 3.155)
- 247)** Q. May high schools host camps for high school students, including incoming freshmen, after Sunday of Week No. 5 in the IHSA Standardized Calendar?  
A. No. (By-law 3.155)
- 248)** Q. If a school has a conditioning program during the summer contact period that is designed for a specific population (ex., a school's football team), is it considered to be a contact day, even if no sport-specific instruction occurs?  
A. Yes. (By-law 3.150)

- 249) Q. If a school hosts a camp after the summer contact period for non-high school aged students may high school students serve as counselors at the camp?  
A. Yes, provided the high school students are strictly at the camp as instructors. (By-law 3.150)
- 250) Q. May incoming freshmen or transfer students participate in summer league programs?  
A. Yes, however, they must have registered at the school and paid applicable fees and/or deposits. (By-law 3.150 and 3.073)
- 251) Q. What is a football scrimmage?  
A. Any action, regardless of whether it would involve 11 on 11, 9 on 8, 4 on 4, etc., which simulates any game play conditions where members of one school would be organized against members of one or more schools would be considered a scrimmage. (By-law 3.157)
- 252) Q. Does the contact day provision of IHSA by-laws apply to competitive cheer?  
A. Yes. (By-law 3.153)

### 3.160 OPEN GYM LIMITATIONS

- 3.161 Schools may open their facilities, including off-site facilities that are used during particular athletic seasons, for recreational activities to students or other persons who reside in or outside their district, under the following conditions:
- a) A variety of recreational activities are available during the course of the year.
  - b) There is no coaching or instruction in the skills and techniques in any sport at any time.
  - c) Participation is voluntary and is not required directly or indirectly for membership on a high school squad.
  - d) Comparable opportunities are afforded to all participants.

#### ***Illustrations for Section 3.160 of the By-laws***

The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.

- 253) Q. What procedures should schools use to insure all students are adequately notified of opportunities to participate in open gyms?  
A. Schools must publicize open gyms in a manner that insures all students have a reasonable opportunity to be informed regarding dates and times of open gyms. Schools may utilize public address announcements, flyers, written announcements or newsletters to notify students regarding open gyms. (By-law 3.161)
- 254) Q. May a school conduct a sport specific open gym?  
A. Yes, provided a variety of recreational activities are available during the course of the year. (By-law 3.161)
- 255) Q. May a coed school conduct a gender specific open gym?  
A. No. (Article 1.420)
- 256) **COACH PLAYING IN OPEN GYM**
- Q. Is it permissible for a coach to play with or against students from his/her own school during out-of-season open gym programs?  
A. Yes. (By-law 3.161)

### 3.170 CLASSIFICATION

The IHSA Board of Directors has the complete authority to establish and implement policies to determine the number of classes of competition in IHSA sports and activities and to classify schools participating in such sports/activities except as follows:

An enrollment multiplier of 1.65 will be added to all non-boundaried schools unless application of this multiplier is waived under a policy of waiver which would be established by the Board of Directors.

The definition of a non-boundaried school is: Any private school, charter school, lab school, magnet school, residential school, and any public school in a multi-high school district that does not accept students from a fixed portion of the district.

Classifications shall be determined on an annual basis.

There will be a sub-committee comprised of IHSA staff and Legislative Commission members to develop the waiver policy for submission to the Board.

- 3.171 Any member public member school charging less than the full tuition rate authorized by the Illinois School Code will be considered a non-boundaried school for classification purposes.

## **4.000 ACTIVITY ELIGIBILITY BY-LAWS**

Included in this Section:

- 4.000 Activity Eligibility By-laws
- 4.010 Attendance
- 4.020 Scholastic Standing
- 4.030 Participation Limitations
- 4.040 Age
- 4.050 Use of Assumed Name
- 4.060 Misbehavior During Activities
- 4.070 Use of Participants
- 4.080 Spirit Limitations

Students in member schools shall be eligible to participate in interscholastic activity contests as representatives of their schools provided:

### **4.010 ATTENDANCE**

- 4.011 A student must attend a member school and may only represent in interscholastic competition the member school the student attends. For purposes of this by-law, the term "attend" shall mean that the student is enrolled at the member school and is taking at, or under arrangements approved by, the member school, a minimum of twenty-five (25) credit hours of work for which credit toward high school graduation will be granted by the member school upon the student's completing and passing the courses. The school which enrolls the student shall be exclusively responsible to verify the student's compliance with all of the eligibility requirements of the by-laws.

The Board of Directors shall have discretion to waive this requirement of this by-law for the Illinois schools for the deaf or blind. In unit systems having a 6-3-3 or 6-4-2 type of organization, ninth grade students may participate on senior high school teams at the member high school in the district designated by the Board of Education, provided:

- (a) such participation is approved by the district's superintendent of schools;
  - (b) the senior high school principal shall certify that the ninth grade students:
    - (1) are eligible under the requirements of these By-laws;
    - (2) are students at a junior high school located in the district which supports the senior high school; and
    - (3) are not members of a grade or junior high school team in the same activity; and
  - (c) the senior high school principal assumes full responsibility for the conduct of these students during all contests in which they represent the senior high school.
- 4.012 They shall have been enrolled and in attendance not later than the beginning of the eleventh school day of the semester. Exception may be considered only if written verification that delay in enrollment or attendance is caused by illness of the students or their immediate family or by other circumstances deemed acceptable by the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 4.013 Including a student's name on school attendance records for a period of ten (10) or more school days during any given semester, beginning with the date of the student's first physical attendance and ending with the date of the student's official withdrawal from school, shall constitute a semester of attendance for the student.
- 4.014 If a student does not attend school for ten (10) days in a semester, as defined in Section 4.013, but participates in any interscholastic activity, the student shall be considered to have completed a semester of attendance, unless withdrawal from school occurs prior to completion of ten (10) days attendance and is necessitated by disabling illness or injury which is certified by a physician.
- 4.015 They shall not have any lapse of school connection during any given semester of greater than ten consecutive school days. Lapse of school connection for greater than ten consecutive school days shall render them ineligible for the remainder of the entire semester. Exceptions may be considered only if written verification that lapse in school connection is caused by illness of the students or their immediate family or by other circumstances deemed acceptable to the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 4.016 Absence of students required by military service to state or nation in the time of any state of national emergency shall not affect students' eligibility.
- 4.017 Bona fide pupils of grade schools or junior high schools in the district of a member school may participate with the high school musical organizations and ensembles in interscholastic music activities.

- 3.171 Any member public member school charging less than the full tuition rate authorized by the Illinois School Code will be considered a non-boundaried school for classification purposes.

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- 4.011 A student must attend a member school and may only represent in interscholastic competition the member school the student attends. For purposes of this by-law, the term "attend" shall mean that the student is enrolled at the member school and is taking at, or under arrangements approved by, the member school, a minimum of twenty-five (25) credit hours of work for which credit toward high school graduation will be granted by the member school upon the student's completing and passing the courses. The school which enrolls the student shall be exclusively responsible to verify the student's compliance with all of the eligibility requirements of the by-laws.

The Board of Directors shall have discretion to waive this requirement of this by-law for the Illinois schools for the deaf or blind. In unit systems having a 6-3-3 or 6-4-2 type of organization, ninth grade students may participate on senior high school teams at the member high school in the district designated by the Board of Education, provided:

- (a) such participation is approved by the district's superintendent of schools;
  - (b) the senior high school principal shall certify that the ninth grade students:
    - (1) are eligible under the requirements of these By-laws;
    - (2) are students at a junior high school located in the district which supports the senior high school; and
    - (3) are not members of a grade or junior high school team in the same activity; and
  - (c) the senior high school principal assumes full responsibility for the conduct of these students during all contests in which they represent the senior high school.
- 4.012 They shall have been enrolled and in attendance not later than the beginning of the eleventh school day of the semester. Exception may be considered only if written verification that delay in enrollment or attendance is caused by illness of the students or their immediate family or by other circumstances deemed acceptable by the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 4.013 Including a student's name on school attendance records for a period of ten (10) or more school days during any given semester, beginning with the date of the student's first physical attendance and ending with the date of the student's official withdrawal from school, shall constitute a semester of attendance for the student.
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- 4.015 They shall not have any lapse of school connection during any given semester of greater than ten consecutive school days. Lapse of school connection for greater than ten consecutive school days shall render them ineligible for the remainder of the entire semester. Exceptions may be considered only if written verification that lapse in school connection is caused by illness of the students or their immediate family or by other circumstances deemed acceptable to the Board of Directors which are submitted to the Executive Director for presentation to the Board of Directors.
- 4.016 Absence of students required by military service to state or nation in the time of any state of national emergency shall not affect students' eligibility.
- 4.017 Bona fide pupils of grade schools or junior high schools in the district of a member school may participate with the high school musical organizations and ensembles in interscholastic music activities.

- 4.018** Students in member schools which maintain a joint music curricular program with one or more other member schools may participate in interscholastic music activities as members of groups composed of students from the schools involved in the joint curricular program.

**4.019** Bona fide pupils enrolled in agricultural education courses in grade schools or junior high schools in the district of a member school may participate with the high school agricultural education department in interscholastic agricultural events.

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### **Illustrations for Section 4.010 of the By-laws**

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#### **257) HOME SCHOOL STUDENT ELIGIBILITY**

- Q. May a student who is home schooled, participate on a high school team or in an interscholastic activity program?  
A. Yes provided the student is enrolled at the member high school, the student is taking a minimum of twenty-five credit hours of work at the member school or in a program approved by the member school, and, the student must be granted credit for the work taken either at the member school or in a program it approved. (By-law 4.011)

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### **4.020 SCHOLASTIC STANDING**

- 4.021** They shall be doing passing work in at least twenty-five (25) credit hours of high school work per week.
- 4.022** They shall, unless they are entering high school for the first time, have credit on the school records for twenty-five (25) credit hours of high school work for the previous semester. Such work shall have been completed in the semester for which credit is granted or in a recognized summer school program which has been approved by the Board of Education and for which graduation credit is received.
- 4.023** They shall not have graduated from any four-year high school or its equivalent.
- 4.024** Passing work shall be defined as work of such a grade that if on any given date a student would transfer to another school, passing grades for the course would immediately be certified on the student's transcript to the school to which they transfer.
- 4.025** Work taken in junior college, college, university, or by correspondence may be accepted toward meeting the requirements of this Section provided it is granted credit toward graduation from high school by the local Board of Education.

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### **4.030 PARTICIPATION LIMITATIONS**

- 4.031** After they enroll in the ninth grade, students shall be eligible for no more than eight (8) semesters. They shall not be eligible for more than the number of semesters for which their school is recognized by the Illinois State Board of Education.
- 4.032** After they enroll in the ninth grade, they shall not be eligible for more than four (4) school years of competition in any non-athletic activity.

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### **4.040 AGE**

- 4.041** A student shall be eligible through age nineteen (19).

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### **4.050 USE OF ASSUMED NAME**

- 4.051** After entering a member school, students shall not compete under any name other than their own.
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## 4.060 MISBEHAVIOR DURING ACTIVITIES

- 4.061 Students participating in interscholastic activities in violation of the By-laws, or other persons found to be in gross violation of the ethics of competition or the principles of good sportsmanship, may be barred by the Board of Directors from interscholastic activities.

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## 4.070 USE OF PARTICIPANTS

- 4.071 Only students who are currently eligible to participate in an activity shall appear at the site as representatives of their school.

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## 4.080 SPIRIT LIMITATIONS

- 4.081 All cheers, performances, routines, or other activities conducted by a school's spirit squads (i.e. cheerleaders, pom pons, flags, drill team) shall be conducted in accordance with the Spirit Rules published by the National Federation of State High School Associations.

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### *Illustrations for Section 4.080 of the By-laws*

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#### 258) NATIONAL FEDERATION SPIRIT RULES

- Q. What effect does use of the National Federation Spirit Rules have on cheerleading, either at interscholastic contests or at competitive events?  
A. The National Federation Spirit Rules have been adopted as the official rules and interpretations for all cheerleading in and involving IHSA member schools. (By-law 4.080)

#### 259) SUMMER APPLICATION OF RULES

- Q. Do the spirit rules apply during the summer?  
A. No. These rules are enforced only for cheerleading and pom pon squad competitions. (By-law 4.081)

#### 260) TOSSES AND PYRAMIDS

- Q. May tosses and pyramids be performed under the National Federation Spirit Rules?  
A. Yes. Tosses and pyramids may be performed, but must be performed in accordance with the rules stated in the National Federation Spirit Rules Book. All pom pons, cheerleading and drill team groups must follow the rules published in the National Federation Spirit Rules Book for both non-competitive performances and competition. (By-law 4.080)

## 5.000 SPORT SEASON BY-LAWS

Included in this Section:

5.000	Sport Season By-laws	5.180	Girls Badminton
5.010	Boys Fall Baseball	5.190	Girls Basketball
5.020	Boys Spring Baseball	5.200	Girls Bowling
5.030	Boys Summer Baseball	5.210	Girls Cross Country
5.040	Boys Basketball	5.220	Girls Fall Golf
5.050	Boys Bowling	5.230	Girls Gymnastics
5.060	Boys Cross Country	5.240	Girls Lacrosse
5.070	Boys Football	5.250	Girls Soccer
5.080	Boys Fall Golf	5.260	Girls Fall Softball
5.090	Boys Gymnastics	5.270	Girls Spring Softball
5.100	Boys Lacrosse	5.280	Girls Summer Softball
5.110	Boys Soccer	5.290	Girls Swimming
5.120	Boys Swimming	5.300	Girls Fall Tennis
5.130	Boys Spring Tennis	5.310	Girls Track and Field
5.140	Boys Track and Field	5.320	Girls Volleyball
5.150	Boys Volleyball	5.330	Girls Water Polo
5.160	Boys Water Polo	5.340	Competitive Cheerleading
5.170	Boys Wrestling	5.350	Competitive Dance
		5.360	Scholastic Bowl

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5.080	Boys Fall Golf	5.260	Girls Fall Softball
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5.100	Boys Lacrosse	5.280	Girls Summer Softball
5.110	Boys Soccer	5.290	Girls Swimming
5.120	Boys Swimming	5.300	Girls Fall Tennis
5.130	Boys Spring Tennis	5.310	Girls Track and Field
5.140	Boys Track and Field	5.320	Girls Volleyball
5.150	Boys Volleyball	5.330	Girls Water Polo
5.160	Boys Water Polo	5.340	Competitive Cheerleading
5.170	Boys Wrestling	5.350	Competitive Dance
		5.360	Scholastic Bowl

### **5.001 Standardized IHSA Calendar**

All IHSA-sponsored State Tournament Series and IHSA Sport Seasons shall be conducted on dates established in accordance with the standardized calendar developed by the National Federation of State High School Associations. This calendar shall number the weeks of the year, with week one (No. 1) being the first full week of July (Sunday through Saturday).

### **5.002 IHSA Tournament Series**

The Board of Directors shall establish Terms and Conditions and shall set dates for IHSA-sponsored State Tournament Series in those sports in which State Tournaments are conducted.

### **5.003 Associate Member School Limits**

Schools which are Associate Members shall not be permitted to enter teams and/or contestants in any IHSA-sponsored State Tournament Series. However, Associate members shall be permitted to participate in one additional invitational tournament in those sports where such participation is limited.

### **5.004 Tournament Limitations**

No athletic team, representing a member school, shall play in more than five (5) different games/contests/matches during any given interscholastic tournament, with the following exceptions:

- In wrestling, if the tournament takes place over two consecutive days.
- In baseball and softball, if the tournament takes place over the member school's official spring break.

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### ***Illustrations for Section 5.000 of the By-laws***

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#### **261) DATE**

- Q. What is considered to be a date in participation limits?  
A. A date is a single day on the calendar. (Constitution 1.420)

#### **262) CONFERENCE TOURNAMENT/MEET**

- Q. Is a two-day conference meet or tournament considered one or two dates?  
A. A conference meet or tournament conducted over two days is considered to be one date. (Constitution 1.420)

#### **263) MATCH/MEET IN INDIVIDUAL SPORTS**

- Q. What is a match or meet in individual team sports?  
A. A match and a meet are each considered as individual contests between schools. (Constitution 1.420)

#### **264) MULTI-SCHOOL CONTESTS**

- Q. How will a multi-school contest where only one (1) school winner is determined be considered?  
A. Such a contest is considered one meet or match for each participating school. (Constitution 1.420)

#### **265) THREE-TEAM CONTESTS**

- Q. How will multi-school contests be counted if three schools are involved, with Team A vs. Team B; Team B vs. Team C; and Team C vs. Team A?  
A. As two (2) meets or matches per school. (Constitution 1.420)

#### **266) COUNTING CONTESTS**

- Q. How will an interscholastic contest involving only a few members of a school team be counted in terms of contest limitations?  
A. As one (1) contest for the team represented by the students involved. However, in swimming, if a school participates in a swimming meet (excluding diving) and a diving meet (excluding swimming) on the same date, the two meets will be counted as one. In track and field, all meets whether outdoors or indoors count toward the limit of dates. (Constitution 1.420)

**267) SEASON END**

Q. When does each sport season end?

A. Some seasons end with the completion of the state final tournament, while others end on a specific date stated in the individual sport limitations. Check the by-laws for each sport to be sure of both starting and ending dates. (By-law 5.000)

**268) SUNDAY PLAY**

Q. May a school conduct or participate in an interscholastic athletic contest on Sunday?

A. Yes. Sunday participation is not directly prohibited by IHSA rules. (Constitution 1.420)

**269) PRACTICE/PLAY ON BOTH BOYS AND GIRLS TEAM**

Q. May a girl practice and/or compete on her school's boys soccer team during the fall season, and then also practice and/or play on her school's girls soccer team in the spring season?

A. No. If a school offers a girls team in a sport which has its own season, girls in that school may practice and compete only on the girls team during the girls season.

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**5.010 BOYS FALL BASEBALL**

**5.011 Season Limitation**

- a. No member school shall organize a Boys Fall Baseball team if it organizes a Football team, or if more than 15 percent of its male student body participates in a cooperative Football program.
- b. No school belonging to this Association shall organize its Boys Fall Baseball teams, practice or participate in interscholastic contests earlier than Monday of Week 7 or later than Saturday of Week 16 in the IHSA Standardized Calendar.
- c. A member school may conduct its first interscholastic contest in Boys Fall Baseball no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

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**5.020 BOYS SPRING BASEBALL**

**5.021 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Spring Baseball teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 49 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Spring Baseball no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

**5.022 Contest Limitations**

No Boys Spring Baseball team representing a member school shall, in any one season, participate in more than thirty-five (35) games, exclusive of the IHSA series.

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**5.030 BOYS SUMMER BASEBALL**

**5.031 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Summer Baseball teams, practice or participate in interscholastic contests earlier than Monday of Week 44 or later than Saturday of Week 7 in the IHSA Standardized Calendar.
  - b. A member school may conduct its first interscholastic contest in Boys Summer Baseball no earlier than Monday of Week 46 in the IHSA Standardized Calendar.
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## **5.040 BOYS BASKETBALL**

### **5.041 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Basketball teams, practice or participate in interscholastic contests earlier than Monday of Week 19 or later than Saturday of Week 37 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Basketball no earlier than Monday of Week 21 in the IHSA Standardized Calendar.

### **5.042 Team Limitations**

No Boys Basketball team representing a member school shall, in any one season, participate in more than thirty-one (31) games, exclusive of the IHSA series.

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## **5.050 BOYS BOWLING**

### **5.051 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week 17 or later than Saturday of Week 30 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Bowling no earlier than Friday of Week 18 in the IHSA Standardized Calendar.

### **5.052 Contest Limitations**

No Boys Bowling team representing a member school shall, in any one season, participate on more than twenty-five (25) dates, exclusive of the IHSA series.

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## **5.060 BOYS CROSS COUNTRY**

### **5.061 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Cross Country teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 18 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Cross Country no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

### **5.062 Contest Limitation**

Team: No Boys Cross Country team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

Individual: No individual shall compete in Boys Cross Country on more than eighteen (18) dates, exclusive of the IHSA series.

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## **5.070 BOYS FOOTBALL**

### **5.071 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Football teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 21 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Football no earlier than Thursday of Week 8 (for non-varsity contests only) or Friday of Week 8 (for all other contests) in the IHSA Standardized Calendar.

### **5.072 Pre-Season Practice Requirements:**

A student shall become eligible to participate in an interscholastic contest or scrimmage in Boys Football after completing a minimum of 1 1/2 hours of actual field practice on twelve (12) different days excluding Sunday and any day on which the student actually plays in an interscholastic football contest. These practices must be conducted in accordance with Association By-laws.

### **5.073 Contest Limitation**

No Boys Football team representing a member school shall, in any one season, participate in more than nine (9) games exclusive of the IHSA series and exclusive of the City of Chicago Prep Bowl series, participated in by the Chicago Public League and the Chicago Catholic League, and I8FA playoff series, participated in by members of the Illinois 8-Man Football Association.

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## **5.080 BOYS FALL GOLF**

### **5.081 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Fall Golf teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 15 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Fall Golf no earlier than Thursday of Week 6 in the IHSA Standardized Calendar.

### **5.082 Contest Limitation**

No Boys Fall Golf team representing a member school shall, in any one season, participate on more than eighteen (18) dates exclusive of the IHSA series.

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## **5.090 BOYS GYMNASTICS**

### **5.091 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Gymnastics teams, practice or participate in interscholastic contests earlier than Monday of Week 33 or later than Saturday of Week 47 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Gymnastics no earlier than Monday of Week 35 in the IHSA Standardized Calendar.

### **5.092 Contest Limitations**

Team: No Boys Gymnastics team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

Individual: No individual shall compete in Boys Gymnastics on more than fifteen (15) dates exclusive of the IHSA series.

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## **5.100 BOYS LACROSSE**

### **5.101 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Lacrosse teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 49 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Lacrosse no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.102 Contest Limitations**

No Boys Lacrosse team representing a member school shall, in any one season, participate in more than:

- (1) Nineteen (19) matches exclusive of state playoffs; or
  - (2) Eighteen (18) matches plus one (1) tournament, exclusive of state playoffs; or
  - (3) Seventeen (17) matches plus two (2) tournaments, exclusive of state playoffs.
-

## **5.110 BOYS SOCCER**

### **5.111 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Soccer teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 18 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Soccer no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

### **5.112 Contest Limitations**

No Boys Soccer team representing a member school shall, in any one season, participate in more than twenty-five (25) games exclusive of the IHSA series.

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## **5.120 BOYS SWIMMING**

### **5.121 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Swimming teams, practice or participate in interscholastic contests earlier than Monday of Week 21 or later than Saturday of Week 34 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Swimming no earlier than Friday of Week 22 in the IHSA Standardized Calendar.

### **5.122 Contest Limitation**

Team: No Boys Swimming team representing a member school shall, in any one season, participate in more than fourteen (14) dates exclusive of the IHSA series. If both swimming and diving are held at the same meet, it counts as one date. If there are two (2) separate meets where only swimming OR diving occur, the team could participate in both the swimming and diving and only count it as one date.

Individual: No individual shall compete in Boys Swimming in more than seventeen (17) dates exclusive of the IHSA series.

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## **5.130 BOYS SPRING TENNIS**

### **5.131 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Spring Tennis teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 47 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Spring Tennis no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.132 Contest Limitation**

- a. No Boys Spring Tennis team representing a member school shall, in any one season, participate on more than twenty (20) dates, exclusive of the IHSA series.
  - b. No member of a Boys Spring Tennis team representing a member school shall, in any one season, participate on more than twenty (20) dates, exclusive of the IHSA series.
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## **5.140 BOYS TRACK AND FIELD**

### **5.141 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Track and Field teams, practice or participate in interscholastic contests earlier than Monday of Week 29 or later than Saturday of Week 47 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Track and Field no earlier than Monday of Week 31 in the IHSA Standardized Calendar.

### **5.142 Individual Limitations**

In all interscholastic track and field meets, including the state championship series, no school belonging to this Association shall permit a student to participate in more than four (4) events. If a competitor exceeds participation limitations, he shall forfeit all individual and team points earned in any event in which he competes.

### **5.143 Contest Limitation**

Team: No Boys Track and Field team representing a member school shall, in any one season, participate on more than eighteen (18) dates exclusive of the IHSA series, including indoor and outdoor dates.

Individual: No individual shall compete in Boys Track and Field on more than twenty-one (21) dates exclusive of the IHSA series, including indoor and outdoor dates.

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## **5.150 BOYS VOLLEYBALL**

### **5.151 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Volleyball teams, practice or participate in interscholastic contests earlier than Monday of Week 36 or later than Saturday of Week 48 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Volleyball no earlier than Monday of Week 38 in the IHSA Standardized Calendar.

### **5.152 Contest Limitation**

No Boys Volleyball team representing a member school shall, in any one season, participate in more than thirty-five (35) matches exclusive of the IHSA Series.

No Boys Volleyball team representing a member school shall play in more than five (5) different matches during any given volleyball tournament.

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## **5.160 BOYS WATER POLO**

### **5.161 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Water Polo teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 46 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Water Polo no earlier than Week 36 of the IHSA Standardized Calendar.

### **5.162 Contest Limitations**

No Boys Water Polo team representing a member school shall, in any one season, participate in more than thirty (30) games, exclusive of the IHSA series.

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## **5.170 BOYS WRESTLING**

### **5.171 Season Limitation**

- a. No school belonging to this Association shall organize its Boys Wrestling teams, practice or participate in interscholastic contests earlier than Monday of Week 19 or later than Saturday of Week 34 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Wrestling no earlier than Monday of Week 21 in the IHSA Standardized Calendar.

### **5.172 Team Limitations**

No Boys Wrestling team representing a member school shall, in any one season, participate in more than:

- a. eighteen (18) dates and no (0) tournaments exclusive of the IHSA series; or
- b. seventeen (17) dates and one (1) tournament exclusive of the IHSA series; or
- c. sixteen (16) dates and two (2) tournaments exclusive of the IHSA series; or
- d. fifteen (15) dates and three (3) tournaments exclusive of the IHSA series; or
- e. fourteen (14) dates and four (4) tournaments exclusive of the IHSA series.



### **5.173 Individual Limitations**

Students who participate on a school squad in Boys Wrestling may participate in no more than twenty-one (21) matches in any one season, exclusive of tournaments. Students may participate in no more than four (4) tournaments exclusive of the IHSA State Tournament Series except that a student who does not participate in the IHSA State Tournament Series may participate in one (1) additional tournament. Participation in a tournament shall mean that a student actually competes (regardless of the length of the time) in a match.

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## **5.180 GIRLS BADMINTON**

### **5.181 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Badminton teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 45 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Badminton no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.182 Contest Limitation**

- a. No Girls Badminton team representing a member school shall, in any one season, participate on more than eighteen (18) dates, exclusive of the IHSA series.
  - b. No member of a Girls Badminton team representing a member school shall, in any one season, participate on more than eighteen (18) dates, exclusive of the IHSA series.
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## **5.190 GIRLS BASKETBALL**

### **5.191 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Basketball teams, practice or participate in interscholastic contests earlier than Monday of Week 18 or later than Saturday of Week 37 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Basketball no earlier than Monday of Week 20 in the IHSA Standardized Calendar.

### **5.192 Team Limitations**

No Girls Basketball team representing a member school shall, in any one season, participate in more than thirty-one (31) games, exclusive of the IHSA series.

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## **5.200 GIRLS BOWLING**

### **5.201 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week 20 or later than Saturday of Week 33 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Bowling no earlier than Friday of Week 21 in the IHSA Standardized Calendar.

### **5.202 Contest Limitation**

No Girls Bowling team representing a member school shall, in any one season, participate on more than twenty-five (25) dates, exclusive of the IHSA series.

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## **5.210 GIRLS CROSS COUNTRY**

### **5.211 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Cross Country teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 18 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Cross Country no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

### **5.212 Contest Limitation**

Team: No Girls Cross Country team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

Individual: No individual shall compete in Girls Cross Country on more than eighteen (18) dates, exclusive of the IHSA series.

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## **5.220 GIRLS FALL GOLF**

### **5.221 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Fall Golf teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 15 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Fall Golf no earlier than Thursday of Week 6 in the IHSA Standardized Calendar.

### **5.222 Contest Limitation**

No Girls Fall Golf team representing a member school shall, in any one season, participate on more than eighteen (18) dates exclusive of the IHSA series.

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## **5.230 GIRLS GYMNASTICS**

### **5.231 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Gymnastics teams, practice or participate in interscholastic contests earlier than Monday of Week 19 or later than Saturday of Week 33 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Gymnastics no earlier than Monday of Week 21 in the IHSA Standardized Calendar.

### **5.232 Contest Limitation**

No Girls Gymnastics team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

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## **5.240 GIRLS LACROSSE**

### **5.241 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Lacrosse teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 49 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Lacrosse no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.242 Contest Limitations**

No Girls Lacrosse team representing a member school shall, in any one season, participate in more than:

- (1) Nineteen (19) matches exclusive of state playoffs; or
  - (2) Eighteen (18) matches plus one (1) tournament, exclusive of state playoffs; or
  - (3) Seventeen (17) matches plus two (2) tournaments, exclusive of state playoffs.
-

## **5.250 GIRLS SOCCER**

### **5.251 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Soccer teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 48 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Soccer no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.252 Contest Limitations**

No Girls Soccer team representing a member school shall, in any one season, participate in more than twenty-five (25) games exclusive of the IHSA series.

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## **5.260 GIRLS FALL SOFTBALL**

### **5.261 Season Limitation**

- a. No member school shall organize a Girls Fall Softball team if it organizes a Girls Volleyball team, or if more than 15 percent of its female student body participates in a cooperative Girls Volleyball program.
  - b. No school belonging to this Association shall organize its Girls Fall Softball teams, practice or participate in interscholastic contests earlier than Monday of Week 7 or later than Saturday of Week 16 in the IHSA Standardized Calendar.
  - c. A member school may conduct its first interscholastic contest in Girls Fall Softball no earlier than Monday of Week 9 in the IHSA Standardized Calendar.
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## **5.270 GIRLS SPRING SOFTBALL**

### **5.271 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Spring Softball teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 49 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Spring Softball no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

### **5.272 Contest Limitations**

No Girls Spring Softball team representing a member school shall, in any one season, participate in more than thirty-five (35) games exclusive of the IHSA series.

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## **5.280 GIRLS SUMMER SOFTBALL**

### **5.281 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Summer Softball teams, practice or participate in interscholastic contests earlier than Monday of Week 44. The concluding date of summer softball shall be Saturday of Week 7 in the IHSA Standardized Calendar.
  - b. The member school may conduct its first interscholastic contest in Girls Summer Softball on any date after the legal starting date of Monday of Week 46 in the IHSA Standardized Calendar.
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## **5.290 GIRLS SWIMMING**

### **5.291 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Swimming teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 20 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Swimming no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

### **5.292 Contest Limitation**

Team: No Girls Swimming team representing a member school shall, in any one season, participate in more than fourteen (14) dates exclusive of the IHSA series. If both swimming and diving are held at the same meet, it counts as one date. If there are two (2) separate meets where only swimming OR diving occur, the team could participate in both the swimming and diving and only count it as one date.

Individual: No individual shall compete in Girls Swimming in more than seventeen (17) dates exclusive of the IHSA series.

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## **5.300 GIRLS FALL TENNIS**

### **5.301 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Fall Tennis teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 17 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Fall Tennis no earlier than Thursday of Week 7 in the IHSA Standardized Calendar.

### **5.302 Contest Limitation**

- a. No Girls Fall Tennis team representing a member school shall, in any one season, participate on more than twenty (20) dates, exclusive of the IHSA series.
  - b. No member of a Girls Fall Tennis team representing a member school shall, in any one season, participate on more than twenty (20) dates, exclusive of the IHSA series.
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## **5.310 GIRLS TRACK AND FIELD**

### **5.311 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Track and Field teams, practice or participate in interscholastic contests earlier than Monday of Week 29 or later than Saturday of Week 47 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Track and Field no earlier than Monday of Week 31 in the IHSA Standardized Calendar.

### **5.312 Individual Limitations**

In all interscholastic track and field meets, including the state championship series, no school belonging to this Association shall permit a student to participate in more than four (4) events. If a competitor exceeds participation limitations, she shall forfeit all individual and team points earned in any event in which she competes.

### **5.313 Contest Limitation**

Team: No Girls Track and Field team representing a member school shall, in any one season, participate on more than eighteen (18) dates exclusive of the IHSA series, including indoor and outdoor dates.

Individual: No individual shall compete in Girls Track and Field on more than twenty-one (21) dates exclusive of the IHSA series, including indoor and outdoor dates.

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## **5.320 GIRLS VOLLEYBALL**

### **5.321 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Volleyball teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 19 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Volleyball no earlier than Monday of Week 8 in the IHSA Standardized Calendar.

### **5.322 Contest Limitation**

No Girls Volleyball team representing a member school shall, in any one season, participate in more than thirty-five (35) matches exclusive of the IHSA State series.

No Girls Volleyball team representing a member school shall play in more than five (5) different matches during any given volleyball tournament.

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## **5.330 GIRLS WATER POLO**

### **5.331 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Water Polo teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 46 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Water Polo no earlier than Week 36 of the IHSA Standardized Calendar.

### **5.332 Contest Limitations**

No Girls Water Polo team representing a member school shall, in any one season, participate in more than thirty (30) games, exclusive of the IHSA series.

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## **5.340 COMPETITIVE CHEERLEADING**

### **5.341 Season Limitation**

- a. No school belonging to this Association shall conduct its Competitive Cheer team practice earlier than Monday of Week 17 or later than Saturday of Week 31 in the IHSA Standardized Calendar.
- b. No school belonging to this Association shall allow its Competitive Cheerleading squad to participate in interscholastic contests earlier than Monday of Week 18 or later than Saturday of Week 31 in the Standardized Calendar.

### **5.342 Contest Limitation**

No Competitive Cheerleading team representing a member school shall, in any one season, participate in more than six (6) dates exclusive of the IHSA state series.

### **5.343 Individual Limitation**

- a. No individual shall be permitted to participate on a member school's Competitive Cheerleading team unless he/she is a rostered participant on the member school's winter (basketball) sideline cheerleading team.
- b. No member of a Competitive Cheerleading Team representing a member school shall, in any one season, participate on more than six (6) dates, exclusive of the IHSA series.

## **5.350 COMPETITIVE DANCE**

### **5.351 Season Limitation**

- a. No school belonging to this Association shall conduct its Competitive Dance team practice earlier than Monday of Week 17 or later than Saturday of Week 39 in the Standardized Calendar.
- b. No school belonging to this Association shall allow its Competitive Dance team to participate in interscholastic contests earlier than Monday of Week 18 or later than Saturday of Week 39 in the Standardized Calendar.

### **5.352 Contest Limitation**

No Competitive Dance team representing a member school shall, in any one season, participate in more than six (6) dates exclusive of the IHSA state series.

### **5.353 Individual Limitation**

- a. No Individual shall be permitted to participate on a member school's Competitive Dance team unless he/she is a rostered participant on the member school's winter (basketball) game day performance team.
- b. No member of a Competitive Dance Team representing a member school shall, in any one season, participate on more than six (6) dates, exclusive of the IHSA series.

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## **5.360 SCHOLASTIC BOWL**

### **5.361 Season Limitation**

Schools belonging to this Association may organize their Scholastic Bowl teams at any time during the year to practice or to participate in interscholastic contests.

### **5.362 Contest Limitation**

- a. No school belonging to this Association shall participate on more than twenty seven (27) dates of interscholastic contests, exclusive of the IHSA series, between Monday of Week 1 through Sunday of Week 52.
- b. No individual shall compete on more than twenty seven (27) dates of interscholastic contests, exclusive of the IHSA series, between Monday of Week 1 through Sunday of Week 52.

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## **5.370 GIRLS WRESTLING**

### **5.371 Season Limitation**

- a. No school belonging to this Association shall organize its Girls Wrestling teams, practice or participate in interscholastic contests earlier than Monday of Week 19 or later than Saturday of Week 34 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Wrestling no earlier than Monday of Week 21 in the IHSA Standardized Calendar.

### **5.372 Team Limitation**

No Girls Wrestling team representing a member school shall, in any one season, participate in more than eighteen (18) dates exclusive of the IHSA series.

### **5.373 Individual Limitation**

Students who participate on a school squad in Girls Wrestling may participate in no more than thirty-five (35) matches in any one season prior to the IHSA series regardless of competition format.

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## **Illustrations for Sections 5.010-5.360 of the By-laws**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

### **BOYS AND GIRLS BASKETBALL**

#### **270) PLAY BEFORE OPENING DATE**

- Q. If a school begins basketball practice on Monday of Week 19 and has its first varsity game scheduled for Tuesday, of Week 21, one day after the legal date for the first game, may it play a controlled scrimmage against a neighboring school on Friday of Week 18.
- A. No. (By-law 5.041 c)

### **BOYS FOOTBALL**

#### **271) FOOTBALL SCRIMMAGES**

- Q. May a school play a controlled scrimmage against another school on Saturday of Week 8, if it began football practice on Monday, Week 7, and has its first varsity game scheduled for Friday of Week 9?
- A. No. A scrimmage against another school in any sport is viewed to be an interscholastic contest. Therefore, it must be counted as one of the contests a school is permitted to play during the season, and is restricted as to the dates for playing contests. (By-law 5.062)

### **BOYS AND GIRLS SWIMMING & DIVING**

#### **272) SPLITTING SWIMMING AND DIVING DATES**

- Q. In the event a school participates in a meet where the diving event is not conducted due to insufficient pool depth, may the divers from that school compete in a different diving competition on a different date without having the school charged with an additional contest under the contest limitations?
- A. Yes. (By-law 5.122)

### **BOYS AND GIRLS TRACK AND FIELD**

#### **273) INDIVIDUALS COMPETING IN HONOR ROLL OR CLASSIC MEETS**

- Q. If a school conducts a track meet to which member schools are invited to send only individual participants who have achieved outstanding record(s) or time(s), may schools send students to participate in this meet without the meet being counted as a team date within their limitation on dates of competition? (The meet is considered a "classic" event for individual competition only. No team scores are kept.)
- A. In such a case, if the meet is truly for individual athletes only and no team scores are kept, the event will not be counted as a team meet for participating schools. It will, however, be counted in the number of dates (maximum 21) on which the individual athletes may participate. (By-laws 5.152 and 5.153)

### **SCHOLASTIC BOWL**

- 274) Q. What is considered to be a contest?
- A. An event in which teams of four (4) or five (5) students representing two (2) high schools compete with or against each other in academic quizzing, utilizing a format and rules comparable to the IHSA series, and utilizing questions that cover an extensive range and variety of academic areas, is considered a scholastic bowl contest. (By-law 5.362)

### **COMPETITIVE CHEERLEADING**

- 275) Q. What constitutes a "competitive cheerleading" meet?
- A. A "competitive cheerleading" meet:
- Is a standalone competition, and is not a support or ancillary activity to another event such as a boys basketball tournament.
  - Is judged according to rules for competition endorsed by a governing body.
- 276) Q. When must schools hold tryouts for its competitive cheerleading and competitive dance teams?
- A. Tryouts shall be held on or after the first day of the competitive cheer and dance seasons, Monday of Week 17. (By-law 5.340 and 5.350)
- 277) Q. After seven days of tryouts/practice during the IHSA competitive season, may a member of the competitive squad practice or compete with an independent team (for example, an All-Star squad)?
- A. No, students involved in competitive cheerleading or dance must cease non-school practice and competition after seven days of tryouts/practice during the IHSA competitive season. (By-law 3.106 and 5.750)

- 278)** Q. May a member of the high school competitive cheer team dance competitively for a dance studio during the high school season? May a member of the high school dance team cheer for an All-Star or cheer club during the high school dance season?  
A. Yes, per the IHSA skill of the sport definitions. (By-law 3.101)
- 279)** Q. What eligibility rules apply to competitive cheer and competitive dance?  
A. The sport eligibility by-laws (Section 3.000).
- 280)** Q. Must competitive cheer and competitive dance coaches meet the requirements of IHSA By-law 2.070 (Qualifications of Coaches)?  
A. Yes. (By-law 2.070)
- 281)** Q. May students who are members of a competitive cheer team participate in tumbling classes during the school year?  
A. Yes, provided there is no instruction related to the theories and strategies of competitive cheer. (By-law 3.101)
- 282)** Q. Does the twenty-five day contact limit apply to competitive cheer and competitive dance in the summer?  
A. Yes. (By-law 3.153)
- 283)** Q. What is a "rostered participant"?  
A. A rostered participant is a student who is both on the roster and who participates on a sideline cheerleading squad. (By-law 5.753)
- 284)** Q. May a student be a member of both the competitive cheer and dance teams at their high school?  
A. Yes. (By-law 3.050)

## **6.000 PROTEST, PENALTY BY-LAWS**

Included in this Section:

- 6.000 Protest and Penalty By-laws
- 6.010 Penalty for Violating Rules
- 6.020 Forfeiture of Contest
- 6.030 Protest Procedure
- 6.040 Breach of Contract Between Member Schools
- 6.050 Breach of Contract Between Member School and Official

### **6.010 PENALTY FOR VIOLATING RULES**

Any violation of the Constitution and/or By-laws, Terms and Conditions, IHSA Policies and Guidelines, and/or other rules of the Association shall be reported to the Executive Director, who shall have authority to investigate all alleged violations. The findings of the investigation shall be made known to the school (or schools), person (or person), alleged to have committed a violation. The Executive Director shall then have full authority to invoke penalties against such school or persons found to have committed violations. Penalties shall include, but not be limited to, written warning or reprimand, requisite affirmative corrective action, up to and including suspension and/or expulsion. Failure to take the corrective action required by any penalty shall be the basis for further action, up to and including suspension and/or expulsion.

Persons found guilty of exercising undue influence to secure or retain the attendance of a student at a member school shall be ineligible to coach at an IHSA member school for one year. Sanctions shall also be imposed against the school represented by such persons.

Students whose high school attendance is found to have been affected by undue influence to secure or retain the student at a member school shall be permanently ineligible at that school.



- 278) Q. May a member of the high school competitive cheer team dance competitively for a dance studio during the high school season? May a member of the high school dance team cheer for an All-Star or cheer club during the high school dance season?  
A. Yes, per the IHSA skill of the sport definitions. (By-law 3.101)
- 279) Q. What eligibility rules apply to competitive cheer and competitive dance?  
A. The sport eligibility by-laws (Section 3.000).
- 280) Q. Must competitive cheer and competitive dance coaches meet the requirements of IHSA By-law 2.070 (Qualifications of Coaches)?  
A. Yes. (By-law 2.070)
- 281) Q. May students who are members of a competitive cheer team participate in tumbling classes during the school year?  
A. Yes, provided there is no instruction related to the theories and strategies of competitive cheer. (By-law 3.101)
- 282) Q. Does the twenty-five day contact limit apply to competitive cheer and competitive dance in the summer?  
A. Yes. (By-law 3.153)
- 283) Q. What is a "rostered participant"?  
A. A rostered participant is a student who is both on the roster and who participates on a sideline cheerleading squad. (By-law 5.753)
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Persons found guilty of exercising undue influence to secure or retain the attendance of a student at a member school shall be ineligible to coach at an IHSA member school for one year. Sanctions shall also be imposed against the school represented by such persons.

Students whose high school attendance is found to have been affected by undue influence to secure or retain the student at a member school shall be permanently ineligible at that school.

## 6.011 PLAYERS EJECTED FOR UNSPORTSMANLIKE CONDUCT

Any player ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic contest at that level of competition, and all other interscholastic contests at any level in the interim, in addition to other penalties the IHSA or the school may assess.

If the school contests the ejection and video evidence clearly indicates that a player was misidentified in an ejection, the IHSA will work with the school(s) involved to ensure the proper player(s) are identified. After the IHSA Executive Director reviews the video provided by the school(s) and verify the misidentification, the misidentified player shall be eligible for the next interscholastic contest at that level of competition.

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### **Illustrations for Section 6.011 of the By-laws**

*The illustrations and situations it contains are for purposes of assisting in understanding the application of the particular by-law to which they pertain. In the case of any conflict, whether actual or believed, between the illustrations, examples or situations in this publication and the constitution or by-laws of the IHSA, the constitution and by-laws shall control.*

- 285)** Q. When a student-athlete is ejected for unsportsmanlike conduct and has to sit out the next game and also becomes academically ineligible for the next game, will the student serve both periods of ineligibility at the same time?  
A. No. The student-athlete will be academically ineligible for the next week and then will serve the penalty for the ejection once the student-athlete has regained eligibility. (By-law 6.010)
- 286)** Q. May players who are ineligible for a contest due to a suspension for unsportsmanlike conduct travel with the team to the contest or attend the contest?  
A. Yes. However, ineligible players may not appear at the contest in uniform. (By-law 6.011)
- 287)** Q. If a player or coach is ejected from a junior varsity soccer game, when is he/she eligible to participate?  
A. A player or coach ejected from a junior varsity soccer game for unsportsmanlike conduct will not be eligible to participate at any level of competition in soccer until the next junior varsity soccer game has been completed. If there is no contest at the same level within a ten day period, the ejected player or coach may fulfill the requirements of the by-law by missing three contests for another team(s) at any level in the same sport for which they are a rostered player or contracted coach. (By-law 6.011)
- 288)** Q. If a player is disqualified for committing five personal fouls in a basketball game, must he/she sit out the next game?  
A. No. By-law 6.011 only applies when players are ejected for unsportsmanlike conduct.
- 289)** Q. If a player is ejected from the first game of a doubleheader in softball, is she eligible to play in the second game of the doubleheader?  
A. No. (By-law 6.011)
- 290)** Q. In the same situation, if the girl was in the lineup for the second game should the umpire allow her to play?  
A. Yes. Game officials are not responsible for enforcing By-laws 6.011 or 6.012. The ejection from the first game should be reported as required. Note: all ejections for unsportsmanlike conduct must be reported in writing to the IHSA and the member school(s) involved by officials within 48 hours of the incident. (By-law 6.011)
- 291)** Q. In some sports players and coaches may be ejected from a contest for reasons other than unsportsmanlike conduct. Do By-laws 6.011 and 6.012 still apply?  
A. No. By-laws 6.011 and 6.012 only apply when players or coaches are ejected for unsportsmanlike conduct.
- 292)** Q. What if a school fails to enforce By-laws 6.011 or 6.012?  
A. Schools will be required to forfeit any contest(s) (including an IHSA state series contest) when a player or coach is allowed to participate when he/she is ineligible due to an ejection for unsportsmanlike conduct. Schools are to set up administrative procedures to insure proper enforcement of By-laws 6.011 and 6.012.
- 293)** Q. May a school schedule a contest after a player or coach has been ejected for unsportsmanlike conduct to fulfill the requirements of by-laws 6.011 or 6.012?  
A. No. Coaches or players ejected for unsportsmanlike conduct must miss the next regularly scheduled contest. Contests that are rescheduled prior to an ejection because of inclement weather, etc., will be treated like a regularly scheduled contest.
- 294)** Q. If a player or coach receives two yellow cards in the same game, is he/she eligible for the next contest at that level?  
A. No. (By-laws 6.011 and 6.012)
- 295)** Q. If a player is ejected from the last game of the season, when is he/she eligible to participate?  
A. A player ejected from the last game of the season must sit out the next contest in which he/she would normally participate. (By-law 6.011)
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## 6.012 COACHES EJECTED FOR UNSPORTSMANLIKE CONDUCT

Any coach ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic contest at that level of competition, and all other interscholastic contests at any level in the interim, in addition to others penalties the IHSA or the school may assess.

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### **Illustrations for Section 6.012 of the By-laws**

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- 296) Q. May coaches who are ineligible for a contest due to a suspension for unsportsmanlike conduct travel with the team to the contest or attend the contest?  
A. No. (By-law 6.012)
- 297) Q. If a coach is ejected from the last game of the season, when is he/she eligible to coach?  
A. A coach ejected from the last game of the season must sit out the next contest in which he/she would normally coach. (By-law 6.012)

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## 6.020 FORFEITURE OF CONTEST

- 6.021 The use of any ineligible participant in any interscholastic contest will result in one or more of the following actions based upon the facts and findings:
- The ineligible participant may be suspended from further competition in that activity, as determined by the Executive Director.
  - The specific sport during which the ineligible player was used will be placed on probation status for one (1) calendar year.
  - Forfeiture of the contest.

If the Executive Director or the Board of Directors determines that the facts, findings or other information demonstrates that the ineligible student has provided the school false information upon which the student was certified to have been eligible, a penalty may be set aside or modified.

- 6.022 If an ineligible student participates in any interscholastic contest(s), pursuant to and in accordance with a restraining order, injunction, or other court order entered against the IHSA or a member school, and the restraining order, injunction or other court order expires without final determination or is subsequently vacated (whether voluntarily or otherwise), stayed, reversed or otherwise modified or found to have been entered in error, the contest(s) in which such student has participated shall be subject to forfeiture pursuant to By-law 6.021.
- 6.023 If a student or member school, while in violation of or noncompliance with any provision(s) of the IHSA Constitution and/or By-laws, Terms and Conditions, IHSA Policies and Guidelines, and/or other rules of the Association, participates in any interscholastic contest(s), pursuant to and in accordance with a restraining order, injunction, or other court order entered against the IHSA or a member school, and the restraining order, injunction or other court order expires without final determination or is subsequently vacated (whether voluntarily or otherwise), stayed, reversed or otherwise modified or found to have been entered in error, such member school and/or student shall be subject to penalty for such violations pursuant to By-law 6.010.

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## 6.030 PROTEST PROCEDURE

Any school making a protest shall submit in writing a full statement of facts to the Executive Director of the Association, who shall transmit a copy of the statement to the principal of the school against which a protest has been made or to the principal, parent or guardian if such protest pertains to an individual.

- 6.031 Each protest must be accompanied by a deposit of \$10.
- 6.032 The Board of Directors shall have final authority in determining the outcome of properly-filed protests. Should the Board of Directors, after due investigation, decide in favor of the school making the protest, the deposit shall be returned. Should the Board of Directors decide against the school making the protest, the deposit shall become a part of the funds of the Association.
- 6.033 The decisions of game officials shall be final; protests against the decision of a game official shall not be reviewed by the Board of Directors.

- 6.034** Principals should file with the Executive Director, on forms provided by the IHSA Office, reports of unsatisfactory performance on the part of game officials, which may be due to alleged lack of knowledge of the rules, errors in judgment, or improper conduct.

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### **Illustrations for Section 6.033 of the By-laws**

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- 298)** Q. May a school appeal an ejection for unsportsmanlike conduct?  
A. No. Ejections for unsportsmanlike conduct are considered decisions of contest officials and will not be subject to appeal. (By-law 6.033)

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## **6.040 BREACH OF CONTRACT BETWEEN MEMBER SCHOOLS**

In case of breach of contract between member schools, either in total or in part, the Board of Directors shall have authority to assess as a penalty against the offending school a sum not to exceed \$100, in addition to the financial loss which, in the judgment of the Board of Directors, is sustained by the offended school as a result of such breach.

- 6.041** In case of breach of contract between member schools and the Association in IHSA State Series Tournaments and Contests, the Board of Directors shall have the authority to assess as a penalty against the offending school an amount not to exceed \$100, in addition to the financial loss which, in the judgment of the Board of Directors, is sustained by the offended school(s) or the Association as a result of such breach.
- 6.042** The entire assessment shall be paid to the Association. That part of the assessment levied to cover the financial loss shall be remitted to the offended school, with the remainder to become part of the funds of the Association.
- 6.043** In the event a contest is not played due to an emergency, strike or boycott, every effort should be made by both parties to resolve the matter by mutual consent. If, in an emergency or boycott situation, an agreement cannot be reached, the school which created the breach shall be responsible to fulfill the terms of the contract or be liable to terms of this section. If a contest is not played because a member school complies with the prohibitions of By-law 2.140 pertaining to a strike, no financial penalty or assessment shall be imposed against the offending school for breach of contract.

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### **Illustrations for Section 6.040 of the By-laws**

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#### **299) BREACH OF CONTRACT RESOLUTION**

- Q. When schools face a potential breach of contract situation, what steps should be followed to resolve the matter?  
A. Every effort should be made by both schools involved to find mutual resolution before the breach actually occurs. Even after the contract is breached, it is preferable for the two schools to resolve the matter by mutual consent. As a last resort, the matter may be referred to the Board of Directors for settlement. (By-law 6.040)
- 300)** Q. When a member school cannot participate in a scheduled contest because it is not in legal session as defined by the Illinois School Code and State Board of Education Policy, due to a strike, may the contest be rescheduled or must it be canceled and forfeited?  
A. A contest which is not played because of a strike may be rescheduled within the provisions of the season and participation limitations of these by-laws and by mutual consent of both schools. If the contest is not rescheduled and played, the school which could not participate because of a strike must forfeit the contest.
- 301)** Q. When a contest is not played because of a strike, how are game officials contracts resolved?  
A. Game officials are contracted by the host school for the contest. It is the position of the IHSA that the host school is obligated to pay officials for contracted games, whether the game is played or not, unless other resolution is mutually consented to by both the school and the official(s). In the event a game is not played because one of the schools to play in the game cannot play because of a strike, the striking school must either pay the game officials according to the terms of their contracts if it is the host school, or the striking school must reimburse the host school for the terms of the officials contracts if it is the visitor.
- 302)** Q. Is a school which cannot play a contest because of a strike obligated to make financial settlement for unrealized revenue with the host school for the contest?  
A. No. The provisions of By-law 6.043 relieve a striking school of such obligations if it complies with By-law 2.130 which prohibits the playing of contests during a strike.

**303) COACH TAKES TEAM OFF FLOOR**

- Q. If a coach orders his/her team off the floor or playing field before the contest is concluded, is it a breach of contract?  
A. Yes. (Constitution 1.420 and By-law 6.040)

**304) EMERGENCY SITUATION**

- Q. Is a school justified in canceling a contest if it finds that several of its students are unable to take part because of an emergency?  
A. Such cases would have to be decided individually by the Executive Director. If the school has a sufficient number of students to participate, it should fulfill its part of the contract even though the contest could be one-sided. If the contest cannot be held, the school should seek cancellation or postponement by mutual consent as early as possible. (Constitution 1.460 and By-law 6.040)

**305) STRIKE OR BOYCOTT**

- Q. How is this Section interpreted in the case of a strike, boycott or other emergency?  
A. Every effort shall be made by both parties to resolve the breach of contract by mutual agreement. (By-law 6.040). However, if an agreement cannot be reached, the matter shall be reviewed by the Board of Directors under the terms of By-laws 6.040 and 6.043.

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**6.050 BREACH OF CONTRACT BETWEEN MEMBER SCHOOL AND OFFICIAL**

In case of breach of contract between a member school and official, either in total or in part, the Board of Directors shall have authority to assess as a penalty against the offending party the sum of \$10, in addition to the forfeit named in the contract.

- 6.051** All contracts between schools and officials shall be written on the Contract for Officials form supplied by the Board of Directors through the IHSA Office. The Terms and Conditions of these contracts should be scrupulously observed.
- 6.052** If, in the judgment of the Board of Directors, the contract has been broken by the school and no forfeit has been named in the contract, the penalty shall consist of an amount not to be in excess of the contractual sum to be paid the official, plus a breach fee of \$10.
- 6.053** If, in the judgment of the Board of Directors, the contract has been broken by the official, the penalty shall consist of an amount not to exceed the entire cost of employing a substitute official, plus a breach fee of \$10.
- 6.054** If, in the judgment of the school or official, there are extenuating conditions, a hearing may be held. Written request for such hearing must be submitted to the Executive Director, who shall be responsible for conducting an investigation and hearing.
- 6.055** If an official's contract is made during a given school year for a contest to be played during the next school year and if, in the meantime, there is a change in the school principalship, the contract is valid only if and when the incoming principal has been notified of the existing contract and has sanctioned it or has failed to inform the official of cancellation within one week after the notification.

# Administrative Procedures, Guidelines and Policies

These administrative procedures, guidelines and policies are for use during the 2019-20 IHSA school term only. They shall be superseded by a subsequent publication of the policies and are not applicable to any year subsequent to the 2019-20 IHSA school term. In the case of any conflict, whether actual or believed, with the constitution or by-laws of the IHSA, the constitution and by-laws shall control. Any understanding, misunderstanding, opinion or belief by any individual as a result of reading these policies shall not be binding on the IHSA. Official rulings shall be requested in writing only by the principal or designated official representative of a member school and shall be provided in writing by the Executive Director. Only a formal ruling from the Executive Director is binding on the IHSA.

## Administrative Procedures, Guidelines and Policies

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| 1. Philosophy Underlying Eligibility By-laws                 | 21. Alcoholic Beverages and IHSA State Series Events                |
| 2. Eligibility Rulings from IHSA                             | 22. Criteria for Selection of Sites for IHSA Meets and Tournaments  |
| 3. Eligibility of Emancipated                                | 23. IHSA Performance-Enhancing Drug Testing Policy                  |
| 4. Foreign Exchange and International Student Eligibility    | 24. Public Information Policies                                     |
| 5. Approved Foreign Exchange Programs                        | 25. Code of Conduct   |
| 6. Strike Policy   | 26. Application for Approval of Cooperative Team                    |
| 7. Making the Weekly Eligibility Check                       | 27. Statement Regarding Non-Discrimination                          |
| 8. Sanction Policy   | 28. Entry Policy and Procedures                                     |
| 9. Non-Faculty Coach Policy                                  | 29. Prayer at IHSA State Series Contests                            |
| 10. Policy for Accommodations for Students with Disabilities | 30. Affirmative Action Policy                                       |
| 11. College Auditions  | 31. Trademark Use and Royalty Policy                                |
| 12. School Equipment Use Policy                              | 32. Corporate Sponsorship Policy                                    |
| 13. Football Policies  | 33. IHSA Member School Publicity Policy                             |
| 14. Guidelines for Adding and Deleting State Series Programs | 34. Policy and School Recommendations for Transgender Participation |
| 15. Guidelines for Non-School Competition                    | 35. Unmanned Aerial Vehicle (Drone) Policy                          |
| 16. Emerging Sports  | 36. Managing Heat and Heat Illness                                  |
| 17. Classification System                                    | 37. Baseball Pitch Count Guidelines                                 |
| 18. Grouping and Seeding State Tournament Series             | 38. <u>Fall Sport Acclimatization</u>                               |
| 19. Criteria for Increasing Classes                          |   |
| 20. Approved School Policy                                   |   |

The policies pertaining to the news media, photography, credentials, broadcasting and television are available in a separate PDF located in the Administration and Media sections on the IHSA website ([www.ihsa.org](http://www.ihsa.org)). Sport-specific media information will continue to be available to host schools in the Manual for Managers.

## 1. Philosophy Underlying IHSA Eligibility Rules

IHSA by-laws provide the standard by which the Executive Director is authorized to rule in determining eligibility. Following is a brief resume of the principle points of philosophy which underscore the rules of the Association:

1. Participation in interscholastic athletics is a privilege provided for students who meet democratically established standards for qualification.
2. Participation in interscholastic athletics is a privilege which should fundamentally be available to bona fide students in school districts where they live full time with their parents, custodial parent or legal guardian appointed by a court of proper jurisdiction.
3. Standards governing eligibility are a necessary prerequisite to participation in interscholastic athletics, because:
  - a. they protect the opportunities of bona fide resident students to participate;
  - b. they provide a fundamentally fair and equitable framework in which interscholastic athletic competition in an educational setting can take place;
  - c. they provide uniform standards for all schools to follow in maintaining equitable athletic competition;
  - d. they support the education philosophy that athletics is a privilege which must not be permitted to assume a dominant position in a school's program;
  - e. they keep the focus of educators and students on the fact that students attend school to receive an education first and participate in athletics second;
  - f. they maintain the fundamental principle that a high school student should live at home with the parents and attend school in the school district in which the parents/guardians live;
  - g. they reinforce the view that the family is a strong and viable unit in our society, and as such, is the best place for students to live while attending high school;
  - h. they prevent "district hopping" or "shopping around" for schools or athletic programs which may suit an individual's personal interests;
  - i. they serve as a deterrent to individuals who would seek to recruit student-athletes to attend a particular school for the purpose of building athletic strength;

## Philosophy Underlying IHSA Eligibility Rules, continued

- j. they serve as a deterrent to students running away from minor discipline problems or similar conflicts;
- k. they protect school programs from losing students who have an identity as athletes and, as such, are contributors to the overall school program and image.

Violations of the by-laws can cause students and/or schools to incur penalties of ineligibility or other action up to and including expulsion from membership in the Association.

## 2. Eligibility Rulings from IHSA

By-laws 3.030 and 3.040 and their sub-sections pertain to the eligibility of students in regard to residence and transfer. Forms are provided by the IHSA Office to facilitate determination of student eligibility.

**The IHSA Residence Eligibility Form and Affidavit of Residence Form.** These forms are to be completed to facilitate making a determination of the eligibility of a student in regard to residence. The information included on these forms will substantiate whether the student is in full compliance with the residence eligibility by-laws and whether a determination of eligibility is required. If such determination is required, the completed forms must be sent to the Executive Director for a ruling.

**The Principals' Concurrence Regarding Transfer Form.** It is to be completed to secure the concurrence of both the principal of the school from which the student transfers (sending school) and the principal of the school into which the student transfers (receiving school). It is important to note that concurrence of a transfer by both principals does not guarantee or assure eligibility. A ruling by the Executive Director may still be required. In such cases, the fully completed Principals' Concurrence Form must be sent to the IHSA Office along with the fully completed Transfer Eligibility Form. Principals are responsible for including correct and accurate information on the forms and for the accurate completion of the forms. Errors in their completion will not be considered clerical, and the school will be subject to penalties under the by-laws if a student participates and it is later determined that the student was ineligible on the basis of the information on the form(s).

**The IHSA Transfer Eligibility Form.** This form is to be completed by the school into which a student transfers (receiving school) to facilitate determination of a student's compliance with IHSA eligibility by-laws for interscholastic athletics. This form is to be sent to the IHSA Office, along with the fully completed Principals' Concurrence Regarding Transfer form in the event a ruling by the Executive Director on a student's eligibility in regard to transfer is required or desired.

**Transfer Component from Receiving School Coach.** Complete this form to facilitate determination of the eligibility of a student in regard to recruiting. The information on this form will provide clarification on a connection between one or more of the receiving school high school coaches and the transferring student.

## 3. Eligibility of Emancipated Students

For purposes of residence and transfer eligibility, the Board of Directors has defined an emancipated student as a student who:

1. has been a resident of the State of Illinois for at least one full calendar year immediately preceding the date in question, and
2. is totally self-supporting. To help determine if a student is self-supporting, the Executive Director may require submission of documentation, which may include but not be limited to:
  - a. verification from the parents or guardians that they provide none of the student's support;
  - b. verification of employment and earnings or other means of financial support from the employer or supporting agency;
  - c. copies of rent receipts, lease, bank records, payroll records, tax records or other financial data demonstrating that the student incurs and pays his or her living expenses;
  - d. copies of evidence relied on by the school in determining that the student was an emancipated resident of the district for attendance purposes; and
  - e. documentation of the circumstances which precipitated the student's leaving parents/guardians and living independently.

Under Residence By-law 3.031 and/or under By-law 3.040, a ruling request must be submitted along with the proper ruling request forms identified in Item 2 above.

## 4. Foreign Exchange And International Student Eligibility

IHSA By-law 3.034.3 provides foreign exchange students eligibility under the Residence By-law for a period of one calendar year at IHSA member schools provided the following criteria has been met:

1. The exchange program sponsoring the student must have been approved by the IHSA Board of Directors. A list of approved programs for the current school term can be found on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)).
2. The exchange student must not have completed eight (8) semesters of high school attendance or its equivalent.

## Foreign Exchange and International Student Eligibility, continued

3. The exchange student must not have completed and/or be a graduate from the culminating grade of high school (secondary) education in his/her home country.
4. The exchange student shall be eligible through age nineteen (19) unless the student becomes twenty (20) during the sports season in which event eligibility shall terminate on the first day of such season.
5. The exchange student must have passed twenty five (25) credit hours of high school work (5 courses) for the previous term of school attendance in his/her home country. (Principals may request an English translation of the student's transcript from the exchange organization for documentation.)
6. Exchange students who are direct placements by a foreign exchange program, will be granted eligibility to participate during the regular season provided there is no evidence of recruiting. However, they will not be eligible to participate in any IHSA state series. In accordance with procedures adopted prior to the 2004-05 school term, CSIET shall notify the IHSA Office of any direct placements occurring in previously-approved programs.
7. The exchange student shall not have violated IHSA By-law 3.080 (Amateurism) either prior to or after coming to the United States. Violation of the provisions of IHSA By-laws 3.081, 3.082 or 3.083 shall cause ineligibility in the sport in which the violation occurred. An official ruling must be secured from the Executive Director before any student who violates this rule may be reinstated to eligibility.

## Approval of International Student Programs

By-Law 3.034.3 creates an eligibility exception for students attending high school in Illinois who are not U.S. citizens or residents. To qualify for eligibility under the by-law, such students not residing with their parents or guardian must be attending their Illinois high school under the auspices of an organization approved by CSIET. The student may also gain eligibility if attending high school in Illinois under the auspices of a program approved by the IHSA Board of Directors. The IHSA Board has established the following program approval criteria for exchange programs for international students not participating in a CSIET approved program.

To be considered for IHSA Board approval, programs must meet the following criteria, as demonstrated by documentation or other objective evidence:

- a. All international students must successfully meet the minimum requirements of a full academic course load and demonstrate the social skills to participate in co-curricular activities.
- b. Financial aid for enrolled international students must be need-based and must be available to all students in an equitable manner.
- c. Any and all financial aid provided to students in the program shall be disclosed.
- d. Supervision of residential life (residential facility or host family) staff should include a formal staff application, interview, background check and ongoing training during the year.
- e. The selection of a school for a student shall not be for athletic purposes.

Programs seeking approval must also submit the following documentation:

- a. Documentation establishing that the International student program has been in existence for greater than 2 years and is clearly tied to the school mission.
- b. An outline of the placement process for students, from initial contact to final placement.
- c. A description of the process which local or area representatives must follow in the placement of students.
- d. A description of the process used by the program to identify and secure local or area representatives.
- e. Documentation establishing that the school and program will provide comprehensive academic and residential life support and supervision through stated admission criteria, orientation, and ongoing support for both the host family and student.
- f. Documentation of admission criteria, which shall include, but not be limited to, academic and English proficiency, and an assessment of readiness to adjust to American culture as demonstrated by application and interview.
- g. Copies of any and all training materials provided to local or area representatives and documentation that all required training has been completed.
- h. A description of the process used by the program and local or area representatives to identify and secure host families, if applicable.

Following submission of the foregoing, the Executive Director may investigate and may request such additional information as he/she or the Board deem necessary for full consideration of the program. The Executive Director shall notify the program whether it has been approved, in writing, following the Board's consideration.



## Criteria for Approval of Foreign Exchange Student Programs by the Illinois High School Association

Board of Directors' approval of foreign exchange student programs, for purposes of determining the residence eligibility for athletics of foreign exchange students in member schools, is required by Section 3.034.3 of the By-laws. In compliance with this provision, the Board of Directors has determined that only those exchange programs with "full listing" status in the 2019-20 CSIET Advisory List may be approved for the 2019-20 school term. Qualifying programs must submit the following documentation to the IHSA office for approval by the Executive Director:

1. An outline of the placement process for students, from initial contact to final placement.
2. A description of the process local or area representatives must follow in the placement of students.
3. The names, addresses and telephone numbers of all local or area representatives responsible for student placement.
4. Copies of any and all training materials provided to local or area representatives and documentation that all required training has been completed.
5. A description of the process used by the program to identify and secure local or area representatives.
6. A description of the process used by the program and local or area representatives to identify and secure host schools.
7. A description of the process used by the program and local or area representatives to identify and secure host families.
8. The procedures for follow up with local or area representatives to ensure that the program's placement process has been followed.
9. The procedures for post placement follow up with the local or area representatives and the students placed by the program.

Following submission of the documentation described above and any additional documentation and/or investigation deemed necessary by the Executive Director, the Executive Director shall notify the program whether it has been approved.

### 5. Approved Foreign Exchange Programs

Please see the IHSA website ([www.IHSA.org](http://www.IHSA.org)) for a current list of the programs that have been approved by the Board of Directors in accordance with By-law 3.034.3. To obtain an eligibility ruling for a student under one of these programs, schools should complete the on-line IHSA Foreign Exchange Student Eligibility Request.

### 6. Strike Policy

The IHSA Board of Directors, in conformity with policy established by the Illinois State Board of Education for strike situations, has ruled that a member school which does not have fifty-one (51%) percent of the students in the district in attendance and cannot offer the minimum program required by state law and ISBE Circular Series A160 on a daily basis shall not engage in interscholastic activities.

IHSA By-laws 3.012 and 3.015, relating to attendance requirements and eligibility requirements of interscholastic participants, and By-law 2.050, relating to schools with which contests may be held, shall be enforced.

The decision of the Board of Directors will not apply to time designated by the local Board of Education as school holidays or vacations, including the Illinois Code provision for five emergency days, provided school is in full operation on the school day preceding the school holiday.

Under the following criteria, practice sessions of the normal length and frequency may be held during the period when school is not fully operating:

1. They must be approved by the local Board of Education and school administration.
2. They must be conducted by personnel who meet the provisions of By-law 2.070.
3. They must be conducted in such manner that assures the health and safety of the participants.
4. Students from a school on strike may not practice with a team from a school which is not on strike.

#### Strike Policy — Participation in State Series During Strike

If a school is on strike and not in legal session, as defined by the State Board of Education, on the date of the beginning competition in any IHSA state series, students from that school may not participate in the state series.

However, when students from any member school first participate in the beginning level of competition in a given state series that state series is considered to have begun for all entered schools. If any school subsequently incurs a strike, the qualified teams and/or students will be permitted to continue participating in the state series, so far as the IHSA strike policy is concerned, even though their school may not be in legal session on the dates of subsequent state series competition in that sport.

## Strike Policy, continued

### Participation During Weather or Other Emergencies

The IHSA strike policy does not restrict schools from participating in activities on days when school is not held due to weather or other emergency situations.

The policy relates only to situations in which school is not operating due to strike circumstances.

### Host Activity During Strike

A school that is on strike may host an interscholastic event in which other schools participate. The striking school simply may not participate in the event.

### Discontinuation of Football Practice

In the event football practices have been terminated, the following restrictions will be enforced:

1. If football practices have been terminated for a period of at least seven (7) days, but less than fourteen (14) days, a school may not resume competition until after three (3) separate days of practice.
2. If practices have been terminated for a period of fourteen (14) days or more, a school may not resume competition until after five (5) separate days of practice.
3. Days in 1) and 2) above shall be interpreted as calendar days, excluding Sundays.

## 7. Making the Weekly Eligibility Check

IHSA By-laws require that academic eligibility be checked each week to determine if students are passing twenty five (25) credit hours of high school work. (By-law 3.021 and 4.021)

The following procedure should be followed in making the weekly eligibility check:

"Twenty five (25) credit hours of high school work" is defined as any combination of subjects, accepted by local high school authorities in determining the requirements for graduation and which accumulates at least 2.5 credits or its equivalent per semester. Since the rules require that a student must be passing in twenty five (25) credit hours per week, and even though eligibility certificates do not need to be exchanged weekly, a weekly check of each student athlete's scholastic eligibility is necessary.

Most important to note is that "passing twenty five (25) credit hours per week" is determined by measuring a student's performance on a cumulative basis from the beginning of a semester through the date on which the check is made. In other words, schools should determine, on each eligibility check date, whether the student's transcript would contain passing grades in each subject in the event the student should transfer from the school on that date. The check should not reflect only a given school's week's scholastic performance; rather it should reflect the student's cumulative performance for the semester through the date of the check.

Schools are expected to conduct this weekly check in some consistent manner convenient to their individual operations. Student eligibility or ineligibility is then affected on the Monday following the date of the check. For example, consider a school which checks eligibility every Wednesday. Records are processed through the computer and a printout of all athletes' scholastic standing is given to the athletic director on Thursday. The athletic office reviews the list and reports Thursday afternoon to the principal that a student is not passing twenty five (25) hours as of this check. The principal informs student and coaches on Friday morning that the student is not passing the required work and is thus ineligible for one week, beginning the following Monday morning. The student may play in contests held that evening or on Saturday, the next day. However, the entire next week, the student is ineligible.

The following Wednesday, the process is repeated. This time, when the report reaches the principal on Thursday afternoon, the students' record shows improvement to passing twenty five (25) credit hours. Now the principal will inform the student and coaches on Friday morning that the student will become eligible again the following Monday morning. Please note that the student is not permitted to play on this Friday and Saturday because of last week's failure to meet the grade requirements.

A student becoming scholastically ineligible by the weekly eligibility check must remain ineligible for one full calendar week before possibly becoming eligible again.

## 8. Sanction Policy

The Board of Directors has adopted the following policy as its interpretation of By-law 2.060 "Multiple School Interscholastic Activities." The IHSA sanction policy applies to interscholastic events in which the IHSA sponsors a state tournament series.

Events that require Formal Sanctioning include:

- a) Any interstate event involving two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the high school community (e.g., a university, a theme park, and an athletic shoe/apparel company).
- b) Non-bordering events if five (5) or more states are involved.
- c) Non-bordering events if more than eight (8) schools are involved.
- d) Any event involving two (2) or more schools that involves a team from a foreign country. The host school should complete the international sanction application. (The exceptions to this rule are Canada and Mexico, which are considered bordering states).
- e) In order for an event to receive sanctioning in Illinois all invited and participating schools in the event must be member schools of their high school state association or approved for competition by their respective high school state association. If any listed school does not receive approval the event will be denied by the IHSA. Any non-high school team cannot be involved in any respect with a sanctioned event.

## **Sanction Policy, continued**

No sanction is required if all competing schools, regardless of the number of competing schools, are from states that border the host state unless the event is co-sponsored by or titled in the name of an organization outside the high school community.

Events that need sanctioned, visit [nfhs.org](http://nfhs.org)

A listing of sanctioned events can be found on [nfhs.org](http://nfhs.org)

Member schools may request approval for Special Events that do not meet the regular sanction criteria. Requests must be submitted in writing to the Executive Director at least 30 days prior to the date of the event.

## **9. Non-Faculty Coach Policy**

Following are the coaching education programs approved by the IHSA Board of Directors:

Human Kinetics Coach Education Program (HKCE) (formerly known as ASEP), Champaign, IL  
Ashford University Coaching Education program, Clinton, IA  
Blackburn College Coaching Education Program, Carlinville, IL  
Illinois State University, The Coach in Organized Sports and Athletics Program, Normal, IL  
Iowa Coaches Authorization, Des Moines, IA  
Loras College Coaching Education Minor, Dubuque, Iowa  
MacMurray College Coaching Minor, Jacksonville, IL  
Michigan State University Program for Athletic Coaches' Education (PACE), East Lansing, MI  
NFHS Coaching Education, Indianapolis, IN  
Northern Illinois University Coaching Minor, DeKalb, IL  
Olivet Nazarene University Coaching Minor, Kankakee, IL  
Quincy University Coaching Minor, Quincy, IL  
Rock Valley College, Rockford, IL  
Southern Illinois University Coaching Minor, Carbondale, IL  
University of Illinois Department of Kinesiology Coaching Endorsement in the Undergraduate Studies Program, Champaign, IL  
University of Wisconsin, Parkside Coaching Certification Program, Kenosha, WI  
Dominican University, River Forest, IL - Excellence in Coaching Course, Excellence in Coaching Certificate.

## **10. Policy for Accommodations for Students with Disabilities**

### **Purpose**

It is the policy of the IHSA to provide students with disabilities full and equal opportunities to be integrated in IHSA interscholastic sports and activities whenever possible. IHSA recognizes and adopts the definition of disability as provided within the Americans with Disabilities Act. The IHSA will not discriminate against students with disabilities on the basis of disability in its services, programs, or activities.

### **Procedure for Requesting an Accommodation**

Students who need accommodations are encouraged to work with their member schools to complete and submit the Request for Accommodation Form. A disability is an impairment that substantially limits one or more major life activity. Disability includes, but is not limited to, physical impairments, mental impairments, visual impairments, hearing impairments, intellectual impairments, learning disabilities. A request for an accommodation should be submitted prior to the start of the applicable athletic or activity season, or as soon as is practically possible in light of the accommodation being sought.

The IHSA recognizes that it cannot anticipate all potential accommodations necessary and that providing accommodations to students with disabilities will require an individualized review and assessment. Accordingly, a request for an accommodation shall be considered on a case-by-case basis. The IHSA will engage in an interactive process to the extent necessary for each request for accommodation. The IHSA may work with the student, his/her parent or guardian, coaches or other staff from the student's member school, or outside consultants, if necessary, in the interactive process. A request should be in writing, but a request can be made in an alternative format such as an audio recording or video. All requests for accommodations shall be sent to the Assistant Executive Director of the IHSA, Kraig Garber, who is the ADA Coordinator for the IHSA.

### **Process for Submitting a Request**

The process for submitting a request for an accommodation (available at: [www.ihsa.org](http://www.ihsa.org)) is as follows:

- The student, his/her parent/guardian and/or his/her member high school are responsible for completion of Part 1 of the Request for Accommodation.
- The Request for Accommodation should be submitted prior to the start of the applicable athletic or activity season, or as soon as is practically possible, in light of the accommodation being sought.
- The student and his/her parent/guardian are responsible for obtaining the school principal's or athletic director's completion of Part 2.

## Policy for Accommodations for Students with Disabilities, continued

- The request can be submitted by email to the IHSA, fax or mail. The request is deemed submitted on the date emailed or faxed, or, if mailed, three days after the postmark.

Once the IHSA receives a request for an accommodation, the following activity will occur:

- After receiving the request, the ADA Coordinator will conduct a review, which can be informal, but will be interactive to the extent necessary. The student, his/her parent/guardian, and personnel from the student's school shall be given the opportunity to submit additional evidence or engage in discussions with the ADA Coordinator and/or the Executive Director, as they may deem necessary. The IHSA reserves the right to request more information, including medical records, to better understand the request being sought. Furthermore, the IHSA will consult with outside consultants as necessary. The interactive process can be done by telephone, videoconference, or in-person.
- The Executive Director will complete Part 3 of the Request for Accommodation and will provide a letter explaining the accommodation within 10 days after the request for accommodation is submitted to the IHSA. If a request for accommodation is denied by the Executive Director, the student, parent/guardian and/or member school may pursue an appeal pursuant to Section 1.460 of the IHSA Constitution, by submitting a written request for a hearing to the Board of Directors.

### Illustrations of Policy

It has been the practice of the IHSA to grant many requests for accommodations. Some requests for accommodations are complex and require significant analysis, while other requests for accommodations are rather common. The below illustrations include requests for accommodations that the IHSA commonly receives. They are meant to serve as a guide and by no means serve as a substitute for the need to request an accommodation.

1. Q: If a student with a disability is unable to walk for long periods of time, will the student be able to use a motorized golf cart during golf competitions?  
A: Yes, the IHSA routinely grants student athletes with disabilities requesting use of a motorized cart during competition in golf.
2. Q: A student athlete with a visual impairment would like to compete in golf, but needs assistance in determining the target, determining the yardage necessary to hit the golf ball and assistance in locating the golf ball. Can this student use a distance measuring device or a spotter?  
A: Yes. The IHSA does allow the use of a distance measuring device consistent with the USGA Rules of Golf. The IHSA will also allow a student with visual impairment to utilize a spotter as necessary to assist the student athlete in locating the target, reading the distance measuring device and locating the golf ball.
3. Q: A student athlete with a hearing impairment needs assistance regarding the instructions in track and field prior to and at the start of the events; will an interpreter be allowed?  
A: The IHSA will allow either the student athlete's coach or an interpreter to interpret instructions to the student athlete and provide necessary cues for the student athlete to start the event.
4. Q: Can a cross country runner with visual impairment use a guide runner during competition?  
A: It is the practice of the IHSA to allow the use of a guide runner during competition. The IHSA has guidelines specific to the use of the guide runner located on the IHSA website.
5. Q: Can a student with a hearing impairment use an interpreter and transcriber to compete in the IHSA journalism competition?  
A: Yes. The IHSA has granted the request for the use of an interpreter and transcriber for a student with hearing impairment in the IHSA journalism competition.
6. Q: Can a student athlete with cancer wear a headband that exceeds the size of headband allowed by the rules of play?  
A: It is the practice of the IHSA to grant accommodations whenever possible for such requests.
7. Q: Will IHSA grant a request of a student athlete with a prosthesis to compete in a sport?  
A: The use of prosthesis is a common request for accommodation, and IHSA will conduct an individualized review of each request for accommodation. When conducting a review, IHSA will consider when the safety of the student athlete and/or other student athletes may be compromised through the use of the prosthesis or whether the prosthesis would provide the student athlete an unfair advantage due to the prosthesis. All efforts will be made to provide an accommodation if possible.
8. Q: If a student is enrolled in less than twenty-five credit hours of high school work per week because of the student's disability, is that student able to participate in IHSA sports and activities?  
A: The student must submit a Request for Accommodation Form seeking a waiver of the scholastic standing requirements in By-Law 3.020. The IHSA will make the necessary individual assessment in analyzing the request for accommodation.

## 11. College Auditions

Under the provisions of IHSA By-laws, auditions at colleges, junior colleges and universities could jeopardize the eligibility of high school students if such auditions include:

1. A contest in which high school students participate with or against college, junior college or university students. (By-law 3.105)
2. Group instruction or coaching, involving more than two (2) students from the same school, in sports theory or skills in any interscholastic sport. (By-law 3.101)
3. A contest (including a scrimmage) involving high school students, if it is during their regular season in a sport. (By-law 3.111)
4. Participation by high school students in a practice or scrimmage with or against college, junior college or university students. (By-law 3.105)

## 12. School Equipment Use Policy

A member school may loan or rent any school owned player protection equipment to its students for use in summer camps. A member school may loan or rent football helmets only to its students for use in 7 on 7 passing leagues which are conducted during the summer in compliance with the specifications of IHSA By-law 3.157.

## 13. Football Policies

The purpose of the policy is to address safety and the heat acclimatization period of early season practice, which is considered the first 14 calendar days of football practice for a member school, commencing with the first day a school begins football practice.

During these first 14 calendar days of practice, it is recommended that an appropriate amount of practice time be spent on the basic fundamentals of blocking and tackling to ensure players are equipped to perform proper techniques before competing in a contest.

2019 Season Dates	Day of week IHSA calendar	FB calendar day	Practice Type	Allowed Equipment
8/12/2019	Mon WK 6	1	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet only
8/13/2019	Tues WK 6	2	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet only
8/14/2019	Wed WK 6	3	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/15/2019	Thur WK 6	4	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/16/2019	Fri WK 6	5	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/17/2019	Sat WK 6	6	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/18/2019	Sun WK 7	7	No practice allowed -- day of rest	
8/19/2019	Mon WK 7	8	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/20/2019	Tues WK 7	9	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/21/2019	Wed WK 7	10	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/22/2019	Thur WK 7	11	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/23/2019	Fri WK 7	12	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/24/2019	Sat WK 7	13	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/25/2019	Sun WK 8	14	No practice allowed -- day of rest End of Acclimatization Period	

## Football Policies, continued

During the first five (5) days of practice for each player, athletes may not participate in more than 3 hours of practice per day (Monday of Week 6 – Friday of Week 7 in the IHSA standardized calendar).

If practice is interrupted for any reason, the practice should recommence once the conditions are deemed safe, but total practice time should not exceed three hours per day during the first 5 days of practice.

A one-hour maximum walk-through is permitted during the first five days of practice; however, a minimum of 3 hour recovery period should be inserted between the practices and walk-through (or vice-versa).

During the first two days of practice, helmets and appropriate footwear should be the only protective equipment permitted. During days three through five, helmets, shoulder pads and appropriate footwear should be the only protective equipment permitted. Beginning on calendar day six (Saturday of Week 6 in the IHSA standardized calendar), all protective equipment may be worn and full contact may begin. Sunday of week 6 and Sunday of week 7 are determined to be rest days and no practice is allowed.

Beginning no earlier than the 6th calendar day and continuing through the 13th day (Saturday of Week 6 through Saturday of Week 7 in the IHSA standardized calendar), 5 hour practice days must be followed by a 3 hour practice day. On 3 hour practice days, one walk-through is permitted, but it must be separated from the practice(s) by at least three hours of continuous rest. When a 5 hour practice day is followed by a rest day, another 5 hour practice day is permitted after the rest day.

On a 5 hour practice day, no single practice duration can exceed three hours total. Warm-up, stretching, cool-down, walk-through, conditioning, and weight room activities are included as part of the practice time.

All practices during the 14-day acclimatization period must be separated by at least three continuous hours of recovery in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.

Regardless of the conditioning program and conditioning status leading up to the first formal practice, all students-athletes (including those who arrive after the first day of practice) must follow the 14-day heat-acclimatization plan.

A walk-through is defined as a teaching opportunity with athletes not wearing protective equipment (helmets or shoulder pads). During a walk-through, no running or running activities by team members is allowed and no protective equipment of any kind should be present. A football should not be used during the one hour walk through. The walk-through is not part of the practice period on a three hour practice day, and it can last no more than one (1) hour per day. The walk-through does not include conditioning or weight room activities.

The By-laws also specify that each individual football player must participate in on-the-field practice for at least ninety (90) minutes per day on twelve (12) different days prior to playing in a contest. Please note that a practice on the day of a contest will not be counted toward this requirement.

Beginning Week 8 of the IHSA standardized calendar and through the remainder of the season, full-contact will be allowed in no more than 3 practices per week and full-contact time is limited to no more than 90 minutes per week.

When schools conduct twice-daily practices, only one session per day may include full contact.

### School Equipment Use

A member school may loan or rent any school-owned football player equipment only to its students for use in summer camps and may loan or rent football helmets only to its students for use in 7 on 7 passing leagues conducted in compliance with the specifications of IHSA By-law 3.157.

### Football Scrimmage Definition

Any action, regardless of whether it would involve 11 on 11, 9 on 8, 4 on 4, etc., which simulates any game play conditions where members of one school would be organized against members of one or more schools would be considered a scrimmage.

### Weekly Player Limitations for Football

1. A player shall not play in more than two games in any one week and shall not play in more than one game in a single day. For the purposes of this section, a week is defined as the seven-day period running from Friday through the following Thursday. (It is recommended that if a player does play in two games in a given week, one of those games is only as a one-way player [i.e. only plays on offense or defense or special teams])
2. Players cannot play in games on consecutive days or be involved in live contact/touch in practice the day before/after playing in a game.
3. One play in a game equals a game played.  
An exception to this would be:
  - a. Specialized players (kicker, punter, holder only) can participate in back to back games on the same day.

- b. A player who enters the game for one play only due to an equipment failure or injury, will not have that play counted against them as a game.

NOTE: If a player plays in a game that is stopped due to weather or other circumstances and completed the next day, the player can participate in the resumed game the following day. This is allowed because the exposure is considered not equivalent to a full game being played the night before.

## 14. Guidelines for Adding and Deleting State Series Programs

1. The Board will entertain proposals to add a new state series when ten percent of the member schools engage in regularly scheduled competition in the sport or activity.
2. When the minimum required participation level is demonstrated and proposals to add a new state series are considered, the Board shall (a) consider the growth potential of the sport or activity, (b) consider the equity criteria included in the classification policy in determining whether to add the proposed new series, and (c) consider factors such as budgetary implications and official availability.
3. The Board will entertain recommendations from staff to consider deletion of an existing state series when less than ten percent of the member schools participate in the series and/or engage in regularly scheduled competition in the sport or activity.
4. Annually, each state series that has less than ten percent of the member schools participating in the state series and/or engage in regularly scheduled competition in the sport or activity will be reviewed by the Board. The Board will then vote to either maintain each state series that has less than 10 percent participation or to remove the state series in a future year as determined by the board.

## 15. Guidelines for Non-School Competition

During the school term, special permission may be granted to permit a student to compete in a non-school event during the school season in competitions which are directly sanctioned by the National Governing Body or its junior or official Illinois affiliate. No student may participate in more than three (3) approved non-school competitions during a sports season.

Schools must submit a request for approval in the Schools Center and provide a National Governing Body or its junior or official Illinois affiliate URL for that event.

## 16. Emerging Sports Policy

### Definition of Emerging Sport

Any sport for which IHSA does not conduct a state tournament series and which a member school elects to sponsor as either a sport under the auspices of its athletic administration or as a club or other informal sports activity shall be considered an emerging sport.

### Purpose of Emerging Sports Policy

The Emerging Sport Policy is designed to establish parameters under which schools may engage in competitive sports activity even when state tournament series competition is not available for the sport. It will establish common ground rules and management policies for the sport among member schools and will facilitate the growth of such sports within the established confines of the Association's Constitution and By-laws.

### Registration of Emerging Sport Programs

All member schools facilitating participation by students in any emerging sport shall register for participation in said sport(s) with the Association by adopting an Emerging Sport Resolution and filing a copy of said Resolution along with the registration forms supplied by the Association with the IHSA Office. IHSA will utilize Emerging Sport Registration Records to monitor the development of new sport activities in member schools and assist in determining when new state series should be considered.

### Dates Sport May Be Conducted

Any school belonging to this Association may organize, practice or compete in an emerging sport at any time during its established calendar for the current school term, unless a specific season has been established.

### Eligibility of Participants

Students who participate in emerging sports must be eligible under the provisions of IHSA eligibility by-laws.



## Emerging Sports Policy, continued

### Management Standards Applicable to Schools

Schools sponsoring emerging sports must comply with all provisions of IHSA By-laws.

### Annual Report

Member schools sponsoring registered emerging sport programs must file an annual report of participation with the IHSA Office on forms provided by the Association. This data will further assist the Association in determining when a new state series should be conducted.

## 17. Classification System

In sports and activities conducted in multiple classes, IHSA member schools are divided into classes according to enrollment. The following policy describes the steps required to determine a school's classification enrollment, the enrollment cutoffs for each class, and a school's classification.

### A. Enrollments

#### 1. Actual Enrollment

In order to release enrollment figures in December for the following two-year cycle, the classification of a high school is based on the average student enrollment figure (ninth through twelfth grade), as reported to the Illinois State Board of Education on September 30 of the two (2) school terms preceding the release date. For example, classifications for the 2019-20 school term, released in December 2018, are based on the official school enrollments submitted on **September 30, 2016, and September 30, 2017**. This figure is known as the "actual enrollment."

The IHSA gathers enrollment data from the Illinois State Board of Education's annual Fall Housing Report. When a school's enrollment is not readily determined from the Fall Housing Report, or when the report appears to be in error, the school may be asked to provide its enrollment data directly to the IHSA.

#### Exceptions

In certain cases, the IHSA may use an estimated enrollment figure provided by a school or school district until the school can provide the Sept. 30 enrollment of the current school term. These situations include, but are not limited to, the following:

- a new school that does not appear in the Fall Housing Report;
- a school that undergoes a significant change in enrollment due to the opening or closing of a school in the same district, the deannexation of a portion of its district, or the deactivation of a neighboring school.

In unusual cases, the Board of Directors may make appropriate adjustments to a school's enrollment figure.

#### 2. Official Enrollment

A high school's "actual enrollment" is subject to several adjustments. The final figure, after these adjustments have been made, is known as the "official enrollment," and is the figure shown on the IHSA Web site and in other IHSA publications.

#### Single-gender schools

The enrollment of a single-gender high school is multiplied by 2 to bring it into line with coed schools having the same number of boys or girls.

Example: 1,000 girls (actual enrollment)  $\times 2 = 2,000$

#### Schools with fewer than four grades

The enrollment of a high school with only three grades is multiplied by 1.333 to bring it into line with four-year schools.

Example: 1,000 (actual enrollment)  $\times 1.333 = 1,333$

In unusual cases (such as when a school is ramping up to full enrollment or being phased out), the enrollment of a high school with only two grades may be multiplied by 2 and the enrollment of a high school with only one grade may be multiplied by 4.

#### Variances

A school may petition for a variance in its enrollment if it enrolled out-of-district special education students.

Any petition to change a school's enrollment must arrive at the IHSA Office no later than September 1.



**3. Classification Enrollment**

The enrollment figure used to classify a high school may vary based on the sport and activity, depending on whether the 1.65 multiplier is applied or a waiver has been granted. The figure used for classification is known as a school's "classification enrollment."

**Non-boundaried school multiplier**

IHSA By Law 3.170 directs that a 1.65 multiplier be applied to the enrollment of all non-boundaried schools. As defined by the by-law, a non-boundaried school is any private school, charter school, lab school, magnet school, residential school, any public school in a multi-high school district that does not accept students from a fixed portion of the district, or any public school that charges less than the full tuition rate authorized by the Illinois School Code.

Waivers of the multiplier are granted automatically, as described in the next section.

**Waivers**

By Law 3.170 provides for waivers of the 1.65 multiplier on non-boundaried schools. Waivers are granted to individual sport and activity programs on a two-year basis. Waivers are granted only in sports and activities that are conducted in more than one class. All waivers and success advancements for non-boundaried schools will be determined on the individual sport and activity program's performance for the previous two (2) school terms. Programs at non-boundaried schools that qualify for a waiver prior to the beginning of a two-year classification cycle will maintain the waiver during the entire two-year period.

**Non-boundaried school programs not eligible for a waiver**

A sport or activity program at a particular non-boundaried school is not eligible for an automatic waiver during a two-year classification cycle if, over the course of the previous two (2) school terms, the program (as a team) has accomplished any of the following:

1. Wins a trophy at the state finals. OR,
2. In Girls' Volleyball, Boys' Basketball, Girls' Basketball, Boys' Soccer, Girls' Soccer, Baseball, Softball, Wrestling, or Scholastic Bowl accomplishes at least three (3) of the following:
  - a. Wins an IHSA Regional Tournament
  - b. Wins an IHSA Sectional Tournament
3. In Boys' Track and Field, Girls' Track and Field, Boys' Tennis, Girls' Tennis, Competitive Cheerleading, or Competitive Dance accomplishes at least three (3) of the following:
  - a. Wins an IHSA Sectional Tournament
  - b. Finishes in the Top 10 as team at the IHSA State Finals.
4. In Boys' Cross Country, Girls' Cross Country, Boys' Golf, and Girls' Golf, accomplishes at least four (4) of the following:
  - a. Wins an IHSA Regional Tournament
  - b. Wins an IHSA Sectional Tournament
  - c. Finishes in the Top 10 as team at the IHSA State Finals.
5. In Football, accomplishes the following:
  - a. Wins at least three playoff games

For the purposes of determining eligibility for a waiver, any trophy, title, place, win, or state final appearance that was earned and subsequently forfeited is counted.

**Non-boundaried school programs eligible for a waiver**

All sport and activity programs that are subject to the 1.65 multiplier and do not fall under the criteria listed above are eligible for a waiver and are granted a waiver automatically.

No waivers other than automatic waivers are granted.

**Boundaried school programs**

For boundaried school programs, the "classification enrollment" is always equal to the "official enrollment."

**B. Classifications**

Beginning with the 2019-20 school year, a school's classification enrollment will remain the same for a two-year period. Every two years after that, the classification enrollments will be recalculated.

## Classification System, continued

For example, classifications for the 2019-20 school year are based on the average of the actual school enrollments submitted on September 30, 2016 and September 30, 2017.

School Years	Average these Actual Enrollments	Enrollments Announced	Classifications Announced
2019-20 & 2020-21	Sept. 30, 2016 & Sept. 30, 2017	December, 2018	Fall sports: December, 2018 Winter sports: April, 2019 Spring sports: June, 2019
2021-22 & 2022-23	Sept. 30, 2018 & Sept. 30, 2019	December, 2020	Fall sports: December, 2020 Winter sports: April, 2021 Spring sports: June, 2021

### 1. Classification Cutoffs

At the end of each two-year cycle, classification cutoffs and ranges for the next cycle in all sports and activities conducted in multiple classes will be determined according to the following method:

A list of the schools that entered the IHSA postseason series in that particular sport or activity during the current school term is assembled. "Individual entries" (schools that did not enter as a team) are excluded from the list. In competitive cheerleading, coed entries are also excluded from the list.

The next cycle's classification enrollments are applied to all schools in the list. For the purposes of this computation, it is assumed that the schools making up each cooperative team will remain the same.

The list is divided into groups based on the following:

- **Three and four-class team sports (boys soccer, girls soccer, boys baseball, boys basketball, girls basketball, girls softball, girls volleyball):** Fixed enrollment numbers for all the above sports would be created after dividing the four-class team sport with the fewest participating schools by placing the smallest 27.5% of entries in Class 1A, the next smallest 27.5% of entries in Class 2A, the next smallest 22.5% of entries in Class 3A, and the remaining entries in Class 4A. This fixed enrollment number will be calculated prior to the start of each classification cycle.
- **Three-class team sports (non-bracketed) (competitive dance):** The smallest 1/3 (33.33%) of entries in Class 1A, the next smallest 1/3 (33.33%) in Class 2A, and the remaining 1/3 (33.33%) in Class 3A.
- **Three-class individual sports (boys cross country, girls cross country, boys golf, boys track and field, girls track and field, boys wrestling):** The smallest 4/10 (40%) of entries in Class 1A, the next smallest 3/10 (30%) in Class 2A, and the remaining 3/10 (30%) in Class 3A.
- **Two-class sports and activities (girls golf, Scholastic Bowl):** The smallest 1/2 (50%) of entries in Class A and the remaining 1/2 (50%) in Class AA.
- **Competitive cheerleading:** Of schools that did not compete in the Coed Division, the smallest 1/3 (33.33%) in the Small Division, the next smallest 1/3 (33.33%) in the Medium Division, and the remaining 1/3 (33.33%) in the Large Division.
- **Music:** Of schools that entered either the Solo & Ensemble or Organization contest (or both), the smallest 1/5 (20%) of entries in Class D, the next smallest 1/5 (20%) in Class C, the next smallest 1/5 (20%) in Class B, the next smallest 1/5 (20%) in Class A, and the remaining 1/5 (20%) in Class AA.
- **Boys football:** Classifications for boys football are determined at the end of the regular season using the "classification enrollment" in the manner prescribed by the Boys Football Terms & Conditions.

The highest enrollment assigned to each class is considered the cutoff for that class. All entries with enrollments lower than the cutoff are assigned to that class.

After the list is divided into groups, programs affected by the success adjustment and programs that have opted to "play up" are moved up into the proper class.

The classification process does not guarantee that, by the time the tournaments are actually conducted, the classes will be exactly proportional. Between the time the cutoffs are determined and the beginning of the tournaments, some schools may add or drop the sport or activity, or form or dissolve coops.

### 2. Cooperative Teams

In determining the enrollment of a cooperative team, the classification enrollments of all involved schools are combined to determine the classification enrollment of the coop.

**3. Success Adjustment**

Programs at non-boundary schools will be subject to the success adjustment if, over the course of a two-year classification period, a program wins two (2) trophies at the state finals. In such a case, the program will be adjusted up one class from the class in which the program won its trophies for the next two-year classification period.

**4. Playing Up**

A school may petition to play in a higher classification in a particular sport or activity. The request must be for a minimum of two years and must arrive at the IHSA Office no later than September 1.

Classification Cutoffs for 2019-20 and 2020-21 are available at [ihsa.org](http://ihsa.org).

## 18. Grouping and Seeding State Tournament Series

### Developing a Rationale for Grouping and Seeding State Tournament Series

The cornerstone of IHSA state tournaments has long been geographic assignments to the state series leading to geographic representation at State Final tournaments. The geographical concept was developed to insure that interscholastic participation was compatible with a school's educational objectives. The geographic concept helped maintain a "reasonableness" to competition and safeguarded key resources such as time and money, while, at the same time, providing for a structure that was equitable to all member schools. Since 1991, when sectional complexes were first adopted in Class AA basketball, IHSA administrators struggled with how to group and seed the lower-level tournaments in other sports and activities. Without an official policy regarding seeding, the current system has developed into a hodgepodge that lacks consistency and an overarching rationale.

It is important to note that the interscholastic programs of a school are designed to enrich the educational process (\* Note Article 1.140 of the Constitution). The establishment of sound standards and procedures for the regulation and control of interscholastic programs not only provide for fairness and equity, but they also keep the programs in an educational context. The geographic principle is essential to regulating the character of interscholastic competition. This document strips away the conflicting arguments and returns to the IHSA's fundamental principles to establish a framework for organizing a state tournament series.

### The Geographic Principle of IHSA State Tournament Series

1. The State Series is designed to determine a State Champion. The State Series is not intended to necessarily advance the best teams in the state to the State Final.
2. Representation in an IHSA State Final Tournament is determined on a geographic basis — that is, schools advancing to the State Final Tournament (or in Boys Football, the State Final Game) qualify from given geographical areas of the state. Pairings for the State Final Tournament are determined every year in a drawing that is open to the media/public.
3. The number of schools in a State Final Tournament, and levels of competition in the State Series, are determined by the number of schools entered in the series.
4. Schools are assigned to first level tournaments/meets on a geographical basis so that there is a reasonable balance in the number of schools assigned at each first level site.
  - A. Factors considered in assigning schools to first level tournaments include:
    1. Schools willing/eligible/selected to host and their location;
    2. Number of schools entered in state series and their locations; and,
    3. Classification of schools in the state series.
    4. In individual state series tournaments/meets, the number of schools with full teams assigned to the beginning competition is balanced as much as possible. Travel distance to the tournament/meet site could justify an imbalance in the number of schools assigned to a site.
  - B. Factors considered in assigning schools to first level tournaments do not include:
    1. Won-lost records of the schools;
    2. Strengths or weaknesses of the schools in a geographic area;
    3. Anticipated or potential revenue; and
    4. Individual, private requests of schools and/or coaches.
5. Assignments to first level tournaments are reviewed and rearranged every 3 years (though the host of each first level tournament may change from year to year). Sometimes, changes in schools willing to host or schools entered may necessitate intermediate adjustments to the assignments.



## Grouping and Seeding State Tournament Series, continued

### Guidelines for Seeding for Bracketed Team Sports

Seeding shall occur only at the lowest level of grouping, and therefore, neither the super-sectionals nor the state final shall be seeded.

Except in football, where an objective computer-based system shall be used, coaches of the teams in each group shall seed the teams of that group. When voting on seeds, coaches shall not vote for their own school. In each group, all seeds shall be added up, with the highest and lowest seeds being thrown out, and then averaged.

In Class 1A (in soccer) and Class 1A and 2A (in other bracketed team sports), all state series shall begin with sub-sectionals. A sub-sectional is a grouping of two geographic regionals.

In Class 2A and 3A (in soccer) and Class 3A and 4A (in other bracketed team sports), all state series shall begin with sectional complexes. In sectional groupings where excessive travel is a factor, geographic sub-sectionals may be used at the discretion of the IHSA Administrator.

In grouping and seeding a sectional complex, true seeds shall be used to populate the brackets except in cases where a conflict arises with pre-determined regional hosts. (For example, if the #1 and #8 seeds are both regional hosts, they cannot be assigned to the same regional and an adjustment must be made.)

In grouping and seeding a sub-sectional, only the top four seeds shall be separated. Seeds #1 and #4 shall be assigned to the same regional unless there is a hosting conflict, in which case seeds #1 and #3 shall be assigned to the same regional. The remaining schools shall be assigned to the regionals based on geographic proximity and paired according to their seeds.

In pairing the sectional semi-final round containing sub-sectionals, the regional from sub-sectional A containing the #1 seed shall be paired with the regional of sub-sectional B containing the #2 seed, and vice versa, except for the southernmost sectional in Class 3A (soccer) or Class 4A (other sports), where the two regionals in each sub-sectional shall be paired with each other.

In football, after the field for each class is determined, schools in Classes 1A through 6A shall be divided geographically into two groups of 16 and paired according to their seeds within each group. In Classes 7A and 8A schools shall not be separated into groups, but paired according to their true seeds.

In all classes of bracketed team sports, the Executive Director is authorized to modify the state series brackets to accommodate unique travel situations.

## 19. Criteria for Increasing the Number of Classes in IHSA Sports and Activities

The following criteria shall be followed when considering proposals to increase or decrease the number of classes in IHSA sports and activities:

1. The Board of Directors shall determine the number of classes based on the criteria set forth in this policy.
2. The classification systems used by Boys Football, Music, Competitive Cheerleading and Competitive Dance are unique and are determined by the Terms & Conditions of the respective sport or activity.
3. For all other sports and activities, entries may be divided into classes according to the criteria in the following tables:

#### Bracketed team sports/activities

Number of schools entering teams	Number of classes allowed
600 or more	4
300 to 599	2
all others	1

#### Individual sports/activities

Number of schools entering teams or individuals	Number of classes allowed
450 to more	3
350 to 449	2
all others	1

4. Boys and girls sports with comparable entries shall have an equal number of classes.

## **20. Approved School Policy**

Under the provisions of IHSA By-law 1.270, to be granted approved school status, a school must demonstrate that it is in compliance with the following criteria:

1. The school must be Registered or Recognized by the Illinois State Board of Education, or the school must be accredited by an organization that evaluates public and/or private schools. The accrediting organization must be acceptable to the IHSA Board of Directors.
2. In addition, schools must certify that they substantially comply with the Association's rules regarding:
  - Scholastic Standing
  - Age Limitations
  - Contest Limitations
  - Participation Limitations

The Board authorizes the Executive Director to grant approved school status to any school meeting the criteria listed above. Schools wishing to be granted approved school status must apply annually.

## **21. Alcoholic Beverages and IHSA State Series Events**

The possession, distribution, sale and or consumption of alcoholic beverages is prohibited at the site and on any affiliated property of any IHSA state series contest. State series hosts are required to make all state series contest sites and any affiliated property, including parking lots, fan accommodation areas, and other school or event venue property, alcohol free zones on the date or dates of any IHSA event being held at the site. Violation of this policy by an event host will subject the host to a penalty for violation of IHSA By-law 2.020. Such penalty may include but not necessarily be limited to prohibition against subsequent event hosting assignments. Violation of this policy by a non-hosting member school will subject the school to penalty for violation of IHSA By-law 2.020. Patrons of any IHSA state series contest determined to be in violation of this policy will be removed from the premise, and law enforcement officials will be called as warranted. No ticket refunds will be granted in such cases.

## **22. Criteria for Selection of Sites for IHSA Meets and Tournaments**

In accordance with Article 1.450 of IHSA Constitution, the following criteria will be used in determining schools that are eligible to host and in selecting schools to host IHSA state series tournaments and meets:

1. Principal/official representative of the school has formally requested consideration by submitting a complete and accurate reply form for hosting an IHSA state series tournament or meet to the IHSA office by the deadline date;
2. Adequacy of facilities and equipment needed to host the IHSA state series tournament or meet, including:
  - a. Competition facilities and equipment
  - b. Seating capacity/types of seating
  - c. Parking
  - d. Press facilities and equipment
  - e. Spectator accommodations
  - f. Team accommodations
3. Past performance in hosting particular IHSA state series tournaments or meets and in hosting IHSA events on an overall basis, from both a positive and negative perspective;
4. Availability of needed seating capacity based on attendance records from previous IHSA state series tournament(s) or meet(s) held in that same geographical area;
5. Anticipated expenses for hosting;
6. Willingness to cooperate with the IHSA Royalty Policy if selected to host;
7. Geographical location of prospective host schools to the schools entered in the IHSA state series and the geographical location of all the various level tournament and meet sites as determined by the state tournament or meet structure stipulated in the Terms and Conditions; and,
8. Whether or not it is a school's turn to host if a rotation plan for hosting has been established. (Note: If more than one school meets the criteria and wished to host a particular IHSA state series tournament or meet, a rotation plan for hosting will be established for those schools.)

## **23. IHSA Performance-Enhancing Drug Testing Policy**

### **Introduction**

In accordance with the work of its Sports Medicine Advisory Committee and Public Act 096-0132, the Illinois High School Association shall implement a performance-enhancing substance testing program for student-athletes at IHSA member schools. The Illinois Department of Public Health shall provide oversight to the association and the testing program as needed.

### **Background**

The value of high school interscholastic programs is found in the over-all physical, emotional, and intellectual development of student-athletes. In that pursuit, anabolic steroids and performance-enhancing dietary substances offer no positive contribution. Rather, their use jeopardizes not only the health of student-athletes, but also impedes in their over-all development. And since this use runs counter to the purpose and value of interscholastic programs, coaches, administrators, school officials or employees, or booster club/support group members have an obligation and responsibility to provide only healthy, safe, and approved substances to student-athletes. In a national study conducted by the U.S. Department of Health in 2003, findings of the survey suggested that just over 3% of surveyed 10th and 12th graders were either currently using anabolic steroids or had within the past year of the survey. A combination of these results and increased dialogue between member schools and the IHSA brought about the realization that the membership was desirous of more direction on this issue. Furthermore, in December of 2006, member schools approved IHSA By-Law 2.170, which took effect on July 1, 2007 and identifies what schools or school officials can and can not distribute to student-athletes, a change aimed at strengthening the relationship between students and their schools by affirming the school's commitment to offering a safe environment in which their students can develop.

Since 2005, the IHSA, through the work of its Sports Medicine Advisory Committee and in conjunction with the National Federation of State High School Associations, has attempted to increase awareness on anabolic steroid use by high school students and provided resources which schools, athletes, and parents could use to reinforce the dangers of anabolic steroids and performance-enhancing dietary substances. For a complete list of resources, interested individuals can access the IHSA's Sports Medicine Advisory Committee's Special Topics page at <http://www.ihsa.org/initiatives/sportmed/index.htm>.

For the 2008-09 school term, the IHSA implemented a performance-enhancing drug testing program that focused on testing during state series competitions. During that school term, nearly 700 students were tested as a part of the program.

In August 2009, Illinois Governor Pat Quinn signed into law Public Act 096-0132, which expanded the association's drug testing efforts. The measure allows for not only an increase in the number of administered tests, but also allows for testing throughout the school year and not just during selected state series competitions.

### **General Prohibitions**

1. It shall be considered a violation of the IHSA By-law 2.170 and its subsections for any student-athlete to ingest, or otherwise use any substance of the IHSA's Banned Substance Classes, without a written prescription and medical documentation provided by a licensed physician who evaluated the student-athlete for legitimate medical condition.
2. Violations found as a result of the IHSA's Performance-Enhancing Substance Testing program shall be penalized in accordance with this policy.
3. Violations found as a result of any other drug or substance testing conducted by a member school shall be penalized in accordance with the member school's athletic code of conduct policy.

### **Banned Substances**

A posting of banned substance classes shall be prepared annually by the IHSA Sports Medicine Advisory Committee and approved by the IHSA Board of Directors. It shall be subject to updates at any point during a school term. A complete posting of the current year's banned substance classes list can be accessed on the Sports Medicine page at [www.ihsa.org](http://www.ihsa.org)

### **Consent**

The association shall prohibit a student from participating in an athletic competition sponsored or sanctioned by the association unless the following conditions are met:

- The student agrees not to use any performance-enhancing substances on the association's most current banned substances classes list, and, if the student is enrolled in high school, the student submits to random testing for the presence of these substances in the student's body, in accordance with the program established by the association.
- The association obtains from the student's parent a statement signed by the parent and acknowledging: that the parent's child, if enrolled in high school, may be subject to random performance-enhancing substance testing; that State law prohibits possessing, dispensing, delivering, or administering a performance-enhancing substance in a manner not allowed by State law; that State law provides that bodybuilding, muscle enhancement, or the increase of muscle bulk or strength training through the use of a performance-enhancing substance by a person who is in good health is not a valid medical purpose; that only a licensed practitioner with prescriptive authority may prescribe a performance-enhancing substance for a person; and that a violation of State law concerning performance-enhancing substances is a criminal offense punishable by confinement in jail or imprisonment.

### **Selection of Athletes to be tested**

- The method for randomly selecting Schools or Student-athletes to be tested for performance-enhancing substances will be approved by the IHSA in advance of any performance-enhancing substance testing, administered by the third party administrator and implemented by the assigned testing Certified collector.
- Student-athletes in the 9th, 10th, 11th and 12th grades at IHSA member-schools are subject to random selection for performance-enhancing substance testing.

## **IHSA Performance-Enhancing Drug Testing Policies, continued**

- Selection of Student-athletes will be based upon a random selection process approved by the IHSA and conducted by the third party administrator.
- Student-athletes will be randomly selected from the current IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form. The IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form shall be the official list of all Student-athletes in grades 9-12 participating in IHSA athletic activities. The School is required to utilize the IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form, which is available for download on the IHSA web site.
- If a student is selected for substance testing and is notified and then subsequently excused from testing that day by the certified collector, the third party administrator may return at a later date to test the student-athlete.
- A substitution, who will also have been randomly selected, shall be made for a Student-athlete who is selected for performance-enhancing substance testing but is absent on the day of said testing. Randomly selected Student-athletes who do not appear for testing for reasons other than an Excused Absence will be treated as if there was a positive test result for an performance-enhancing substance and subject to applicable penalties as described later in this policy.

### **School and Student-athlete Notification of Testing**

- The member school representative and testing site coordinator at a selected School will be officially notified of the performance-enhancing substance testing a minimum of twenty-four (24) hours (1 business day) but no more than forty-eight (48) hours (2 business days) before the day of testing by the third party test administrator.
- The member school representative, testing site coordinator, and/or any other school personnel notified of a performance-enhancing substance testing event are required to keep such notification confidential. Failure of a member school representative, testing site coordinator and/or any other school personnel so notified to keep such notification information confidential will be considered a violation of this policy and subject the member-school to possible sanctions in accordance with section 1.460 of the IHSA Constitution.
- Upon notification of testing, the member school representative will be required to provide an accurate and current list of all Student-athletes in grades 9-12 participating in IHSA athletic activities at the school to the third party test administrator for Student-athlete random selection. The member school representative will be required to submit the list within the time frame specified by the third party test administrator in their notification. The member-school is required to utilize the IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form, which will be available for download on the IHSA web site. The IHSA has the authority to perform audits to ensure that schools are providing complete and accurate Performance-Enhancing Substance Testing Student-athlete Listing Forms to the third party test administrator.
- Upon arrival at the School, the Performance-Enhancing Substance testing Certified collector will provide the member school representative with a list of the randomly selected Student-athletes for performance-enhancing substance testing. The randomly selected Student-athletes will be notified of performance-enhancing substance testing by the member school representative. The member school representative will notify the Student-athlete in person to report immediately to the Collection Station.
- Upon notification the member school representative will have the Student-athlete read and sign the IHSA Student-athlete Notification Form. The time of notification will be recorded on the form. The Student-athlete will report for performance-enhancing testing immediately upon notification. Failure of the Student-athlete to report immediately may be found by the Certified collector to be a violation of this protocol.
- School Personnel will be available in the Collection Station at all times to certify the identity of Student-athletes who cannot provide photo identification and will be responsible for security of the Collection Station at all times.

### **Administration of tests**

Specimens shall be collected by an independent third party administrator and forwarded to a performance-enhancing substance testing laboratory with current certification from the Substance Abuse and Mental Health Services Administration of the United States Department of Health and Human Services, the World Anti-Doping Agency, or another appropriate national or international-certifying organization.

### **Specimen Collection Procedures**

The methodology for taking and handling samples shall be in accordance with current legal standards and shall be reviewed annually as a part of this policy. A full explanation of the collection protocols are outlined in Appendix A of this policy.

### **Sufficiency of results**

A positive result will be any result reported as positive by the accredited laboratory. The Medical Review Officer (MRO) may grant a Medical Exception to a student-athlete who is able to produce documentation showing a legitimate medical need and a prescription from a licensed physician for a banned substance. Results reported as positive by the laboratory shall maintain positive status even though a sanction may not be applied to the student-athlete.

### **Appeal process**

If the certified laboratory reports that a student-athlete's sample has tested positive, and the IHSA Medical Review Officer confirms that there is no legitimate medical reason for a positive result, a penalty shall be imposed unless the student-athlete proves, by a preponderance of evidence, that he/she bears no fault or negligence for the violation. Appeals shall be heard in accordance with IHSA By-law 1.460 before the IHSA Board of Directors.

### **Penalties**

1. Any person who tests positively in an IHSA administered test, or any person who refuses to provide a testing sample, or any person who attempts to alter the integrity or validity of the urine specimen, or any person who reports his or her own violation, or any other breach of the IHSA protocol as determined by the independent third party administrator shall immediately forfeit

## IHSA Performance-Enhancing Drug Testing Policies, continued

his or her eligibility to participate in IHSA competition for a period of 365 days from the test results are reported to the student and the school. Any such person shall also forfeit any individual honor earned while in violation. The student may apply for reinstatement of his/her athletic eligibility no sooner than 90 calendar days of the suspension following successful completion of an approved educational program and testing negative in a subsequent substance test administered by the association's third party test administrator. The costs of the educational program, and the additional substance test, are the responsibility of the student.

Additionally, the IHSA reserves the right to conduct follow-up substance tests, in accordance with the procedures outlined in this policy, any such person who tests positive for a banned substance class in an IHSA administered test.

2. Under the provisions of Article 1.460 of the IHSA Constitution, the Executive Director will evaluate each positive test result situation on a case by case basis to determine if a team/school penalty is appropriate.
3. Under the provisions of Article 1.460 of the IHSA Constitution, the Executive Director will evaluate each positive test result situation on a case by case basis to determine if a coach at a member school knowingly violated the rules of the testing program and if a subsequent penalty against any such coach is appropriate.
4. Under the provisions of Article 1.460 of the IHSA Constitution, appeals will be heard by the IHSA Board of Directors.

### Reporting of Results

In reporting results of IHSA administered substance tests, the accredited laboratory will forward all completed substance test results to the third party administrator. The third party administrator will forward all negative results to the designated IHSA representative. Upon receipt of negative test results, the IHSA will notify member schools of those results.

In the event of positive test results, however, the third party administrator will forward all positive substance test results to the MRO to determine if a medical exception is to be granted to the student-athlete. In such cases, the following shall serve as this policy's medical review process:

1. The third party administrator will notify the MRO of the positive test result. At this time, the IHSA will also be notified that a positive test result has occurred.
2. The MRO will have 48 hours from the time of their notification of the positive test result to contact the student's parent(s)/legal guardian(s). If the MRO is unable to establish contact within 48 hours, the submission time outlined in #3 shall begin.
3. The student's parent(s)/guardian(s) have 48 hours from the time of their notification of the positive test result from the MRO to respond and provide appropriate documentation/materials. If appropriate documentation is not submitted within the prescribed time period, a medical exception shall be denied.
4. Upon receipt of appropriate documentation, the MRO shall have five (5) business days to review submitted documentation/materials and make any final determination whether a medical exception shall be granted or denied.
5. Final determination will be forwarded to the third party administrator and then to the IHSA.
6. If a medical exception is not granted by the MRO for a Student-athlete with a positive finding on Specimen A, Specimen B will automatically be tested. The third party test administrator will notify the member school representative by telephone as soon as possible of the initial positive finding on Specimen A. The telephone contact will be followed by a letter (marked "confidential"), which will be mailed to the member school representative. The third party test administrator will, during the telephone conversation, advise the member school representative that Specimen B will be tested.

### Specimen B

- For Student-athlete's not granted a medical exception and with a positive finding on Specimen A, there is no penalty imposed until completion of analysis of Specimen B.
- The third party test administrator will contact the Parent by telephone as soon as possible and notify them of the positive finding in reference to Specimen A and that Specimen B will be tested. The telephone contact will be followed by a letter (marked "confidential"), which will be mailed to the Parent.
- The third party test administrator will, during the telephone conversation, advise the Parent that Specimen B will be tested. The third party test administrator also will inform the Parent that the Student-athlete may have representation at the Laboratory for the testing of Specimen B and that the Student-athlete in question is not subject to penalty until completion of analysis of Specimen B.
- Notification by the Parent of the intent to have representation at the Laboratory must be given to the third party test administrator within 48 hours (2 business days) of being advised that Specimen B will be tested. Notification of the desire to have a representation at the Laboratory can be accomplished via telephone, fax, e-mail or in writing to the third party test administrator.
- If the Parent desires representation for the Student-athlete at the Laboratory, they must present themselves, or, upon appropriate permissions for confidentiality being granted, their representative, at the Laboratory, at an appointed date and time, within 2 business days of the notification of intent to have representation. Any expenses associated with travel to the Laboratory for this purpose are the responsibility of the Student-athlete or their Parent. If the Parent of the Student-athlete cannot arrange for such representation, the Laboratory will arrange for a Surrogate to attend the testing of Specimen B.
- The Surrogate will not otherwise be involved with the analysis of the Specimen.
- At the testing for Specimen B, the Student-athlete, the Parent, their representative or the Surrogate will verify by signature as to the Specimen Bar Code on Specimen B, that the Specimen Bar Code seal is intact, and that there is no evidence of tampering. If the Specimen Bar Code seal on Specimen B does not match, is not intact or there is evidence of tampering, Specimen B will not be tested and will be discarded by the Laboratory. The result for that Specimen Bar Code will be reported to the third party test administrator as negative and the Student-athlete will not be subject to penalty. In this scenario, the IHSA may require that the third party test administrator collect another Specimen from the Student-athlete.



## **IHSA Performance-Enhancing Drug Testing Policies, continued**

- Specimen preparation, analysis and interpretation for Specimen B analysis will be conducted by a Laboratory staff member other than the individual who prepared, analyzed and interpreted the Student-athlete's Specimen A.
- Specimen B findings will be final. The Laboratory will inform the third party test administrator of the results.
- For Student-athletes who have a Specimen B negative finding, no further action will be taken and the Student-athlete will not be subject to penalty. Negative results for Specimen B will be communicated in the same manner that negative results for Specimen A are communicated. For Student-athletes who have a Specimen B positive finding, the third party test administrator will contact the IHSA, the Parent and the member school representative by telephone as soon as possible and notify each of the Specimen B positive finding.
- Upon notification of the Specimen B positive finding, the IHSA Executive Director shall notify the school of the student's and/or school's penalty for the positive test result.
- A positive finding may be appealed by the Student-athlete or by the Parent on the Student-athlete's behalf to the IHSA.
- Specimens with negative results are kept for five (5) business days and then discarded by the Laboratory. Specimens with positive results are kept by the Laboratory for a minimum of one (1) year.

### **Confidentiality**

Results of all tests shall be considered confidential and, unless required by a court order, shall only be disclosed to the student, his or her parents/legal guardian, the principal, assistant principal(s), and activity director(s) of the school attended by the student.

### **Collection of results**

The IHSA Sports Medicine Advisory Committee shall annually compile and report the results of the testing program to the IHSA Board of Directors. In addition, the committee shall hear an annual report from its selected Medical Review Officer (MRO) and third party test administrator regarding the previous year's testing as a means of consultation prior to its determination of tested sports for the following school term.

### **Program renewal**

The IHSA Board of Directors shall annually determine whether this policy shall be renewed or discontinued.

## **Appendix A**

### **Sports Drug-Testing Collection Protocol**

1. Only those persons authorized by the certified collector or client representative/site coordinator will be allowed in the collection station.
2. Upon entering the collection station, the athlete will provide photo identification and/or a client representative/site coordinator will identify the athlete and the athlete will officially be signed into the collection station.
3. The certified collector and/or client representative may release a sick or injured athlete from the collection station or may release an athlete to return to competition or meet academic obligations only after appropriate arrangements for having the athlete tested have been made and documented.
4. The athlete will select a sealed collection beaker from a supply of such and will record his/her initials on the collection beaker's lid or attach a unique bar code label to the beaker.
5. Athletes may not carry any item other than his/her beaker into the restroom when providing a specimen. The athlete must remove all outer clothing (e.g., jackets, sweaters). Any problem or concern should be brought to the attention of the certified collector or client representative for documentation. Athletes must wash and dry hands prior to urination.
6. A collector, serving as a monitor to assure the integrity of the specimen until the designated volume of urine has been collected. The monitor must secure the room being used for the monitored collection so that no one except the athlete and the monitor can enter it until after the collection has been completed. Dyeing agents will be added to toilet bowls to prevent sample substitution and any unsupervised access to water will be eliminated during the collection process.
7. Monitors must be members of the official drug-testing crew and of the same gender as the athlete providing the sample. The procedure requires the athlete to empty contents of all pockets and place in container to be left in a location where the athlete and the monitor can observe. The monitor must request the athlete raise his/her shirt high enough to observe the midsection area completely ruling out any attempt to manipulate or substitute a sample.
8. The monitor will allow the athlete to enter the stall and close the door for privacy during the voiding process. If the monitor hears sounds or makes other observations indicating an attempt to tamper with a specimen, there must be an additional collection under direct supervision.
9. Once a specimen is provided, the athlete is responsible for keeping the collection beaker closed and controlled. The monitor will escort the athlete to the collection processing area.
10. Fluids and food given to athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be free of any banned substances.
11. If the specimen is incomplete, the athlete must remain in the collection station until the sample is completed. An initial temperature reading from the beaker will be recorded. During this period, the athlete is responsible for keeping the collection beaker closed and controlled.
12. If the specimen is incomplete and the athlete must leave the collection station for a reason approved by the collector, the specimen must be discarded.
13. Upon return to the collection station, the athlete will begin the collection procedure again.
14. The collection processor will pour off a small volume of the specimen into a separate container to perform specimen validity checks. Specific gravity will be measured first, and if in range, the collector will measure the pH of the urine in the presence of the athlete.

## **IHSA Performance-Enhancing Drug Testing Policies, continued**

15. If the urine has a specific gravity below 1.005 (1.010 if measured with a reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.
16. If the urine has pH greater than 7.5 (with reagent strip or digital meter), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. No more than 3 urine specimens with a pH greater than 7.5 will be collected. If the urine has a pH less than 4.5 (with reagent strip or digital meter) will be sent to the laboratory and the student-athlete is required to remain in the collection station until another specimen is provided.
17. If the urine has a specific gravity above 1.005 (1.010 if measured with a reagent strip) and the urine has a pH between 4.5 and 7.5 inclusive, the specimen will be processed and sent to the laboratory.
18. The laboratory will make final determination of specimen adequacy.
19. If the laboratory determines that an athlete's specimen is inadequate for analysis, at the client's discretion, another specimen may be collected.
20. If an athlete is suspected of manipulating specimens (e.g., via dilution), the client will have the authority to perform additional tests on the athlete.
21. Once a specimen has been provided that meets the on-site specific gravity and pH parameters, the athlete will select a specimen collection kit and a uniquely numbered Chain of Custody Form (or uniquely numbered set of bar code seals) from a supply of such.
22. A collector will record the specific gravity and pH values.
23. For split sample packaging, the collector will pour approximately 60 mL of the specimen into the "A vial" and the remaining amount (approximately 20 mL) into the "B vial." For single sample packaging, the collector will pour 50 mL into the "A vial." Samples will be shipped to a WADA accredited laboratory.
24. The collector will place the cap on each vial in the presence of the athlete; the collector will then seal each vial in the required manner under the observation of the athlete and witness (if present).
25. Vials and forms (if any) sent to the laboratory shall not contain the name of the athlete.
26. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.
27. The athlete, processing collector, monitor and witness (if present) will sign affidavits on the Custody and Control Form (paper or paperless) affirming all procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded. If deviations are alleged, the athlete will be required to provide another specimen.
28. After the collection has been completed, the specimens will be forwarded to the laboratory and copies of any forms forwarded to the designated persons.
29. The specimens become the property of the client.
30. If the athlete does not comply with the collection process, the collector will notify the client representative/site coordinator and third party administrator responsible for management of the drug-testing program.

## **24. IHSA Public Information Policies**

The Board of Directors maintains the following policies to insure that the public and the principals of member schools have access to information concerning the activities and workings of the Association:

1. **Dissemination of Committee Recommendations Prior to Board Action:** The Board of Directors has instructed the administrative staff to provide a summary of recommendations made by the various IHSA Advisory Committees to the principals of all member schools for review prior to their being considered or acted upon by the Board. These recommendations will be posted on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)) three times each year (generally in October, January and April). Principals are encouraged to communicate their opinions in writing concerning the various committee recommendations to the Board member elected from their Division or to the IHSA Office.
2. **Press Release Following the Board of Directors Meetings:** The Board of Directors has instructed the administrative staff to make available a press release concerning the proceedings of Board of Directors meetings on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)) for access by the news media and member schools. Following each Board meeting, decisions by the Board of Directors which are to be communicated to the public will be announced simultaneously to the member schools, any other parties involved and the news media on the IHSA web site. As a general rule, Board decisions are released the same day as the Board meeting.

## **25. Code of Conduct**

It is recommended by the IHSA Board of Directors that, in the context of IHSA By-law 2.040, every member school establish and maintain a local Code of Conduct, dealing with the problem of the use of tobacco products, alcohol and other illegal, mood-altering and/or performance enhancing drugs or chemicals by students who participate in school athletic and activity programs.

The IHSA also endorses the statement regarding steroid use, contained in all National Federation of State High School Association sports playing rules publications. This statement points out, in part, that "while steroid use is not rivaling the use of alcohol and other drugs in schools, it is a concern. The use of steroids in sports is cheating. We stand opposed to the use of steroids by athletes and all members of the student body because of health and ethical concerns."

## 26. Application for Approval of Cooperative Team

Schools forming cooperative teams must file applications with the IHSA Office for approval. Please note:

1. One application form must be completed and filed with the IHSA Office for each cooperative team your school wishes to establish. Application forms are available from the IHSA Office.
2. Each application form must contain the signatures of the principals or official representatives and Board of Education presidents of each of the schools involved in the cooperative.
3. Each application must include written approval of the conference(s) in which each cooperating school participated in the previous school year (in the sport for which the coop is being formed), or seven (7) opponents the coop team will play, if it will not play in a conference.
4. Each application must be accompanied by copies of the documents specified on the application form.
5. The application deadlines for cooperative team approval each school year are:

Fall sports—August 1  
Winter sports—October 1  
Spring sports—February 1

## 27. Statement Regarding Non-Discrimination

The Illinois High School Association is an Equal Opportunity Employer and provider of services. The Illinois High School Association does not discriminate on the basis of race, sex, age, religion, color, marital status, national origin, disability or veteran's status in any decision pertaining to employment, including hiring, firing, wages, hours and other terms and conditions of employment, participation in any program or service offered or sponsored by the Illinois High School Association, the conduct of competition, selection of officials, host schools, or in any other fashion or manner. The Illinois High School Association complies with all laws and regulations of the United States and the State of Illinois pertaining to the foregoing and expects similar compliance by its member schools and all participants.

## 28. Entry Policy and Procedures

1. The Entry Policy and Procedures for all IHSA sports and activities shall be posted in the Schools Center on the IHSA website for all IHSA member schools. The Entry Policy and Procedures shall contain instructions for entering state series, policies and procedures.
2. Schools entering a state series event agree to participate in accordance with and abide by all the Terms and Conditions for the sport or activity as approved by the IHSA Board of Directors in accordance with the Constitution and By-laws of the Illinois High School Association.
3. Policies Regarding On-line Entry
  - (a) Three deadline dates have been established for entries.
    - (1) You may elect to enter IHSA sports or activities by season. On-line entry deadlines are below:  
Fall - the first Friday after Labor Day  
Winter - November 1  
Spring - February 1; or
    - (2) You may elect to enter **all** IHSA sports or activities for the entire school term. Note: The fall entry deadline is the first Friday after Labor Day.
  - (b) Schools must use the on-line procedures to enter IHSA sports or activities. Only the Principal/Official Representative has access to this database using an exclusive password.
  - (c) On-line entry must be complete no later than the deadline dates listed above. Any attempt to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter late need to have approval from the IHSA administrative officer for that sport or activity.
4. Schools can check the status of entries for all IHSA sports and activities at the Schools Center area of the IHSA web site. On-line entry for an approved cooperative team must be completed by the Principal/Official Representative of the **designated host school**.

## Entry Policy and Procedures, continued

5. Prior to each original entry deadline date, the Principal/Official Representative of each school entered in a sport or activity last year and from which an entry has not yet been completed on-line will be notified by mail. This contact is to serve as a final reminder about the original entry deadline date.
6. Policies Regarding Late Entries
  - (a) Any attempt to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter after the deadline will be considered late. To be considered for late entry, the Principal/Official Representative must contact the IHSA administrative officer in charge of that sport or activity.
  - (b) The penalty for a late entry in an athletic state tournament or meet series shall be the payment of \$100 for that sport by the school.
  - (c) The penalty for a late entry in an activity state contest shall be the payment of \$100 for that activity by the school.
  - (d) A school may be permitted to enter a sport or activity any time as a late entry before the beginning of the tournament series provided:
    - (1) The IHSA administrative officer in charge of the sport or activity determines whether or not the late entry can be accommodated;
    - (2) The school agrees to follow whatever special provisions might be necessary to accommodate the late entry; and,
    - (3) The school's Principal/Official Representative must send written notice of entry to the IHSA office upon approval to enter from the IHSA Administrator of that sport.
7. Policies Regarding Late Withdrawals
  - (a) Breach of Contract By-law 6.041
    - (1) To withdraw without penalty, the Principal must notify the IHSA Office, in writing, of the school's withdrawal from the respective sport prior to the seeding meeting and/or the date the List of Participants is due for that sport.
    - (2) If a school withdraws after the seeding meeting/list of participants due date but before the first competition, the school will be charged a \$100 penalty and, if applicable, the cost of game officials and the host school guarantee provided for in the Terms and Conditions.
    - (3) If a school does not officially withdraw prior to the first competition and/or does not show up for competition, the school will be charged a \$100 penalty, the cost of game officials and the host school guarantee according to the Terms and Conditions for the respective sport.
    - (4) In all activity state contests, schools that have an entry in an activity and withdraw that entry will be responsible to pay a penalty of \$100 for late withdrawal in that activity, unless the Principal/Official Representative notifies the IHSA Office of the withdrawal, in writing or by telephone pending receipt of written withdrawal, prior to the withdrawal deadline date included in the Terms and Conditions for that activity.
8. These policies and procedures regarding entries for all IHSA sports and activities shall be followed by all IHSA office personnel, without exception.

## 29. Prayer at IHSA State Series Contests

Prayer at an IHSA state series contest that takes place over the public address system is prohibited.

## 30. IHSA Affirmative Action Policy for Girls on Boys State Series Teams

### I. Rationale

This Affirmative Action Policy addresses the issue of girls participating on boys' teams and boys participating on girls' teams during the IHSA state series. The overall philosophy is that schools should provide separate but comparable athletic opportunities for each sex. There are circumstances however, when an opportunity to compete at a school is not provided a girl or a boy. This policy protects the existing participation opportunities for the underrepresented gender (girls) and also allows that gender additional participation opportunities when they are not provided to them at their school.

The position of the Association is that a girl may participate on a boys' team but a boy may not participate on a girls' team. The foundation for this rationale is that by allowing a boy to compete on a girls' team, he most likely would replace a girl on that team thus taking away another opportunity. This situation not only adds to the difference in participation opportunities but also hurts the growth of the girls program.

IHSA is not the enforcement agency. The Illinois State Board of Education (ISBE) monitors the Federal law and the Illinois Sex Equity Rules that require school districts to offer athletic programs that accommodate the interest and abilities of both sexes to a comparable degree. It is their agency that the IHSA member schools must work through in regards to compliance. Therefore, procedures established in this policy are in keeping with the ISBE's role.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

### **II. Policy for a Girl Entering an IHSA Boys Tournament Series.**

This policy applies only to the IHSA state series. During the regular season, schools and conferences will have local control. When a school wants to enter a girl in an IHSA boys state series tournament, the following policy applies.

A member school may enter a girl in the IHSA boys athletic state tournament series when:

1. The only team in the sport offered at the school is a boys' team;
2. The girl(s) has participated on that particular boys team during the regular season and;
3. The member school has secured a "Letter of Verification" from the Illinois State Board of Education indicating that the school is in compliance with the Illinois Sex Equity Rules.

### **III. Process**

A school must request a letter of verification from the ISBE in order for a girl to participate on a boys team in the IHSA State Series.

To obtain a letter of verification from ISBE, the official school representative must complete a 3-step process. The ISBE is the controlling agency for this process, therefore the request forms are accessed through the ISBE website. A school can access their link through the equity center at [www.ihsa.org](http://www.ihsa.org).

The self-assessment is good for one reporting school year. If your school has NOT completed the assessment within that time, then the following process must be followed.

1. Complete Form B, Step 1 of the "Request for a Girl to Participate on a Boys Team";
2. Complete Form B Step 2 of the "Request for a Girl to Participate on a Boys Team"; this form includes the actual self-assessment criteria.
3. Complete the Form B step 3 of the "Request for a Girl to Participate on a Boys Team".
4. Send all forms to the ISBE.
5. The ISBE will act on your request and subsequently they will acknowledge your schools compliance status with the Illinois Sex Equity Rules (23 Illinois Administrative Code 200) Section 200.80 Extracurricular Program and Activities. This letter will make eligible the girl for participation in the IHSA state series on the boy's team.
6. A copy of that letter will also be sent to the IHSA by the ISBE.

The self-assessment is good for 4 school years. If your school has been granted permission for a girl to participate on a boys team within the last 4 years, then your past self-assessment may be used. The following process for a school that has completed a self-assessment within 4 school years is as follows:

1. Complete Form A, Step 1 of the "Request for a Girl to Participate on a Boys Team";
2. Complete Form A Step 2 of the "Request for a Girl to Participate on a Boys Team"; this form includes the actual self-assessment criteria.
3. Complete the Form A step 3 of the "Request for a Girl to Participate on a Boys Team".
4. Send all forms to the ISBE.
5. The ISBE will act on your request and subsequently they will acknowledge your schools compliance status with the Illinois Sex Equity Rules (23 Illinois Administrative Code 200) Section 200.80 Extracurricular Program and Activities. This letter will make eligible the girl for participation in the IHSA state series on the boy's team.
6. A copy of that letter will also be sent to the IHSA by the ISBE.

#### **Late Request Conditions**

If a request is late and the report cannot be filed prior to the start of the state series, the state Board of Education will conditionally allow participation provided the school agrees to submit the report within the school year. If the report is not submitted by the next school year, then the school will not be granted permission for any girl to compete in any IHSA boys state tournament series.

#### **Where to Send Your Request for Permission:**

Illinois State Board of Education  
Accountability Division  
Lynda Vaughn  
(312) 814-2223  
[lvaughn@isbe.net](mailto:lvaughn@isbe.net)

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

### **IV. Penalty**

If a school does not request permission through the ISBE for a girl to participate on a boy's team, then the girl(s) is excluded from the IHSA boys tournament state series.

#### **Illustrations of Policy**

##### **Boys on Girls Team**

1. Q. Is there any state series in which a boy may compete in the girl's tournament?  
A. No. A member school will not be permitted to enter a boy in an IHSA girls state tournament series in any sport.

##### **Girls on Boys Team**

2. Q. Can a girl participate on a boys' team if she was not a member of the boy's team during the school year?  
A. No.
3. Q. Can a girl, who has participated on the boys' team during the regular season, compete in the boys state series instead of the girls state series.  
A. Yes. If a member school offers a boys' team but no girls team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, and in which students may compete for individual honors, the school will be permitted to enter a girl in the boys state tournament series provided she has participated on the boys team in that sport during the regular season.
4. Q. Can a girl who has participated on the boys team during the regular season, opt to compete in the girls state series instead?  
A. Yes. The school may elect to enter the girl to compete for individual honors in the IHSA girls state tournament series in that sport. However, a school will not be permitted to enter a girl in both the IHSA boys and girls state tournament series in that sport.

##### **Split Seasons**

5. Q. Can a girl who is participating on the boys team during the season also compete in a girl meet or contests?  
A. Yes, however, by competing in a girl's meet or contest, that school has established a girl's season and therefore she would not longer be eligible to compete for the boy's team.
6. Q. If a member school offers both a boy's team and a girl's team in the same sport but in different seasons, can the girl participate on the boy's team?  
A. No, that school will be permitted to enter a girl in the IHSA girls state tournament series only in that sport, even though the boys and girls tournaments may occur in different seasons.

##### **Lack of Either Program**

7. Q. If a member school does not offer a boys team or a girls team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, and if there is an option to compete for individual honors, can a girl enter the boys state series?  
A. No, the school will be permitted to enter a girl in the girls state tournament series only.
8. Q. If a member school offers a girls team but no boys team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, can the school enter a girl in the boys state series.  
A. No, the school will be permitted to enter a girl in the girls state tournament series only.

##### **Single Sport Programs**

9. Q. Can a girl participate on the baseball team if a softball team is offered at the school?  
A. Yes.
10. Q. If a member school does not offer a boys team in a sport in which the IHSA sponsors only a boys state tournament series and in which students may compete for individual honors, will the school be permitted to enter a girl in the IHSA boys state tournament series in that sport.  
A. Yes

##### **Regular Season Participation Limitation**

11. Q. During the regular season, does this policy apply?  
A. During the regular season, local school districts will need to make that determination based on the Illinois Sex Equity Policy and Title IX. Our policy applies to the IHSA state series only.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

12. Q. Can a girl who has entered the girls state series but is participating on the boy's team during the regular season; play in the girl's conference championship?
- A. Maybe. Once a girl participates in a girls contest, the school has established a girls season and therefore she must cease participation with the boys team. If the conference meet is the last meet she will play in before the girls state series, then she could participate in the conference meet and any other girls contests before the state series.
13. Q. Can a girl who competes in the girls season, participate in a practice with the boys team if both the boys and girls seasons are the same?
- A. Yes, provided both programs are in the same season. No if the programs are in different seasons as is the case for example, in tennis, swimming, soccer, volleyball, and gymnastics.

### **Historical Perspective**

Since the 1974-75 school year, when Dixon High School won the IHSA Girls State Bowling Tournament with a team composed of four boys and one girl, the IHSA in conjunction with the Illinois State Board of Education and the Office of Civil Rights develop the affirmative action policy. To date, the IHSA Terms and Conditions for all athletic state tournament series include a provision that only girls may participate in the girls state series.

The affirmative action policy was established in 1987 from the encouragement of the Joint Committee of the General Assembly. Subsequently in 1988 a special Blue Ribbon Committee addressed the issue of affirmative action. The committee based the IHSA affirmative action policy on the following eighteen beliefs. The policy throughout the years has been legally challenged and upheld.

#### **IHSA believes:**

1. In the overall philosophy and goal to provide separate but comparable athletic opportunities for girls.
2. That in some instances, we must recognize the small school's problems in trying to furnish two teams, one for girls and one for boys, in a sport.
3. That there should be specific provisions by which the immediate needs of an individual girl, lacking available opportunities to participate in given sports, may be accommodated.
4. Because the Affirmative Action Policy will achieve more and sacrifice less in the process it will be more effective and will accomplish vastly more on behalf of female student-athletes in the schools of Illinois than any remedies litigation and/or additional legislation can offer.
5. Separate but comparable programs of athletic competition for high school girls and boys are beneficial to both sexes.
6. That many female student-athletes who have the ability and are willing to pay the price in terms of long hours of practice and adherence to academic eligibility standards have not been able to participate on an athletic team representing their school.
7. That schools that fail to initiate or expand girls athletic programs prevent equitable and comparable athletic opportunities for girls.
8. That if girls competed against boys in athletic competition, some girls might be able to beat some boys some of the time, but most boys will be able to beat most girls most of the time. Therefore, girls generally would be eliminated from a school sports program if competition for team membership were open to both boys and girls. The exceptionally talented girl could perhaps survive — and may even surpass some boys in isolated cases. But the physical and competitive needs of the vast majority of girls could not be satisfied by joint membership of boys and girls on the same team.
9. It is important that educators and school administrators have the freedom to prescribe the policies that best serve the needs of some boys and girls in the IHSA member high schools of Illinois. State laws and litigation, which may be well meaning but perhaps focused on a special vested interest or an isolated instance, should be last resort measures to rectify a problem caused by an inappropriate rule or policy.
10. Parameters to permit boys to compete on girls interscholastic athletic teams as well as to permit girls to participate on boys teams would cause irreparable harm to existing and future girls athletic programs in IHSA member schools by allowing boys to replace girls on school athletic teams, especially those in sports in which boys teams are not regularly maintained (i.e., badminton, softball, volleyball, etc.). Further, schools would not be motivated to provide equal and comparable interscholastic athletic programs for girls as well as boys if they could simply accommodate an occasional girl who was sufficiently skilled in a sport to qualify as a member of a boy's team. Participation opportunities for girls would suffer greatly under such circumstances. We are committed, instead, to promoting and fostering equitable and comparable opportunities for girls in interscholastic athletics and we are convinced the provisions of the IHSA Affirmative Action Policy effectively accomplish this goal.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

11. To permit participation on a team by only a given percentage of student-athletes of the opposite sex of students for which the school team is intended would still be a discriminating factor. One boy, as a pitcher on a girl's softball team, for example, could readily dominate and change the outcome of a girl's softball game.
12. Being named in the School Code of the State of Illinois as an organization to be specifically consulted, the Illinois High School Association has worked very closely with the Illinois State Board of Education and the General Assembly in the promulgation and implementation of the initial Sex Equity Guidelines and the current Illinois Sex Equity Rules. We believe this specifically appointed role for the Illinois High School Association presents the Association with a compelling governmental interest in making sure that girls have equal access to the athletic state tournament series sponsored by the IHSA.
13. The Illinois Sex Equity Rules, as well as Title IX, require each school to have a written sex equity policy and a written grievance procedure whereby a female student-athlete may pursue complaints of discrimination on the basis of sex in the interscholastic athletic programs offered by a school system. The required grievance procedure must be reasonably communicated to the students and parents in a school system and must provide for an appeal process through the Regional Superintendent to the State Superintendent of Education. We are convinced that if Title IX, the Illinois Sex Equity Rules and the administrative remedies they prescribe are properly implemented and administered; costly and unnecessary litigation on behalf of a female student-athlete in the area of sex discrimination would be virtually eliminated.
14. We believe separate but comparable programs of athletic competition for high school girls and boys are beneficial to both sexes. In the context of this philosophy IHSA has established thirteen athletic state tournaments for girls to provide parity with the fourteen state tournaments the Association currently offers for boys. In addition, IHSA policy provides that when adding or deleting a new state series, equity will be part of the consideration.
15. We believe that unfortunately many female student-athletes who have the ability and are willing to pay the price in terms of long hours of practice and adherence to academic eligibility standards may not be able to participate on an athletic team representing their school. Many schools have been unduly slow to initiate or expand girls athletic programs and thereby might not be complying with the mandates put forth in federal and state laws, specifically Title IX of the Education Amendments of 1972 and the Illinois Sex Equity Rules of the School Code of the State of Illinois. Even greater denial of equal and comparable opportunities to female athletes may be caused by participation by girls on boys teams where the school does not offer a girls team in a sport. This practice could curtail the establishment of overall equitable and comparable athletic opportunities for girls to participate in school athletic programs.
16. On the basis of the results of their student athletic interest surveys required by both Title IX and the Illinois Sex Equity Rules, schools must allocate funds, facilities, equipment and personnel to girl's athletics on the basis of the number of participants, squads and contests. Schools should be encouraging the growth of an emerging girls program while striving for the continued good health of the boys program. Girl's athletic teams should be given no more or no less consideration than boy's teams.
17. It cannot be denied that if girls competed against boys in athletic competition, some girls might be able to beat some boys some of the time, but most boys will be able to beat most girls most of the time. It must then follow that girls generally would be eliminated from a school sports program if competition for team membership were open to both boys and girls. The exceptionally talented girl could perhaps survive — and may even surpass some boys in isolated cases. But the physical and competitive needs of the vast majority of girls could not be satisfied by joint membership of boys and girls on the same team.
18. The IHSA has cooperated fully with the Office for Civil Rights in making sure the sports season limitations and the rules and regulations governing interscholastic athletic competition for boys and girls in IHSA member schools are in compliance with Title IX of the Education Amendments of 1972.

## **31. Trademark Use And Royalty Policy**

For purposes of this Illinois High School Association Trademark Use and Royalty Policy (this "Policy"), the term "Trademarks" shall collectively refer to all names, marks, symbols, emblems, logos, designs, trade dress, slogans, taglines and other designations utilized by the Illinois High School Association (the "IHSA"), including, without limitation, those marks listed at the end of this Policy as Exhibit A. The Trademarks are protected under applicable state and/or federal law.

### **1. License to IHSA Member Schools.**

By virtue of membership in the IHSA, and subject to the terms of this Policy, each member school is granted a non-exclusive, non-transferable license to use the Trademarks on or in connection with printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection with any contests, games, meets or other event conducted by or under the auspices of the IHSA, including regional, sectional and super-sectional events (collectively, "State Series Events"). Specifically excluded from the license granted to the member schools are any state final championship events (collectively, "State Final Events"). All uses of the Trademarks pursuant to this Policy must receive the prior written approval of the IHSA.



## Trademark Use and Royalty Policy, Continued

2. **Use of IHSA Licensed Vendors Only.** Only IHSA-licensed vendors may be utilized to produce printed publications, event merchandise, audio-visual productions bearing the Trademarks and otherwise pursuant to this Policy. Any contract with a licensed vendor shall: (i) require full and timely compliance with this Policy, including, without limitation, timely accounting and payment of any royalties due to the IHSA, and (ii) establish any terms of the business arrangement between the member school and licensed vendor which are separate and in addition to the requirements of this Policy. Unless otherwise agreed by the IHSA, any agreements between a member school (or tournament event host) and a licensed vendor for printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection with any State Series Events shall be subject to the prior approval of the IHSA. No contingent or multi-year contract shall be entered into for any State Series Events.
3. **State Series Events.** The IHSA's name and at least one of the Trademarks must be included on all printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection any State Series Events. Further, any time a member school hosts a State Series Event, the contemporary IHSA logo must be: (i) conspicuously displayed on the front cover of any program and on any other printed material produced for the State Series Event, and (ii) included on any merchandise, audio-visual productions and otherwise produced in conjunction with the State Series Event.
4. **State Final Events.** No member school or licensed vendor may use the Trademarks in connection with any State Final Events without the prior, written approval of the IHSA. Only IHSA-designated licensed vendors shall be allowed to create or distribute any printed publications, event merchandise, audio-visual productions and otherwise in connection with any State Final Events. Only IHSA-designated licensed vendors will be permitted to be on or around the premises of State Final Events for commercial or retail purposes.
5. **Regular Season Events.** At the option of each member school, the contemporary IHSA logo may be incorporated into any printed publications, event merchandise, audio-visual productions and otherwise created for regular season games—but is not required to be used. In the event a member school chooses to so utilize the contemporary IHSA logo, the member school is obligated to pay to the IHSA royalties in accordance with this Policy and such items shall only be produced by vendors licensed by the IHSA.
6. **Prohibited Uses of the Trademarks.** Member schools and licensed vendors may not: (i) alter the Trademarks in any way, (ii) co-brand their own products or materials with the Trademarks; or (iii) incorporate the Trademarks into their respective trademarks, service marks, company names, Internet addresses, domain names, or any other similar designations.
7. **Use of the Trademarks for Promotion.** Member schools and licensed vendors may use Trademarks to promote the sale of IHSA-approved publications, merchandise, audio-visual productions and otherwise provided that they each follow the guidelines otherwise set forth in this Policy.
8. **General Trademark Usage Considerations.**
  - (a) The Trademarks must always be printed in capital letters with the appropriate TM or ® symbol prominently displayed; and
  - (b) In printed publications, ownership of any Trademark should be indicated in close proximity to Trademark usage to the extent feasible.

EXAMPLE: When using the trademark "THE FUTURE PLAYS HERE®", somewhere on the same page should appear the following phrase: "THE FUTURE PLAYS HERE® is a registered trademark of the Illinois High School Association." In larger publications with multiple Trademarks utilized, instead of indicating the ownership each time a Trademark is used, it would be acceptable to include the following phrase in a prominent location in the publication: "(INSERT) are all trademarks owned or licensed by the Illinois High School Association."
  - (c) Trademarks shall be set apart from the nouns they modify. Please follow every use of a Trademark with an appropriate noun consisting of the IHSA product or service that is branded with the mark. The Trademarks are adjectives and may not be used as nouns, verbs, puns, alone as a shorthand way of identifying a product or service, or in the possessive or plural forms.
  - (d) Member schools and licensed vendors that desire to reproduce any Trademarks must contact the IHSA to obtain high quality version(s) of the Trademark(s) to be reproduced. Trademarks shall not be obtained/reproduced from any other source, including, but not limited to, the IHSA's website or other publications.
9. **Special Limitations on Certain Trademarks.** The use of the following Trademarks is subject to special restrictions and limitations as indicated below:
  - (a) **MARCH MADNESS®** This mark is required to be used on the front cover of all IHSA boys and girls basketball State Events Series and State Final Event programs. This mark may not otherwise be used unless specifically authorized in writing by the IHSA.
  - (b) **AMERICA'S ORIGINAL MARCH MADNESS®** This mark must be included on the cover, or elsewhere within all IHSA boys and girls basketball State Events Series and State Final Event programs. This mark may not otherwise be used unless specifically authorized in writing by the IHSA.
  - (c) **MARCH MADNESS EXPERIENCETM** This mark cannot be used unless specifically authorized in writing by the IHSA.
10. **Royalty Payments -Printed Publications.**
  - (a) A royalty equal to five percent (5%) of the gross advertising revenues generated in connection with any printed publications sold or distributed by a member school or licensed vendor at or in connection with any IHSA activity during the regular season or for any State Series Event will be due to the IHSA for any use of the Trademarks.
  - (b) Licensed vendors shall deliver a full accounting of revenues generated and make any royalty payments due to the IHSA by the earlier of: (i) 30 days after the date of the event for which the printed publications were sold or distributed, or (ii) June 30.

## Trademark Use and Royalty Policy, Continued

- (c) Member schools shall deliver a full accounting of revenues generated and make any royalty payments to the IHSA when the school submits all financial reports for the respective State Series Event hosted, or within 30 days for regular season events.
- (d) No royalty shall be owed where a member school prepares and distributes programs or other printed publications containing no ads or utilizing no Trademarks, with or without the involvement of any licensed vendor.
- 11. Royalty Payments- Merchandise.**
  - (a) A royalty equal to eight percent (8%) of the gross revenue generated in connection with the sale of each item of merchandise by a member school or licensed vendor at or in connection with any IHSA activity during the regular season or for any State Series Event will be due to the IHSA for any use of the Trademarks. The royalty shall be paid to the IHSA by either the hosting member school or licensed vendor, whichever party is responsible for the first sale of each finished item, and based on the following:
    - (i) Wholesale to Member School: Total amount charged by licensed vendor to member school for the finished merchandise,
    - (ii) Licensed Vendor Retail: Total amount charged by licensed vendor to customers for the finished merchandise, or
    - (iii) Member School Created: Total amount paid by the member school to vendor(s) for the unfinished merchandise item, together with any amounts paid for printing.
  - (b) Licensed vendors shall deliver a full accounting of revenues generated and make any royalty payments due to the IHSA by the earlier of: (i) 30 days after the date of the event for which the merchandise was sold or distributed, or (ii) June 30.
  - (c) Member schools shall deliver a full accounting of revenues generated and make any royalty payments to the IHSA when the school submits all financial reports for the respective State Series Event hosted, or within 30 days for regular season events.
  - (d) No royalty shall be owed: (i) for merchandise used by the host school for floor, bench and/or other officials, or (ii) for the application of lettering or numerals to merchandise items for all levels of competition below State Final Events.
- 12. Royalty Payments- Other.** Any proposed uses of the Trademarks not otherwise addressed herein (e.g., audio-video production, etcetera) shall be presented to the IHSA in writing and dealt with on a case-by-case basis.
- 13. Miscellaneous.**
  - (a) It shall be the responsibility of the member schools to refer third parties wishing to become licensed vendors to the IHSA for consideration.
  - (b) The IHSA shall prepare and distribute to member schools a listing of licensed vendors on a regular basis.
  - (c) The enforcement of this Policy shall be the responsibility of each member school in conjunction with the IHSA. The collection of the revenue required pursuant to this Policy shall be the responsibility of the IHSA via, as appropriate, the member school or licensed vendor. Forms for the accounting of all royalties due will be provided by the IHSA and must be used by the member school or licensed vendor. All contracts and agreements shall be for the benefit of the member school, tournament event host and IHSA, whether or not any of the foregoing is specifically named in the contract or agreement. The IHSA may enforce this Policy for itself and on behalf of any member school or tournament event host as IHSA may elect in its sole discretion.
  - (d) Selection of a member school to host a particular State Series Event shall be conditioned, in part, upon such member school's agreement to comply with and enforce this Policy. Failure to enforce this Policy by any member school may disqualify such member school from eligibility to host future State Series Events.
  - (e) This Policy may be revised as deemed necessary by the IHSA. Any such revisions shall be binding on all member schools upon the publication of same by the IHSA.

## Illustrations and Applications

- 1) Q. What Are Royalty Fees?
  - A. A "royalty fee" is a set amount of money paid, usually on a weekly, monthly or quarterly basis, by a user of intellectual property (e.g., trademark, copyright, patent) or some other right (e.g., franchise rights) to use rights belonging to another. In music, a royalty fee is paid by a singer to the holder of the copyright to the song. In theater, a fee is paid to a writer or playwright for the use of a play. In sports, a royalty fee is paid to a team or league by vendors who wish to use the logos and other trademarks of the team and/or league on items produced by the vendor.
- 2) Q. If a member school and/or its boosters create apparel (or other merchandise) to be sold or given away as an item which promotes and encourages school support and/or school spirit as the school participates in a given State Series Event, must that apparel contain the IHSA logo or other protected marks?
  - A. Yes. The IHSA name and at least one logo must be included on all items produced in connection with an IHSA State Series Event (e.g., Panther Regional Champs or Panther Football Playoffs).
- 3) Q. If a member school and/or its boosters create apparel (or other merchandise) to be sold or given away as an item which exclusively promotes and encourages school support and/or school spirit, must that apparel contain the IHSA logo or other protected marks?
  - A. No. Use of an IHSA trademark would not be required provided the item is school related merchandise and not associated with an IHSA State Series Event (e.g., Panther Pride or Panther Boosters).
- Q. Can these items be sold at an IHSA State Series Event?
  - A. Yes.

## Trademark Use and Royalty Policy, Continued

### 4) Tournament Managers & Miscellaneous Regarding Contracts

- (a) The person designated as Tournament Manager by each member school for each IHSA State Series Event being hosted by the member school is the person responsible for entering into agreements regarding compliance with the IHSA Trademark Use and Royalty Policy.
- (b) Each member school can (and should) enter into agreements with desired IHSA-licensed vendors to produce programs with ads, and/or various other merchandise items for all State Series Events hosted by the member school. Such agreements become a contractual business arrangement between the licensed vendor and the host school separate from what is provided for in the IHSA Trademark Use and Royalty Policy. Any agreements for the production of items for an IHSA State Series Event, or otherwise using the IHSA name or trademarks, shall necessarily incorporate the terms and conditions of the IHSA Trademark Use and Royalty Policy by reference. Such agreements shall also only be entered into with IHSA-licensed vendors. Please note, however, that IHSA-licensed vendors are prohibited from producing or distributing any printed publications, event merchandise, audio-visual productions or otherwise related to any State Final Events UNLESS specifically designed by the IHSA.
- (c) In all instances in which the IHSA Trademark and Royalty Policy applies, the Tournament Manager must require each different licensed vendor doing business with the member school to produce for verification a valid IHSA Vendor License Agreement for the current school year. This must be done before entering into any agreement/contract for the item(s) being produced for the State Series Event being hosted by the member school.

### 5) Print Policy Applications

If a member school contracts with an IHSA-licensed vendor to sell ads in a program provided to the host school, the licensed vendor is responsible to pay the applicable five percent (5%) royalty fee directly to the IHSA, plus any fees due to the host school included in the separate business agreement. If a member school does not use a licensed vendor, but sells ads and produces its own program bearing the IHSA name or any IHSA trademarks, the member school itself is responsible to pay the applicable five percent (5%) royalty fee directly to the IHSA. For example, a company specializing in program production strikes a deal with the Tournament Manager to produce a program and give the Tournament Manager certain financial consideration. The company sells \$5,000 worth of ads to businesses and people in the host school community and in the communities sending teams to the State Series Event. The deal is that the company sells ads in the program and keeps that money, while it provides the programs free to the host school and agrees to give the tournament manager \$200. The licensed vendor is liable for five percent (5%) of the collected gross advertising revenue (in this case, \$250) as royalty fee payable to the IHSA. The licensed vendor then separately pays the tournament manager the \$200 because it is part of a separate agreement between the licensed vendor and the Tournament Manager. In the instant case, the Tournament Manager may sell the program and retain all the revenue generated by such sales.

- Q. If an advertiser does not make payment to either the licensed vendor which produced a program or the member school which produced the program, must the producer of the program remit the appropriate royalty fee for any such unpaid ad(s) to the IHSA.
- A. No, if permission is requested from the IHSA in writing by the vendor/member school within sixty (60) days following the event and granted by the IHSA. Each request will be considered on an individual basis. Yes, otherwise.

### 6) Merchandise Policy Applications

If a member school contracts with a licensed vendor to produce merchandise, the licensed vendor is responsible to pay applicable royalty fees directly to the IHSA, plus any fees due to the host school included in the separate business agreement. If a member school does not use a licensed vendor, but produces its own merchandise bearing the IHSA name or any IHSA trademarks, the member school itself is responsible to pay the applicable eight percent (8%) royalty fee directly to the IHSA. For Example, a t-shirt maker produces 100 shirts for a regional and sells them to the host school for \$5.00 each. The licensed vendor is liable to the IHSA for eight percent (8%) of the sale price (100 shirts x \$5.00 x .08%, \$40 total royalty due). The member school retains the difference between the price it paid the licensed vendor for the shirts and the gross sales revenue generated for any shirts it sells at retail.

- Q. May a licensed vendor sell wholesale to a vendor who is not a member school hosting the State Series Event?
- A. Yes, but the royalty fee to be paid to the IHSA by the licensed vendor producing the merchandise shall be computed at the licensed vendor's retail rate, and not the wholesale rate charged to the member school.

### 7) Q. Who Collects and Submits Royalty Fees to the IHSA?

- A. All licensed vendors pay royalty fees directly to the IHSA, and Tournament Managers need only to inform the IHSA on the regular state series financial report form the name of the company and contact person with whom the member school entered into business agreements in areas covered by the IHSA Trademark Use and Royalty Policy.
- A. If a member school produces its own printed pieces with ads, and/or event merchandise, the member school pays royalty fees directly to the IHSA and reports on the regular state series financial report form.

EXHIBIT A

WORD MARKS

IHSA®

ILLINOIS HIGH SCHOOL ASSOCIATION®

THE FUTURE PLAYS HERE®

THE FUTURE FISHES HERE®

ADD A TUDE™

PACK THE PLACE™

HAPPENING™

CHALLENGE YOURSELF™

SPORT A WINNING ATTITUDE . . . SPORTSMANSHIP™

SPORTSMANSHIP STARTS WITH AN ATTITUDE

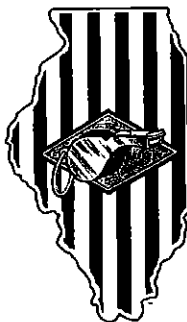
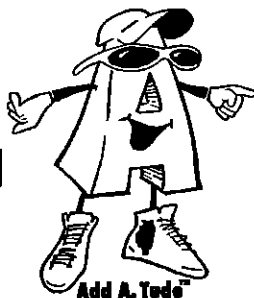
PLAY SMART. PLAY HARD.

\*\*MARCH MADNESS®

\*\*AMERICA'S ORIGINAL MARCH MADNESS®

\*\*MARCH MADNESS EXPERIENCE®

DESIGN MARKS



\*\*Special permission is required for use of "March Madness" "America's Original March Madness" and "March Madness Experience"

THIS EXHIBIT A MAY BE  
AMENDED BY THE IHSA  
AT ANY TIME

## **32. Corporate Sponsorship Policy**

Schools and business in Illinois have a long history of partnership. The Illinois High School (IHSA) shall allow corporate involvement in its interscholastic activities through carefully constructed relationships with companies and organizations to generate income, promote interscholastic participation, and create savings that benefit its member schools and the students who attend them. The guiding philosophy of this corporate partner involvement will be to balance the IHSA's commitment to education, integrity and quality with acceptance of financial support for its interscholastic activities, related programs and membership services. Through corporate partners, the IHSA shall maintain a conscious and consistent effort to assure that the Association's commitment to its constitutional objectives are not compromised.

The Association shall place limits on the amount of corporate partners, the scope of their corporate involvement, use of the IHSA marks and the level of corporate identification with IHSA events. The Association shall insist that its corporate partners be quality companies that are supportive of the Association's responsibility to develop educational programs that benefit its member schools and the students who attend them.

Balancing the interests of the parties requires the establishment and clear identification of realistic goals and expectations. Flexible thinking and an honest effort to accommodate divergent interests are prerequisites to a successful program. The corporate partners must be willing to adapt their promotional activities to the constraints of the Association's philosophy and the IHSA must be sensitive to the practical needs of the corporate partners to use the relationship in beneficial ways.

The Association appreciates and is fully aware of the reality that there must be real benefit and value to corporate partners which participate with the IHSA. Efforts will be made by the Association to enable its corporate partners to promote sales through their relationships with the IHSA, identification with IHSA events and programs that benefit the member schools. The viability and success of any corporate involvement requires that the participants—the IHSA and each corporate partner—benefit from the relationship.

It is impossible to develop a detailed set of rules and regulations defining permitted commercial activities by corporate partners. It is practical, however, to agree upon certain guiding principles reflecting the values of the Association which must be respected:

1. The Association is committed to education, integrity, amateurism, fairness and good sportsmanship.
2. The Association is committed to assuring that the focus of the events, activities and programs is on the member schools and the students who attend them.
3. The Association is committed to the highest level of quality in all of its activities and relationships.
4. The Association is committed to maintain fiscal responsibility that enables it to promote and administer interscholastic programs and events which facilitate optimum experiences for its member schools and the students who attend them.
5. The Association is committed to supporting and providing services for its member schools and the students who attend them.

Adherence to the constitutional objectives of the IHSA and respect for its values should enable corporate partners to utilize their relationships with the Association in meaningful and beneficial ways.

IHSA corporate partners involvement is founded on quality, integrity and highly regarded values. Intelligent, informed, good faith commitment by the participants will assure the long-term well-being of the involvement.

## **33. IHSA Member School Publicity Policy**

Each member school acknowledges that athletic contests and interscholastic competitions take place in the public. As such, there is no expectation of privacy in the images of student athletes, coaches or other participants at such events. The IHSA and/or its agents or designees may take, distribute and use photographs of student athletes, coaches, officials and other participants at such events and use the same for publicity, marketing and other appropriate purposes, including event programs. The member school will take appropriate actions to notify its student athletes, coaches and participants of this provision.

## **34. Policy and School Recommendations for Transgender Participation**

The Illinois High School Association approves this policy and process to address the participation of transgender students in all IHSA state finals series in athletics and activities.

For the purpose of this policy the following definitions will be in place:

- Transgender: a person whose gender identity doesn't match the sex assigned to him or her at birth.
- Intersex: a person who is born with a reproductive or sexual anatomy and /or chromosome pattern that doesn't seem to fit the typical definitions of female or male.
- Gender Identity: a person's deeply-felt internal sense of being male or female.
- Gender Expression: a person's external characteristics and behaviors that are socially defined as either masculine or feminine (dress, speech, mannerisms, social interactions, etc.)

**Privacy Statement:** All discussions and documents at all levels of the process either by a member school, appeals panel, and/or IHSA shall be kept confidential unless specifically requested by the student and family.

## Policy and School Recommendations for Transgender Participation, Continued

### School Procedure:

1. The student and/or parents shall contact the school administrator or athletic director at their member school notifying them that the student has a different gender identity than listed on the student's school registration card or birth certificate and that the student wishes to participate in athletics/activities in a manner consistent with their gender identity. The school shall collect the following for the participation ruling:
  - a. Gender identity used for school registration records
  - b. Medical documentation (hormonal treatments, sexual re-assignment surgery, counseling, medical personnel, etc.)
  - c. Gender Identity related advantages for approved participation
2. Once the school administrator has collected the relevant information, the member school shall contact the IHSA office in writing of the request for the ruling, the student's gender identity, and the selected athletics/activities that the student would like the opportunity to participate in if they are selected through the team try-out process.
  - a. Once the student is approved, participation is granted through the duration of the student's high school career and does not need to be annually renewed, unless the school or the student report that there has been a change in the original medical documentation submitted. At that time the school shall reach out to the IHSA in writing, citing the changes and requesting an updated ruling.

### IHSA Procedure:

IHSA will make final rulings on student participation. The IHSA will establish a group of medical personnel to act in an advisory role when reviewing rulings. Appealing parties should provide the following documentation:

1. A current transcript and school registration information
2. Documentation of the student's consistent gender identification (e.g. affirmation statements from student, parent/guardian, and/or health care provider.
3. Any other pertinent documentation or information

The IHSA will respond to the member school in writing the decision of the participation ruling.

### Areas of Awareness:

- Have a plan in place
- Use correct names/pronouns- according to student's self-identification
- Gender appropriate restroom accessibility
- Locker room accessibility
- Educational training for teachers, counselors, coaches, administrator and students on transgender sensitivity in relation to student
- Manner of dress according to gender identity
- Access to resources and accurate information

## 35. Unmanned Aerial Vehicle (Drone) Policy

The use of unmanned aerial vehicles ("UAV") also known as drones, is prohibited for any purpose by any persons at IHSA tournament venues. Tournament management shall refuse admission or entry to anyone attempting to use a UAV; and if necessary, tournament management shall remove anyone attempting to use a UAV and/or confiscate the UAV until the event has been completed.

For purposes of this policy, a UAV is any aircraft without a human pilot aboard the device.

An exception to this policy may be made in specific cases for IHSA broadcast partners, provided the management of the tournament facility permits the presence of UAVs for broadcast purposes under the control of the IHSA.

## 36. Managing Heat and Heat Illness

These guidelines represent minimum standards that IHSA member schools should follow for athletic competitions. Schools with more restrictive guidelines are not expected to modify any pre-existing guidelines in order to meet this policy. These guidelines will be used by managers or their designees at all IHSA state series events when the Wet Bulb Globe Temperature (WBGT) is above 80 degrees Fahrenheit. State series tournament managers will make the decisions to suspend and resume activity in accordance with these guidelines using those devices or systems usually used at the state series venue/site.

1. Thirty minutes prior to the start of an activity, and again 60 minutes after the start of the activity, temperature and humidity readings will be taken at the site of the activity. Using a Wet Bulb Globe Thermometer is recommended, although a conversion to WBGT can be made from air temperature and relative humidity using chart 2. Record the readings in writing and maintain the information in files of the tournament manager and/or host school administration. Tournament managers may designate someone other than themselves to take these readings.

Use the Table 1 (see below) with an on-site WBGT reading for appropriate exercise modifications during exercising in the heat:

## Managing Heat and Heat Illness, continued

**Table 1 (all temperature readings as measured by WBGT)**

**a. ≤79.9 degrees F as measured by WBGT**

- i. All sports
  - 1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
  - 2. Optional water breaks every 30 minutes for 10 minutes in duration. Coordinate breaks with assigned contest officials.
  - 3. Ice-down towels for cooling.
  - 4. Watch/monitor athletes carefully for necessary action.

**b. 80.0-84.5 degrees F as measured by WBGT**

- i. All sports
  - 1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
  - 2. Optional water breaks every 30 minutes for 10 minutes in duration. Coordinate breaks with assigned contest officials.
  - 3. Provide cooling stations using methods such as ice towels.
  - 4. Watch/monitor athletes carefully for necessary action
- ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
  - 1. Helmets and other possible equipment removed while not involved in contact.
- iii. Reduce time of outside activity. Consider postponing activity to later in the day.
- iv. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions or sooner if personnel on the field suspects potential heat stress.

**c. 84.6-87.5 degrees F as measured by WBGT**

- i. All sports
  - 1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
  - 2. Schedule at least 4 separate 4:00 breaks within each hour, or a 10:00 break every 30:00 of training or competition.
  - 3. Coordinate breaks with assigned contest officials.
  - 4. Have cooling stations for before, during, and after exercise/training/competition.
  - 5. Watch/monitor athletes carefully for necessary action
  - 6. Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
  - 7. Consider postponing activity to later in the day or another day (with approval from IHSA Administration)
  - 8. If practicing, maximum of 2 hours of training/practice while temperature is in this range.
- ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
  - 1. Helmets and other possible equipment removed if not involved in activity or necessary for safety. If necessary for safety, suspend activity.
- iii. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions.

**d. 87.6-89.9 degrees F as measured by WBGT**

- i. All sports
  - 1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
  - 2. Schedule at least 4 separate 4:00 breaks within each hour, or a 10:00 break every 30:00 of training or competition.
  - 3. Coordinate breaks with assigned contest officials.
  - 4. Have cooling stations for before, during, and after exercise/training/competition.
  - 5. Watch/monitor athletes carefully for necessary action
  - 6. Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
  - 7. Consider postponing activity to later in the day or another day (with approval from IHSA Administration)
  - 8. If practicing, maximum of 1 hour of training/practice while temperature is in this range.
- ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
  - 1. Helmets and other possible equipment removed if not involved in activity or necessary for safety. If necessary for safety, suspend activity.
- iii. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions.

**e. 90 degrees F as measured by WBGT**

- i. All sports
  - 1. No training/competition
  - 2. Cancel and/or postpone activity to cooler time of the day

NOTE: While most attention will be given to outdoor sports in the fall and spring, indoor venues/facilities (gymnasiums, wrestling rooms, and swimming/diving facilities) that are not air conditioned should not be neglected for the purposes of this policy. Additionally, sometimes conditions will vary for different aspects of the same competition. For example, one part of a cross-country course may be hotter or more humid than other parts. The best course of action for managers is to take a WBGT reading at the place of the most severe conditions.

## Managing Heat and Heat Illness, continued

Table 2. Estimate WBGT from ambient temperature and relative humidity assuming full sun conditions

Wet Bulb Globe Temperature (WBGT) from Temperature and Relative Humidity																																	
Temperature in Degrees Fahrenheit																																	
Relative Humidity (%)	59.0	60.8	60.8	62.6	64.4	64.4	66.2	66.2	68.0	68.0	69.8	71.6	71.6	73.4	73.4	75.2	75.2	77.0	77.0	78.8	80.6	80.6	82.4	82.4	84.2	84.2	86.0	87.8	87.8	89.6	89.6		
	60.8	62.6	62.6	64.4	66.2	66.2	68.0	69.8	69.8	71.6	73.4	73.4	75.2	77.0	77.0	78.8	80.6	80.6	82.4	84.2	86.0	86.0	87.8	89.6	89.6	91.4	93.2	95.0	96.8	96.8	98.6		
	62.6	64.4	64.4	66.2	68.0	68.0	69.8	69.8	71.6	73.4	75.2	75.2	77.0	78.8	80.6	80.6	82.4	84.2	86.0	87.8	89.6	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2			
	64.4	66.2	68.0	68.0	69.8	71.6	73.4	73.4	75.2	77.0	78.8	80.6	82.4	84.2	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2							
	66.2	68.0	69.8	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2									
	68.0	69.8	71.6	73.4	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2											
	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2													
	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2														
	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2															
	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																
	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																	
	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																		
	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																			
	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																				
	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																					
	86.0	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																						
	87.8	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																							
	89.6	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																								
	91.4	93.2	95.0	96.8	96.8	98.6	100.4	102.2																									
	93.2	95.0	96.8	96.8	98.6	100.4	102.2																										
	95.0	96.8	96.8	98.6	100.4	102.2																											
	96.8	96.8	98.6	100.4	102.2																												
	98.6	98.6	100.4	102.2																													
	100.4	102.2																															
	102.2																																

WBGT > 104

### Cooling Methods Due to Heat Related Illness

Exertional heat stroke (EHS) is relatively uncommon among exercise associated medical conditions, but is a frequent cause of exercise related death. The majority of evidence shows that early institution of body cooling is the most effective method of decreasing mortality in EHS. The following contains recommendations regarding the methods of body cooling, including tubs, ice bags, iced towels (towels with water that have been frozen) water, fans, and shade. The recommendations are classified as essential (foundational to the implementation of treatment, should have resources and personnel directed towards implementation), and desirable (important in maximal implementation, should have resources and personnel directed towards implementation as budget and resources allow). The recommendations are only guidelines, are not intended as a standard of care, and should not be considered as such. These guidelines should only be considered in the care of athletes who can be expected to be at risk of EHS due to the sport or the environmental situation of the activity. Sports especially at risk include football with and without equipment, soccer, and long distance track. Other sports and activities, such as cycling, golf, baseball, tennis, track and field, and band, may also be at risk due to long duration exposure to extreme environmental conditions.

It is essential that member schools and school administrators/officials:

- Establish a written plan coordinated with local EMS for emergency treatment of EHS that includes transport to a hospital and conduct drills in the implementation of the plan as practicable.
- Know how to assess environmental conditions and determine when extreme conditions exist.
- Identify a specific spot at the athletic facility that has shade.
- Have immediate access to ice and bags to contain ice.
- Have access to water, and provide water breaks as outlined in the IHSA Managing Heat and Humidity Policy.
- Know the most effective sites for application of ice to the body.
- Obtain and use, when environmental conditions are determined to be extreme, a tub or pool, filled with water and ice before activity begins, to be used in body immersion for maximal cooling, and have personnel trained in this technique.

It is desirable that member schools and school administrators/officials:

- Have a certified athletic trainer (ATC) on staff, as budget and resources allow, to develop and implement these guidelines.
- Have immediate access to water.
- Provide shade breaks.
- Provide fans when environmental conditions are determined to be extreme.
- Have close access to an air conditioned room.
- Have access to and use iced towels that can be rotated to appropriate areas of the body, including the axilla, groin, and back of the neck.

### Resources

1. *Procedure for Avoiding Heat Injury/Illness through Analysis of Heat Index and Restructuring of Activities and Recommendations for Cooling Methods Due to Heat Related Illness.* Kentucky Medical Association/Kentucky High School Athletic Association. 2010.
2. Binkley HM et al. NATA Position statement: *Exertional heat illness.* J Ath Training 2002; 37: 329-343.
3. Casa DJ et al. *Survival strategy: Acute treatment of exertional heat stroke.* J Strength Conditioning Res 2006; 20: 462.
4. Armstrong LE et al. *ACSM position stand: Exertional heat illness during training and competition.* Med Sci Sports Exerc 2007; 41: 556-572.
5. *Model Policy for Managing Heat & Humidity.* Michigan High School Athletic Association. 2013.



## 37. Baseball Pitch Count Guidelines

A pitch is defined as a pitch thrown during live competition. Strikes (including all foul balls), balls, balls put in play, and pitches for outs all count in a pitcher's pitch count.

Warmup pitches, pick off attempts, or other throws by a pitcher after the ball has been put in play do not count in a pitcher's pitch count.

A pitcher who reaches the pitch count limit in the middle of an at-bat will be allowed to pitch to that batter until that at-bat ends.

Teams must follow all NFHS rules regarding pitching substitution.

If the pitcher is ambidextrous, the pitch count guidelines apply to the individual pitcher, not to the individual arm.

All pitch count guidelines apply to an individual pitcher on a daily basis. For example: A pitcher could pitch in both games of a double header. The total number of pitches the pitcher throws that day will determine the pitcher's days of rest that must follow the double header.

During the regular season, each team is responsible for counting its own team's pitches and the opposing team's pitches. The head coach or designee will compare pitch counts with the opposing team after every even-numbered inning and at the conclusion of the game.

If teams report different pitch count numbers to one another, the teams will split the difference and will use that number as the pitcher's official number. If splitting the difference results in a number that ends in a decimal, the teams will round that number up to the next whole number.

For example: Following the 2nd inning, Team A has recorded 32 pitches for its pitcher. Team B has recorded 36 pitches for Team A's pitcher. The official pitch count number for Team A's pitcher will be 34 pitches.

Another example: Following the 6th inning, Team A has recorded 93 pitches for its pitcher. Team B has recorded 90 pitches for Team A's pitcher. Since splitting the difference results in 91.5 pitches, the official pitch count number for Team A's pitcher will be 92 pitches.

After each game, schools will report their own pitch counts to the IHSA. Although schools will report their pitch counts, and the IHSA will store the data, schools must maintain pitching records of every game they play during the entire season in case questions arise about a certain game.

During the postseason, each team is responsible for counting its own team's pitches and the opposing team's pitches. The head coach or designee will compare pitch counts after every even-numbered inning and at the conclusion of the game. Additionally, the host school must provide an independent pitch counter to verify each team's pitch counts after every even-numbered inning and at the conclusion of the game.

The IHSA's Sports Medicine Advisory Committee strongly urges coaches to carefully consider using pitchers at other key positions (catcher, shortstop, outfield) either just prior to or immediately following a pitching appearance since these positions may require players to make repeated throws at maximum effort.

## Baseball Pitch Count Guidelines, Continued

### Regular Season Varsity Game Guidelines

PITCH COUNT	REST SCHEDULE	ELIGIBLE PITCH COUNT ON NEXT APPEARANCE WITHIN A 7-DAY PERIOD	NEXT APPEARANCE CAP Note: Pitch count caps are soft, meaning that the pitcher will be afforded the opportunity to finish the at bat.
1-30	Next day After 1 day of rest	90 pitches 105 pitches	A pitcher who throws 1-30 pitches may pitch on two consecutive days without rest. On the pitcher's third consecutive day, the pitcher is eligible to pitch to a cap of 45 pitches. The pitcher then must rest for two days. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
31-45	Next day After 1 day of rest After 2 days of rest	Not eligible to pitch 90 pitches 105 pitches	A pitcher who throws 31-45 pitches must rest for one day. After one day of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
46-60	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch 60 pitches 75 pitches 105 pitches	A pitcher who throws 46-60 pitches must rest for two days. After two days of rest, the pitcher is eligible to pitch to a cap of 60 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
61-75	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch 75 pitches 105 pitches	A pitcher who throws 61-75 pitches must rest for three days. After three days of rest, the pitcher is eligible to pitch to a cap of 75 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
76-105	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest After 5 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch Not eligible to pitch 90 pitches 105 pitches	A pitcher who throws 76-105 pitches must rest for four days. After four days of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a third time in a 7-day period. If the pitcher pitches a third time in a 7-day period, the pitch count is capped at 45.

### Postseason Guidelines

PITCHES	REST SCHEDULE
1-30	Eligible to pitch the next day
31-45	Eligible to pitch after 1 day of rest
46-60	Eligible to pitch after 2 days of rest
61-75	Eligible to pitch after 3 days of rest
76-105	Eligible to pitch after 4 days of rest

Postseason pitch count guidelines are identical to the regular season Varsity guidelines, with one exception. In the postseason, there is no maximum number of pitches in a pitcher's next appearance.

## Baseball Pitch Count Guidelines, Continued

### Regular Season Sub-Varsity (Freshman, Sophomore, JV) Game Guidelines

PITCH COUNT	REST SCHEDULE	ELIGIBLE PITCH COUNT ON NEXT APPEARANCE WITHIN A 7-DAY PERIOD	NEXT APPEARANCE CAP Note: Pitch count caps are soft, meaning that the pitcher will be afforded the opportunity to finish the at bat.
1-30	Next day After 1 day of rest	90 pitches 95 pitches	A pitcher who throws 1-30 pitches may pitch on two consecutive days without rest. On the pitcher's third consecutive day, the pitcher is eligible to pitch to a cap of 45 pitches. The pitcher then must rest for two days. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
31-45	Next day After 1 day of rest After 2 days of rest	Not eligible to pitch 90 pitches 95 pitches	A pitcher who throws 31-45 pitches must rest for one day. After one day of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
46-60	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch 60 pitches 75 pitches 95 pitches	A pitcher who throws 46-60 pitches must rest for two days. After two days of rest, the pitcher is eligible to pitch to a cap of 60 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
61-75	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch 75 pitches 95 pitches	A pitcher who throws 61-75 pitches must rest for three days. After three days of rest, the pitcher is eligible to pitch to a cap of 75 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
76-105	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest After 5 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch Not eligible to pitch 90 pitches 95 pitches	A pitcher who throws 76-95 pitches must rest for four days. After four days of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a third time in a 7-day period. If the pitcher pitches a third time in a 7-day period, the pitch count is capped at 45.

Sub-Varsity (Freshman, Sophomore, JV) guidelines are identical to the Varsity guidelines, with one exception. A pitcher may throw a maximum of 95 pitches in a Sub-Varsity game.

### 38. Fall Sport Acclimatization

#### Days 1-5

1. Days 1 through 5 of the acclimatization period consist of the first 5 days of formal practice. During this time, athletes are not allowed to participate in more than 1 practice and 1 walk-through per day.
2. If a practice is interrupted by inclement weather or heat restrictions, the practice may recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day.
3. A 1-hour maximum walk-through is permitted during Days 1-5 of the acclimatization period. A 3-hour recovery period is required between the practice and walk-through (or vice-versa).
  - a. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
  - b. A walk-through is defined as a teaching opportunity with athletes not wearing protective equipment (helmets, shoulder pads, or other protective equipment). During a walk-through, no running or running activities by team members is allowed and no protective equipment of any kind should be present.

## Fall Acclimatization, Continued

4. During Days 1-2 of the acclimatization period in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted (goalies, as in the case of field hockey and related sports, may not wear full protective gear or perform activities that would require protective equipment. During Days 3-5, only helmets and shoulder pads may be worn. Beginning on Day 6, all protective equipment may be worn and full contact may begin.
- a. Full Contact Sports: 100% live contact drills may begin no earlier than Day 6.

### Days 6-14:

1. Beginning no earlier than Day 6 and continuing through Day 14, double-practice days must be followed by a single-practice day.
- a. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3- hours continuous rest.
- b. When a double practice day is followed by a rest day, another double-practice day is permitted after the rest day.
- c. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
2. On a double-practice day neither practice may exceed 3 hours in duration nor may student athletes participate in more than 5 total hours of practice.
- a. Warm-up, stretching, cool-down, walk-through, conditioning, and weight room activities must be included as part of the total practice time.
- b. The 2 practices must be separated by at least 3 continuous hours in a cool environment.
- c. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
3. Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is recommended that an athletic trainer be on site before, during and after all practices. This is not required.

Day	Heat Acclimatization Practice Plan	Equipment Allowed
1	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
2	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
3	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
4	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
5	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
6-14	<ul style="list-style-type: none"> <li>May begin double practice sessions</li> <li>Double practice cannot exceed 5 total hours, 3 hour maximum per session. 3 hours rest between practice sessions</li> <li>Double practice day must alternate with a single practice day or rest day</li> <li>Single practice days are 3 hour maximum with a 1 hour walkthrough following a 3 hour rest</li> <li>If practice occurs on 6 consecutive days during acclimatization 1 full day of complete rest is required (traditionally Sundays)</li> </ul>	Full pads

### Minimum practices:

Each athlete must complete a minimum number of practices prior to competition

- Cross Country, Girls Volleyball, Girls Swimming, Boys Soccer: 9 practice days
- Girls Tennis: 7 practice days
- Football: 12 practice days
- Golf will be exempt from the Heat Acclimatization Policy

# Administrative Procedures, Guidelines and Policies

These administrative procedures, guidelines and policies are for use during the 2019-20 IHSA school term only. They shall be superseded by a subsequent publication of the policies and are not applicable to any year subsequent to the 2019-20 IHSA school term. In the case of any conflict, whether actual or believed, with the constitution or by-laws of the IHSA, the constitution and by-laws shall control. Any understanding, misunderstanding, opinion or belief by any individual as a result of reading these policies shall not be binding on the IHSA. Official rulings shall be requested in writing only by the principal or designated official representative of a member school and shall be provided in writing by the Executive Director. Only a formal ruling from the Executive Director is binding on the IHSA.

## Administrative Procedures, Guidelines and Policies

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|--|---|
| 1. Philosophy Underlying Eligibility By-laws                 | 21. Alcoholic Beverages and IHSA State Series Events                |
| 2. Eligibility Rulings from IHSA                             | 22. Criteria for Selection of Sites for IHSA Meets and Tournaments  |
| 3. Eligibility of Emancipated                                | 23. IHSA Performance-Enhancing Drug Testing Policy                  |
| 4. Foreign Exchange and International Student Eligibility    | 24. Public Information Policies                                     |
| 5. Approved Foreign Exchange Programs                        | 25. Code of Conduct   |
| 6. Strike Policy   | 26. Application for Approval of Cooperative Team                    |
| 7. Making the Weekly Eligibility Check                       | 27. Statement Regarding Non-Discrimination                          |
| 8. Sanction Policy   | 28. Entry Policy and Procedures                                     |
| 9. Non-Faculty Coach Policy                                  | 29. Prayer at IHSA State Series Contests                            |
| 10. Policy for Accommodations for Students with Disabilities | 30. Affirmative Action Policy                                       |
| 11. College Auditions  | 31. Trademark Use and Royalty Policy                                |
| 12. School Equipment Use Policy                              | 32. Corporate Sponsorship Policy                                    |
| 13. Football Policies  | 33. IHSA Member School Publicity Policy                             |
| 14. Guidelines for Adding and Deleting State Series Programs | 34. Policy and School Recommendations for Transgender Participation |
| 15. Guidelines for Non-School Competition                    | 35. Unmanned Aerial Vehicle (Drone) Policy                          |
| 16. Emerging Sports  | 36. Managing Heat and Heat Illness                                  |
| 17. Classification System                                    | 37. Baseball Pitch Count Guidelines                                 |
| 18. Grouping and Seeding State Tournament Series             | 38. Fall Sport Acclimatization                                      |
| 19. Criteria for Increasing Classes                          |   |
| 20. Approved School Policy                                   |   |

The policies pertaining to the news media, photography, credentials, broadcasting and television are available in a separate PDF located in the Administration and Media sections on the IHSA website ([www.ihsa.org](http://www.ihsa.org)). Sport-specific media information will continue to be available to host schools in the Manual for Managers.

## 1. Philosophy Underlying IHSA Eligibility Rules

IHSA by-laws provide the standard by which the Executive Director is authorized to rule in determining eligibility. Following is a brief resume of the principle points of philosophy which underscore the rules of the Association:

1. Participation in interscholastic athletics is a privilege provided for students who meet democratically established standards for qualification.
2. Participation in interscholastic athletics is a privilege which should fundamentally be available to bona fide students in school districts where they live full time with their parents, custodial parent or legal guardian appointed by a court of proper jurisdiction.
3. Standards governing eligibility are a necessary prerequisite to participation in interscholastic athletics, because:
  - a. they protect the opportunities of bona fide resident students to participate;
  - b. they provide a fundamentally fair and equitable framework in which interscholastic athletic competition in an educational setting can take place;
  - c. they provide uniform standards for all schools to follow in maintaining equitable athletic competition;
  - d. they support the education philosophy that athletics is a privilege which must not be permitted to assume a dominant position in a school's program;
  - e. they keep the focus of educators and students on the fact that students attend school to receive an education first and participate in athletics second;
  - f. they maintain the fundamental principle that a high school student should live at home with the parents and attend school in the school district in which the parents/guardians live;
  - g. they reinforce the view that the family is a strong and viable unit in our society, and as such, is the best place for students to live while attending high school;
  - h. they prevent "district hopping" or "shopping around" for schools or athletic programs which may suit an individual's personal interests;
  - i. they serve as a deterrent to individuals who would seek to recruit student-athletes to attend a particular school for the purpose of building athletic strength;

## Philosophy Underlying IHSA Eligibility Rules, continued

- j. they serve as a deterrent to students running away from minor discipline problems or similar conflicts;
- k. they protect school programs from losing students who have an identity as athletes and, as such, are contributors to the overall school program and image.

Violations of the by-laws can cause students and/or schools to incur penalties of ineligibility or other action up to and including expulsion from membership in the Association.

## 2. Eligibility Rulings from IHSA

By-laws 3.030 and 3.040 and their sub-sections pertain to the eligibility of students in regard to residence and transfer. Forms are provided by the IHSA Office to facilitate determination of student eligibility.

**The IHSA Residence Eligibility Form and Affidavit of Residence Form.** These forms are to be completed to facilitate making a determination of the eligibility of a student in regard to residence. The information included on these forms will substantiate whether the student is in full compliance with the residence eligibility by-laws and whether a determination of eligibility is required. If such determination is required, the completed forms must be sent to the Executive Director for a ruling.

**The Principals' Concurrence Regarding Transfer Form.** It is to be completed to secure the concurrence of both the principal of the school from which the student transfers (sending school) and the principal of the school into which the student transfers (receiving school). It is important to note that concurrence of a transfer by both principals does not guarantee or assure eligibility. A ruling by the Executive Director may still be required. In such cases, the fully completed Principals' Concurrence Form must be sent to the IHSA Office along with the fully completed Transfer Eligibility Form. Principals are responsible for including correct and accurate information on the forms and for the accurate completion of the forms. Errors in their completion will not be considered clerical, and the school will be subject to penalties under the by-laws if a student participates and it is later determined that the student was ineligible on the basis of the information on the form(s).

**The IHSA Transfer Eligibility Form.** This form is to be completed by the school into which a student transfers (receiving school) to facilitate determination of a student's compliance with IHSA eligibility by-laws for interscholastic athletics. This form is to be sent to the IHSA Office, along with the fully completed Principals' Concurrence Regarding Transfer form in the event a ruling by the Executive Director on a student's eligibility in regard to transfer is required or desired.

**Transfer Component from Receiving School Coach.** Complete this form to facilitate determination of the eligibility of a student in regard to recruiting. The information on this form will provide clarification on a connection between one or more of the receiving school high school coaches and the transferring student.

## 3. Eligibility of Emancipated Students

For purposes of residence and transfer eligibility, the Board of Directors has defined an emancipated student as a student who:

1. has been a resident of the State of Illinois for at least one full calendar year immediately preceding the date in question, and
2. is totally self-supporting. To help determine if a student is self-supporting, the Executive Director may require submission of documentation, which may include but not be limited to:
  - a. verification from the parents or guardians that they provide none of the student's support;
  - b. verification of employment and earnings or other means of financial support from the employer or supporting agency;
  - c. copies of rent receipts, lease, bank records, payroll records, tax records or other financial data demonstrating that the student incurs and pays his or her living expenses;
  - d. copies of evidence relied on by the school in determining that the student was an emancipated resident of the district for attendance purposes; and
  - e. documentation of the circumstances which precipitated the student's leaving parents/guardians and living independently.

Under Residence By-law 3.031 and/or under By-law 3.040, a ruling request must be submitted along with the proper ruling request forms identified in Item 2 above.

## 4. Foreign Exchange And International Student Eligibility

IHSA By-law 3.034.3 provides foreign exchange students eligibility under the Residence By-law for a period of one calendar year at IHSA member schools provided the following criteria has been met:

1. The exchange program sponsoring the student must have been approved by the IHSA Board of Directors. A list of approved programs for the current school term can be found on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)).
2. The exchange student must not have completed eight (8) semesters of high school attendance or its equivalent.

## Foreign Exchange and International Student Eligibility, continued

3. The exchange student must not have completed and/or be a graduate from the culminating grade of high school (secondary) education in his/her home country.
4. The exchange student shall be eligible through age nineteen (19) unless the student becomes twenty (20) during the sports season in which event eligibility shall terminate on the first day of such season.
5. The exchange student must have passed twenty five (25) credit hours of high school work (5 courses) for the previous term of school attendance in his/her home country. (Principals may request an English translation of the student's transcript from the exchange organization for documentation.)
6. Exchange students who are direct placements by a foreign exchange program, will be granted eligibility to participate during the regular season provided there is no evidence of recruiting. However, they will not be eligible to participate in any IHSA state series. In accordance with procedures adopted prior to the 2004-05 school term, CSIET shall notify the IHSA Office of any direct placements occurring in previously-approved programs.
7. The exchange student shall not have violated IHSA By-law 3.080 (Amateurism) either prior to or after coming to the United States. Violation of the provisions of IHSA By-laws 3.081, 3.082 or 3.083 shall cause ineligibility in the sport in which the violation occurred. An official ruling must be secured from the Executive Director before any student who violates this rule may be reinstated to eligibility.

## Approval of International Student Programs

By-Law 3.034.3 creates an eligibility exception for students attending high school in Illinois who are not U.S. citizens or residents. To qualify for eligibility under the by-law, such students not residing with their parents or guardian must be attending their Illinois high school under the auspices of an organization approved by CSIET. The student may also gain eligibility if attending high school in Illinois under the auspices of a program approved by the IHSA Board of Directors. The IHSA Board has established the following program approval criteria for exchange programs for international students not participating in a CSIET approved program.

To be considered for IHSA Board approval, programs must meet the following criteria, as demonstrated by documentation or other objective evidence:

- a. All international students must successfully meet the minimum requirements of a full academic course load and demonstrate the social skills to participate in co-curricular activities.
- b. Financial aid for enrolled international students must be need-based and must be available to all students in an equitable manner.
- c. Any and all financial aid provided to students in the program shall be disclosed.
- d. Supervision of residential life (residential facility or host family) staff should include a formal staff application, interview, background check and ongoing training during the year.
- e. The selection of a school for a student shall not be for athletic purposes.

Programs seeking approval must also submit the following documentation:

- a. Documentation establishing that the International student program has been in existence for greater than 2 years and is clearly tied to the school mission.
- b. An outline of the placement process for students, from initial contact to final placement.
- c. A description of the process which local or area representatives must follow in the placement of students.
- d. A description of the process used by the program to identify and secure local or area representatives.
- e. Documentation establishing that the school and program will provide comprehensive academic and residential life support and supervision through stated admission criteria, orientation, and ongoing support for both the host family and student.
- f. Documentation of admission criteria, which shall include, but not be limited to, academic and English proficiency, and an assessment of readiness to adjust to American culture as demonstrated by application and interview.
- g. Copies of any and all training materials provided to local or area representatives and documentation that all required training has been completed.
- h. A description of the process used by the program and local or area representatives to identify and secure host families, if applicable.

Following submission of the foregoing, the Executive Director may investigate and may request such additional information as he/she or the Board deem necessary for full consideration of the program. The Executive Director shall notify the program whether it has been approved, in writing, following the Board's consideration.



## Criteria for Approval of Foreign Exchange Student Programs by the Illinois High School Association

Board of Directors' approval of foreign exchange student programs, for purposes of determining the residence eligibility for athletics of foreign exchange students in member schools, is required by Section 3.034.3 of the By-laws. In compliance with this provision, the Board of Directors has determined that only those exchange programs with "full listing" status in the 2019-20 CSIET Advisory List may be approved for the 2019-20 school term. Qualifying programs must submit the following documentation to the IHSA office for approval by the Executive Director:

1. An outline of the placement process for students, from initial contact to final placement.
2. A description of the process local or area representatives must follow in the placement of students.
3. The names, addresses and telephone numbers of all local or area representatives responsible for student placement.
4. Copies of any and all training materials provided to local or area representatives and documentation that all required training has been completed.
5. A description of the process used by the program to identify and secure local or area representatives.
6. A description of the process used by the program and local or area representatives to identify and secure host schools.
7. A description of the process used by the program and local or area representatives to identify and secure host families.
8. The procedures for follow up with local or area representatives to ensure that the program's placement process has been followed.
9. The procedures for post placement follow up with the local or area representatives and the students placed by the program.

Following submission of the documentation described above and any additional documentation and/or investigation deemed necessary by the Executive Director, the Executive Director shall notify the program whether it has been approved.

### 5. Approved Foreign Exchange Programs

Please see the IHSA website ([www.IHSA.org](http://www.IHSA.org)) for a current list of the programs that have been approved by the Board of Directors in accordance with By-law 3.034.3. To obtain an eligibility ruling for a student under one of these programs, schools should complete the on-line IHSA Foreign Exchange Student Eligibility Request.

### 6. Strike Policy

The IHSA Board of Directors, in conformity with policy established by the Illinois State Board of Education for strike situations, has ruled that a member school which does not have fifty-one (51%) percent of the students in the district in attendance and cannot offer the minimum program required by state law and ISBE Circular Series A160 on a daily basis shall not engage in interscholastic activities.

IHSA By-laws 3.012 and 3.015, relating to attendance requirements and eligibility requirements of interscholastic participants, and By-law 2.050, relating to schools with which contests may be held, shall be enforced.

The decision of the Board of Directors will not apply to time designated by the local Board of Education as school holidays or vacations, including the Illinois Code provision for five emergency days, provided school is in full operation on the school day preceding the school holiday.

Under the following criteria, practice sessions of the normal length and frequency may be held during the period when school is not fully operating:

1. They must be approved by the local Board of Education and school administration.
2. They must be conducted by personnel who meet the provisions of By-law 2.070.
3. They must be conducted in such manner that assures the health and safety of the participants.
4. Students from a school on strike may not practice with a team from a school which is not on strike.

#### Strike Policy — Participation in State Series During Strike

If a school is on strike and not in legal session, as defined by the State Board of Education, on the date of the beginning competition in any IHSA state series, students from that school may not participate in the state series.

However, when students from any member school first participate in the beginning level of competition in a given state series that state series is considered to have begun for all entered schools. If any school subsequently incurs a strike, the qualified teams and/or students will be permitted to continue participating in the state series, so far as the IHSA strike policy is concerned, even though their school may not be in legal session on the dates of subsequent state series competition in that sport.



## Strike Policy, continued

### Participation During Weather or Other Emergencies

The IHSA strike policy does not restrict schools from participating in activities on days when school is not held due to weather or other emergency situations.

The policy relates only to situations in which school is not operating due to strike circumstances.

### Host Activity During Strike

A school that is on strike may host an interscholastic event in which other schools participate. The striking school simply may not participate in the event.

### Discontinuation of Football Practice

In the event football practices have been terminated, the following restrictions will be enforced:

1. If football practices have been terminated for a period of at least seven (7) days, but less than fourteen (14) days, a school may not resume competition until after three (3) separate days of practice.
2. If practices have been terminated for a period of fourteen (14) days or more, a school may not resume competition until after five (5) separate days of practice.
3. Days in 1) and 2) above shall be interpreted as calendar days, excluding Sundays.

## 7. Making the Weekly Eligibility Check

IHSA By-laws require that academic eligibility be checked each week to determine if students are passing twenty five (25) credit hours of high school work. (By-law 3.021 and 4.021)

The following procedure should be followed in making the weekly eligibility check:

"Twenty five (25) credit hours of high school work" is defined as any combination of subjects, accepted by local high school authorities in determining the requirements for graduation and which accumulates at least 2.5 credits or its equivalent per semester. Since the rules require that a student must be passing in twenty five (25) credit hours per week, and even though eligibility certificates do not need to be exchanged weekly, a weekly check of each student athlete's scholastic eligibility is necessary.

Most important to note is that "passing twenty five (25) credit hours per week" is determined by measuring a student's performance on a cumulative basis from the beginning of a semester through the date on which the check is made. In other words, schools should determine, on each eligibility check date, whether the student's transcript would contain passing grades in each subject in the event the student should transfer from the school on that date. The check should not reflect only a given school's week's scholastic performance; rather it should reflect the student's cumulative performance for the semester through the date of the check.

Schools are expected to conduct this weekly check in some consistent manner convenient to their individual operations. Student eligibility or ineligibility is then affected on the Monday following the date of the check. For example, consider a school which checks eligibility every Wednesday. Records are processed through the computer and a printout of all athletes' scholastic standing is given to the athletic director on Thursday. The athletic office reviews the list and reports Thursday afternoon to the principal that a student is not passing twenty five (25) hours as of this check. The principal informs student and coaches on Friday morning that the student is not passing the required work and is thus ineligible for one week, beginning the following Monday morning. The student may play in contests held that evening or on Saturday, the next day. However, the entire next week, the student is ineligible.

The following Wednesday, the process is repeated. This time, when the report reaches the principal on Thursday afternoon, the students' record shows improvement to passing twenty five (25) credit hours. Now the principal will inform the student and coaches on Friday morning that the student will become eligible again the following Monday morning. Please note that the student is not permitted to play on this Friday and Saturday because of last week's failure to meet the grade requirements.

A student becoming scholastically ineligible by the weekly eligibility check must remain ineligible for one full calendar week before possibly becoming eligible again.

## 8. Sanction Policy

The Board of Directors has adopted the following policy as its interpretation of By-law 2.060 "Multiple School Interscholastic Activities." The IHSA sanction policy applies to interscholastic events in which the IHSA sponsors a state tournament series.

Events that require Formal Sanctioning include:

- a) Any interstate event involving two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the high school community (e.g., a university, a theme park, and an athletic shoe/apparel company).
- b) Non-bordering events if five (5) or more states are involved.
- c) Non-bordering events if more than eight (8) schools are involved.
- d) Any event involving two (2) or more schools that involves a team from a foreign country. The host school should complete the international sanction application. (The exceptions to this rule are Canada and Mexico, which are considered bordering states).
- e) In order for an event to receive sanctioning in Illinois all invited and participating schools in the event must be member schools of their high school state association or approved for competition by their respective high school state association. If any listed school does not receive approval the event will be denied by the IHSA. Any non-high school team cannot be involved in any respect with a sanctioned event.

## **Sanction Policy, continued**

No sanction is required if all competing schools, regardless of the number of competing schools, are from states that border the host state unless the event is co-sponsored by or titled in the name of an organization outside the high school community.

Events that need sanctioned, visit [nfhs.org](http://nfhs.org)

A listing of sanctioned events can be found on [nfhs.org](http://nfhs.org)

Member schools may request approval for Special Events that do not meet the regular sanction criteria. Requests must be submitted in writing to the Executive Director at least 30 days prior to the date of the event.

## **9. Non-Faculty Coach Policy**

Following are the coaching education programs approved by the IHSA Board of Directors:

Human Kinetics Coach Education Program (HKCE) (formerly known as ASEP), Champaign, IL  
Ashford University Coaching Education program, Clinton, IA  
Blackburn College Coaching Education Program, Carlinville, IL  
Illinois State University, The Coach in Organized Sports and Athletics Program, Normal, IL  
Iowa Coaches Authorization, Des Moines, IA  
Loras College Coaching Education Minor, Dubuque, Iowa  
MacMurray College Coaching Minor, Jacksonville, IL  
Michigan State University Program for Athletic Coaches' Education (PACE), East Lansing, MI  
NFHS Coaching Education, Indianapolis, IN  
Northern Illinois University Coaching Minor, DeKalb, IL  
Olivet Nazarene University Coaching Minor, Kankakee, IL  
Quincy University Coaching Minor, Quincy, IL  
Rock Valley College, Rockford, IL  
Southern Illinois University Coaching Minor, Carbondale, IL  
University of Illinois Department of Kinesiology Coaching Endorsement in the Undergraduate Studies Program, Champaign, IL  
University of Wisconsin, Parkside Coaching Certification Program, Kenosha, WI  
Dominican University, River Forest, IL - Excellence in Coaching Course, Excellence in Coaching Certificate.

## **10. Policy for Accommodations for Students with Disabilities**

### **Purpose**

It is the policy of the IHSA to provide students with disabilities full and equal opportunities to be integrated in IHSA interscholastic sports and activities whenever possible. IHSA recognizes and adopts the definition of disability as provided within the Americans with Disabilities Act. The IHSA will not discriminate against students with disabilities on the basis of disability in its services, programs, or activities.

### **Procedure for Requesting an Accommodation**

Students who need accommodations are encouraged to work with their member schools to complete and submit the Request for Accommodation Form. A disability is an impairment that substantially limits one or more major life activity. Disability includes, but is not limited to, physical impairments, mental impairments, visual impairments, hearing impairments, intellectual impairments, learning disabilities. A request for an accommodation should be submitted prior to the start of the applicable athletic or activity season, or as soon as is practically possible in light of the accommodation being sought.

The IHSA recognizes that it cannot anticipate all potential accommodations necessary and that providing accommodations to students with disabilities will require an individualized review and assessment. Accordingly, a request for an accommodation shall be considered on a case-by-case basis. The IHSA will engage in an interactive process to the extent necessary for each request for accommodation. The IHSA may work with the student, his/her parent or guardian, coaches or other staff from the student's member school, or outside consultants, if necessary, in the interactive process. A request should be in writing, but a request can be made in an alternative format such as an audio recording or video. All requests for accommodations shall be sent to the Assistant Executive Director of the IHSA, Kraig Garber, who is the ADA Coordinator for the IHSA.

### **Process for Submitting a Request**

The process for submitting a request for an accommodation (available at: [www.ihsa.org](http://www.ihsa.org)) is as follows:

- The student, his/her parent/guardian and/or his/her member high school are responsible for completion of Part 1 of the Request for Accommodation.
- The Request for Accommodation should be submitted prior to the start of the applicable athletic or activity season, or as soon as is practically possible, in light of the accommodation being sought.
- The student and his/her parent/guardian are responsible for obtaining the school principal's or athletic director's completion of Part 2.

## Policy for Accommodations for Students with Disabilities, continued

- The request can be submitted by email to the IHSA, fax or mail. The request is deemed submitted on the date emailed or faxed, or, if mailed, three days after the postmark.

Once the IHSA receives a request for an accommodation, the following activity will occur:

- After receiving the request, the ADA Coordinator will conduct a review, which can be informal, but will be interactive to the extent necessary. The student, his/her parent/guardian, and personnel from the student's school shall be given the opportunity to submit additional evidence or engage in discussions with the ADA Coordinator and/or the Executive Director, as they may deem necessary. The IHSA reserves the right to request more information, including medical records, to better understand the request being sought. Furthermore, the IHSA will consult with outside consultants as necessary. The interactive process can be done by telephone, videoconference, or in-person.
- The Executive Director will complete Part 3 of the Request for Accommodation and will provide a letter explaining the accommodation within 10 days after the request for accommodation is submitted to the IHSA. If a request for accommodation is denied by the Executive Director, the student, parent/guardian and/or member school may pursue an appeal pursuant to Section 1.460 of the IHSA Constitution, by submitting a written request for a hearing to the Board of Directors.

### Illustrations of Policy

It has been the practice of the IHSA to grant many requests for accommodations. Some requests for accommodations are complex and require significant analysis, while other requests for accommodations are rather common. The below illustrations include requests for accommodations that the IHSA commonly receives. They are meant to serve as a guide and by no means serve as a substitute for the need to request an accommodation.

1. Q: If a student with a disability is unable to walk for long periods of time, will the student be able to use a motorized golf cart during golf competitions?  
A: Yes, the IHSA routinely grants student athletes with disabilities requesting use of a motorized cart during competition in golf.
2. Q: A student athlete with a visual impairment would like to compete in golf, but needs assistance in determining the target, determining the yardage necessary to hit the golf ball and assistance in locating the golf ball. Can this student use a distance measuring device or a spotter?  
A: Yes. The IHSA does allow the use of a distance measuring device consistent with the USGA Rules of Golf. The IHSA will also allow a student with visual impairment to utilize a spotter as necessary to assist the student athlete in locating the target, reading the distance measuring device and locating the golf ball.
3. Q: A student athlete with a hearing impairment needs assistance regarding the instructions in track and field prior to and at the start of the events; will an interpreter be allowed?  
A: The IHSA will allow either the student athlete's coach or an interpreter to interpret instructions to the student athlete and provide necessary cues for the student athlete to start the event.
4. Q: Can a cross country runner with visual impairment use a guide runner during competition?  
A: It is the practice of the IHSA to allow the use of a guide runner during competition. The IHSA has guidelines specific to the use of the guide runner located on the IHSA website.
5. Q: Can a student with a hearing impairment use an interpreter and transcriber to compete in the IHSA journalism competition?  
A: Yes. The IHSA has granted the request for the use of an interpreter and transcriber for a student with hearing impairment in the IHSA journalism competition.
6. Q: Can a student athlete with cancer wear a headband that exceeds the size of headband allowed by the rules of play?  
A: It is the practice of the IHSA to grant accommodations whenever possible for such requests.
7. Q: Will IHSA grant a request of a student athlete with a prosthesis to compete in a sport?  
A: The use of prosthesis is a common request for accommodation, and IHSA will conduct an individualized review of each request for accommodation. When conducting a review, IHSA will consider when the safety of the student athlete and/or other student athletes may be compromised through the use of the prosthesis or whether the prosthesis would provide the student athlete an unfair advantage due to the prosthesis. All efforts will be made to provide an accommodation if possible.
8. Q: If a student is enrolled in less than twenty-five credit hours of high school work per week because of the student's disability, is that student able to participate in IHSA sports and activities?  
A: The student must submit a Request for Accommodation Form seeking a waiver of the scholastic standing requirements in By-Law 3.020. The IHSA will make the necessary individual assessment in analyzing the request for accommodation.

## 11. College Auditions

Under the provisions of IHSA By-laws, auditions at colleges, junior colleges and universities could jeopardize the eligibility of high school students if such auditions include:

1. A contest in which high school students participate with or against college, junior college or university students. (By-law 3.105)
2. Group instruction or coaching, involving more than two (2) students from the same school, in sports theory or skills in any interscholastic sport. (By-law 3.101)
3. A contest (including a scrimmage) involving high school students, if it is during their regular season in a sport. (By-law 3.111)
4. Participation by high school students in a practice or scrimmage with or against college, junior college or university students. (By-law 3.105)

## 12. School Equipment Use Policy

A member school may loan or rent any school owned player protection equipment to its students for use in summer camps. A member school may loan or rent football helmets only to its students for use in 7 on 7 passing leagues which are conducted during the summer in compliance with the specifications of IHSA By-law 3.157.

## 13. Football Policies

The purpose of the policy is to address safety and the heat acclimatization period of early season practice, which is considered the first 14 calendar days of football practice for a member school, commencing with the first day a school begins football practice.

During these first 14 calendar days of practice, it is recommended that an appropriate amount of practice time be spent on the basic fundamentals of blocking and tackling to ensure players are equipped to perform proper techniques before competing in a contest.

2019 Season Dates	Day of week IHSA calendar	FB calendar day	Practice Type	Allowed Equipment
8/12/2019	Mon WK 6	1	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet only
8/13/2019	Tues WK 6	2	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet only
8/14/2019	Wed WK 6	3	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/15/2019	Thur WK 6	4	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/16/2019	Fri WK 6	5	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Helmet and Shoulder Pads
8/17/2019	Sat WK 6	6	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/18/2019	Sun WK 7	7	No practice allowed -- day of rest	
8/19/2019	Mon WK 7	8	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/20/2019	Tues WK 7	9	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/21/2019	Wed WK 7	10	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/22/2019	Thur WK 7	11	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/23/2019	Fri WK 7	12	5 hours of practice limit. No single practice can exceed 3 hours. <del>3 hours</del> rest between practices.	Full pads
8/24/2019	Sat WK 7	13	3 hours of practice limit. With a 1 hour walk-through. <del>3 hours</del> rest between all practices and w-t.	Full pads
8/25/2019	Sun WK 8	14	No practice allowed -- day of rest End of Acclimatization Period	

## Football Policies, continued

During the first five (5) days of practice for each player, athletes may not participate in more than 3 hours of practice per day (Monday of Week 6 – Friday of Week 7 in the IHSA standardized calendar).

If practice is interrupted for any reason, the practice should recommence once the conditions are deemed safe, but total practice time should not exceed three hours per day during the first 5 days of practice.

A one-hour maximum walk-through is permitted during the first five days of practice; however, a minimum of 3 hour recovery period should be inserted between the practices and walk-through (or vice-versa).

During the first two days of practice, helmets and appropriate footwear should be the only protective equipment permitted. During days three through five, helmets, shoulder pads and appropriate footwear should be the only protective equipment permitted. Beginning on calendar day six (Saturday of Week 6 in the IHSA standardized calendar), all protective equipment may be worn and full contact may begin. Sunday of week 6 and Sunday of week 7 are determined to be rest days and no practice is allowed.

Beginning no earlier than the 6th calendar day and continuing through the 13th day (Saturday of Week 6 through Saturday of Week 7 in the IHSA standardized calendar), 5 hour practice days must be followed by a 3 hour practice day. On 3 hour practice days, one walk-through is permitted, but it must be separated from the practice(s) by at least three hours of continuous rest. When a 5 hour practice day is followed by a rest day, another 5 hour practice day is permitted after the rest day.

On a 5 hour practice day, no single practice duration can exceed three hours total. Warm-up, stretching, cool-down, walk-through, conditioning, and weight room activities are included as part of the practice time.

All practices during the 14-day acclimatization period must be separated by at least three continuous hours of recovery in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.

Regardless of the conditioning program and conditioning status leading up to the first formal practice, all students-athletes (including those who arrive after the first day of practice) must follow the 14-day heat-acclimatization plan.

A walk-through is defined as a teaching opportunity with athletes not wearing protective equipment (helmets or shoulder pads). During a walk-through, no running or running activities by team members is allowed and no protective equipment of any kind should be present. A football should not be used during the one hour walk through. The walk-through is not part of the practice period on a three hour practice day, and it can last no more than one (1) hour per day. The walk-through does not include conditioning or weight room activities.

The By-laws also specify that each individual football player must participate in on-the-field practice for at least ninety (90) minutes per day on twelve (12) different days prior to playing in a contest. Please note that a practice on the day of a contest will not be counted toward this requirement.

Beginning Week 8 of the IHSA standardized calendar and through the remainder of the season, full-contact will be allowed in no more than 3 practices per week and full-contact time is limited to no more than 90 minutes per week.

When schools conduct twice-daily practices, only one session per day may include full contact.

### School Equipment Use

A member school may loan or rent any school-owned football player equipment only to its students for use in summer camps and may loan or rent football helmets only to its students for use in 7 on 7 passing leagues conducted in compliance with the specifications of IHSA By-law 3.157.

### Football Scrimmage Definition

Any action, regardless of whether it would involve 11 on 11, 9 on 8, 4 on 4, etc., which simulates any game play conditions where members of one school would be organized against members of one or more schools would be considered a scrimmage.

Weekly Player Limitations for Football	
1.	A player shall not play in more than two games in any one week and shall not play in more than one game in a single day. For the purposes of this section, a week is defined as the seven-day period running from Friday through the following Thursday. (It is recommended that if a player does play in two games in a given week, one of those games is only as a one-way player, i.e., only plays on offense or defense or special teams)
2.	Players cannot play in games on consecutive days or be involved in live contact/thud in practice the day before/after playing in a game.
3.	One play in a game equals a game played. An exception to this would be: a. Specialized players (kicker, punter, holder only) can participate in back to back games on the same day.

- b. A player who enters the game for one play only due to an equipment failure or injury, will not have that play counted against them as a game.

NOTE: If a player plays in a game that is stopped due to weather or other circumstances and completed the next day, the player can participate in the resumed game the following day. This is allowed because the exposure is considered not equivalent to a full game being played the night before.

## 14. Guidelines for Adding and Deleting State Series Programs

1. The Board will entertain proposals to add a new state series when ten percent of the member schools engage in regularly scheduled competition in the sport or activity.
2. When the minimum required participation level is demonstrated and proposals to add a new state series are considered, the Board shall (a) consider the growth potential of the sport or activity, (b) consider the equity criteria included in the classification policy in determining whether to add the proposed new series, and (c) consider factors such as budgetary implications and official availability.
3. The Board will entertain recommendations from staff to consider deletion of an existing state series when less than ten percent of the member schools participate in the series and/or engage in regularly scheduled competition in the sport or activity.
4. Annually, each state series that has less than ten percent of the member schools participating in the state series and/or engage in regularly scheduled competition in the sport or activity will be reviewed by the Board. The Board will then vote to either maintain each state series that has less than 10 percent participation or to remove the state series in a future year as determined by the board.

## 15. Guidelines for Non-School Competition

During the school term, special permission may be granted to permit a student to compete in a non-school event during the school season in competitions which are directly sanctioned by the National Governing Body or its junior or official Illinois affiliate. No student may participate in more than three (3) approved non-school competitions during a sports season.

Schools must submit a request for approval in the Schools Center and provide a National Governing Body or its junior or official Illinois affiliate URL for that event.

## 16. Emerging Sports Policy

### Definition of Emerging Sport

Any sport for which IHSA does not conduct a state tournament series and which a member school elects to sponsor as either a sport under the auspices of its athletic administration or as a club or other informal sports activity shall be considered an emerging sport.

### Purpose of Emerging Sports Policy

The Emerging Sport Policy is designed to establish parameters under which schools may engage in competitive sports activity even when state tournament series competition is not available for the sport. It will establish common ground rules and management policies for the sport among member schools and will facilitate the growth of such sports within the established confines of the Association's Constitution and By-laws.

### Registration of Emerging Sport Programs

All member schools facilitating participation by students in any emerging sport shall register for participation in said sport(s) with the Association by adopting an Emerging Sport Resolution and filing a copy of said Resolution along with the registration forms supplied by the Association with the IHSA Office. IHSA will utilize Emerging Sport Registration Records to monitor the development of new sport activities in member schools and assist in determining when new state series should be considered.

### Dates Sport May Be Conducted

Any school belonging to this Association may organize, practice or compete in an emerging sport at any time during its established calendar for the current school term, unless a specific season has been established.

### Eligibility of Participants

Students who participate in emerging sports must be eligible under the provisions of IHSA eligibility by-laws.



### Management Standards Applicable to Schools

Schools sponsoring emerging sports must comply with all provisions of IHSA By-laws.

### Annual Report

Member schools sponsoring registered emerging sport programs must file an annual report of participation with the IHSA Office on forms provided by the Association. This data will further assist the Association in determining when a new state series should be conducted.

## 17. Classification System

In sports and activities conducted in multiple classes, IHSA member schools are divided into classes according to enrollment. The following policy describes the steps required to determine a school's classification enrollment, the enrollment cutoffs for each class, and a school's classification.

### A. Enrollments

#### 1. Actual Enrollment

In order to release enrollment figures in December for the following two-year cycle, the classification of a high school is based on the average student enrollment figure (ninth through twelfth grade) as reported to the Illinois State Board of Education on September 30 of the two (2) school terms preceding the release date. For example, classifications for the 2019-20 school term, released in December 2018, are based on the official school enrollments submitted on **September 30, 2016, and September 30, 2017**. This figure is known as the "**actual enrollment**."

The IHSA gathers enrollment data from the Illinois State Board of Education's annual Fall Housing Report. When a school's enrollment is not readily determined from the Fall Housing Report, or when the report appears to be in error, the school may be asked to provide its enrollment data directly to the IHSA.

#### Exceptions

In certain cases, the IHSA may use an estimated enrollment figure provided by a school or school district until the school can provide the Sept. 30 enrollment of the current school term. These situations include, but are not limited to, the following:

- a new school that does not appear in the Fall Housing Report
- a school that undergoes a significant change in enrollment due to the opening or closing of a school in the same district, the deannexation of a portion of its district, or the deactivation of a neighboring school

In unusual cases, the Board of Directors may make appropriate adjustments to a school's enrollment figure.

#### 2. Official Enrollment

A high school's "actual enrollment" is subject to several adjustments. The final figure, after these adjustments have been made, is known as the "**official enrollment**," and is the figure shown on the IHSA Web site and in other IHSA publications.

#### Single-gender schools

The enrollment of a single-gender high school is multiplied by 2 to bring it into line with coed schools having the same number of boys or girls.

Example: 1,000 girls (actual enrollment)  $\times 2 = 2,000$

#### Schools with fewer than four grades

The enrollment of a high school with only three grades is multiplied by 1.333 is applied to bring it into line with four-year schools.

Example: 1,000 (actual enrollment)  $\times 1.333 = 1,333$

In unusual cases (such as when a school is ramping up to full enrollment or being phased out), the enrollment of a high school with only two grades may be multiplied by 2 and the enrollment of a high school with only one grade may be multiplied by 4.

#### Variances

A school may petition for a variance in its enrollment if it enrolled out-of-district special education students.

Any petition to change a school's enrollment must arrive at the IHSA Office no later than September 1.

### 3. Classification Enrollment

The enrollment figure used to classify a high school may vary based on the sport and activity, depending on whether the 1.65 multiplier is applied or a waiver has been granted. The figure used for classification is known as a school's "classification enrollment."

#### Non-boundaried school multiplier

IHSA By-Law 3.170 directs that a 1.65 multiplier be applied to the enrollment of all non-boundaried schools. As defined by the by-law, a non-boundaried school is any private school, charter school, lab school, magnet school, residential school, any public school in a multi-high school district that does not accept students from a fixed portion of the district, or any public school that charges less than the full tuition rate authorized by the Illinois School Code.

Waivers of the multiplier are granted automatically, as described in the next section.

#### Waivers

By-Law 3.170 provides for waivers of the 1.65 multiplier on non-boundaried schools. Waivers are granted to individual sport and activity programs on a two-year basis. Waivers are granted only in sports and activities that are conducted in more than one class. All waivers and success advancements for non-boundaried schools will be determined on the individual sport and activity program's performance for the previous two (2) school terms. Programs at non-boundaried schools that qualify for a waiver prior to the beginning of a two-year classification cycle will maintain the waiver during the entire two-year period.

#### Non-boundaried school programs not eligible for a waiver

A sport or activity program at a particular non-boundaried school is not eligible for an automatic waiver during a two-year classification cycle if, over the course of the previous two (2) school terms, the program (as a team) has accomplished any of the following:

1. Wins a trophy at the state finals; OR,
2. In Girls' Volleyball, Boys' Basketball, Girls' Basketball, Boys' Soccer, Girls' Soccer, Baseball, Softball, Wrestling, or Scholastic Bowl accomplishes at least three (3) of the following:
  - a. Wins an IHSA Regional Tournament
  - b. Wins an IHSA Sectional Tournament
3. In Boys' Track and Field, Girls' Track and Field, Boys' Tennis, Girls' Tennis, Competitive Cheerleading, or Competitive Dance accomplishes at least three (3) of the following:
  - a. Wins an IHSA Sectional Tournament
  - b. Finishes in the Top 10 as team at the IHSA State Finals.
4. In Boys' Cross Country, Girls' Cross Country, Boys' Golf, and Girls' Golf, accomplishes at least four (4) of the following:
  - a. Wins an IHSA Regional Tournament
  - b. Wins an IHSA Sectional Tournament
  - c. Finishes in the Top 10 as team at the IHSA State Finals.
5. In Football, accomplishes the following:
  - a. Wins at least three playoff games

For the purposes of determining eligibility for a waiver, any trophy, title, place, win, or state final appearance that was earned and subsequently forfeited is counted.

#### Non-boundaried school programs eligible for a waiver

All sport and activity programs that are subject to the 1.65 multiplier and do not fall under the criteria listed above are eligible for a waiver and are granted a waiver automatically.

No waivers other than automatic waivers are granted.

#### Boundaried school programs

For boundaried school programs, the "classification enrollment" is always equal to the "official enrollment."

### B. Classifications

Beginning with the 2019-20 school year, a school's classification enrollment will remain the same for a two-year period. Every two years after that, the classification enrollments will be recalculated.



## Classification System, continued

For example, classifications for the 2019-20 school year are based on the average of the actual school enrollments submitted on September 30, 2016 and September 30, 2017.

School Years	Average these Actual Enrollments	Enrollments Announced	Classifications Announced
2019-20 & 2020-21	Sept. 30, 2016 & Sept. 30, 2017	December, 2018	Fall sports: December, 2018 Winter sports: April, 2019 Spring sports: June, 2019
2021-22 & 2022-23	Sept. 30, 2018 & Sept. 30, 2019	December, 2020	Fall sports: December, 2020 Winter sports: April, 2021 Spring sports: June, 2021

### 1. Classification Cutoffs

At the end of each two-year cycle, classification cutoffs and ranges for the next cycle in all sports and activities conducted in multiple classes will be determined according to the following method:

A list of the schools that entered the IHSA postseason series in that particular sport or activity during the current school term is assembled. "Individual entries" (schools that did not enter as a team) are excluded from the list. In competitive cheerleading, coed entries are also excluded from the list.

The next cycle's classification enrollments are applied to all schools in the list. For the purposes of this computation, it is assumed that the schools making up each cooperative team will remain the same.

The list is divided into groups based on the following:

- **Three and four-class team sports (boys soccer, girls soccer, boys baseball, boys basketball, girls basketball, girls softball, girls volleyball):** Fixed enrollment numbers for all the above sports would be created after dividing the four-class team sport with the fewest participating schools by placing the smallest 27.5% of entries in Class 1A, the next smallest 27.5% of entries in Class 2A, the next smallest 22.5% of entries in Class 3A, and the remaining entries in Class 4A. This fixed enrollment number will be calculated prior to the start of each classification cycle.
- **Three-class team sports (non-bracketed) (competitive dance):** The smallest 1/3 (33.33%) of entries in Class 1A, the next smallest 1/3 (33.33%) in Class 2A, and the remaining 1/3 (33.33%) in Class 3A.
- **Three-class individual sports (boys cross country, girls cross country, boys golf, boys track and field, girls track and field, boys wrestling):** The smallest 4/10 (40%) of entries in Class 1A, the next smallest 3/10 (30%) in Class 2A, and the remaining 3/10 (30%) in Class 3A.
- **Two-class sports and activities (girls golf, Scholastic Bowl):** The smallest 1/2 (50%) of entries in Class A and the remaining 1/2 (50%) in Class AA.
- **Competitive cheerleading:** Of schools that did not compete in the Coed Division, the smallest 1/3 (33.33%) in the Small Division, the next smallest 1/3 (33.33%) in the Medium Division, and the remaining 1/3 (33.33%) in the Large Division.
- **Music:** Of schools that entered either the Solo & Ensemble or Organization contest (or both), the smallest 1/5 (20%) of entries in Class D, the next smallest 1/5 (20%) in Class C, the next smallest 1/5 (20%) in Class B, the next smallest 1/5 (20%) in Class A, and the remaining 1/5 (20%) in Class AA.
- **Boys football:** Classifications for boys football are determined at the end of the regular season using the "classification enrollment" in the manner prescribed by the Boys Football Terms & Conditions.

The highest enrollment assigned to each class is considered the cutoff for that class. All entries with enrollments lower than the cutoff are assigned to that class.

After the list is divided into groups, programs affected by the success adjustment and programs that have opted to "play up" are moved up into the proper class.

The classification process does not guarantee that, by the time the tournaments are actually conducted, the classes will be exactly proportional. Between the time the cutoffs are determined and the beginning of the tournaments, some schools may add or drop the sport or activity, or form or dissolve coops.

### 2. Cooperative Teams

In determining the enrollment of a cooperative team, the classification enrollments of all involved schools are combined to determine the classification enrollment of the coop.

**3. Success Adjustment**

Programs at non-boundary schools will be subject to the success adjustment if, over the course of a two-year classification period, a program wins two (2) trophies at the state finals. In such a case, the program will be adjusted up one class from the class in which the program won its trophies for the next two-year classification period.

**4. Playing Up**

A school may petition to play in a higher classification in a particular sport or activity. The request must be for a minimum of two years and must arrive at the IHSA Office no later than September 1.

Classification Cutoffs for 2019-20 and 2020-21 are available at [ihsa.org](http://ihsa.org).

## 18. Grouping and Seeding State Tournament Series

### Developing a Rationale for Grouping and Seeding State Tournament Series

The cornerstone of IHSA state tournaments has long been geographic assignments to the state series leading to geographic representation at State Final tournaments. The geographical concept was developed to insure that interscholastic participation was compatible with a school's educational objectives. The geographic concept helped maintain a "reasonableness" to competition and safeguarded key resources such as time and money, while, at the same time, providing for a structure that was equitable to all member schools. Since 1991, when sectional complexes were first adopted in Class AA basketball, IHSA administrators struggled with how to group and seed the lower-level tournaments in other sports and activities. Without an official policy regarding seeding, the current system has developed into a hodgepodge that lacks consistency and an overarching rationale.

It is important to note that the interscholastic programs of a school are designed to enrich the educational process (\* Note Article 1.140 of the Constitution). The establishment of sound standards and procedures for the regulation and control of interscholastic programs not only provide for fairness and equity, but they also keep the programs in an educational context. The geographic principle is essential to regulating the character of interscholastic competition. This document strips away the conflicting arguments and returns to the IHSA's fundamental principles to establish a framework for organizing a state tournament series.

### The Geographic Principle of IHSA State Tournament Series

1. The State Series is designed to determine a State Champion. The State Series is not intended to necessarily advance the best teams in the state to the State Final.
2. Representation in an IHSA State Final Tournament is determined on a geographic basis — that is, schools advancing to the State Final Tournament (or in Boys Football, the State Final Game) qualify from given geographical areas of the state. Pairings for the State Final Tournament are determined every year in a drawing that is open to the media/public.
3. The number of schools in a State Final Tournament, and levels of competition in the State Series, are determined by the number of schools entered in the series.
4. Schools are assigned to first level tournaments/meets on a geographical basis so that there is a reasonable balance in the number of schools assigned at each first level site.
  - A. Factors considered in assigning schools to first level tournaments include:
    1. Schools willing/eligible/selected to host and their location;
    2. Number of schools entered in state series and their locations; and,
    3. Classification of schools in the state series.
    4. In individual state series tournaments/meets, the number of schools with full teams assigned to the beginning competition is balanced as much as possible. Travel distance to the tournament/meet site could justify an imbalance in the number of schools assigned to a site.
  - B. Factors considered in assigning schools to first level tournaments do not include:
    1. Won-lost records of the schools;
    2. Strengths or weaknesses of the schools in a geographic area;
    3. Anticipated or potential revenue; and
    4. Individual, private requests of schools and/or coaches.
5. Assignments to first level tournaments are reviewed and rearranged every 3 years (though the host of each first level tournament may change from year to year). Sometimes, changes in schools willing to host or schools entered may necessitate intermediate adjustments to the assignments.

## Grouping and Seeding State Tournament Series, continued

### Guidelines for Seeding for Bracketed Team Sports

Seeding shall occur only at the lowest level of grouping, and therefore, neither the super-sectionals nor the state final shall be seeded.

Except in football, where an objective computer-based system shall be used, coaches of the teams in each group shall seed the teams of that group. When voting on seeds, coaches shall not vote for their own school. In each group, all seeds shall be added up, with the highest and lowest seeds being thrown out, and then averaged.

In Class 1A (in soccer) and Class 1A and 2A (in other bracketed team sports), all state series shall begin with sub-sectionals. A sub-sectional is a grouping of two geographic regionals.

In Class 2A and 3A (in soccer) and Class 3A and 4A (in other bracketed team sports), all state series shall begin with sectional complexes. In sectional groupings where excessive travel is a factor, geographic sub-sectionals may be used at the discretion of the IHSA Administrator.

In grouping and seeding a sectional complex, true seeds shall be used to populate the brackets except in cases where a conflict arises with pre-determined regional hosts. (For example, if the #1 and #8 seeds are both regional hosts, they cannot be assigned to the same regional and an adjustment must be made.)

In grouping and seeding a sub-sectional, only the top four seeds shall be separated. Seeds #1 and #4 shall be assigned to the same regional unless there is a hosting conflict, in which case seeds #1 and #3 shall be assigned to the same regional. The remaining schools shall be assigned to the regionals based on geographic proximity and paired according to their seeds.

In pairing the sectional semi-final round containing sub-sectionals, the regional from sub-sectional A containing the #1 seed shall be paired with the regional of sub-sectional B containing the #2 seed, and vice versa, except for the southernmost sectional in Class 3A (soccer) or Class 4A (other sports), where the two regionals in each sub-sectional shall be paired with each other.

In football, after the field for each class is determined, schools in Classes 1A through 6A shall be divided geographically into two groups of 16 and paired according to their seeds within each group. In Classes 7A and 8A schools shall not be separated into groups, but paired according to their true seeds.

In all classes of bracketed team sports, the Executive Director is authorized to modify the state series brackets to accommodate unique travel situations.

## 19. Criteria for Increasing the Number of Classes in IHSA Sports and Activities

The following criteria shall be followed when considering proposals to increase or decrease the number of classes in IHSA sports and activities:

1. The Board of Directors shall determine the number of classes based on the criteria set forth in this policy.
2. The classification systems used by Boys Football, Music, Competitive Cheerleading and Competitive Dance are unique and are determined by the Terms & Conditions of the respective sport or activity.
3. For all other sports and activities, entries may be divided into classes according to the criteria in the following tables:

#### Bracketed team sports/activities

Number of schools entering teams	Number of classes allowed
600 or more	4
300 to 599	2
all others	1

#### Individual sports/activities

Number of schools entering teams or individuals	Number of classes allowed
450 to more	3
350 to 449	2
all others	1

4. Boys and girls sports with comparable entries shall have an equal number of classes.

## **20. Approved School Policy**

Under the provisions of IHSA By-law 1.270, to be granted approved school status, a school must demonstrate that it is in compliance with the following criteria:

1. The school must be Registered or Recognized by the Illinois State Board of Education, or the school must be accredited by an organization that evaluates public and/or private schools. The accrediting organization must be acceptable to the IHSA Board of Directors.

2. In addition, schools must certify that they substantially comply with the Association's rules regarding:

- Scholastic Standing
- Age Limitations
- Contest Limitations
- Participation Limitations

The Board authorizes the Executive Director to grant approved school status to any school meeting the criteria listed above. Schools wishing to be granted approved school status must apply annually.

## **21. Alcoholic Beverages and IHSA State Series Events**

The possession, distribution, sale and or consumption of alcoholic beverages is prohibited at the site and on any affiliated property of any IHSA state series contest. State series hosts are required to make all state series contest sites and any affiliated property, including parking lots, fan accommodation areas, and other school or event venue property, alcohol free zones on the date or dates of any IHSA event being held at the site. Violation of this policy by an event host will subject the host to a penalty for violation of IHSA By-law 2.020. Such penalty may include but not necessarily be limited to prohibition against subsequent event hosting assignments. Violation of this policy by a non-hosting member school will subject the school to penalty for violation of IHSA By-law 2.020. Patrons of any IHSA state series contest determined to be in violation of this policy will be removed from the premise, and law enforcement officials will be called as warranted. No ticket refunds will be granted in such cases.

## **22. Criteria for Selection of Sites for IHSA Meets and Tournaments**

In accordance with Article 1.450 of IHSA Constitution, the following criteria will be used in determining schools that are eligible to host and in selecting schools to host IHSA state series tournaments and meets:

1. Principal/official representative of the school has formally requested consideration by submitting a complete and accurate reply form for hosting an IHSA state series tournament or meet to the IHSA office by the deadline date;
2. Adequacy of facilities and equipment needed to host the IHSA state series tournament or meet, including:
  - a. Competition facilities and equipment
  - b. Seating capacity/types of seating
  - c. Parking
  - d. Press facilities and equipment
  - e. Spectator accommodations
  - f. Team accommodations
3. Past performance in hosting particular IHSA state series tournaments or meets and in hosting IHSA events on an overall basis, from both a positive and negative perspective;
4. Availability of needed seating capacity based on attendance records from previous IHSA state series tournament(s) or meet(s) held in that same geographical area;
5. Anticipated expenses for hosting;
6. Willingness to cooperate with the IHSA Royalty Policy if selected to host;
7. Geographical location of prospective host schools to the schools entered in the IHSA state series and the geographical location of all the various level tournament and meet sites as determined by the state tournament or meet structure stipulated in the Terms and Conditions; and,
8. Whether or not it is a school's turn to host if a rotation plan for hosting has been established. (Note: If more than one school meets the criteria and wished to host a particular IHSA state series tournament or meet, a rotation plan for hosting will be established for those schools.)

## **23. IHSA Performance-Enhancing Drug Testing Policy**

### **Introduction**

In accordance with the work of its Sports Medicine Advisory Committee and Public Act 096-0132, the Illinois High School Association shall implement a performance-enhancing substance testing program for student-athletes at IHSA member schools. The Illinois Department of Public Health shall provide oversight to the association and the testing program as needed.

### **Background**

The value of high school interscholastic programs is found in the over-all physical, emotional, and intellectual development of student-athletes. In that pursuit, anabolic steroids and performance-enhancing dietary substances offer no positive contribution. Rather, their use jeopardizes not only the health of student-athletes, but also impedes in their over-all development. And since this use runs counter to the purpose and value of interscholastic programs, coaches, administrators, school officials or employees, or booster club/support group members have an obligation and responsibility to provide only healthy, safe, and approved substances to student-athletes. In a national study conducted by the U.S. Department of Health in 2003, findings of the survey suggested that just over 3% of surveyed 10th and 12th graders were either currently using anabolic steroids or had within the past year of the survey. A combination of these results and increased dialogue between member schools and the IHSA brought about the realization that the membership was desirous of more direction on this issue. Furthermore, in December of 2006, member schools approved IHSA By-Law 2.170, which took effect on July 1, 2007 and identifies what schools or school officials can and can not distribute to student-athletes, a change aimed at strengthening the relationship between students and their schools by affirming the school's commitment to offering a safe environment in which their students can develop.

Since 2005, the IHSA, through the work of its Sports Medicine Advisory Committee and in conjunction with the National Federation of State High School Associations, has attempted to increase awareness on anabolic steroid use by high school students and provided resources which schools, athletes, and parents could use to reinforce the dangers of anabolic steroids and performance-enhancing dietary substances. For a complete list of resources, interested individuals can access the IHSA's Sports Medicine Advisory Committee's Special Topics page at <http://www.ihsa.org/initiatives/sportmed/index.htm>.

For the 2008-09 school term, the IHSA implemented a performance-enhancing drug testing program that focused on testing during state series competitions. During that school term, nearly 700 students were tested as a part of the program.

In August 2009, Illinois Governor Pat Quinn signed into law Public Act 096-0132, which expanded the association's drug testing efforts. The measure allows for not only an increase in the number of administered tests, but also allows for testing throughout the school year and not just during selected state series competitions.

### **General Prohibitions**

1. It shall be considered a violation of the IHSA By-law 2.170 and its subsections for any student-athlete to ingest, or otherwise use any substance of the IHSA's Banned Substance Classes, without a written prescription and medical documentation provided by a licensed physician who evaluated the student-athlete for legitimate medical condition.
2. Violations found as a result of the IHSA's Performance-Enhancing Substance Testing program shall be penalized in accordance with this policy.
3. Violations found as a result of any other drug or substance testing conducted by a member school shall be penalized in accordance with the member school's athletic code of conduct policy.

### **Banned Substances**

A posting of banned substance classes shall be prepared annually by the IHSA Sports Medicine Advisory Committee and approved by the IHSA Board of Directors. It shall be subject to updates at any point during a school term. A complete posting of the current year's banned substance classes list can be accessed on the Sports Medicine page at [www.ihsa.org](http://www.ihsa.org)

### **Consent**

The association shall prohibit a student from participating in an athletic competition sponsored or sanctioned by the association unless the following conditions are met:

- The student agrees not to use any performance-enhancing substances on the association's most current banned substances classes list, and, if the student is enrolled in high school, the student submits to random testing for the presence of these substances in the student's body, in accordance with the program established by the association.
- The association obtains from the student's parent a statement signed by the parent and acknowledging: that the parent's child, if enrolled in high school, may be subject to random performance-enhancing substance testing; that State law prohibits possessing, dispensing, delivering, or administering a performance-enhancing substance in a manner not allowed by State law; that State law provides that bodybuilding, muscle enhancement, or the increase of muscle bulk or strength training through the use of a performance-enhancing substance by a person who is in good health is not a valid medical purpose; that only a licensed practitioner with prescriptive authority may prescribe a performance-enhancing substance for a person; and that a violation of State law concerning performance-enhancing substances is a criminal offense punishable by confinement in jail or imprisonment.

### **Selection of Athletes to be tested**

- The method for randomly selecting Schools or Student-athletes to be tested for performance-enhancing substances will be approved by the IHSA in advance of any performance-enhancing substance testing, administered by the third party administrator and implemented by the assigned testing Certified collector.
- Student-athletes in the 9th, 10th, 11th and 12th grades at IHSA member-schools are subject to random selection for performance-enhancing substance testing.

## **IHSA Performance-Enhancing Drug Testing Policies, continued**

- Selection of Student-athletes will be based upon a random selection process approved by the IHSA and conducted by the third party administrator.
- Student-athletes will be randomly selected from the current IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form. The IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form shall be the official list of all Student-athletes in grades 9-12 participating in IHSA athletic activities. The School is required to utilize the IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form, which is available for download on the IHSA web site.
- If a student is selected for substance testing and is notified and then subsequently excused from testing that day by the certified collector, the third party administrator may return at a later date to test the student-athlete.
- A substitution, who will also have been randomly selected, shall be made for a Student-athlete who is selected for performance-enhancing substance testing but is absent on the day of said testing. Randomly selected Student-athletes who do not appear for testing for reasons other than an Excused Absence will be treated as if there was a positive test result for an performance-enhancing substance and subject to applicable penalties as described later in this policy.

### **School and Student-athlete Notification of Testing**

- The member school representative and testing site coordinator at a selected School will be officially notified of the performance-enhancing substance testing a minimum of twenty-four (24) hours (1 business day) but no more than forty-eight (48) hours (2 business days) before the day of testing by the third party test administrator.
- The member school representative, testing site coordinator, and/or any other school personnel notified of a performance-enhancing substance testing event are required to keep such notification confidential. Failure of a member school representative, testing site coordinator and/or any other school personnel so notified to keep such notification information confidential will be considered a violation of this policy and subject the member-school to possible sanctions in accordance with section 1.460 of the IHSA Constitution.
- Upon notification of testing, the member school representative will be required to provide an accurate and current list of all Student-athletes in grades 9-12 participating in IHSA athletic activities at the school to the third party test administrator for Student-athlete random selection. The member school representative will be required to submit the list within the time frame specified by the third party test administrator in their notification. The member-school is required to utilize the IHSA Performance-Enhancing Substance Testing Student-athlete Listing Form, which will be available for download on the IHSA web site. The IHSA has the authority to perform audits to ensure that schools are providing complete and accurate Performance-Enhancing Substance Testing Student-athlete Listing Forms to the third party test administrator.
- Upon arrival at the School, the Performance-Enhancing Substance testing Certified collector will provide the member school representative with a list of the randomly selected Student-athletes for performance-enhancing substance testing. The randomly selected Student-athletes will be notified of performance-enhancing substance testing by the member school representative. The member school representative will notify the Student-athlete in person to report immediately to the Collection Station.
- Upon notification the member school representative will have the Student-athlete read and sign the IHSA Student-athlete Notification Form. The time of notification will be recorded on the form. The Student-athlete will report for performance-enhancing testing immediately upon notification. Failure of the Student-athlete to report immediately may be found by the Certified collector to be a violation of this protocol.
- School Personnel will be available in the Collection Station at all times to certify the identity of Student-athletes who cannot provide photo identification and will be responsible for security of the Collection Station at all times.

### **Administration of tests**

Specimens shall be collected by an independent third party administrator and forwarded to a performance-enhancing substance testing laboratory with current certification from the Substance Abuse and Mental Health Services Administration of the United States Department of Health and Human Services, the World Anti-Doping Agency, or another appropriate national or international-certifying organization.

### **Specimen Collection Procedures**

The methodology for taking and handling samples shall be in accordance with current legal standards and shall be reviewed annually as a part of this policy. A full explanation of the collection protocols are outlined in Appendix A of this policy.

### **Sufficiency of results**

A positive result will be any result reported as positive by the accredited laboratory. The Medical Review Officer (MRO) may grant a Medical Exception to a student-athlete who is able to produce documentation showing a legitimate medical need and a prescription from a licensed physician for a banned substance. Results reported as positive by the laboratory shall maintain positive status even though a sanction may not be applied to the student-athlete.

### **Appeal process**

If the certified laboratory reports that a student-athlete's sample has tested positive, and the IHSA Medical Review Officer confirms that there is no legitimate medical reason for a positive result, a penalty shall be imposed unless the student-athlete proves, by a preponderance of evidence, that he/she bears no fault or negligence for the violation. Appeals shall be heard in accordance with IHSA By-law 1.460 before the IHSA Board of Directors.

### **Penalties**

1. Any person who tests positively in an IHSA administered test, or any person who refuses to provide a testing sample, or any person who attempts to alter the integrity or validity of the urine specimen, or any person who reports his or her own violation, or any other breach of the IHSA protocol as determined by the independent third party administrator shall immediately forfeit



## IHSA Performance-Enhancing Drug Testing Policies, continued

his or her eligibility to participate in IHSA competition for a period of 365 days from the test results are reported to the student and the school. Any such person shall also forfeit any individual honor earned while in violation. The student may apply for reinstatement of his/her athletic eligibility no sooner than 90 calendar days of the suspension following successful completion of an approved educational program and testing negative in a subsequent substance test administered by the association's third party test administrator. The costs of the educational program, and the additional substance test, are the responsibility of the student.

Additionally, the IHSA reserves the right to conduct follow-up substance tests, in accordance with the procedures outlined in this policy, any such person who tests positive for a banned substance class in an IHSA administered test.

2. Under the provisions of Article 1.460 of the IHSA Constitution, the Executive Director will evaluate each positive test result situation on a case by case basis to determine if a team/school penalty is appropriate.
3. Under the provisions of Article 1.460 of the IHSA Constitution, the Executive Director will evaluate each positive test result situation on a case by case basis to determine if a coach at a member school knowingly violated the rules of the testing program and if a subsequent penalty against any such coach is appropriate.
4. Under the provisions of Article 1.460 of the IHSA Constitution, appeals will be heard by the IHSA Board of Directors.

### Reporting of Results

In reporting results of IHSA administered substance tests, the accredited laboratory will forward all completed substance test results to the third party administrator. The third party administrator will forward all negative results to the designated IHSA representative. Upon receipt of negative test results, the IHSA will notify member schools of those results.

In the event of positive test results, however, the third party administrator will forward all positive substance test results to the MRO to determine if a medical exception is to be granted to the student-athlete. In such cases, the following shall serve as this policy's medical review process:

1. The third party administrator will notify the MRO of the positive test result. At this time, the IHSA will also be notified that a positive test result has occurred.
2. The MRO will have 48 hours from the time of their notification of the positive test result to contact the student's parent(s)/legal guardian(s). If the MRO is unable to establish contact within 48 hours, the submission time outlined in #3 shall begin.
3. The student's parent(s)/guardian(s) have 48 hours from the time of their notification of the positive test result from the MRO to respond and provide appropriate documentation/materials. If appropriate documentation is not submitted within the prescribed time period, a medical exception shall be denied.
4. Upon receipt of appropriate documentation, the MRO shall have five (5) business days to review submitted documentation/materials and make any final determination whether a medical exception shall be granted or denied.
5. Final determination will be forwarded to the third party administrator and then to the IHSA.
6. If a medical exception is not granted by the MRO for a Student-athlete with a positive finding on Specimen A, Specimen B will automatically be tested. The third party test administrator will notify the member school representative by telephone as soon as possible of the initial positive finding on Specimen A. The telephone contact will be followed by a letter (marked "confidential"), which will be mailed to the member school representative. The third party test administrator will, during the telephone conversation, advise the member school representative that Specimen B will be tested.

### Specimen B

- For Student-athlete's not granted a medical exception and with a positive finding on Specimen A, there is no penalty imposed until completion of analysis of Specimen B.
- The third party test administrator will contact the Parent by telephone as soon as possible and notify them of the positive finding in reference to Specimen A and that Specimen B will be tested. The telephone contact will be followed by a letter (marked "confidential"), which will be mailed to the Parent.
- The third party test administrator will, during the telephone conversation, advise the Parent that Specimen B will be tested. The third party test administrator also will inform the Parent that the Student-athlete may have representation at the Laboratory for the testing of Specimen B and that the Student-athlete in question is not subject to penalty until completion of analysis of Specimen B.
- Notification by the Parent of the intent to have representation at the Laboratory must be given to the third party test administrator within 48 hours (2 business days) of being advised that Specimen B will be tested. Notification of the desire to have a representation at the Laboratory can be accomplished via telephone, fax, e-mail or in writing to the third party test administrator.
- If the Parent desires representation for the Student-athlete at the Laboratory, they must present themselves, or, upon appropriate permissions for confidentiality being granted, their representative, at the Laboratory, at an appointed date and time, within 2 business days of the notification of intent to have representation. Any expenses associated with travel to the Laboratory for this purpose are the responsibility of the Student-athlete or their Parent. If the Parent of the Student-athlete cannot arrange for such representation, the Laboratory will arrange for a Surrogate to attend the testing of Specimen B.
- The Surrogate will not otherwise be involved with the analysis of the Specimen.
- At the testing for Specimen B, the Student-athlete, the Parent, their representative or the Surrogate will verify by signature as to the Specimen Bar Code on Specimen B, that the Specimen Bar Code seal is intact, and that there is no evidence of tampering. If the Specimen Bar Code seal on Specimen B does not match, is not intact or there is evidence of tampering, Specimen B will not be tested and will be discarded by the Laboratory. The result for that Specimen Bar Code will be reported to the third party test administrator as negative and the Student-athlete will not be subject to penalty. In this scenario, the IHSA may require that the third party test administrator collect another Specimen from the Student-athlete.

## **IHSA Performance-Enhancing Drug Testing Policies, continued**

- Specimen preparation, analysis and interpretation for Specimen B analysis will be conducted by a Laboratory staff member other than the individual who prepared, analyzed and interpreted the Student-athlete's Specimen A.
- Specimen B findings will be final. The Laboratory will inform the third party test administrator of the results.
- For Student-athletes who have a Specimen B negative finding, no further action will be taken and the Student-athlete will not be subject to penalty. Negative results for Specimen B will be communicated in the same manner that negative results for Specimen A are communicated. For Student-athletes who have a Specimen B positive finding, the third party test administrator will contact the IHSA, the Parent and the member school representative by telephone as soon as possible and notify each of the Specimen B positive finding,
- Upon notification of the Specimen B positive finding, the IHSA Executive Director shall notify the school of the student's and/or school's penalty for the positive test result.
- A positive finding may be appealed by the Student-athlete or by the Parent on the Student-athlete's behalf to the IHSA.
- Specimens with negative results are kept for five (5) business days and then discarded by the Laboratory. Specimens with positive results are kept by the Laboratory for a minimum of one (1) year.

### **Confidentiality**

Results of all tests shall be considered confidential and, unless required by a court order, shall only be disclosed to the student, his or her parents/legal guardian, the principal, assistant principal(s), and activity director(s) of the school attended by the student.

### **Collection of results**

The IHSA Sports Medicine Advisory Committee shall annually compile and report the results of the testing program to the IHSA Board of Directors. In addition, the committee shall hear an annual report from its selected Medical Review Officer (MRO) and third party test administrator regarding the previous year's testing as a means of consultation prior to its determination of tested sports for the following school term.

### **Program renewal**

The IHSA Board of Directors shall annually determine whether this policy shall be renewed or discontinued.

### **Appendix A Sports Drug-Testing Collection Protocol**

1. Only those persons authorized by the certified collector or client representative/site coordinator will be allowed in the collection station.
2. Upon entering the collection station, the athlete will provide photo identification and/or a client representative/site coordinator will identify the athlete and the athlete will officially be signed into the collection station.
3. The certified collector and/or client representative may release a sick or injured athlete from the collection station or may release an athlete to return to competition or meet academic obligations only after appropriate arrangements for having the athlete tested have been made and documented.
4. The athlete will select a sealed collection beaker from a supply of such and will record his/her initials on the collection beaker's lid or attach a unique bar code label to the beaker.
5. Athletes may not carry any item other than his/her beaker into the restroom when providing a specimen. The athlete must remove all outer clothing (e.g., jackets, sweaters). Any problem or concern should be brought to the attention of the certified collector or client representative for documentation. Athletes must wash and dry hands prior to urination.
6. A collector, serving as a monitor to assure the integrity of the specimen until the designated volume of urine has been collected. The monitor must secure the room being used for the monitored collection so that no one except the athlete and the monitor can enter it until after the collection has been completed. Dyeing agents will be added to toilet bowls to prevent sample substitution and any unsupervised access to water will be eliminated during the collection process.
7. Monitors must be members of the official drug-testing crew and of the same gender as the athlete providing the sample. The procedure requires the athlete to empty contents of all pockets and place in container to be left in a location where the athlete and the monitor can observe. The monitor must request the athlete raise his/her shirt high enough to observe the midsection area completely ruling out any attempt to manipulate or substitute a sample.
8. The monitor will allow the athlete to enter the stall and close the door for privacy during the voiding process. If the monitor hears sounds or makes other observations indicating an attempt to tamper with a specimen, there must be an additional collection under direct supervision.
9. Once a specimen is provided, the athlete is responsible for keeping the collection beaker closed and controlled. The monitor will escort the athlete to the collection processing area.
10. Fluids and food given to athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be free of any banned substances.
11. If the specimen is incomplete, the athlete must remain in the collection station until the sample is completed. An initial temperature reading from the beaker will be recorded. During this period, the athlete is responsible for keeping the collection beaker closed and controlled.
12. If the specimen is incomplete and the athlete must leave the collection station for a reason approved by the collector, the specimen must be discarded.
13. Upon return to the collection station, the athlete will begin the collection procedure again.
14. The collection processor will pour off a small volume of the specimen into a separate container to perform specimen validity checks. Specific gravity will be measured first, and if in range, the collector will measure the pH of the urine in the presence of the athlete.



## **IHSA Performance-Enhancing Drug Testing Policies, continued**

15. If the urine has a specific gravity below 1.005 (1.010 if measured with a reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.
16. If the urine has pH greater than 7.5 (with reagent strip or digital meter), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. No more than 3 urine specimens with a pH greater than 7.5 will be collected. If the urine has a pH less than 4.5 (with reagent strip or digital meter) will be sent to the laboratory and the student-athlete is required to remain in the collection station until another specimen is provided.
17. If the urine has a specific gravity above 1.005 (1.010 if measured with a reagent strip) and the urine has a pH between 4.5 and 7.5 inclusive, the specimen will be processed and sent to the laboratory.
18. The laboratory will make final determination of specimen adequacy.
19. If the laboratory determines that an athlete's specimen is inadequate for analysis, at the client's discretion, another specimen may be collected.
20. If an athlete is suspected of manipulating specimens (e.g., via dilution), the client will have the authority to perform additional tests on the athlete.
21. Once a specimen has been provided that meets the on-site specific gravity and pH parameters, the athlete will select a specimen collection kit and a uniquely numbered Chain of Custody Form (or uniquely numbered set of bar code seals) from a supply of such.
22. A collector will record the specific gravity and pH values.
23. For split sample packaging, the collector will pour approximately 60 mL of the specimen into the "A vial" and the remaining amount (approximately 20 mL) into the "B vial." For single sample packaging, the collector will pour 50 mL into the "A vial." Samples will be shipped to a WADA accredited laboratory.
24. The collector will place the cap on each vial in the presence of the athlete; the collector will then seal each vial in the required manner under the observation of the athlete and witness (if present).
25. Vials and forms (if any) sent to the laboratory shall not contain the name of the athlete.
26. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.
27. The athlete, processing collector, monitor and witness (if present) will sign affidavits on the Custody and Control Form (paper or paperless) affirming all procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded. If deviations are alleged, the athlete will be required to provide another specimen.
28. After the collection has been completed, the specimens will be forwarded to the laboratory and copies of any forms forwarded to the designated persons.
29. The specimens become the property of the client.
30. If the athlete does not comply with the collection process, the collector will notify the client representative/site coordinator and third party administrator responsible for management of the drug-testing program.

## **24. IHSA Public Information Policies**

The Board of Directors maintains the following policies to insure that the public and the principals of member schools have access to information concerning the activities and workings of the Association:

1. **Dissemination of Committee Recommendations Prior to Board Action:** The Board of Directors has instructed the administrative staff to provide a summary of recommendations made by the various IHSA Advisory Committees to the principals of all member schools for review prior to their being considered or acted upon by the Board. These recommendations will be posted on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)) three times each year (generally in October, January and April). Principals are encouraged to communicate their opinions in writing concerning the various committee recommendations to the Board member elected from their Division or to the IHSA Office.
2. **Press Release Following the Board of Directors Meetings:** The Board of Directors has instructed the administrative staff to make available a press release concerning the proceedings of Board of Directors meetings on the IHSA web site ([www.ihsa.org](http://www.ihsa.org)) for access by the news media and member schools. Following each Board meeting, decisions by the Board of Directors which are to be communicated to the public will be announced simultaneously to the member schools, any other parties involved and the news media on the IHSA web site. As a general rule, Board decisions are released the same day as the Board meeting.

## **25. Code of Conduct**

It is recommended by the IHSA Board of Directors that, in the context of IHSA By-law 2.040, every member school establish and maintain a local Code of Conduct, dealing with the problem of the use of tobacco products, alcohol and other illegal, mood-altering and/or performance enhancing drugs or chemicals by students who participate in school athletic and activity programs.

The IHSA also endorses the statement regarding steroid use, contained in all National Federation of State High School Association sports playing rules publications. This statement points out, in part, that "while steroid use is not rivaling the use of alcohol and other drugs in schools, it is a concern. The use of steroids in sports is cheating. We stand opposed to the use of steroids by athletes and all members of the student body because of health and ethical concerns."

## **26. Application for Approval of Cooperative Team**

Schools forming cooperative teams must file applications with the IHSA Office for approval. Please note:

1. One application form must be completed and filed with the IHSA Office for each cooperative team your school wishes to establish. Application forms are available from the IHSA Office.
2. Each application form must contain the signatures of the principals or official representatives and Board of Education presidents of each of the schools involved in the cooperative.
3. Each application must include written approval of the conference(s) in which each cooperating school participated in the previous school year (in the sport for which the coop is being formed), or seven (7) opponents the coop team will play, if it will not play in a conference.
4. Each application must be accompanied by copies of the documents specified on the application form.
5. The application deadlines for cooperative team approval each school year are:

Fall sports—August 1  
Winter sports—October 1  
Spring sports—February 1

## **27. Statement Regarding Non-Discrimination**

The Illinois High School Association is an Equal Opportunity Employer and provider of services. The Illinois High School Association does not discriminate on the basis of race, sex, age, religion, color, marital status, national origin, disability or veteran's status in any decision pertaining to employment, including hiring, firing, wages, hours and other terms and conditions of employment, participation in any program or service offered or sponsored by the Illinois High School Association, the conduct of competition, selection of officials, host schools, or in any other fashion or manner. The Illinois High School Association complies with all laws and regulations of the United States and the State of Illinois pertaining to the foregoing and expects similar compliance by its member schools and all participants.

## **28. Entry Policy and Procedures**

1. The Entry Policy and Procedures for all IHSA sports and activities shall be posted in the Schools Center on the IHSA website for all IHSA member schools. The Entry Policy and Procedures shall contain instructions for entering state series, policies and procedures.
2. Schools entering a state series event agree to participate in accordance with and abide by all the Terms and Conditions for the sport or activity as approved by the IHSA Board of Directors in accordance with the Constitution and By-laws of the Illinois High School Association.
3. Policies Regarding On-line Entry
  - (a) Three deadline dates have been established for entries.
    - (1) You may elect to enter IHSA sports or activities by season. On-line entry deadlines are below:  
Fall - the first Friday after Labor Day  
Winter - November 1  
Spring - February 1; or
    - (2) You may elect to enter all IHSA sports or activities for the entire school term. Note: The fall entry deadline is the first Friday after Labor Day.
  - (b) Schools must use the on-line procedures to enter IHSA sports or activities. Only the Principal/Official Representative has access to this database using an exclusive password.
  - (c) On-line entry must be complete no later than the deadline dates listed above. Any attempt to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter late need to have approval from the IHSA administrative officer for that sport or activity.
4. Schools can check the status of entries for all IHSA sports and activities at the Schools Center area of the IHSA web site. On-line entry for an approved cooperative team must be completed by the Principal/Official Representative of the **designated host school**.

## Entry Policy and Procedures, continued

5. Prior to each original entry deadline date, the Principal/Official Representative of each school entered in a sport or activity last year and from which an entry has not yet been completed on-line will be notified by mail. This contact is to serve as a final reminder about the original entry deadline date.
6. Policies Regarding Late Entries
  - (a) Any attempt to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter after the deadline will be considered late. To be considered for late entry, the Principal/Official Representative must contact the IHSA administrative officer in charge of that sport or activity.
  - (b) The penalty for a late entry in an athletic state tournament or meet series shall be the payment of \$100 for that sport by the school.
  - (c) The penalty for a late entry in an activity state contest shall be the payment of \$100 for that activity by the school.
  - (d) A school may be permitted to enter a sport or activity any time as a late entry before the beginning of the tournament series provided:
    - (1) The IHSA administrative officer in charge of the sport or activity determines whether or not the late entry can be accommodated;
    - (2) The school agrees to follow whatever special provisions might be necessary to accommodate the late entry; and,
    - (3) The schools Principal/Official Representative must send written notice of entry to the IHSA office upon approval to enter from the IHSA Administrator of that sport.
7. Policies Regarding Late Withdrawals
  - (a) Breach of Contract By-law 6.041
    - (1) To withdraw without penalty, the Principal must notify the IHSA Office, in writing, of the school's withdrawal from the respective sport prior to the seeding meeting and/or the date the List of Participants is due for that sport.
    - (2) If a school withdraws after the seeding meeting/list of participants due date but before the first competition, the school will be charged a \$100 penalty and, if applicable, the cost of game officials and the host school guarantee provided for in the Terms and Conditions.
    - (3) If a school does not officially withdraw prior to the first competition and/or does not show up for competition, the school will be charged a \$100 penalty, the cost of game officials and the host school guarantee according to the Terms and Conditions for the respective sport.
    - (4) In all activity state contests, schools that have an entry in an activity and withdraw that entry will be responsible to pay a penalty of \$100 for late withdrawal in that activity, unless the Principal/Official Representative notifies the IHSA Office of the withdrawal, in writing or by telephone pending receipt of written withdrawal, prior to the withdrawal deadline date included in the Terms and Conditions for that activity.
8. These policies and procedures regarding entries for all IHSA sports and activities shall be followed by all IHSA office personnel, without exception.

## 29. Prayer at IHSA State Series Contests

Prayer at an IHSA state series contest that takes place over the public address system is prohibited.

## 30. IHSA Affirmative Action Policy for Girls on Boys State Series Teams

### I. Rationale

This Affirmative Action Policy addresses the issue of girls participating on boys' teams and boys participating on girls' teams during the IHSA state series. The overall philosophy is that schools should provide separate but comparable athletic opportunities for each sex. There are circumstances however, when an opportunity to compete at a school is not provided a girl or a boy. This policy protects the existing participation opportunities for the underrepresented gender (girls) and also allows that gender additional participation opportunities when they are not provided to them at their school.

The position of the Association is that a girl may participate on a boys' teams but a boy may not participate on a girls' teams. The foundation for this rationale is that by allowing a boy to compete on a girls' team, he most likely would replace a girl on that team thus taking away another opportunity. This situation not only adds to the difference in participation opportunities but also hurts the growth of the girls program.

IHSA is not the enforcement agency. The Illinois State Board of Education (ISBE) monitors the Federal law and the Illinois Sex Equity Rules that require school districts to offer athletic programs that accommodate the interest and abilities of both sexes to a comparable degree. It is their agency that the IHSA member schools must work through in regards to compliance. Therefore, procedures established in this policy are in keeping with the ISBE's role.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

### **II. Policy for a Girl Entering an IHSA Boys Tournament Series.**

This policy applies only to the IHSA state series. During the regular season, schools and conferences will have local control. When a school wants to enter a girl in an IHSA boys state series tournament, the following policy applies.

A member school may enter a girl in the IHSA boys athletic state tournament series when:

1. The only team in the sport offered at the school is a boys' team;
2. The girl(s) has participated on that particular boys team during the regular season and;
3. The member school has secured a "Letter of Verification" from the Illinois State Board of Education indicating that the school is in compliance with the Illinois Sex Equity Rules.

### **III. Process**

A school must request a letter of verification from the ISBE in order for a girl to participate on a boys team in the IHSA State Series.

To obtain a letter of verification from ISBE, the official school representative must complete a 3-step process. The ISBE is the controlling agency for this process, therefore the request forms are accessed through the ISBE website. A school can access their link through the equity center at [www.ihsa.org](http://www.ihsa.org).

The self-assessment is good for one reporting school year. If your school has NOT completed the assessment within that time, then the following process must be followed.

1. Complete Form B, Step 1 of the "Request for a Girl to Participate on a Boys Team";
2. Complete Form B Step 2 of the "Request for a Girl to Participate on a Boys Team"; this form includes the actual self-assessment criteria.
3. Complete the Form B step 3 of the "Request for a Girl to Participate on a Boys Team".
4. Send all forms to the ISBE.
5. The ISBE will act on your request and subsequently they will acknowledge your schools compliance status with the Illinois Sex Equity Rules (23 Illinois Administrative Code 200) Section 200.80 Extracurricular Program and Activities. This letter will make eligible the girl for participation in the IHSA state series on the boy's team.
6. A copy of that letter will also be sent to the IHSA by the ISBE.

The self-assessment is good for 4 school years. If your school has been granted permission for a girl to participate on a boys team within the last 4 years, then your past self-assessment may be used. The following process for a school that has completed a self-assessment within 4 school years is as follows:

1. Complete Form A, Step 1 of the "Request for a Girl to Participate on a Boys Team";
2. Complete Form A Step 2 of the "Request for a Girl to Participate on a Boys Team"; this form includes the actual self-assessment criteria.
3. Complete the Form A step 3 of the "Request for a Girl to Participate on a Boys Team".
4. Send all forms to the ISBE.
5. The ISBE will act on your request and subsequently they will acknowledge your schools compliance status with the Illinois Sex Equity Rules (23 Illinois Administrative Code 200) Section 200.80 Extracurricular Program and Activities. This letter will make eligible the girl for participation in the IHSA state series on the boy's team.
6. A copy of that letter will also be sent to the IHSA by the ISBE.

#### **Late Request Conditions**

If a request is late and the report cannot be filed prior to the start of the state series, the state Board of Education will conditionally allow participation provided the school agrees to submit the report within the school year. If the report is not submitted by the next school year, then the school will not be granted permission for any girl to compete in any IHSA boys state tournament series.

#### **Where to Send Your Request for Permission:**

Illinois State Board of Education  
Accountability Division  
Lynda Vaughn  
(312) 814-2223  
[lvaughn@isbe.net](mailto:lvaughn@isbe.net)

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

### **IV. Penalty**

If a school does not request permission through the ISBE for a girl to participate on a boy's team, then the girl(s) is excluded from the IHSA boys tournament state series.

#### **Illustrations of Policy**

##### **Boys on Girls Team**

1. Q. Is there any state series in which a boy may compete in the girl's tournament?  
A. No. A member school will not be permitted to enter a boy in an IHSA girls state tournament series in any sport.

##### **Girls on Boys Team**

2. Q. Can a girl participate on a boys' team if she was not a member of the boy's team during the school year?  
A. No.
3. Q. Can a girl, who has participated on the boys' team during the regular season, compete in the boys state series instead of the girls state series.  
A. Yes. If a member school offers a boys' team but no girls team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, and in which students may compete for individual honors, the school will be permitted to enter a girl in the boys state tournament series provided she has participated on the boys team in that sport during the regular season.
4. Q. Can a girl who has participated on the boys team during the regular season, opt to compete in the girls state series instead?  
A. Yes. The school may elect to enter the girl to compete for individual honors in the IHSA girls state tournament series in that sport. However, a school will not be permitted to enter a girl in both the IHSA boys and girls state tournament series in that sport.

##### **Split Seasons**

5. Q. Can a girl who is participating on the boys team during the season also compete in a girl meet or contests?  
A. Yes, however, by competing in a girl's meet or contest, that school has established a girl's season and therefore she would not longer be eligible to compete for the boy's team.
6. Q. If a member school offers both a boy's team and a girl's team in the same sport but in different seasons, can the girl participate on the boy's team?  
A. No, that school will be permitted to enter a girl in the IHSA girls state tournament series only in that sport, even though the boys and girls tournaments may occur in different seasons.

##### **Lack of Either Program**

7. Q. If a member school does not offer a boys team or a girls team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, and if there is an option to compete for individual honors, can a girl enter the boys state series?  
A. No, the school will be permitted to enter a girl in the girls state tournament series only.
8. Q. If a member school offers a girls team but no boys team in a sport in which the IHSA sponsors both a boys and a girls state tournament series, can the school enter a girl in the boys state series.  
A. No, the school will be permitted to enter a girl in the girls state tournament series only.

##### **Single Sport Programs**

9. Q. Can a girl participate on the baseball team if a softball team is offered at the school?  
A. Yes.
10. Q. If a member school does not offer a boys team in a sport in which the IHSA sponsors only a boys state tournament series and in which students may compete for individual honors, will the school be permitted to enter a girl in the IHSA boys state tournament series in that sport.  
A. Yes

##### **Regular Season Participation Limitation**

11. Q. During the regular season, does this policy apply?  
A. During the regular season, local school districts will need to make that determination based on the Illinois Sex Equity Policy and Title IX. Our policy applies to the IHSA state series only.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

12. Q. Can a girl who has entered the girls state series but is participating on the boy's team during the regular season; play in the girl's conference championship?
- A. Maybe. Once a girl participates in a girls contest, the school has established a girls season and therefore she must cease participation with the boys team. If the conference meet is the last meet she will play in before the girls state series, then she could participate in the conference meet and any other girls contests before the state series.
13. Q. Can a girl who competes in the girls season, participate in a practice with the boys team if both the boys and girls seasons are the same:
- A. Yes, provided both programs are in the same season. No if the programs are in different seasons as is the case for example, in tennis, swimming, soccer, volleyball, and gymnastics.

### **Historical Perspective**

Since the 1974-75 school year, when Dixon High School won the IHSA Girls State Bowling Tournament with a team composed of four boys and one girl, the IHSA in conjunction with the Illinois State Board of Education and the Office of Civil Rights develop the affirmative action policy. To date, the IHSA Terms and Conditions for all athletic state tournament series include a provision that only girls may participate in the girls state series.

The affirmative action policy was established in 1987 from the encouragement of the Joint Committee of the General Assembly. Subsequently in 1988 a special Blue Ribbon Committee addressed the issue of affirmative action. The committee based the IHSA affirmative action policy on the following eighteen beliefs. The policy throughout the years has been legally challenged and upheld.

#### **IHSA believes:**

1. In the overall philosophy and goal to provide separate but comparable athletic opportunities for girls.
2. That in some instances, we must recognize the small school's problems in trying to furnish two teams, one for girls and one for boys, in a sport.
3. That there should be specific provisions by which the immediate needs of an individual girl, lacking available opportunities to participate in given sports, may be accommodated.
4. Because the Affirmative Action Policy will achieve more and sacrifice less in the process it will be more effective and will accomplish vastly more on behalf of female student-athletes in the schools of Illinois than any remedies litigation and/or additional legislation can offer.
5. Separate but comparable programs of athletic competition for high school girls and boys are beneficial to both sexes.
6. That many female student-athletes who have the ability and are willing to pay the price in terms of long hours of practice and adherence to academic eligibility standards have not been able to participate on an athletic team representing their school.
7. That schools that fail to initiate or expand girls athletic programs prevent equitable and comparable athletic opportunities for girls.
8. That if girls competed against boys in athletic competition, some girls might be able to beat some boys some of the time, but most boys will be able to beat most girls most of the time. Therefore, girls generally would be eliminated from a school sports program if competition for team membership were open to both boys and girls. The exceptionally talented girl could perhaps survive — and may even surpass some boys in isolated cases. But the physical and competitive needs of the vast majority of girls could not be satisfied by joint membership of boys and girls on the same team.
9. It is important that educators and school administrators have the freedom to prescribe the policies that best serve the needs of some boys and girls in the IHSA member high schools of Illinois. State laws and litigation, which may be well meaning but perhaps focused on a special vested interest or an isolated instance, should be last resort measures to rectify a problem caused by an inappropriate rule or policy.
10. Parameters to permit boys to compete on girls interscholastic athletic teams as well as to permit girls to participate on boys teams would cause irreparable harm to existing and future girls athletic programs in IHSA member schools by allowing boys to replace girls on school athletic teams, especially those in sports in which boys teams are not regularly maintained (i.e., badminton, softball, volleyball, etc.). Further, schools would not be motivated to provide equal and comparable interscholastic athletic programs for girls as well as boys if they could simply accommodate an occasional girl who was sufficiently skilled in a sport to qualify as a member of a boy's team. Participation opportunities for girls would suffer greatly under such circumstances. We are committed, instead, to promoting and fostering equitable and comparable opportunities for girls in interscholastic athletics and we are convinced the provisions of the IHSA Affirmative Action Policy effectively accomplish this goal.

## **IHSA Affirmative Action Policy for Girls on Boys State Series Teams, continued**

11. To permit participation on a team by only a given percentage of student-athletes of the opposite sex of students for which the school team is intended would still be a discriminating factor. One boy, as a pitcher on a girl's softball team, for example, could readily dominate and change the outcome of a girl's softball game.
12. Being named in the School Code of the State of Illinois as an organization to be specifically consulted, the Illinois High School Association has worked very closely with the Illinois State Board of Education and the General Assembly in the promulgation and implementation of the initial Sex Equity Guidelines and the current Illinois Sex Equity Rules. We believe this specifically appointed role for the Illinois High School Association presents the Association with a compelling governmental interest in making sure that girls have equal access to the athletic state tournament series sponsored by the IHSA.
13. The Illinois Sex Equity Rules, as well as Title IX, require each school to have a written sex equity policy and a written grievance procedure whereby a female student-athlete may pursue complaints of discrimination on the basis of sex in the interscholastic athletic programs offered by a school system. The required grievance procedure must be reasonably communicated to the students and parents in a school system and must provide for an appeal process through the Regional Superintendent to the State Superintendent of Education. We are convinced that if Title IX, the Illinois Sex Equity Rules and the administrative remedies they prescribe are properly implemented and administered; costly and unnecessary litigation on behalf of a female student-athlete in the area of sex discrimination would be virtually eliminated.
14. We believe separate but comparable programs of athletic competition for high school girls and boys are beneficial to both sexes. In the context of this philosophy IHSA has established thirteen athletic state tournaments for girls to provide parity with the fourteen state tournaments the Association currently offers for boys. In addition, IHSA policy provides that when adding or deleting a new state series, equity will be part of the consideration.
15. We believe that unfortunately many female student-athletes who have the ability and are willing to pay the price in terms of long hours of practice and adherence to academic eligibility standards may not be able to participate on an athletic team representing their school. Many schools have been unduly slow to initiate or expand girls athletic programs and thereby might not be complying with the mandates put forth in federal and state laws, specifically Title IX of the Education Amendments of 1972 and the Illinois Sex Equity Rules of the School Code of the State of Illinois. Even greater denial of equal and comparable opportunities to female athletes may be caused by participation by girls on boys teams where the school does not offer a girls team in a sport. This practice could curtail the establishment of overall equitable and comparable athletic opportunities for girls to participate in school athletic programs.
16. On the basis of the results of their student athletic interest surveys required by both Title IX and the Illinois Sex Equity Rules, schools must allocate funds, facilities, equipment and personnel to girl's athletics on the basis of the number of participants, squads and contests. Schools should be encouraging the growth of an emerging girls program while striving for the continued good health of the boys program. Girl's athletic teams should be given no more or no less consideration than boy's teams.
17. It cannot be denied that if girls competed against boys in athletic competition, some girls might be able to beat some boys some of the time, but most boys will be able to beat most girls most of the time. It must then follow that girls generally would be eliminated from a school sports program if competition for team membership were open to both boys and girls. The exceptionally talented girl could perhaps survive — and may even surpass some boys in isolated cases. But the physical and competitive needs of the vast majority of girls could not be satisfied by joint membership of boys and girls on the same team.
18. The IHSA has cooperated fully with the Office for Civil Rights in making sure the sports season limitations and the rules and regulations governing interscholastic athletic competition for boys and girls in IHSA member schools are in compliance with Title IX of the Education Amendments of 1972.

## **31. Trademark Use And Royalty Policy**

For purposes of this Illinois High School Association Trademark Use and Royalty Policy (this "Policy"), the term "Trademarks" shall collectively refer to all names, marks, symbols, emblems, logos, designs, trade dress, slogans, taglines and other designations utilized by the Illinois High School Association (the "IHSA"), including, without limitation, those marks listed at the end of this Policy as Exhibit A. The Trademarks are protected under applicable state and/or federal law.

### **1. License to IHSA Member Schools.**

By virtue of membership in the IHSA, and subject to the terms of this Policy, each member school is granted a non-exclusive, non-transferable license to use the Trademarks on or in connection with printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection with any contests, games, meets or other event conducted by or under the auspices of the IHSA, including regional, sectional and super-sectional events (collectively, "State Series Events"). Specifically excluded from the license granted to the member schools are any state final championship events (collectively, "State Final Events"). All uses of the Trademarks pursuant to this Policy must receive the prior written approval of the IHSA.

## Trademark Use and Royalty Policy, Continued

2. **Use of IHSA Licensed Vendors Only.** Only IHSA-licensed vendors may be utilized to produce printed publications, event merchandise, audio-visual productions bearing the Trademarks and otherwise pursuant to this Policy. Any contract with a licensed vendor shall: (i) require full and timely compliance with this Policy, including, without limitation, timely accounting and payment of any royalties due to the IHSA, and (ii) establish any terms of the business arrangement between the member school and licensed vendor which are separate and in addition to the requirements of this Policy. Unless otherwise agreed by the IHSA, any agreements between a member school (or tournament event host) and a licensed vendor for printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection with any State Series Events shall be subject to the prior approval of the IHSA. No contingent or multi-year contract shall be entered into for any State Series Events.
3. **State Series Events.** The IHSA's name and at least one of the Trademarks must be included on all printed publications, event merchandise, audio-visual productions and otherwise created and/or distributed in connection any State Series Events. Further, any time a member school hosts a State Series Event, the contemporary IHSA logo must be: (i) conspicuously displayed on the front cover of any program and on any other printed material produced for the State Series Event, and (ii) included on any merchandise, audio-visual productions and otherwise produced in conjunction with the State Series Event.
4. **State Final Events.** No member school or licensed vendor may use the Trademarks in connection with any State Final Events without the prior, written approval of the IHSA. Only IHSA-designated licensed vendors shall be allowed to create or distribute any printed publications, event merchandise, audio-visual productions and otherwise in connection with any State Final Events. Only IHSA-designated licensed vendors will be permitted to be on or around the premises of State Final Events for commercial or retail purposes.
5. **Regular Season Events.** At the option of each member school, the contemporary IHSA logo may be incorporated into any printed publications, event merchandise, audio-visual productions and otherwise created for regular season games—but is not required to be used. In the event a member school chooses to so utilize the contemporary IHSA logo, the member school is obligated to pay to the IHSA royalties in accordance with this Policy and such items shall only be produced by vendors licensed by the IHSA.
6. **Prohibited Uses of the Trademarks.** Member schools and licensed vendors may not: (i) alter the Trademarks in any way, (ii) co-brand their own products or materials with the Trademarks; or (iii) incorporate the Trademarks into their respective trademarks, service marks, company names, Internet addresses, domain names, or any other similar designations.
7. **Use of the Trademarks for Promotion.** Member schools and licensed vendors may use Trademarks to promote the sale of IHSA-approved publications, merchandise, audio-visual productions and otherwise provided that they each follow the guidelines otherwise set forth in this Policy.
8. **General Trademark Usage Considerations.**
  - (a) The Trademarks must always be printed in capital letters with the appropriate TM or ® symbol prominently displayed; and
  - (b) In printed publications, ownership of any Trademark should be indicated in close proximity to Trademark usage to the extent feasible.

EXAMPLE: When using the trademark "THE FUTURE PLAYS HERE®", somewhere on the same page should appear the following phrase: "THE FUTURE PLAYS HERE® is a registered trademark of the Illinois High School Association." In larger publications with multiple Trademarks utilized, instead of indicating the ownership each time a Trademark is used, it would be acceptable to include the following phrase in a prominent location in the publication: "(INSERT) are all trademarks owned or licensed by the Illinois High School Association."
  - (c) Trademarks shall be set apart from the nouns they modify. Please follow every use of a Trademark with an appropriate noun consisting of the IHSA product or service that is branded with the mark. The Trademarks are adjectives and may not be used as nouns, verbs, puns, alone as a shorthand way of identifying a product or service, or in the possessive or plural forms.
  - (d) Member schools and licensed vendors that desire to reproduce any Trademarks must contact the IHSA to obtain high quality version(s) of the Trademark(s) to be reproduced. Trademarks shall not be obtained/reproduced from any other source, including, but not limited to, the IHSA's website or other publications.
9. **Special Limitations on Certain Trademarks.** The use of the following Trademarks is subject to special restrictions and limitations as indicated below:
  - (a) **MARCH MADNESS®** This mark is required to be used on the front cover of all IHSA boys and girls basketball State Events Series and State Final Event programs. This mark may not otherwise be used unless specifically authorized in writing by the IHSA.
  - (b) **AMERICA'S ORIGINAL MARCH MADNESS®** This mark must be included on the cover, or elsewhere within all IHSA boys and girls basketball State Events Series and State Final Event programs. This mark may not otherwise be used unless specifically authorized in writing by the IHSA.
  - (c) **MARCH MADNESS EXPERIENCETM** This mark cannot be used unless specifically authorized in writing by the IHSA.
10. **Royalty Payments -Printed Publications.**
  - (a) A royalty equal to five percent (5%) of the gross advertising revenues generated in connection with any printed publications sold or distributed by a member school or licensed vendor at or in connection with any IHSA activity during the regular season or for any State Series Event will be due to the IHSA for any use of the Trademarks.
  - (b) Licensed vendors shall deliver a full accounting of revenues generated and make any royalty payments due to the IHSA by the earlier of: (i) 30 days after the date of the event for which the printed publications were sold or distributed, or (ii) June 30.



## Trademark Use and Royalty Policy, Continued

- (c) Member schools shall deliver a full accounting of revenues generated and make any royalty payments to the IHSA when the school submits all financial reports for the respective State Series Event hosted, or within 30 days for regular season events.
  - (d) No royalty shall be owed where a member school prepares and distributes programs or other printed publications containing no ads or utilizing no Trademarks, with or without the involvement of any licensed vendor.
- 11. Royalty Payments- Merchandise.**
- (a) A royalty equal to eight percent (8%) of the gross revenue generated in connection with the sale of each item of merchandise by a member school or licensed vendor at or in connection with any IHSA activity during the regular season or for any State Series Event will be due to the IHSA for any use of the Trademarks. The royalty shall be paid to the IHSA by either the hosting member school or licensed vendor, whichever party is responsible for the first sale of each finished item, and based on the following:
    - (i) Wholesale to Member School: Total amount charged by licensed vendor to member school for the finished merchandise,
    - (ii) Licensed Vendor Retail: Total amount charged by licensed vendor to customers for the finished merchandise, or
    - (iii) Member School Created: Total amount paid by the member school to vendor(s) for the unfinished merchandise item, together with any amounts paid for printing.
  - (b) Licensed vendors shall deliver a full accounting of revenues generated and make any royalty payments due to the IHSA by the earlier of: (i) 30 days after the date of the event for which the merchandise was sold or distributed, or (ii) June 30.
  - (c) Member schools shall deliver a full accounting of revenues generated and make any royalty payments to the IHSA when the school submits all financial reports for the respective State Series Event hosted, or within 30 days for regular season events.
  - (d) No royalty shall be owed: (i) for merchandise used by the host school for floor, bench and/or other officials, or (ii) for the application of lettering or numerals to merchandise items for all levels of competition below State Final Events.
- 12. Royalty Payments- Other.** Any proposed uses of the Trademarks not otherwise addressed herein (e.g., audio-video production, etcetera) shall be presented to the IHSA in writing and dealt with on a case-by-case basis.
- 13. Miscellaneous.**
- (a) It shall be the responsibility of the member schools to refer third parties wishing to become licensed vendors to the IHSA for consideration.
  - (b) The IHSA shall prepare and distribute to member schools a listing of licensed vendors on a regular basis.
  - (c) The enforcement of this Policy shall be the responsibility of each member school in conjunction with the IHSA. The collection of the revenue required pursuant to this Policy shall be the responsibility of the IHSA via, as appropriate, the member school or licensed vendor. Forms for the accounting of all royalties due will be provided by the IHSA and must be used by the member school or licensed vendor. All contracts and agreements shall be for the benefit of the member school, tournament event host and IHSA, whether or not any of the foregoing is specifically named in the contract or agreement. The IHSA may enforce this Policy for itself and on behalf of any member school or tournament event host as IHSA may elect in its sole discretion.
  - (d) Selection of a member school to host a particular State Series Event shall be conditioned, in part, upon such member school's agreement to comply with and enforce this Policy. Failure to enforce this Policy by any member school may disqualify such member school from eligibility to host future State Series Events.
  - (e) This Policy may be revised as deemed necessary by the IHSA. Any such revisions shall be binding on all member schools upon the publication of same by the IHSA.

### Illustrations and Applications

- 1) Q. What Are Royalty Fees?
  - A. A "royalty fee" is a set amount of money paid, usually on a weekly, monthly or quarterly basis, by a user of intellectual property (e.g., trademark, copyright, patent) or some other right (e.g., franchise rights) to use rights belonging to another. In music, a royalty fee is paid by a singer to the holder of the copyright to the song. In theater, a fee is paid to a writer or playwright for the use of a play. In sports, a royalty fee is paid to a team or league by vendors who wish to use the logos and other trademarks of the team and/or league on items produced by the vendor.
- 2) Q. If a member school and/or its boosters create apparel (or other merchandise) to be sold or given away as an item which promotes and encourages school support and/or school spirit as the school participates in a given State Series Event, must that apparel contain the IHSA logo or other protected marks?
  - A. Yes. The IHSA name and at least one logo must be included on all items produced in connection with an IHSA State Series Event (e.g., Panther Regional Champs or Panther Football Playoffs).
- 3) Q. If a member school and/or its boosters create apparel (or other merchandise) to be sold or given away as an item which exclusively promotes and encourages school support and/or school spirit, must that apparel contain the IHSA logo or other protected marks?
  - A. No. Use of an IHSA trademark would not be required provided the item is school related merchandise and not associated with an IHSA State Series Event (e.g., Panther Pride or Panther Boosters).
- Q. Can these items be sold at an IHSA State Series Event?
  - A. Yes.

## Trademark Use and Royalty Policy, Continued

### 4) Tournament Managers & Miscellaneous Regarding Contracts

- (a) The person designated as Tournament Manager by each member school for each IHSA State Series Event being hosted by the member school is the person responsible for entering into agreements regarding compliance with the IHSA Trademark Use and Royalty Policy.
- (b) Each member school can (and should) enter into agreements with desired IHSA-licensed vendors to produce programs with ads, and/or various other merchandise items for all State Series Events hosted by the member school. Such agreements become a contractual business arrangement between the licensed vendor and the host school separate from what is provided for in the IHSA Trademark Use and Royalty Policy. Any agreements for the production of items for an IHSA State Series Event, or otherwise using the IHSA name or trademarks, shall necessarily incorporate the terms and conditions of the IHSA Trademark Use and Royalty Policy by reference. Such agreements shall also only be entered into with IHSA-licensed vendors. Please note, however, that IHSA-licensed vendors are prohibited from producing or distributing any printed publications, event merchandise, audio-visual productions or otherwise related to any State Final Events UNLESS specifically designed by the IHSA.
- (c) In all instances in which the IHSA Trademark and Royalty Policy applies, the Tournament Manager must require each different licensed vendor doing business with the member school to produce for verification a valid IHSA Vendor License Agreement for the current school year. This must be done before entering into any agreement/contract for the item(s) being produced for the State Series Event being hosted by the member school.

### 5) Print Policy Applications

If a member school contracts with an IHSA-licensed vendor to sell ads in a program provided to the host school, the licensed vendor is responsible to pay the applicable five percent (5%) royalty fee directly to the IHSA, plus any fees due to the host school included in the separate business agreement. If a member school does not use a licensed vendor, but sells ads and produces its own program bearing the IHSA name or any IHSA trademarks, the member school itself is responsible to pay the applicable five percent (5%) royalty fee directly to the IHSA. For example, a company specializing in program production strikes a deal with the Tournament Manager to produce a program and give the Tournament Manager certain financial consideration. The company sells \$5,000 worth of ads to businesses and people in the host school community and in the communities sending teams to the State Series Event. The deal is that the company sells ads in the program and keeps that money, while it provides the programs free to the host school and agrees to give the tournament manager \$200. The licensed vendor is liable for five percent (5%) of the collected gross advertising revenue (in this case, \$250) as royalty fee payable to the IHSA. The licensed vendor then separately pays the tournament manager the \$200 because it is part of a separate agreement between the licensed vendor and the Tournament Manager. In the instant case, the Tournament Manager may sell the program and retain all the revenue generated by such sales.

- Q. If an advertiser does not make payment to either the licensed vendor which produced a program or the member school which produced the program, must the producer of the program remit the appropriate royalty fee for any such unpaid ad(s) to the IHSA.
- A. No, if permission is requested from the IHSA in writing by the vendor/member school within sixty (60) days following the event and granted by the IHSA. Each request will be considered on an individual basis. Yes, otherwise.

### 6) Merchandise Policy Applications

If a member school contracts with a licensed vendor to produce merchandise, the licensed vendor is responsible to pay applicable royalty fees directly to the IHSA, plus any fees due to the host school included in the separate business agreement. If a member school does not use a licensed vendor, but produces its own merchandise bearing the IHSA name or any IHSA trademarks, the member school itself is responsible to pay the applicable eight percent (8%) royalty fee directly to the IHSA. For Example, a t-shirt maker produces 100 shirts for a regional and sells them to the host school for \$5.00 each. The licensed vendor is liable to the IHSA for eight percent (8%) of the sale price (100 shirts x \$5.00 x .08%, \$40 total royalty due). The member school retains the difference between the price it paid the licensed vendor for the shirts and the gross sales revenue generated for any shirts it sells at retail.

- Q. May a licensed vendor sell wholesale to a vendor who is not a member school hosting the State Series Event?
- A. Yes, but the royalty fee to be paid to the IHSA by the licensed vendor producing the merchandise shall be computed at the licensed vendor's retail rate, and not the wholesale rate charged to the member school.

### 7) Q. Who Collects and Submits Royalty Fees to the IHSA?

- A. All licensed vendors pay royalty fees directly to the IHSA, and Tournament Managers need only to inform the IHSA on the regular state series financial report form the name of the company and contact person with whom the member school entered into business agreements in areas covered by the IHSA Trademark Use and Royalty Policy.
- A. If a member school produces its own printed pieces with ads, and/or event merchandise, the member school pays royalty fees directly to the IHSA and reports on the regular state series financial report form.

EXHIBIT A

WORD MARKS

IHSA®

ILLINOIS HIGH SCHOOL ASSOCIATION®

THE FUTURE PLAYS HERE®

THE FUTURE FISHES HERE®

ADD A TUDE™

PACK THE PLACE™

HAPPENING™

CHALLENGE YOURSELF™

SPORT A WINNING ATTITUDE . . . SPORTSMANSHIP™

SPORTSMANSHIP STARTS WITH AN ATTITUDE

PLAY SMART. PLAY HARD.

\*\*MARCH MADNESS®

\*\*AMERICA'S ORIGINAL MARCH MADNESS®

\*\*MARCH MADNESS EXPERIENCE®

DESIGN MARKS



\*\*Special permission is required for use of "March Madness" "America's Original March Madness" and "March Madness Experience"

THIS EXHIBIT A MAY BE  
AMENDED BY THE IHSA  
AT ANY TIME

## 32. Corporate Sponsorship Policy

Schools and business in Illinois have a long history of partnership. The Illinois High School (IHSA) shall allow corporate involvement in its interscholastic activities through carefully constructed relationships with companies and organizations to generate income, promote interscholastic participation, and create savings that benefit its member schools and the students who attend them. The guiding philosophy of this corporate partner involvement will be to balance the IHSA's commitment to education, integrity and quality with acceptance of financial support for its interscholastic activities, related programs and membership services. Through corporate partners, the IHSA shall maintain a conscious and consistent effort to assure that the Association's commitment to its constitutional objectives are not compromised.

The Association shall place limits on the amount of corporate partners, the scope of their corporate involvement, use of the IHSA marks and the level of corporate identification with IHSA events. The Association shall insist that its corporate partners be quality companies that are supportive of the Association's responsibility to develop educational programs that benefit its member schools and the students who attend them.

Balancing the interests of the parties requires the establishment and clear identification of realistic goals and expectations. Flexible thinking and an honest effort to accommodate divergent interests are prerequisites to a successful program. The corporate partners must be willing to adapt their promotional activities to the constraints of the Association's philosophy and the IHSA must be sensitive to the practical needs of the corporate partners to use the relationship in beneficial ways.

The Association appreciates and is fully aware of the reality that there must be real benefit and value to corporate partners which participate with the IHSA. Efforts will be made by the Association to enable its corporate partners to promote sales through their relationships with the IHSA, identification with IHSA events and programs that benefit the member schools. The viability and success of any corporate involvement requires that the participants—the IHSA and each corporate partner—benefit from the relationship.

It is impossible to develop a detailed set of rules and regulations defining permitted commercial activities by corporate partners. It is practical, however, to agree upon certain guiding principles reflecting the values of the Association which must be respected:

1. The Association is committed to education, integrity, amateurism, fairness and good sportsmanship.
2. The Association is committed to assuring that the focus of the events, activities and programs is on the member schools and the students who attend them.
3. The Association is committed to the highest level of quality in all of its activities and relationships.
4. The Association is committed to maintain fiscal responsibility that enables it to promote and administer interscholastic programs and events which facilitate optimum experiences for its member schools and the students who attend them.
5. The Association is committed to supporting and providing services for its member schools and the students who attend them.

Adherence to the constitutional objectives of the IHSA and respect for its values should enable corporate partners to utilize their relationships with the Association in meaningful and beneficial ways.

IHSA corporate partners involvement is founded on quality, integrity and highly regarded values. Intelligent, informed, good faith commitment by the participants will assure the long-term well-being of the involvement.

## 33. IHSA Member School Publicity Policy

Each member school acknowledges that athletic contests and interscholastic competitions take place in the public. As such, there is no expectation of privacy in the images of student athletes, coaches or other participants at such events. The IHSA and/or its agents or designees may take, distribute and use photographs of student athletes, coaches, officials and other participants at such events and use the same for publicity, marketing and other appropriate purposes, including event programs. The member school will take appropriate actions to notify its student athletes, coaches and participants of this provision.

## 34. Policy and School Recommendations for Transgender Participation

The Illinois High School Association approves this policy and process to address the participation of transgender students in all IHSA state finals series in athletics and activities.

For the purpose of this policy the following definitions will be in place:

- Transgender: a person whose gender identity doesn't match the sex assigned to him or her at birth.
- Intersex: a person who is born with a reproductive or sexual anatomy and /or chromosome pattern that doesn't seem to fit the typical definitions of female or male.
- Gender Identity: a person's deeply-felt internal sense of being male or female.
- Gender Expression: a person's external characteristics and behaviors that are socially defined as either masculine or feminine (dress, speech, mannerisms, social interactions, etc.)

**Privacy Statement:** All discussions and documents at all levels of the process either by a member school, appeals panel, and/or IHSA shall be kept confidential unless specifically requested by the student and family.

## Policy and School Recommendations for Transgender Participation, Continued

### School Procedure:

1. The student and/or parents shall contact the school administrator or athletic director at their member school notifying them that the student has a different gender identity than listed on the student's school registration card or birth certificate and that the student wishes to participate in athletics/activities in a manner consistent with their gender identity. The school shall collect the following for the participation ruling:
  - a. Gender identity used for school registration records
  - b. Medical documentation (hormonal treatments, sexual re-assignment surgery, counseling, medical personnel, etc.)
  - c. Gender Identity related advantages for approved participation
2. Once the school administrator has collected the relevant information, the member school shall contact the IHSA office in writing of the request for the ruling, the student's gender identity, and the selected athletics/activities that the student would like the opportunity to participate in if they are selected through the team try-out process.
  - a. Once the student is approved, participation is granted through the duration of the student's high school career and does not need to be annually renewed, unless the school or the student report that there has been a change in the original medical documentation submitted. At that time the school shall reach out to the IHSA in writing, citing the changes and requesting an updated ruling.

### IHSA Procedure:

IHSA will make final rulings on student participation. The IHSA will establish a group of medical personnel to act in an advisory role when reviewing rulings. Appealing parties should provide the following documentation:

1. A current transcript and school registration information
2. Documentation of the student's consistent gender identification (e.g. affirmation statements from student, parent/guardian, and/or health care provider.
3. Any other pertinent documentation or information

The IHSA will respond to the member school in writing the decision of the participation ruling.

### Areas of Awareness:

- Have a plan in place
- Use correct names/pronouns- according to student's self-identification
- Gender appropriate restroom accessibility
- Locker room accessibility
- Educational training for teachers, counselors, coaches, administrator and students on transgender sensitivity in relation to student
- Manner of dress according to gender identity
- Access to resources and accurate information

## 35. Unmanned Aerial Vehicle (Drone) Policy

The use of unmanned aerial vehicles ("UAV") also known as drones, is prohibited for any purpose by any persons at IHSA tournament venues. Tournament management shall refuse admission or entry to anyone attempting to use a UAV; and if necessary, tournament management shall remove anyone attempting to use a UAV and/or confiscate the UAV until the event has been completed.

For purposes of this policy, a UAV is any aircraft without a human pilot aboard the device.

An exception to this policy may be made in specific cases for IHSA broadcast partners, provided the management of the tournament facility permits the presence of UAVs for broadcast purposes under the control of the IHSA.

## 36. Managing Heat and Heat Illness

These guidelines represent minimum standards that IHSA member schools should follow for athletic competitions. Schools with more restrictive guidelines are not expected to modify any pre-existing guidelines in order to meet this policy. These guidelines will be used by managers or their designees at all IHSA state series events when the Wet Bulb Globe Temperature (WBGT) is above 80 degrees Fahrenheit. State series tournament managers will make the decisions to suspend and resume activity in accordance with these guidelines using those devices or systems usually used at the state series venue/site.

1. Thirty minutes prior to the start of an activity, and again 60 minutes after the start of the activity, temperature and humidity readings will be taken at the site of the activity. Using a Wet Bulb Globe Thermometer is recommended, although a conversion to WBGT can be made from air temperature and relative humidity using chart 2. Record the readings in writing and maintain the information in files of the tournament manager and/or host school administration. Tournament managers may designate someone other than themselves to take these readings.

Use the Table 1 (see below) with an on-site WBGT reading for appropriate exercise modifications during exercising in the heat:

**Table 1 (all temperature readings as measured by WBGT)**

- a.  $\leq 79.9$  degrees F as measured by WBGT**
  - i. All sports
    1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
    2. Optional water breaks every 30 minutes for 10 minutes in duration. Coordinate breaks with assigned contest officials.
    3. Ice-down towels for cooling.
    4. Watch/monitor athletes carefully for necessary action.
- b. 80.0-84.5 degrees F as measured by WBGT**
  - i. All sports
    1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
    2. Optional water breaks every 30 minutes for 10 minutes in duration. Coordinate breaks with assigned contest officials.
    3. Provide cooling stations using methods such as ice towels.
    4. Watch/monitor athletes carefully for necessary action
  - ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
    1. Helmets and other possible equipment removed while not involved in contact.
  - iii. Reduce time of outside activity. Consider postponing activity to later in the day.
  - iv. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions or sooner if personnel on the field suspects potential heat stress.
- c. 84.6-87.5 degrees F as measured by WBGT**
  - i. All sports
    1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
    2. Schedule at least 4 separate 4:00 breaks within each hour, or a 10:00 break every 30:00 of training or competition.
    3. Coordinate breaks with assigned contest officials.
    4. Have cooling stations for before, during, and after exercise/training/competition.
    5. Watch/monitor athletes carefully for necessary action
    6. Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
    7. Consider postponing activity to later in the day or another day (with approval from IHSA Administration)
    8. If practicing, maximum of 2 hours of training/practice while temperature is in this range.
  - ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
    1. Helmets and other possible equipment removed if not involved in activity or necessary for safety. If necessary for safety, suspend activity.
  - iii. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions.
- d. 87.6-89.9 degrees F as measured by WBGT**
  - i. All sports
    1. Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
    2. Schedule at least 4 separate 4:00 breaks within each hour, or a 10:00 break every 30:00 of training or competition.
    3. Coordinate breaks with assigned contest officials.
    4. Have cooling stations for before, during, and after exercise/training/competition.
    5. Watch/monitor athletes carefully for necessary action
    6. Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
    7. Consider postponing activity to later in the day or another day (with approval from IHSA Administration)
    8. If practicing, maximum of 1 hour of training/practice while temperature is in this range.
  - ii. Contact sports and activities with additional protective equipment (in addition to the above measures)
    1. Helmets and other possible equipment removed if not involved in activity or necessary for safety. If necessary for safety, suspend activity.
  - iii. Recheck air temperature and humidity every 30 minutes to monitor for increased heat conditions.
- e. 90 degrees F as measured by WBGT**
  - i. All sports
    1. No training/competition
    2. Cancel and/or postpone activity to cooler time of the day

NOTE: While most attention will be given to outdoor sports in the fall and spring, indoor venues/facilities (gymnasiums, wrestling rooms, and swimming/diving facilities) that are not air conditioned should not be neglected for the purposes of this policy. Additionally, sometimes conditions will vary for different aspects of the same competition. For example, one part of a cross-country course may be hotter or more humid than other parts. The best course of action for managers is to take a WBGT reading at the place of the most severe conditions.

## Managing Heat and Heat Illness, continued

Table 2. Estimate WBGT from ambient temperature and relative humidity assuming full sun conditions

Wet Bulb Globe Temperature (WBGT) from Temperature and Relative Humidity																																
Temperature in Degrees Fahrenheit																																
Relative Humidity (%)	59.0	60.8	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2		
	60.8	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	
	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	
	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	
	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	
	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8
	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6
	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4
	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2
	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0
	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8
	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6
	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4
82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	
84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	
86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	
87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	
89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	
91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	
93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	
95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	
96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	
98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	
100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	
102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	
104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	
105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	
107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	
109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	
111.2	113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	
113.0	114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	
114.8	116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	
116.6	118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	
118.4	120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	
120.2	122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	178.0	
122.0	123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	178.0	180.0	
123.8	125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	178.0	180.0	182.0	
125.6	127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	178.0	180.0	182.0	184.0	
127.4	129.2	131.0	132.8	134.6	136.4	138.2	140.0	141.8	143.6	145.4	147.2	149.0	150.8	152.6	154.4	156.2	158.0	160.0	162.0	164.0	166.0	168.0	170.0	172.0	174.0	176.0	178.0	180.0	182.0	184.0	186.0	
129.2	131.0																															

### Cooling Methods Due to Heat Related Illness

Exertional heat stroke (EHS) is relatively uncommon among exercise associated medical conditions, but is a frequent cause of exercise related death. The majority of evidence shows that early institution of body cooling is the most effective method of decreasing mortality in EHS. The following contains recommendations regarding the methods of body cooling, including tubs, ice bags, iced towels (towels with water that have been frozen) water, fans, and shade. The recommendations are classified as essential (foundational to the implementation of treatment, should have resources and personnel directed towards implementation), and desirable (important in maximal implementation, should have resources and personnel directed towards implementation as budget and resources allow). The recommendations are only guidelines, are not intended as a standard of care, and should not be considered as such. These guidelines should only be considered in the care of athletes who can be expected to be at risk of EHS due to the sport or the environmental situation of the activity. Sports especially at risk include football with and without equipment, soccer, and long distance track. Other sports and activities, such as cycling, golf, baseball, tennis, track and field, and band, may also be at risk due to long duration exposure to extreme environmental conditions.

It is essential that member schools and school administrators/officials:

- Establish a written plan coordinated with local EMS for emergency treatment of EHS that includes transport to a hospital and conduct drills in the implementation of the plan as practicable.
- Know how to assess environmental conditions and determine when extreme conditions exist.
- Identify a specific spot at the athletic facility that has shade.
- Have immediate access to ice and bags to contain ice.
- Have access to water, and provide water breaks as outlined in the IHSA Managing Heat and Humidity Policy.
- Know the most effective sites for application of ice to the body.
- Obtain and use, when environmental conditions are determined to be extreme, a tub or pool, filled with water and ice before activity begins, to be used in body immersion for maximal cooling, and have personnel trained in this technique.

It is desirable that member schools and school administrators/officials:

- Have a certified athletic trainer (ATC) on staff, as budget and resources allow, to develop and implement these guidelines.
- Have immediate access to water.
- Provide shade breaks.
- Provide fans when environmental conditions are determined to be extreme.
- Have close access to an air conditioned room.
- Have access to and use iced towels that can be rotated to appropriate areas of the body, including the axilla, groin, and back of the neck.

### Resources

1. *Procedure for Avoiding Heat Injury/Illness through Analysis of Heat Index and Restructuring of Activities and Recommendations for Cooling Methods Due to Heat Related Illness*. Kentucky Medical Association/Kentucky High School Athletic Association. 2010.
2. Binkley HM et al. NATA Position statement: *Exertional heat illness*. J Ath Training 2002; 37: 329-343.
3. Casa DJ et al. *Survival strategy: Acute treatment of exertional heat stroke*. J Strength Conditioning Res 2006; 20: 462.
4. Armstrong LE et al. *ACSM position stand: Exertional heat illness during training and competition*. Med Sci Sports Exerc 2007; 41: 556-572.
5. *Model Policy for Managing Heat & Humidity*. Michigan High School Athletic Association. 2013.

### 37. Baseball Pitch Count Guidelines

A pitch is defined as a pitch thrown during live competition. Strikes (including all foul balls), balls, balls put in play, and pitches for outs all count in a pitcher's pitch count.

Warmup pitches, pick off attempts, or other throws by a pitcher after the ball has been put in play do not count in a pitcher's pitch count.

A pitcher who reaches the pitch count limit in the middle of an at-bat will be allowed to pitch to that batter until that at-bat ends.

Teams must follow all NFHS rules regarding pitching substitution.

If the pitcher is ambidextrous, the pitch count guidelines apply to the individual pitcher, not to the individual arm.

All pitch count guidelines apply to an individual pitcher on a daily basis. For example: A pitcher could pitch in both games of a double header. The total number of pitches the pitcher throws that day will determine the pitcher's days of rest that must follow the double header.

During the regular season, each team is responsible for counting its own team's pitches and the opposing team's pitches. The head coach or designee will compare pitch counts with the opposing team after every even-numbered inning and at the conclusion of the game.

If teams report different pitch count numbers to one another, the teams will split the difference and will use that number as the pitcher's official number. If splitting the difference results in a number that ends in a decimal, the teams will round that number up to the next whole number.

For example: Following the 2nd inning, Team A has recorded 32 pitches for its pitcher. Team B has recorded 36 pitches for Team A's pitcher. The official pitch count number for Team A's pitcher will be 34 pitches.

Another example: Following the 6th inning, Team A has recorded 93 pitches for its pitcher. Team B has recorded 90 pitches for Team A's pitcher. Since splitting the difference results in 91.5 pitches, the official pitch count number for Team A's pitcher will be 92 pitches.

After each game, schools will report their own pitch counts to the IHSA. Although schools will report their pitch counts, and the IHSA will store the data, schools must maintain pitching records of every game they play during the entire season in case questions arise about a certain game.

During the postseason, each team is responsible for counting its own team's pitches and the opposing team's pitches. The head coach or designee will compare pitch counts after every even-numbered inning and at the conclusion of the game. Additionally, the host school must provide an independent pitch counter to verify each team's pitch counts after every even-numbered inning and at the conclusion of the game.

The IHSA's Sports Medicine Advisory Committee strongly urges coaches to carefully consider using pitchers at other key positions (catcher, shortstop, outfield) either just prior to or immediately following a pitching appearance since these positions may require players to make repeated throws at maximum effort.



## Baseball Pitch Count Guidelines, Continued

### Regular Season Varsity Game Guidelines

PITCH COUNT	REST SCHEDULE	ELIGIBLE PITCH COUNT ON NEXT APPEARANCE WITHIN A 7-DAY PERIOD	NEXT APPEARANCE CAP Note: Pitch count caps are soft, meaning that the pitcher will be afforded the opportunity to finish the at bat.
1-30	Next day After 1 day of rest	90 pitches 105 pitches	A pitcher who throws 1-30 pitches may pitch on two consecutive days without rest. On the pitcher's third consecutive day, the pitcher is eligible to pitch to a cap of 45 pitches. The pitcher then must rest for two days. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
31-45	Next day After 1 day of rest After 2 days of rest	Not eligible to pitch 90 pitches 105 pitches	A pitcher who throws 31-45 pitches must rest for one day. After one day of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
46-60	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch 60 pitches 75 pitches 105 pitches	A pitcher who throws 46-60 pitches must rest for two days. After two days of rest, the pitcher is eligible to pitch to a cap of 60 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
61-75	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch 75 pitches 105 pitches	A pitcher who throws 61-75 pitches must rest for three days. After three days of rest, the pitcher is eligible to pitch to a cap of 75 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
76-105	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest After 5 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch Not eligible to pitch 90 pitches 105 pitches	A pitcher who throws 76-105 pitches must rest for four days. After four days of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a third time in a 7-day period. If the pitcher pitches a third time in a 7-day period, the pitch count is capped at 45.

### Postseason Guidelines

PITCHES	REST SCHEDULE
1-30	Eligible to pitch the next day
31-45	Eligible to pitch after 1 day of rest
46-60	Eligible to pitch after 2 days of rest
61-75	Eligible to pitch after 3 days of rest
76-105	Eligible to pitch after 4 days of rest

Postseason pitch count guidelines are identical to the regular season Varsity guidelines, with one exception. In the postseason, there is no maximum number of pitches in a pitcher's next appearance.

## Baseball Pitch Count Guidelines, Continued

### Regular Season Sub-Varsity (Freshman, Sophomore, JV) Game Guidelines

PITCH COUNT	REST SCHEDULE	ELIGIBLE PITCH COUNT ON NEXT APPEARANCE WITHIN A 7-DAY PERIOD	NEXT APPEARANCE CAP Note: Pitch count caps are soft, meaning that the pitcher will be afforded the opportunity to finish the at bat.
1-30	Next day After 1 day of rest	90 pitches 95 pitches	A pitcher who throws 1-30 pitches may pitch on two consecutive days without rest. On the pitcher's third consecutive day, the pitcher is eligible to pitch to a cap of 45 pitches. The pitcher then must rest for two days. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
31-45	Next day After 1 day of rest After 2 days of rest	Not eligible to pitch 90 pitches 95 pitches	A pitcher who throws 31-45 pitches must rest for one day. After one day of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
46-60	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch 60 pitches 75 pitches 95 pitches	A pitcher who throws 46-60 pitches must rest for two days. After two days of rest, the pitcher is eligible to pitch to a cap of 60 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
61-75	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch 75 pitches 95 pitches	A pitcher who throws 61-75 pitches must rest for three days. After three days of rest, the pitcher is eligible to pitch to a cap of 75 pitches. There is a possibility that the pitcher may pitch a fourth time in a 7-day period. If the pitcher pitches a fourth time in a 7-day period, the pitch count is capped at 45.
76-105	Next day After 1 day of rest After 2 days of rest After 3 days of rest After 4 days of rest After 5 days of rest	Not eligible to pitch Not eligible to pitch Not eligible to pitch Not eligible to pitch 90 pitches 95 pitches	A pitcher who throws 76-95 pitches must rest for four days. After four days of rest, the pitcher is eligible to pitch to a cap of 90 pitches. There is a possibility that the pitcher may pitch a third time in a 7-day period. If the pitcher pitches a third time in a 7-day period, the pitch count is capped at 45.

Sub-Varsity (Freshman, Sophomore, JV) guidelines are identical to the Varsity guidelines, with one exception. A pitcher may throw a maximum of 95 pitches in a Sub-Varsity game.

### 38. Fall Sport Acclimatization

#### Days 1-5

- Days 1 through 5 of the acclimatization period consist of the first 5 days of formal practice. During this time, athletes are not allowed to participate in more than 1 practice and 1 walk-through per day.
- If a practice is interrupted by inclement weather or heat restrictions, the practice may recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day.
- A 1-hour maximum walk-through is permitted during Days 1-5 of the acclimatization period. A 3-hour recovery period is required between the practice and walk-through (or vice-versa).
  - The 3-hour recovery period should take place in a cool environment with no sport or conditioning-related activity permitted (e.g., speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
  - A walk-through is defined as a teaching opportunity with athletes not wearing protective equipment (helmets, shoulder pads, or other protective equipment). During a walk-through, no running or running activities by team members is allowed and no protective equipment of any kind should be present.

## Fall Acclimatization, Continued

4. During Days 1-2 of the acclimatization period in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted (goalies, as in the case of field hockey and related sports, may not wear full protective gear or perform activities that would require protective equipment. During Days 3-5, only helmets and shoulder pads may be worn. Beginning on Day 6, all protective equipment may be worn and full contact may begin.

a. Full-Contact Sports: 100% live contact drills may begin no earlier than Day 6.

### Days 6-14:

1. Beginning no earlier than Day 6 and continuing through Day 14, double-practice days must be followed by a single-practice day.
  - a. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3- hours continuous rest.
  - b. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.
  - c. The 3-hour recovery period should take place in a cool environment, with no sport or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
2. On a double-practice day neither practice may exceed 3 hours in duration nor may student-athletes participate in more than 5 total hours of practice.
  - a. Warm-up, stretching, cool-down, walk-through, conditioning, and weight-room activities must be included as part of the total practice time.
  - b. The 2 practices must be separated by at least 3 continuous hours in a cool environment.
  - c. The 3-hour recovery period should take place in a cool environment, with no sport or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
3. Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is recommended that an athletic trainer be on site before, during and after all practices. This is not required.

Day	Heat Acclimatization Practice Plan	Equipment Allowed
1	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
2	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
3	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
4	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
5	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
6-14	<ul style="list-style-type: none"> <li>• May begin double practice sessions</li> <li>• Double practice cannot exceed 5 total hours, 3 hour maximum per session. 3 hours rest between practice sessions</li> <li>• Double practice day must alternate with a single practice day or rest day</li> <li>• Single practice days are 3 hour maximum with a 1 hour walkthrough following a 3 hour rest</li> <li>• If practice occurs on 6 consecutive days during acclimatization 1 full day of complete rest is required (traditionally Sundays)</li> </ul>	Full pads

### Minimum practices

Each athlete must complete a minimum number of practices prior to competition

- Cross Country, Girls Volleyball, Girls Swimming, Boys Soccer: 9 practice days
- Girls Tennis: 7 practice days
- Football: 12 practice days
- Golf will be exempt from the Heat Acclimatization Policy

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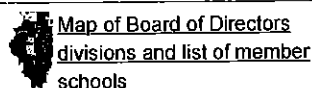
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**Term Expires:** 2020



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## **Illinois High School Association**

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Bloomington, IL 61704-6011  
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**Office Hours**  
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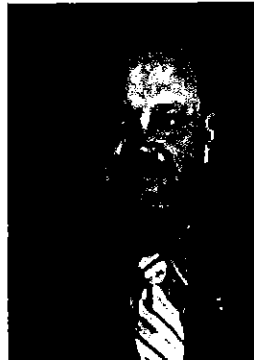
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# Tim McConnell

## Tim McConnell, Secretary

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Mr. Tim McConnell, principal of Erie High School was appointed to the Board of Directors in July of 2012. He represents Division 4. Prior to that, Mr. McConnell served on the IHSA Legislative Commission since 2010, representing District 11. Mr. McConnell's involvement in interscholastic sports began at LaHarpe High School where he participated in football and basketball. After high school he attended Monmouth College where he participated in football. After graduating from Monmouth College with a bachelor's degree in history, Mr. McConnell started his teaching career in 1994 at ROWVA High School in Oneida as a history teacher. While there he served as the assistant football coach and junior high basketball coach for eight years.

After completing his master's degree in educational administration from Western Illinois University in 2002, Mr. McConnell moved into administration as the High School Principal at Erie High School from 2002 to the present. Mr. McConnell and his wife Andrea have three children -- Owen, Paige, and Kate -- and he remains involved in athletics by coaching the various youth sports his children have participated in over the years.

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Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™

## Coronavirus Disease 2019 (COVID-19)

# Considerations for Wearing Cloth Face Coverings

Help Slow the Spread of COVID-19

Updated June 28, 2020

[Print](#)

- CDC recommends that people wear cloth face coverings in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.
- Cloth face coverings may help prevent people who have COVID-19 from spreading the virus to others.
- Cloth face coverings are most likely to reduce the spread of COVID-19 when they are widely used by people in public settings.
- Cloth face coverings should NOT be worn by children under the age of 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

## Evidence for Effectiveness of Cloth Face Coverings

Cloth face coverings are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the cloth face covering coughs, sneezes, talks, or raises their voice. This is called source control. This recommendation is based on what we know about the role respiratory droplets play in the spread of the virus that causes COVID-19, paired with emerging evidence from clinical and laboratory studies that shows cloth face coverings reduce the spray of droplets when worn over the nose and mouth. COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of cloth face coverings is particularly important in settings where people are close to each other or where social distancing is difficult to maintain.

## Who Should Wear A Cloth Face Covering?

### General public

CDC recommends all people 2 years of age and older wear a cloth face covering in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain. COVID-19 can be spread by people who do not have symptoms and do not know that they are infected. That's why it's important for everyone to wear cloth face coverings in public settings and practice social distancing (staying at least 6 feet away from other people).

While cloth face coverings are strongly encouraged to reduce the spread of COVID-19, CDC recognizes there are specific instances when wearing a cloth face covering may not be feasible. In these instances, adaptations and

alternatives should be considered whenever possible (see below for examples).

## People who know or think they might have COVID-19

If you are sick with COVID-19 or think you might have COVID-19, do not visit public areas. Stay home except to get medical care. As much as possible stay in a specific room and away from other people and pets in your home. If you need to be around other people or animals, wear a cloth face covering (including in your home).

The cloth face covering helps prevent a person who is sick from spreading the virus to others. It helps keep respiratory droplets contained and from reaching other people.



## Caregivers of people with COVID-19

- Those caring for someone who is sick with COVID-19 at home or in a non-healthcare setting may also wear a cloth face covering. However, the protective effects—how well the cloth face covering protects healthy people from breathing in the virus—are unknown. To prevent getting sick, caregivers should also continue to practice everyday preventive actions: avoid close contact as much as possible, clean hands often; avoid touching your eyes, nose, and mouth with unwashed hands; and frequently clean and disinfect surfaces.

## Who Should Not Wear a Cloth Face Covering

Cloth face coverings should **not** be worn by:

- Children younger than 2 years old
- Anyone who has trouble breathing
- Anyone who is unconscious, incapacitated, or otherwise unable to remove the cloth face covering without assistance

## Feasibility and Adaptations

CDC recognizes that wearing cloth face coverings may not be possible in every situation or for some people. In some situations, wearing a cloth face covering may exacerbate a physical or mental health condition, lead to a medical emergency, or introduce significant safety concerns. Adaptations and alternatives should be considered whenever



possible to increase the feasibility of wearing a cloth face covering or to reduce the risk of COVID-19 spreading if it is not possible to wear one.

For example,

- People who are deaf or hard of hearing—or those who care for or interact with a person who is hearing impaired—may be unable to wear cloth face coverings if they rely on lipreading to communicate. In this situation, consider using a clear face covering. If a clear face covering isn't available, consider whether you can use written communication, use closed captioning, or decrease background noise to make communication possible while wearing a cloth face covering that blocks your lips.
- Some people, such as people with intellectual and developmental disabilities, mental health conditions or other sensory sensitivities, may have challenges wearing a cloth face covering. They should consult with their healthcare provider for advice about wearing cloth face coverings.
- Younger children (e.g., preschool or early elementary aged) may be unable to wear a cloth face covering properly, particularly for an extended period of time. Wearing of cloth face coverings may be prioritized at times when it is difficult to maintain a distance of 6 feet from others (e.g., during carpool drop off or pick up, or when standing in line at school). Ensuring proper cloth face covering size and fit and providing children with frequent reminders and education on the importance and proper wear of cloth face coverings may help address these issues.
- People should not wear cloth face coverings while engaged in activities that may cause the cloth face covering to become wet, like when swimming at the beach or pool. A wet cloth face covering may make it difficult to breathe. For activities like swimming, it is particularly important to maintain physical distance from others when in the water.
- People who are engaged in high intensity activities, like running, may not be able to wear a cloth face covering if it causes difficulty breathing. If unable to wear a cloth face covering, consider conducting the activity in a location with greater ventilation and air exchange (for instance, outdoors versus indoors) and where it is possible to maintain physical distance from others.
- People who work in a setting where cloth face coverings may increase the risk of heat-related illness or cause safety concerns due to introduction of a hazard (for instance, straps getting caught in machinery) may consult with an occupational safety and health professional to determine the appropriate face covering for their setting. Outdoor workers may prioritize use of cloth face coverings when in close contact with other people, like during group travel or shift meetings, and remove face coverings when social distancing is possible. Find more information here and below.

Cloth face coverings are a critical preventive measure and are **most** essential in times when social distancing is difficult. If cloth face coverings cannot be used, make sure to take other measures to reduce the risk of COVID-19 spread, including social distancing, frequent hand washing, and cleaning and disinfecting frequently touched surfaces.

## Face Shields

It is not known if face shields provide any benefit as source control to protect others from the spray of respiratory particles. CDC does not recommend use of face shields for normal everyday activities or as a substitute for cloth face coverings. Some people may choose to use a face shield when sustained close contact with other people is expected. If face shields are used without a mask, they should wrap around the sides of the wearer's face and extend to below the chin. Disposable face shields should only be worn for a single use. Reusable face shields should be cleaned and disinfected after each use. **Plastic face shields for newborns and infants are NOT recommended.**

## Surgical Masks

Cloth face coverings are not surgical masks or respirators. Currently, those are critical supplies that should continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance. Cloth face coverings also are not appropriate substitutes for them in workplaces where masks or respirators are recommended or required and available.

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- Schwartz KL, Murti M, Finkelstein M, et al. Lack of COVID-19 transmission on an international flight. *CMAJ*. 2020;192(15):E410. PMID: 32392504 [↗](#)
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Page last reviewed: June 28, 2020

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases

**Subject:** FW: IHSA Weekly Update  
**Date:** Tuesday, July 7, 2020 at 8:12:31 AM Central Daylight Time  
**From:** David Powell  
**To:** Thomas G. DeVore  
**Attachments:** Phase 4 RTP final.pdf



David

**From:** Craig Anderson [mailto:canderson@ihsa.org]  
**Sent:** Friday, July 3, 2020 2:45 PM  
**To:** canderson@ihsa.org  
**Subject:** IHSA Weekly Update

Hello,

We have reached that time of the year when we are officially transitioning to a new school year. Some administrators are transitioning to new positions while others may be resuming positions as first time administrators. No matter your experience level at this time, I think we all feel like we are facing a moving target as we prepare for the 2020-21 school year. Our IHSA staff and board continue to monitor the progress of the state related to COVID-19 and the future of activities participation in our schools. I want to personally welcome all new administrators to their roles! We are excited to work with you as we continue to enrich the educational experience through interscholastic activities!

While we all are working more diligently than ever on what the school year will look like, I think it is important to note the recent statement of the American Academy of Pediatrics when they said, "the academic, physical and mental upsides associated with returning children to schools outweigh the risks (of contracting the virus)." The AAP statement went on to note that "reopening is essential for the country's most vulnerable students, including poor students and students of color, who often rely more heavily on the multitude of services schools provide." And I believe we can easily point to the benefits of activity and sport participation in maintaining an interest and a purpose for our students to stay engaged with their school.

To help us better understand each school's return to learn plans, we have created some questions for each official representative to complete in the schools center area. Under the *Entry form* link of the **Activity Tracker**, you will see questions related to your school's return to learn plans. There is no deadline for completion at this time. We would ask that you update as your school makes these decisions locally.

Most importantly to many of you, we did receive approval of our Phase 4 Return to Play guidelines attached. Please allow me to share some updates to the original draft that you received on June 16, 2020. Most noticeably is the change in the reference to our "Stages" to "Phases." And that change has us now using the numbering of our Phases that would correspond with the Governor's *Restore Illinois* Plan. So the attachment accurately indicates our approved Phase 4 Return to Play Guidelines. Other adjustments are bulleted below:

- Temperature adjustment from 37 to 38 degrees.
- Catcher's gear moved into the category of "should be worn by only one player and not shared."
- Spotters in the weight room should be masked.

- Coaches should be masked.
- Officials should be masked unless ACTIVELY exercising as part of their officiating duties.
- Officials must use electronic whistles.
- Students should be masked unless actively engaged in activity.
- Students should social distance when on the sidelines and not engaging in practice/competition.
- Multiple groups of 50 or less permitted outside only with 30 feet of distance required between groups.
- Multiple groups of 50 not permitted indoors by defined spaces (50 in gym, 50 in the fieldhouse, 50 in a band room, etc.)

Please take the time to review the new document related to future plans for Phase 4 at your schools. As noted in the document, this will permit schools to make use of summer contact days through August 9. Phase 3 activities during this time do not count as use of summer contact days.

With some very exciting news for future opportunities in broadcasting of competitions at your school, the NFHS Network is offering all member high schools of IHSA two FREE Pixellot cameras. This will be made public and sign-up opportunities to get your cameras on Monday, July 6, 2020. Look for social media posts and more details coming from our office early next week. For more information about the cameras, please connect here: <https://www.nfhsnetwork.com/pixellot>. Installation costs will be additional with some contractual obligations as well. A new revenue share between members schools and the NFHS Network for passes purchased by those connected with your school is a part of this new initiative as well. With limits on spectators a possibility as we begin fall sports, this would be a great opportunity to have automated broadcasts of your indoor and outdoor events.

Thank you all for your patience and understanding as we worked with IDPH and Governor Pritzker's office to secure the approval of the Phase 4 Return to Play Guidelines.

Have a safe and enjoyable 4<sup>th</sup> of July weekend!

Stay safe,

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377  
[canderson@ihsa.org](mailto:canderson@ihsa.org)  
#Weareinthistogether  
#Onedaycloser

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## IHSA Phase 4 Return to Play Plan

As a result of the Governor's Restore Illinois Plan, as regions reach Phase 4 on June 26<sup>th</sup> or after, IHSA member schools are permitted to begin use of voluntary summer contact days. School districts should work with their local health departments on current restrictions in their area prior to beginning contact. Local school administration determines the permitted activities at their school. Prioritizing the health and safety of all students and staff must remain the focus of each IHSA member school.

Phase 3 of the IHSA RTP Plan correlates to Phase 3 of the Restore Illinois Plan.

Phase 4 of the IHSA RTP Plan correlates to Phase 4 of the Restore Illinois Plan.

The following are best practices when conducting summer contact days:

**Students are limited to 5 hours of participation per day.**

### **Pre-Workout:**

- Schools must maintain a daily record of what athletes are participating, when, symptoms they may present (see attachment).
  - Athletes should be screened at the start of practice for temperature  $\geq 100.4^{\circ}\text{F}/38^{\circ}\text{C}$  or symptoms of COVID-19 (fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell).
  - Any person with symptoms (refer to attached form) or a positive COVID-19 test, should not participate in practice, competition, or conditioning and should be referred to a physician for evaluation and only return after clearance to do so from a physician.
  - Signage about symptoms and transmission of COVID-19 should be posted around facilities.
- Gatherings of up to 50 individuals, indoors or outdoors, are allowed. Thirty feet of space must be maintained between gatherings of 50 when outdoors. Indoors limits of 50 individuals is the maximum no matter the spacing.
  - When students are not actively participating in a drill, practice, or contest, care should be taken to maintain social distance between individuals.
- If locker rooms are a necessity, capacity should be limited to ensure members can maintain 6 ft of social distance.
- Individuals should sanitize or wash their hands for a minimum of 20 seconds with warm water and soap, or use alcohol based hand sanitizer and rub until dry before touching any surfaces or participating in workouts.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home.

### **Facilities Cleaning:**

- Adequate cleaning schedules, before and after each use by a group of athletes, should be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).

- Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- Weight equipment should be wiped down thoroughly before and after an individual's use of equipment.

Please see ISBE and CDC for more cleaning details.

#### Physical Activity and Athletic Equipment:

- On June 26 or when your region reaches Phase 4, summer contact days will begin. Coaches are encouraged to use a staged approach to build back up to full summer contact activity and competitions. Local districts should work with their health departments and local school officials to make decisions about team travel to summer competitions.
  - Athletes who did not participate in phase 3, are encouraged to follow the fall acclimatization schedule for any sport.
  - Football players should maintain their summer acclimatization schedule, per IHSA By-Law 3.157.
- There should be no shared athletic towels, clothing, or shoes between students.
- Hand sanitizer or hand washing stations should be plentiful at summer contact events.
- Athletic equipment such as bats and batting helmets should be cleaned between each use. Other equipment, such as catchers gear, hockey helmets/pads, wrestling ear guards, football helmets/other pads, lacrosse helmets/pads/gloves/eyewear should be worn by only one individual and not shared.
  - Shared equipment such as athletic balls, thud pads, sleds should be cleaned frequently during practice and competitions.
- In phase 4 spotters for weightlifting are allowed while masked. Maximum lifts should be done only with power cages for squats and bench presses. Spotters should stand at each end of the bar.

#### Hydration:

- All students shall bring their own water bottle. Water bottles must not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) may be utilized to fill individual water bottles but must be cleaned after every practice/contest.

#### Contests:

- Group sizes should be limited to 50 total participants, coaches, and referees (i.e. excludes spectators).
  - Any additional team members can sit on the sidelines 6 feet apart from one another.
- During the use of summer contact days, multiple groups of 50 or fewer participants are permitted in an outdoor facility at once as long as:
  - the outdoor facilities allow for social distancing of students, coaches, and spectators
  - 30-ft of distancing is maintained between groups/opposing teams on the sidelines, and
  - areas for each group are clearly marked to discourage interaction between groups outside of competitive game play.
- Students should maintain social distancing on the sidelines when not engaged in activities.
- Schools must have information posted at entrances and around facilities explaining the transmission as well as symptoms of COVID-19, encouraging all visitors to maintain social distance, and reminding people to stay home if they feel sick or have any of the symptoms of COVID-19: temperature  $\geq 100.4^{\circ}\text{F}/38^{\circ}\text{C}$ , fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell.
- If schools choose to permit spectators, there should be a designated area for spectators with existing seating capped at 20% of capacity and allows 6 feet of distance between families/household units.
- Visual markers shall be displayed at queue points (Check-ins, along sidelines, concessions, bleachers, etc.) to help people maintain social distance.

- Concession stands may open in line with restaurant businesses physical workspace guidelines. There should be markers to encourage social distancing while in queue.
- Encourage spectators to bring their own chairs from home for outdoor activities.
- No handshakes, high fives, fist bumps, hugs, etc. can occur pre or post-match.
- No spitting or blowing of the nose without the use of a tissue is allowed.

**PPE:**

- Coaches/volunteers must wear a mask.
- Officials must wear a mask except when ACTIVELY exercising as part of their officiating duties and use an electronic whistle. Mouth whistles and blow horns are not allowed for safety. Officials are encouraged to be masked whenever feasible to decrease risk of transmission.
- Participants should be encouraged to wear a mask if feasible for the sport.

It is the responsibility of each IHSA member school to comply with the above requirements.

If available, it is encouraged that an Athletic Trainer or medical personnel be available for workouts. They should be masked for any interactions with athletes and maintain appropriate social distance when feasible.

Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate healthcare professional.

**Should the conditions warrant, these requirements will be adjusted. Any further official updates will be posted on [IHSA.org](http://IHSA.org) and the IHSA social media platforms.**



## COVID-19 Athlete/Coach Monitoring Form

[illegible]

**Resources:**

<https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15-2020-final.pdf>

Restore Illinois Youth Sports Guidelines for Phase IV (link not yet available)

**Subject:** FW: IHSA Weekly update (PHASE 4 RTP Guidance modifications coming)  
**Date:** Thursday, July 9, 2020 at 2:31:16 PM Central Daylight Time  
**From:** David Powell  
**To:** Thomas G. DeVore

David

**From:** Craig Anderson [mailto:canderson@ihsa.org]  
**Sent:** Thursday, July 9, 2020 11:31 AM  
**To:** canderson@ihsa.org  
**Subject:** IHSA Weekly update (PHASE 4 RTP Guidance modifications coming)

Hello,

This update comes with some very important directives from IDPH and the Governor's office related to modifications in our Phase 4 Return to Play guidelines. The changes are noted below and create an alignment with the ISBE guidance and the recent concerns we have heard from some of our school administrators since we shared our IDPH approved guidance:

- There cannot be any contact drills/physical contact among athletes.
- All persons must always wear masks. (We are working to determine if this includes outside while social distancing.)
- There must be a strict 50 person limit to all indoor activities, and that would include any spectators (people in those groups should also socially distance).

The changes and adjustments to Phase 4 Return to Play guidelines could come periodically in the coming weeks as the testing numbers fluctuate. While these changes to our guidance document have been shared with IDPH, we do not have our document approved. When we do have it approved with these changes, we will pass along an updated copy. We appreciate your patience and understanding.

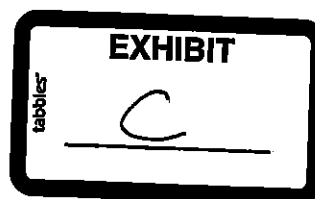
As an educational opportunity for Coaches and Administrators, the NFHS Learning Center has established a FREE course titled "COVID-19 for Coaches and Administrators." The course details guidance from the NFHS Sports Medicine Advisory Committee to opening up high schools for athletics and activities. Here is a link to review the course: <https://nfhslearn.com/courses/covid-19-for-coaches-and-administrators>

Last week I announced the opportunity for schools to receive two free Pixellot cameras through the NFHS Network. For more information regarding this opportunity, athletic directors are invited to a zoom meeting with representatives of the NFHS Network to hear more about this offering and to get your questions answered. The meeting will be on Tuesday, July 14 at 10:30am. When the zoom meeting link is made available to us, we will pass that along.

Have a great weekend!

My best,

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377



[canderson@ihsa.org](mailto:canderson@ihsa.org)  
#Weareinthistogether  
#Onedaycloser

[www.ihsa.org](http://www.ihsa.org)

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**Subject:** Fwd: IHSA Weekly update Follow up  
**Date:** Thursday, July 9, 2020 at 4:11:44 PM Central Daylight Time  
**From:** David Powell  
**To:** Thomas G. DeVore

David

Begin forwarded message:

**From:** Craig Anderson <canderson@ihsa.org>  
**Date:** July 9, 2020 at 3:41:29 PM CDT  
**To:** canderson@ihsa.org  
**Subject:** IHSA Weekly update Follow up

All,

Thank you all for your patience and understanding during this time. We have received many questions, understandably, following my earlier email. We are working to get all of your questions answered.

Here are a couple of updates related to some of those questions:

- We have received confirmation through ISBE that the Governor's office has approved the following: Students participating in physical activity outside while social distancing are NOT required to wear a mask.
- The changes to the Phase 4 guidance are to be implemented as soon as possible. The "approval" of these changes is a formality as we have been directed by IDPH to implement these changes.
- The changes will eliminate scrimmages in sports that require physical contact. (Basketball, Football, Lacrosse, Soccer, Volleyball, Water Polo and Wrestling)

Again, the guidance is fluid and based on the directives of IDPH and the Governor's office.

Thank you for your understanding.

Stay safe,

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377  
[canderson@ihsa.org](mailto:canderson@ihsa.org)  
#Weareinthistogether  
#Onedaycloser

[www.ihsa.org](http://www.ihsa.org)



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**Sent:** Thursday, July 9, 2020 4:10 PM

**To:** Craig Anderson <[CAAnderson@ihsa.org](mailto:CAAnderson@ihsa.org)>

**Subject:** Re: IHSA Weekly update Follow up

Mr. Anderson,

Good afternoon. A parent in my district (an attorney) asked me if I could tell him what provision of the IHSA bylaws provides you with the authority to issue these rules? Do you have a citation or some other answer I could provide?

Thank you for your time and consideration in getting back to me on this.

David Powell

Superintendent

Hillsboro Community Unit School District 3



**Subject:** FW: IHSA Weekly update Follow up  
**Date:** Friday, July 10, 2020 at 3:57:46 PM Central Daylight Time  
**From:** David Powell  
**To:** Thomas G. DeVore  
**Attachments:** image003.jpg, image002.jpg

**From:** Craig Anderson [mailto:CAnderson@ihsa.org]  
**Sent:** Friday, July 10, 2020 7:32 AM  
**To:** David Powell <dpowell@hillsboroschools.net>  
**Subject:** RE: IHSA Weekly update Follow up

David,

In a "legal" sense one could argue that we have no provision to offer this guidance to our membership during the summer. However, our IHSA Board of Directors has approved of these guidelines to help support the safe return of activities for our membership. Between you and I, what we are providing our member schools is "guidance." We have no intention to police individual schools for violations of our guidance and enforce penalties for non-compliance.

I think it's been well documented that we are receiving approval of our guidance from government offices like IDPH and the Governor's office to adhere to state guidelines as we prepare a safe return to activities.

Generally, I think schools are welcoming of some guidance from our association to create some common expectations for how we return safely.

Unfortunately I do not have a citation to state our authority in this case. This is an unprecedented time where we are simply trying to support our membership.

Let me know if you have additional questions.

Thanks,

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377  
[canderson@ihsa.org](mailto:canderson@ihsa.org)

**PLAY SMART.  PLAY HARD.**

**the  here!**  
Illinois High School Association

**From:** David Powell <[dpowell@hillsboroschools.net](mailto:dpowell@hillsboroschools.net)>

**From:** Craig Anderson <[CAAnderson@ihsa.org](mailto:CAAnderson@ihsa.org)>  
**Date:** July 8, 2020 at 5:22:22 PM CDT  
**To:** amcmahan <[amcmahan@porta202.org](mailto:amcmahan@porta202.org)>, Dan Tully <[dtully@niddons.org](mailto:dtully@niddons.org)>, jdkenner <[jdkenner@cps.k12.il.us](mailto:jdkenner@cps.k12.il.us)>, Jon Baffico <[jbaffico@stpatrick.org](mailto:jbaffico@stpatrick.org)>, Katy Hasson <[khasson@rr300.org](mailto:khasson@rr300.org)>, Kurt Tenopir <[ktenopir@d211.org](mailto:ktenopir@d211.org)>, Robert Nolting <[RNolting@d230.org](mailto:RNolting@d230.org)>, sadreon <[sadreon@dunlapcsd.net](mailto:sadreon@dunlapcsd.net)>, Tim McConnell <[tmccConnell@erie1.info](mailto:tmccConnell@erie1.info)>, Tim Moore <[mooret@district87.org](mailto:mooret@district87.org)>, trogers <[trogers@cartervilleschools.org](mailto:trogers@cartervilleschools.org)>  
**Cc:** IHSA Administrators <[IHSAAdministrators@ihsa.org](mailto:IHSAAdministrators@ihsa.org)>, Tina Brown <[TBrown@ihsa.org](mailto:TBrown@ihsa.org)>  
**Subject:** FW: Lake County Outbreak





All,

I received the email correspondence below this afternoon from Deputy Governor Jesse Ruiz regarding our Phase 4 Return to Play Guidelines. You will see that IDPH is requiring us to modify our guidelines to fall in line with the recommendations that are currently part of the ISBE guidance. This would include requiring all persons to wear masks at all times and limiting any sort of "physical contact" among athletes which will eliminate the contests between teams for many sports.

Deputy Governor Ruiz indicated a similar modification of the youth sports guidance document will be made also.

I will be making these modifications tonight and forwarding to the governor's office which will likely be approved and sent to schools tomorrow.

As you can see below, there are concerns of some recent outbreaks at some schools and the contradiction in guidance between our guidance and those of ISBE.

Please contact me with any questions or follow up.

Thanks,

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377  
[canderson@ihsa.org](mailto:canderson@ihsa.org)

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**From:** Ruiz, Jesse <[Jesse.Ruiz@Illinois.gov](mailto:Jesse.Ruiz@Illinois.gov)>  
**Sent:** Wednesday, July 8, 2020 4:30 PM  
**To:** Craig Anderson <[CAnderson@ihsa.org](mailto:CAnderson@ihsa.org)>  
**Cc:** Caprara, Anne <[Anne.Caprara@Illinois.gov](mailto:Anne.Caprara@Illinois.gov)>; Hawley, Theresa <[Theresa.Hawley@Illinois.gov](mailto:Theresa.Hawley@Illinois.gov)>; [isnopek@isbe.net](mailto:isnopek@isbe.net); MATIAS ERNESTO <[EMATIAS@isbe.net](mailto:EMATIAS@isbe.net)>; Terzic, Adis <[Adis.Terzic@Illinois.gov](mailto:Adis.Terzic@Illinois.gov)>  
**Subject:** RE: Lake County Outbreak

Just called your office and left a voice mail. Wanted to speak to you directly, but in the interest of time, sending this note.

I just had a call with IDPH regarding the Lake Zurich outbreak and the recent IHSA guidance.

The Lake Zurich situation, and the recent finding that young people are significantly contributing to the spread of virus, has caused Dr. Ezike and our office to reassess the IDPH guidance and we feel it is necessary to require three adjustments to IHSA guidance.

1. There cannot be any contact drills/physical contact among athletes.
2. All persons must wear masks at all times.
3. There must be a strict 50 person limit to all indoor activities, and that would include any spectators (people in those groups should also socially distance).

Per these three points, please send us a revised draft of the guidance for review by IDPH.

I know that changing recently-released guidance is difficult, but I know you appreciate the changes necessitated by ever-changing public health conditions. Things literally need to be assessed by the day.

Truly appreciate your cooperation Craig, and please do call if you have any questions.

Thank you,

Jesse  
State Cell (872) 769-8537

Jesse H. Ruiz  
Deputy Governor for Education  
Office of Governor JB Pritzker  
Email: [jesse.ruiz@illinois.gov](mailto:jesse.ruiz@illinois.gov)

Chicago Office:  
James R. Thompson Center  
100 West Randolph, 16-100  
Chicago, Illinois 60601  
Phone: (312) 814-2754

Springfield Office:  
207 State House  
Springfield, Illinois 62706  
Phone: (217) 558-1018

**From:** Craig Anderson <[CAAnderson@ihsa.org](mailto:CAAnderson@ihsa.org)>  
**Sent:** Wednesday, July 8, 2020 7:41 AM  
**To:** Ruiz, Jesse <[Jesse.Ruiz@Illinois.gov](mailto:Jesse.Ruiz@Illinois.gov)>  
**Cc:** Terzic, Adis <[Adis.Terzic@Illinois.gov](mailto:Adis.Terzic@Illinois.gov)>  
**Subject:** [External] RE: Lake County Outbreak

Jesse,

I spoke with the athletic director at Lake Zurich yesterday afternoon. It's an unfortunate situation for sure. Unfortunately I believe a handful of students brought this to their campus on Monday after contracting it through some social gatherings the previous two weekends. I know the AD and administration at Lake Zurich met with their local health department and a representative to IDPH yesterday.

From my discussion with the AD, they were taking the appropriate steps to shut down groups where they had the positive tests.

If we need to take some steps as directed by IDPH, we will definitely do so.

Thanks for sharing.

Craig Anderson  
Executive Director, IHSA  
(309) 663-6377  
[canderson@ihsa.org](mailto:canderson@ihsa.org)

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**From:** Ruiz, Jesse <[Jesse.Ruiz@Illinois.gov](mailto:Jesse.Ruiz@Illinois.gov)>  
**Sent:** Tuesday, July 7, 2020 9:56 PM  
**To:** Craig Anderson <[CAnderson@ihsa.org](mailto:CAnderson@ihsa.org)>  
**Cc:** Terzic, Adis <[Adis.Terzic@Illinois.gov](mailto:Adis.Terzic@Illinois.gov)>  
**Subject:** Fwd: Lake County Outbreak

FYI

More to come I am sure, but it will likely cause IDPH to take a closer look at summer training camps and whether it is safe to allow them to proceed.

Will keep you posted.

Jesse

**From:** Ezike, Ngozi O.  
**Sent:** Tuesday, July 7, 2020 8:15 PM  
**To:** Pritzker, JB  
**Subject:** Lake County Outbreak

Hello,

Lake County is investigating an outbreak among athletes that go to Lake Zurich School.  
10 positive cases among kids  
1 positive parent, hospitalized

Athletic camps - Baseball, FB and Cheer- with some of the positives attending (prior to learning of their results)

Others reporting symptoms and others are close contacts who attended

Multiple reports of July 4<sup>th</sup> parties, sleepovers, other social gatherings.

Initial recommendations:

1. All 3 sports teams and coaches with confirmed cases will be asked to quarantine until notified otherwise (and the LHD has finished contact tracing)
2. Because of the extensive overlap of exposures, closure of all camps for 14 days.
3. School will be working on notifications and media, in coordination with the LHD.

Ngozi Ezike, MD  
Director,  
Illinois Department of Public Health

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